

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Alikiaii 2021	Alikiaii, B.; Bagherniya, M.; Askari, G.; Sathyapalan, T.; Sahebkar, A.	Evaluation of the effect of curcumin on pneumonia: A systematic review of preclinical studies	2021	Phytotherapy Research	35	4	1939-1952	2. Nonhuman study
Ayrle 2016	Ayrle, H.; Mevissen, M.; Kaske, M.; Nathues, H.; Gruetzner, N.; Melzig, M.; Walkenhorst, M.	Medicinal plants--prophylactic and therapeutic options for gastrointestinal and respiratory diseases in calves and piglets? A systematic review	2016	BMC Veterinary Research [Electronic Resource]	12		89	2. Nonhuman study
Borges 2020	Borges, J. S.; Paranhos, L. R.; de Souza, G. L.; de Souza Matos, F.; de Macedo Bernardino, I.; Moura, C. C. G.; Soares, P. B. F.	Does systemic oral administration of curcumin effectively reduce alveolar bone loss associated with periodontal disease? A systematic review and meta-analysis of preclinical in vivo studies	2020	Journal of Functional Foods	75		104226	2. Nonhuman study
daCosta 2019	da Costa, Ianara Mendonca; Freire, Marco Aurelio de Moura; Cavalcanti, Jose Rodolfo Lopes de Paiva; de Araujo, Dayane Pessoa; Norrara, Bianca; Moreira Rosa, Isleania Maria Marques; de Azevedo, Eduardo Pereira; Meneses do Rego, Amalia Cinthia; Filho, Irami Araujo; Guzen, Fausto Pierdona; et al.	Supplementation with curcuma longa reverses neurotoxic and behavioral damage in models of Alzheimer's disease: A systematic review	2019	Current Neuropharmacology	17	5	406-421	2. Nonhuman study
Ding 2012	Ding, R. B.; Tian, K.; Huang, L. L.; He, C. W.; Jiang, Y.; Wang, Y. T.; Wan, J. B.	Herbal medicines for the prevention of alcoholic liver disease: a review	2012	Journal of Ethnopharmacology	144	3	457-65	2. Nonhuman study
Hajiaghaee 2013	Hajiaghaee, R.; Akhondzadeh, S.	Passionflower and sage for mental health	2013	Journal of Medicinal Plants	12	45	1-Jun	2. Nonhuman study

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Iddrisu 2015	Iddrisu, I.; Oduro, I.; Tandoh, M. A.; Annan, R. A.	Anti-diabetic effect of dandelion leaves and roots in type two diabetic patients: A systematic review	2015	Nutrition and Food Science	45	3	479-492	2. Nonhuman study
Kooti 2018	Kooti, W.; Moradi, M.; Peyro, K.; Sharghi, M.; Alamiri, F.; Azami, M.; Firoozbakht, M.; Ghafourian, M.	The effect of celery (apium graveolens l.) on fertility: A systematic review	2018	Journal of Complementary and Integrative Medicine	15	2		2. Nonhuman study
Kwon 2020	Kwon, Chan-Young; Cho, Ik-Hyun; Park, Kyoung Sun	Therapeutic Effects and Mechanisms of Herbal Medicines for Treating Polycystic Ovary Syndrome: A Review	2020	Frontiers in Pharmacology	11		1192	2. Nonhuman study
Lopresti 2017	Lopresti, Adrian L.	Curcumin for neuropsychiatric disorders: a review of in vitro, animal and human studies	2017	Journal of Psychopharmacology	31	3	287-302	2. Nonhuman study
Meresman 2021	Meresman, Gabriela F.; Gotte, Martin; Laschke, Matthias W.	Plants as source of new therapies for endometriosis: a review of preclinical and clinical studies	2021	Human Reproduction Update	27	2	367-392	2. Nonhuman study
Musavi 2018	Musavi, Hadis; Tabnak, Malihe; Sheini, Farzaneh Alaei; Bezvan, Maryam Hasanzadeh; Amidi, Fardin; Abbasi, Mojtaba	Effect of garlic (allium sativum) on male fertility: A systematic review	2018	Journal of HerbMed Pharmacology	7	4	306-312	2. Nonhuman study
Najafi 2020	Najafi, M.; Mortezaee, K.; Rahimifard, M.; Farhood, B.; Haghi-Aminjan, H.	The role of curcumin/curcuminoids during gastric cancer chemotherapy: A systematic review of non-clinical study	2020	Life Sciences	257		118051	2. Nonhuman study
Nordin 2019	Nordin, Abid; Kamal, Haziq; Yazid, Muhammad Dain; Saim, Aminuddin; Idrus, Ruszymah	Effect of Nigella sativa and its bioactive compound on type 2 epithelial to mesenchymal transition: a systematic review	2019	BMC Complementary & Alternative Medicine	19	1	N.PAG-N.PAG	2. Nonhuman study

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Ombredane 2021	Ombredane, A. S.; Silva, V. R. P.; Andrade, L. R.; Pinheiro, W. O.; Simonelly, M.; Oliveira, J. V.; Pinheiro, A. C.; Gonçalves, G. F.; Felice, G. J.; Garcia, M. P.; Campos, P. M.; Luz, G. V. S.; Joanitti, G. A.	In Vivo Efficacy and Toxicity of Curcumin Nanoparticles in Breast Cancer Treatment: A Systematic Review	2021	Front Oncol	11		612903	2. Nonhuman study
Perera 2018	Perera, S. D.; Jayawardena, U. A.; Jayasinghe, C. D.	Potential Use of Euphorbia hirta for Dengue: A Systematic Review of Scientific Evidence	2018	J Trop Med	2018		2048530	2. Nonhuman study
