



Education Resources Index

Intellectual Disability Health Capability Framework Resources



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Description

A suite of educational resources have been developed by UNSW Sydney with the Department of Health and Aged Care to support the [Intellectual Disability Health Capability Framework](#). The Framework aims to equip pre-registration students studying health, allied health, dentistry and other health-related disciplines with the required core capabilities to provide quality health care to people with intellectual disability.

Educators can use this pack of resources to teach students studying health-related disciplines about intellectual disability health, and support integration of the Framework into existing curricula. Educators are also encouraged to adapt or create further resources specific to their health profession.

A co-design approach has been used to create the resources. Our team's Lived Experience Project Officer has provided ideas, guidance, and feedback throughout. We consulted with people with intellectual disability, carers, families, and support workers to create the Co-education toolkit, and have worked with an inclusive filmmaker to create the films.

The resources are free for educators to use and are available on the Department of Health and Aged Care website via [Intellectual Disability Health Capability Framework and education resources](#).

Resources

Case studies and simulation scenarios

Case studies

Six written case studies and discussion questions have been developed to highlight key issues and capability learning outcomes from each Framework Capability area:

- Intellectual Disability Awareness
- Communication
- Quality Evidence-Informed Health Care
- Coordination and Collaboration
- Decision-Making and Consent
- Responsible, Safe and Ethical Practice

Case study films

Two case study films (4-8 mins long) have been developed that aim to educate students on communication, and decision-making and consent when working with people with intellectual disability. The scripts were developed using co-design and star actors with intellectual disability. The films start with interactions with health professionals that are not optimal, then show ways that the health professionals can improve their communication and use of reasonable adjustments. There are Open Caption and no caption versions of the films.

Case Study Film Summaries and Questions

This document should be read alongside the two case study films. It provides a written summary of each film case study and includes questions for discussion for each film to allow students to better understand interactions between health professionals and people with intellectual disability and their supporters.

Simulation scenario: Communication

This simulation scenario focuses on effective communication between health professionals, people with intellectual disability, and their supporters. Set in a pharmacy, it provides briefs for students to role-play a customer with intellectual disability, their support worker, and the pharmacist in the scenario. Educators are encouraged to employ an actor with intellectual disability to take part in the simulation where possible. Two versions are provided so students can practice different communication skills.

Adaptation and development of case study and simulation materials: Guidance notes

Guidance notes for educators on adapting or developing further discipline specific or interdisciplinary resources such as case studies and films.

Lecture Plans and Tutorial Activities

Lecture Plans and Tutorial Activities: Introduction to Intellectual Disability and Communication

There are two lecture plans and tutorial activities. These plans and tutorial activities introduce the first two capability areas – intellectual disability health and communication. The lecture plans outline key teaching points and maps content to learning outcomes in the Framework. This resource should be read together with the lecture reference book (see below) that provides background information that educators can use to create lecture materials for their discipline.

Lecture Reference Book

This resource should be used in conjunction with the Lecture Plans and Tutorial Activities (see above). The Lecture Reference Book provides more detailed information on each of the lecture topics and further background that educators can use to create lecture materials for their health discipline.

Co-Education and Placements

Co-educating with Lived Experience Educators to enhance students' capabilities in intellectual disability health: A toolkit for tertiary educators

The Co-educating with Lived Experience Educators to enhance students' capabilities in intellectual disability health: a toolkit for tertiary educators (the 'Co-education Toolkit') aims to support educators to connect and work with lived experience educators to develop and deliver education on intellectual disability to students studying health-related disciplines. The Co-education Toolkit can support the work of:

- Academics and educators
- Curriculum coordinators
- Education and curriculum leaders and managers
- Deans.

While the Co-education Toolkit focuses on the education of students studying pre-registration health programs, the information and guidance in the Toolkit can also be used in other programs and with other disciplines.

Information about the Co education toolkit – Easy Read

An Easy Read information sheet on the Co education toolkit (see above), which details the aims of the toolkit, information that it contains, and how people with intellectual disability can use and promote the Toolkit.

Supporting intellectual disability placement opportunities for future health professionals: Connecting with the disability sector

An information sheet on how universities can work with disability organisations to create student placement opportunities and build professional linkages with the disability sector.

List of organisations that may provide support with co-education and disability placements

A list of disability organisations that are practicing in this area and may be able to assist educators with advice around:

1. co-education and connecting with lived experience educators, or individuals who may be interested in co-educating, or
2. disability sector placements.

Assessments

Assessment questions

This resource provides example assessment questions with answers covering key capabilities and learning outcomes for each Framework Capability area for educators to use. The assessment questions include multiple choice, short answer and essay questions. Changes can be made to these assessment questions to adapt them for specific discipline needs. Educators are also encouraged to develop their own assessment questions.

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All information in this publication is correct as at Month Year