Ranasinghe 2013	Ranasinghe, Priyanga; Pigera, Shehani; Premakumara, G. A. Sirimal; Galappaththy, Priyadarshani; Constantine, Godwin R.; Katulanda, Prasad	Medicinal properties of 'true' cinnamon (Cinnamomum zeylanicum): a systematic review	2013	BMC Complementary & Alternative Medicine	13	1	275-296	2. Nonhuman study
Sanivarapu 2016	Sanivarapu, R.; Vallabhaneni, V.; Verma, V.	The Potential of Curcumin in Treatment of Spinal Cord Injury	2016	Neurology Research International	2016		9468193	2. Nonhuman study
Tavakoli-Rouzbehani 2020	Tavakoli-Rouzbehani, Omid Mohammad; Maleki, Vahid; Shadnoush, Mahdi; Taheri, Ehsane; Alizadeh, Mohammad	A comprehensive insight into potential roles of Nigella sativa on diseases by targeting AMP-activated protein kinase: a review	2020	DARU	28	2	779-787	2. Nonhuman study
Voulgaropoulou 2019	Voulgaropoulou, S. D.; van Amelsvoort, T. A. M. J.; Prickaerts, J.; Vingerhoets, C.;	The effect of curcumin on cognition in Alzheimer's disease and healthy aging: A systematic review of pre-clinical and clinical studies	2019	Brain Research	1725			2. Nonhuman study
Wang 2020	Wang, Z. H.; Deng, L. H.; Chi, C. W.; Wang, H.; Huang, Y. Y.; Zheng, Q.	A Preclinical Systematic Review of Curcumin for Protecting the Kidney with Ischemia Reperfusion Injury	2020	Oxidative medicine & cellular longevity	2020		4546851	2. Nonhuman study

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Jun 2017	Jun, J. H.; Lee, J. A.; Roh, S. S.; Choi, J.; Choi, T. Y.; Kim, B.; Roh, H. S.; Jin, M. H.; Hwang, S. J.; Choi, I.; Kim, H. M.; Lee, M. S.	Nourishing yin method using herbal medicine for skin disease: A systematic review and meta-analysis	2017	European Journal of Integrative Medicine	12		1-11	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Jun-21	Jun, Ji Hee; Choi, Tae Young; Lee, Hye Won; Ang, Lin; Lee, Myeong Soo	Herbal Medicine for Behçet's Disease: A Systematic Review and Meta-Analysis	2021	Nutrients	13	1	46-46	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Abbasi 2021	Abbasi, M.; Pourrajab, B.; Tokhi, M. O.	Protective effects of vitamins/antioxidants on occupational noise-induced hearing loss: A systematic review	2021	Journal of Occupational Health	63	1	e12217	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
AjithKamath 2020	Ajith Kamath, K.; Nasim, Iffat	Enamel re-mineralizing capacity of grape seed extract (Gse) - A systematic review	2020	International Journal of Pharmaceutical Research	12	Supplement entry 1	3107-3118	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Alexander 2016	Alexander, J. Wesley; Babcock, George F.; Edwards, Michael J.	Recommendations for topical antimicrobials to prevent wound infections	2016	Experimental and Clinical Transplantation	14	3 Supplement 1	3-Apr	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Ali 2017	Ali, Miri; Saeedeh, Fatehi Chenar; Mohammad, Sarani; Fahimeh, Khoushabi	The Effects of Green and Hibiscus Tea on The Metabolic Factors of Patients with Type II Diabetes: Review of Current Evidence	2017	Journal of Diabetic Nursing	5	1	40-49	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
An 2011	An, X.; Zhang, A. L.; Yang, A. W.; Lin, L.; Wu, D.; Guo, X.; Shergis, J. L.; Thien, F. C.; Worsnop, C. J.; Xue, C. C.	Oral ginseng formulae for stable chronic obstructive pulmonary disease: A systematic review	2011	Respiratory Medicine	105	2	165-76	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Anandakumar 2018	Anandakumar, Sudharsana; Malaiappan, Sankari	Effect of subgingival irrigation with natural products as an adjunct to scaling and root planing in the treatment of chronic periodontitis-a systematic review	2018	Journal of Clinical and Diagnostic Research	12	8	ZC17-ZC20	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Arab 2009	Arab, L.; Liu, W.; Elashoff, D.; Arab, Lenore; Liu, Weiqing; Elashoff, David	Green and black tea consumption and risk of stroke: a meta-analysis	2009	Stroke (00392499)	40	5	1786-1792	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Arab 2009	Arab, Lenore; Liu, Weiqing; Elashoff, David	Both black and green tea consumption associated with reduced risk of stroke	2009	The FASEB Journal	23	S1		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Asbaghi 2020	Asbaghi, O.; Fouladvand, F.; Gonzalez, M. J.; Aghamohammadi, V.; Choghakhori, R.; Abbasnezhad, A.	Effect of Green Tea on Anthropometric Indices and Body Composition in Patients with Type 2 Diabetes Mellitus: A Systematic Review and Meta-Analysis	2020	Complementary Medical Research			1-Aug	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Bae 2017	Bae, Kyeore; Park, Ji-Hye; Kim, Jeehye; Cho, Chong-Kwan; Yoo, Hwa-Seung; Oh, Byeongsang; Costa, Daniel; Lim, Stephanie; Deng, Gary	Traditional Oriental Herbal Medicine and Natural Killer Cells for Cancer Patients: A Systematic Review and Meta-analysis	2017	Phytotherapy Research	31	4	519-532	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Bagur 2017	Bagur, M. José; Murcia, M. Antonia; Jiménez-Monreal, Antonia M.; Tur, Josep A.; Bibiloni, M. Mar; Alonso, Gonzalo L.; Martínez-Tomé, Magdalena	Influence of Diet in Multiple Sclerosis: A Systematic Review	2017	Advances in Nutrition	8	3	463-472	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Ball 2021	Ball, L.; Sommerville, M.; Crowley, J.; Calleja, Z.; Barnes, K.	Providing food to patients in primary care to induce weight loss: A systematic literature review	2021	BMJ Nutrition, Prevention and Health				3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Bao 2014	Bao, L.; Cai, X.; Xu, M.; Li, Y.	Effect of oat intake on glycaemic control and insulin sensitivity: A meta-analysis of randomised controlled trials	2014	British Journal of Nutrition	112	3	457-466	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Barghouthy 2021	Barghouthy, Y.; Corrales, M.; Doizi, S.; Somani, B. K.; Traxer, O.	Tea and coffee consumption and the risk of urinary stones-a systematic review of the epidemiological data	2021	World Journal of Urology	17		17	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Bijkerk 2004	Bijkerk, C. J.; Muris, J. W.; Knottnerus, J. A.; Hoes, A. W.; de Wit, N. J.	Systematic review: the role of different types of fibre in the treatment of irritable bowel syndrome	2004	Alimentary Pharmacology & Therapeutics	19	3	245-51	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Burton 2009	Burton, M. J.; Couch, M. E.; Rosenfeld, R. M.	Extracts from The Cochrane Library: Homeopathic medicines for adverse effects of cancer treatments	2009	Otolaryngology - Head and Neck Surgery	141	2	162-165	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Burusapat 2018	Burusapat, C.; Supawan, M.; Pruksapong, C.; Pitiseree, A.; Suwantemee, C.	Topical Aloe Vera Gel for Accelerated Wound Healing of Split-Thickness Skin Graft Donor Sites: A Double-Blind, Randomized, Controlled Trial and Systematic Review	2018	Plastic & Reconstructive Surgery	142	1	217-226	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Cao 2015	Cao, H.; Yang, G.; Wang, Y.; Liu, J. P.; Smith, C. A.; Luo, H.; Liu, Y.	Complementary therapies for acne vulgaris	2015	Cochrane Database of Systematic Reviews		1	N.PAG-N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Ceresola 2018	Ceresola, E. R.; Preti, A.; Ferrarese, R.; Canducci, F.	Targeting patients' microbiota with probiotics and natural fibers in adults and children with constipation	2018	European Review for Medical and Pharmacological Sciences	22	20	7045-7057	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2008	Chen, X.; Zhou, M.; Li, Q.; Yang, J.; Zhang, Y.; Zhang, D.; Kong, S.; Zhou, D.; He, L.	Sanchi for acute ischaemic stroke	2008	Cochrane Database of Systematic Reviews		4		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2013	Chen, W.; Zhang, Y.; Li, X.; Yang, G.; Liu, J. P.	Chinese herbal medicine for diabetic peripheral neuropathy	2013	Cochrane Database of Systematic Reviews		10		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2014	Chen, X.; May, B.; Di, Y. M.; Zhang, A. L.; Lu, C.; Xue, C. C.; Lin, L.	Oral Chinese herbal medicine combined with pharmacotherapy for stable COPD: A systematic review of effect on BODE index and six minute walk test	2014	PLoS ONE	9	3	e91830	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Chen 2014	Chen, Si-Le; Cai, Shi-Rong; Deng, Liang; Zhang, Xin-Hua; Luo, Te-Dong; Peng, Jian-Jun; Xu, Jian-Bo; Li, Wen-Feng; Chen, Chuang-Qi; Ma, Jin-Ping; He, Yu-Long	Efficacy and complications of polyethylene glycols for treatment of constipation in children: a meta-analysis	2014	Medicine	93	16	e65-e65	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2014	Chen, Menghua; May, Brian H.; Zhou, Iris W.; Xue, Charlie C. L.; Zhang, Anthony L.	FOLFOX 4 Combined with Herbal Medicine for Advanced Colorectal Cancer: A Systematic Review	2014	Phytotherapy Research	28	7	976-991	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2016	Chen, Meng hua; May, Brian H.; Zhou, Iris W.; Zhang, Anthony L.; Xue, Charlie C.	Integrative Medicine for Relief of Nausea and Vomiting in the Treatment of Colorectal Cancer Using Oxaliplatin-Based Chemotherapy: A Systematic Review and Meta-Analysis	2016	Phytotherapy Research	30	5	741-753	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2016	Chen, M.; May, B. H.; Zhou, I. W.; Sze, D. M.; Xue, C. C.; Zhang, A. L.	Oxaliplatin-based chemotherapy combined with traditional medicines for neutropenia in colorectal cancer: A meta-analysis of the contributions of specific plants	2016	Critical Reviews in Oncology-Hematology	105		18-34	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Chen 2017	Chen, Y.; Wu, Y.; Du, M.; Chu, H.; Zhu, L.; Tong, N.; Zhang, Z.; Wang, M.; Gu, D.; Chen, J.	An inverse association between tea consumption and colorectal cancer risk	2017	Oncotarget	8	23	37367-37376	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2019	Chen, Pei-En; Liu, Chia-Yu; Chien, Wu-Hsiung; Chien, Ching-Wen; Tung, Tao-Hsin	Effectiveness of Cherries in Reducing Uric Acid and Gout: A Systematic Review	2019	Evidence-based Complementary and Alternative Medicine	2019		9896757	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chen 2020	Chen, J. Q. Alida; Scheltens, Philip; Groot, Colin; Ossenkoppele, Rik	Associations Between Caffeine Consumption, Cognitive Decline, and Dementia: A Systematic Review	2020	Journal of Alzheimer's Disease	78	4	1519-1546	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chessick 2006	Chessick, C. A.; Allen, M. H.; Thase, M. E.; Batista Miralha da Cunha, Aabc; Kapczinski, F.; Silva de Lima, M.; dos Santos Souza, Jjss	Azapirones for generalized anxiety disorder	2006	Cochrane Database of Systematic Reviews		3		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Chiavarini 2016	Chiavarini, M.; Minelli, L.; Fabiani, R.	Garlic consumption and colorectal cancer risk in man: A systematic review and meta-analysis	2016	Public Health Nutrition	19	2	308-317	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Choi 2018	Choi, Tae-Young; Ko, Mi Mi; Jun, Ji Hee; Zhang, Junhua; Lee, Myeong Soo	Herbal medicine for Behcet's disease	2018	Medicine (United States)	97	13	e0165	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Choi 2020	Choi, Minhyung; Lee, Sun Haeng; Chang, Gyu Tae	Herbal Medicine Treatment for Influenza: A Systematic Review and Meta-Analysis of Randomized Controlled Trials	2020	American Journal of Chinese Medicine	48	7	1553-1576	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Chuan 2013	Chuan, Zou; Guobin, Su; Yuchi, Wu; Fuhua, Lu; Wei, Mao; Xusheng, Liu	Astragalus in the Prevention of Upper Respiratory Tract Infection in Children with Nephrotic Syndrome: Evidence-Based Clinical Practice	2013	Evidence-based Complementary & Alternative Medicine (eCAM)	2013		1-Oct	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Chung 2015	Chung, Vincent; Wong, Samuel; Ho, Robin; Ma, Polly; Wu, Xinyin; Wu, Justin	Which chinese herbal medicine formula performs best when used with salmeterol for chronic obstructive pulmonary disease? Network meta-analysis	2015	Integrative Medicine Research	4	1 SUPPL. 1	9	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Clevenger 2018	Clevenger, S. S.; Malhotra, D.; Dang, J.; Vanle, B.; IsHak, W. W.	The role of selective serotonin reuptake inhibitors in preventing relapse of major depressive disorder	2018	Therapeutic Advances in Psychopharmacology	8	1	49-58	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Clyne 2019	Clyne, Allison; Yang, Angela Wei Hong; Li, Mingdi; May, Brian H.; Fei, Yutong	Traditional medicines for asthma in children and adults: A systematic review of placebo-controlled studies	2019	International Journal of Clinical Practice	73	12	e13433	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Csupor 2019	Csupor, Dezső; Viczián, Róka; Lantos, Tamás; Kiss, Tivadar; Hegyi, Péter; Tenk, Judit; Czumbel, László Márk; Thanyaporn, Sang-ngoen; Gyöngyi, Zoltán; Varga, Gábor; Gerber, Gábor; Pétervári, Erika; Tóth, Barbara	The combination of hawthorn extract and camphor significantly increases blood pressure: A meta-analysis and systematic review	2019	Phytomedicine	63		N.PAG-N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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daCosta Santos 2010	da Costa Santos, C. M.; de Mattos Pimenta, C. A.; Nobre, M. R.; da Costa Santos, Cristina Mamãdio; de Mattos Pimenta, Cibele Andruccioli; Nobre, Moacyr Roberto Cuce	A systematic review of topical treatments to control the odor of malignant fungating wounds	2010	Journal of Pain & Symptom Management	39	6	1065-1076	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Dahl 2018	Dahl, Wendy J.; Rivero Mendoza, Daniela	Is Fibre an Effective Strategy to Improve Laxation in Long-Term Care Residents?	2018	Canadian Journal of Dietetic Practice & Research	79	1	35-41	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Deng 2012	Deng, S. Q.; Brian, M.; Tony, Z.; Lu, C. J.; Xue, Charlie Changli	Herbal medicines in the topical management of psoriasis: A systematic review of clinical evidence	2012	Journal of Dermatology	39	SUPPL. 1	226-227	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Derry 2017	Derry, S.; Wiffen, P. J.; Moore, R. A.	Aspirin for acute treatment of episodic tension-type headache in adults	2017	Cochrane Database of Systematic Reviews		1		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Ding 2013	Ding, Mingshuang; Leach, Matthew J.; Bradley, Helen	A systematic review of the evidence for topical use of ginger	2013	Explore: The Journal of Science & Healing	9	6	361-364	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Dow 2018	Dow, C.; Mancini, F.; Rajaobelina, K.; Boutron-Ruault, M. C.; Balkau, B.; Bonnet, F.; Fagherazzi, G.	Diet and risk of diabetic retinopathy: a systematic review	2018	European Journal of Epidemiology	33	2	141-156	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Duan 2018	Duan, L.; Xiong, X.; Hu, J.; Liu, Y.; Wang, J.	Efficacy and safety of oral Panax notoginseng saponins for unstable angina patients: A meta-analysis and systematic review	2018	Phytomedicine	47		23-33	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Dugoua 2010	Dugoua, J. J.; Wu, P.; Seely, D.; Eyawo, O.; Mills, E.	Astragalus-containing Chinese herbal combinations for advanced non-small-cell lung cancer: A meta-analysis of 65 clinical trials enrolling 4751 patients	2010	Lung Cancer: Targets and Therapy	1		85-100	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Fan 2018	Fan, Yu; Gu, Xuyu; Zhang, Heng	Dazhu Hongjingtian (Herba Rhodiolae) for unstable angina pectoris: Protocol for a systematic review and meta-analysis	2018	Medicine	97	49	e13481-e13481	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Ferreira 2015	Ferreira, Elaine B.; Albuquerque, Paloma; Cerqueira, Renata A.; Meneses, Amanda G.; Vasques, Christiane I.; Vieira, Nayara N.; De Almeida Marques Da Cruz, Flavia Oliveira; Reis, Paula Elaine D.; Bontempo, Priscila D.; Silva, Karine Raphaela M.; Sacramento, Carlos; Abreu, Anna Karolina C.; Simino, Giovana P.	Intervention topical for acute radio dermatitis in patients with head and neck cancer: Systematic review	2015	Cancer Nursing	38	4 SUPPL. 1	S12	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Fleischauer 2000	Fleischauer, A. T.; Poole, C.; Arab, L.	Garlic consumption and cancer prevention: Meta-analyses of colorectal and stomach cancers	2000	American Journal of Clinical Nutrition	72	4	1047-1052	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Forbes 2015	Forbes, Scott C.; Holroyd-Leduc, Jayna M.; Poulin, Marc J.; Hogan, David B.	Effect of Nutrients, Dietary Supplements and Vitamins on Cognition: a Systematic Review and Meta-Analysis of Randomized Controlled Trials	2015	Canadian Geriatrics Journal	18	4	231-245	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Gang 2014	Gang, Liu; Xiaohong, Huang	Effects of tea intake on blood pressure: A meta-analysis of 21 randomized controlled trials	2014	Journal of the American College of Cardiology	64	16 SUPPL. 1	C112	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Gartenmann 2019	Gartenmann, S. J.; Weydlich, Y. V.; Steppacher, S. L.; Heumann, C.; Attin, T.; Schmidlin, P. R.	The effect of green tea as an adjunct to scaling and root planing in non-surgical periodontitis therapy: a systematic review	2019	Clinical Oral Investigations	23	1	Jan-20	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
GomesdeMenêses 2018	Gomes de Menêses, Amanda; Diniz dos Reis, Paula Elaine; Silva Guerra, Eliete Neves; De Luca Canto, Graziela; Barros Ferreira, Elaine	Use of trolamine to prevent and treat acute radiation dermatitis: a systematic review and meta-analysis	2018	Revista Latino-Americana de Enfermagem (RLAE)	26		1-Nov	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Gorne 2016	Gorne, Rainer C.; Wegener, Tankred; Kelber, Olaf; Feistel, Bjorn; Reichling, Jurgen; Kraft, Karin	Systematic review on sabal serrulata extracts for treatment of lower urinary tract symptoms (LUTS)	2016	Journal of Alternative and Complementary Medicine	22	6	A52	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Goulart 2020	Goulart, Cristina B.; Custódio, Carolina S.; Vasques, Christiane I.; Ferreira, Elaine B.; Diniz dos Reis, Paula E.	Effectiveness of topical interventions to prevent or treat intravenous therapy-related phlebitis: A systematic review	2020	Journal of Clinical Nursing (John Wiley & Sons, Inc.)	29	13/14	2138-2149	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Hackshaw-McGeagh 2015	Hackshaw-McGeagh, Lucy; Perry, Rachel; Leach, Verity; Qandil, Sara; Jeffreys, Mona; Martin, Richard; Lane, J.; Hackshaw-McGeagh, Lucy E.; Perry, Rachel E.; Leach, Verity A.; Martin, Richard M.; Lane, J. Athene	A systematic review of dietary, nutritional, and physical activity interventions for the prevention of prostate cancer progression and mortality	2015	Cancer Causes & Control	26	11	1521-1550	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
HaiYong 2014	Hai Yong, Chen; Chun Ho, Ma; Ke-Jian, Cao; James Chung-Man, Ho; Eric, Ziea; Vivian Taam, Wong; Zhang-Jin, Zhang	A Systematic Review and Meta-Analysis of Herbal Medicine on Chronic Obstructive Pulmonary Diseases	2014	Evidence-based Complementary & Alternative Medicine (eCAM)	2014		1-Nov	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Han 2018	Han, Chang-ho; Kim, Mikyung; Cho, Seung-Yeon; Jung, Woo-Sang; Moon, Sang-Kwan; Park, Jung-Mi; Ko, Chang-Nam; Cho, Ki-Ho; Kwon, Seungwon	Adjunctive herbal medicine treatment for patients with acute ischemic stroke: A systematic review and meta-analysis	2018	Complementary Therapies in Clinical Practice	33		124-137	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Hartley 2013	Hartley, L.; Flowers, N.; Holmes, J.; Clarke, A.; Stranges, S.; Hooper, L.; Rees, K.	Green and black tea for the primary prevention of cardiovascular disease	2013	Cochrane Database of Systematic Reviews		6		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Hermansen 2003	Hermansen, K.; Dinesen, B.; Hoie, L. H.; Morgenstern, E.; Gruenwald, J.	Effects of soy and other natural products on LDL:HDL ratio and other lipid parameters: A literature review	2003	Advances in Therapy	20	1	50-78	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Hooper 2008	Hooper, L.; Kroon, P. A.; Rimm, E. B.; Cohn, J. S.; Harvey, I.; Le Cornu, K. A.; Ryder, J. J.; Hall, W. L.; Cassidy, A.	Flavonoids, flavonoid-rich foods, and cardiovascular risk: a meta-analysis of randomized controlled trials	2008	American Journal of Clinical Nutrition	88	1	38-50	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Hu 2018	Hu, Jing; Li, Peilin; Zhang, Tao	Rhubarb combined with trypsin inhibitor for severe acute pancreatitis: A systematic review and meta-analysis	2018	Phytotherapy Research	32	8	1450-1458	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Hui 2013	Hui, Dong; Yan, Zhao; Li, Zhao; Fuer, Lu	The Effects of Berberine on Blood Lipids: A Systemic Review and Meta-Analysis of Randomized Controlled Trials	2013	Planta Medica	79	6	437-446	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Hui 2019	Hui, Suocheng; Liu, Kai; Lang, Hedong; Liu, Yang; Wang, Xiaolan; Zhu, Xiaohui; Doucette, Steve; Yi, Long; Mi, Mantian	Comparative effects of different whole grains and brans on blood lipid: a network meta-analysis	2019	European Journal of Nutrition	58	7	2779-2787	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Hursel 2009	Hursel, R.; Viechtbauer, W.; Westerterp-Plantenga, M. S.	The effects of green tea on weight loss and weight maintenance: a meta-analysis	2009	International Journal of Obesity	33	9	956-961	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Igho-Osagie 2020	Igho-Osagie, Ebuwa; Cara, Kelly; Wang, Deena; Yao, Qisi; Penkert, Laura P.; Cassidy, Aedin; Ferruzzi, Mario; Jacques, Paul F.; Johnson, Elizabeth J.; Chung, Mei; Wallace, Taylor	Short-Term Tea Consumption Is Not Associated with a Reduction in Blood Lipids or Pressure: A Systematic Review and Meta-Analysis of Randomized Controlled Trials	2020	Journal of Nutrition	150	12	3269-3279	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Jin 2008	Jin, X.; Zheng, R. H.; Li, Y. M.	Green tea consumption and liver disease: a systematic review	2008	Liver International	28	7	990-6	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Jin 2016	Jin, X.; Che, D. B.; Zhang, Z. H.; Yan, H. M.; Jia, Z. Y.; Jia, X. B.	Ginseng consumption and risk of cancer: A meta-analysis	2016	J Ginseng Res	40	3	269-77	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Jin-Long 2014	Jin-Long, Zeng; Zhi-Hua, Li; Zhi-Chao, Wang; Hai-Liang, Zhang	Green Tea Consumption and Risk of Pancreatic Cancer: A Meta-analysis	2014	Nutrients	6	11	4640-4650	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Jurgens 2014	Jurgens, Tannis; Whelan, Anne Marie	Can green tea preparations help with weight loss?	2014	Canadian Pharmacists Journal (Sage Publications Inc.)	147	3	159-160	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Kai 2013	Kai, Liu; Rui, Zhou; Bin, Wang; Ka, Chen; Lin-Ying, Shi; Jun-Dong, Zhu; Man-Tian, Mi	Effect of green tea on glucose control and insulin sensitivity: a meta-analysis of 17 randomized controlled trials	2013	American Journal of Clinical Nutrition	98	2	340-348	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kassab 2009	Kassab, S.; Cummings, M.; Berkovitz, S.; van Haselen, R.; Fisher, P.	Homeopathic medicines for adverse effects of cancer treatments	2009	Cochrane Database of Systematic Reviews		2		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kean 2017	Kean, J. D.; Downey, L. A.; Stough, C.	Systematic Overview of Bacopa monnieri (L.) Wettst. Dominant Poly-Herbal Formulas in Children and Adolescents	2017	Medicines	4	4	22	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kelly 2007	Kelly, S. A.; Summerbell, C. D.; Brynes, A.; Whittaker, V.; Frost, G.	Wholegrain cereals for coronary heart disease	2007	Cochrane Database of Systematic Reviews			N.PAG-N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Keukenmeester 2014	Keukenmeester, Rs; Slot, De; Putt, Ms; Weijden, Ga	The effect of medicated, sugar-free chewing gum on plaque and clinical parameters of gingival inflammation: a systematic review	2014	International Journal of Dental Hygiene	12	1	Feb-16	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Khan 2020	Khan, Muhammad; Idris, Owais M.; Shah, Jay; Singh, Hemindermeet; Ali, Sohail; Mir, Tanveer; Mailey, Rachel O.; Ullah, Waqas; Khan, Ghazal; Rashid, Mamoon	Effect of green tea on flow mediated dilation of arterial vasculature, a comprehensive meta-analysis and literature review	2020	Catheterization and Cardiovascular Interventions	95	Supplement 2	S201-S203	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kim 2011	Kim, Amie; Chiu, Andrew; Barone, Meredith K.; Avino, Diane; Wang, Fei; Coleman, Craig I.; Phung, Olivia J.	Green Tea Catechins Decrease Total and Low-Density Lipoprotein Cholesterol: A Systematic Review and Meta-Analysis	2011	Journal of the American Dietetic Association	111	11	1720-1729	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kim 2012	Kim, T. H.; Cho, K. H.; Jung, W. S.; Lee, M. S.	Herbal medicines for Parkinson's disease: a systematic review of randomized controlled trials	2012	PLoS ONE [Electronic Resource]	7	5	e35695	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Kim 2015	Kim, W.; Lee, W. B.; Lee, J. W.; Min, B. I.; Baek, S. K.; Lee, H. S.; Cho, S. H.	Traditional herbal medicine as adjunctive therapy for breast cancer: A systematic review	2015	Complementary Therapies in Medicine	23	4	626-632	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kim 2015	Kim, Woojin; Lee, Won-Bock; Lee, Jungwoo; Min, Byung-Il; Lee, HyangSook; Cho, Seung-Hun	Traditional Herbal Medicine as Adjunctive Therapy for Nasopharyngeal Cancer: A Systematic Review and Meta-Analysis	2015	Integrative Cancer Therapies	14	3	212-220	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Ko 2019	Ko, M. M.; Jang, S.; Jung, J.	Herbal medicines for metabolic diseases with blood stasis: A protocol for a systematic review and meta-analysis	2019	Medicine	98	8	e14543	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kondo 2018	Kondo, Y.; Goto, A.; Noma, H.; Iso, H.; Hayashi, K.; Noda, M.	Effects of Coffee and Tea Consumption on Glucose Metabolism: A Systematic Review and Network Meta-Analysis	2018	Nutrients	11	1	27	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Konovalov 2018	Konovalov, D. A.; Khamilonov, A. A.; Shevchuk, O. M.; Logvinenko, L. A.	A review of clinical studies of anticancer activity of artemisinin derivative	2018	Farmatsiya i Farmakologiya	6	5	402-418	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kou 2012	Kou, M. J.; Chen, J. X.	Integrated traditional and Western medicine for treatment of depression based on syndrome differentiation: A meta-analysis of randomized controlled trials based on the Hamilton depression scale	2012	Journal of Traditional Chinese Medicine	32	1	1-May	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kumbargere Nagraj 2017	Kumbargere Nagraj, S.; George, R. P.; Shetty, N.; Levenson, D.; Ferraiolo, D. M.; Shrestha, A.	Interventions for managing taste disturbances	2017	Cochrane Database of Systematic Reviews		12		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kumbargere Nagraj 2019	Kumbargere Nagraj, S.; Eachempati, P.; Uma, E.; Singh, V. P.; Ismail, N. M.; Varghese, E.	Interventions for managing halitosis	2019	Cochrane Database of Systematic Reviews		12		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Kwon 2019	Kwon, Seungwon; Jin, Chul; Cho, Seung-Yeon; Park, Seong-Uk; Jung, Woo-Sang; Moon, Sang-Kwan; Park, Jung-Mi; Ko, Chang-Nam; Cho, Ki-Ho	Paeoniae Radix-containing herbal medicine for patients with restless legs syndrome: A systematic review and meta-analysis	2019	Complementary Therapies in Clinical Practice	35		329-341	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kwon 2019	Kwon, C. Y.; Lee, B.; Chung, S. Y.; Kim, J. W.; Kim, S. H.	Herbal medicine for insomnia in elderly with hypertension: A systematic review and meta-analysis	2019	European Journal of Integrative Medicine	30		100961	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kwon 2019	Kwon, Chan-Young; Lee, Boram; Chung, Sun-Yong; Kim, Jong Woo	Herbal medicine for post-stroke anxiety: A systematic review and meta-analysis of randomized controlled trials	2019	Complementary Therapies in Clinical Practice	35		237-252	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kwon 2020	Kwon, C. Y.; Lee, B.; Lee, S. H.; Jo, J.	Herbal medicine in women undergoing in vitro fertilization/ intracytoplasmic sperm injection: A systematic review and meta-analysis	2020	Complementary Therapies in Medicine	53		102528	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Kwon 2021	Kwon, S.; Jin, C.; Chung, M.; Lee, J.; Cho, S. Y.; Park, S. U.; Jung, W. S.; Moon, S. K.; Park, J. M.; Ko, C. N.; Cho, K. H.	Herbal medicine treatment for patients with chronic subdural hematoma: A systematic review and meta-analysis	2021	Complementary Therapies in Clinical Practice	43		101307	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Kwon 2021	Kwon, C. Y.; Lee, B.; Kong, M.; Lee, S. H.; Jung, H. J.; Kim, K. I.; Lee, B. J.	Effectiveness and safety of herbal medicine for cancer-related fatigue in lung cancer survivors: A systematic review and meta-analysis	2021	Phytotherapy Research	35	2	751-770	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lalthlamuan puii 2019	Lalthlamuanpuii.; Lubna, Fathima; Prabu.; Sunayana, Manipal; Rajmohan.; Bharathwaj,	A systematic review on effectiveness of Aloe Vera in treating recurrent aphthous stomatitis	2019	Journal of Pharmaceutical Sciences and Research	11	9	3223-3226	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lam 2020	Lam, N. S. K.; Long, X. X.; Li, X.; Yang, L.; Griffin, R. C.; Doery, J. C.	Comparison of the efficacy of tea tree (Melaleuca alternifolia) oil with other current pharmacological management in human demodicosis: A Systematic Review	2020	Parasitology	147	14	1587-1613	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Lan 2015	Lan, Jiarong; Zhao, Yanyun; Dong, Feixia; Yan, Ziyou; Zheng, Wenjie; Fan, Jinping; Sun, Guoli	Meta-analysis of the effect and safety of berberine in the treatment of type 2 diabetes mellitus, hyperlipemia and hypertension	2015	Journal of Ethnopharmacology	161		69-81	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lawrie 2018	Lawrie, T. A.; Green, J. T.; Beresford, M.; Wedlake, L.; Burden, S.; Davidson, S. E.; Lal, S.; Henson, C. C.; Andreyev, H. J. N.	Interventions to reduce acute and late adverse gastrointestinal effects of pelvic radiotherapy for primary pelvic cancers	2018	Cochrane Database of Systematic Reviews		1		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lee 2018	Lee, Hye Lim; Lee, Yoo Been; Choi, Jun-Yong; Lee, Ju Ah	Herbal medicine for idiopathic central precocious puberty	2018	Medicine (United States)	97	13	e0267	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lee 2018	Lee, Yu Kyung; Bae, Kyeore; Yoo, Hwa-Seung; Cho, Seung-Hun	Benefit of Adjuvant Traditional Herbal Medicine With Chemotherapy for Resectable Gastric Cancer	2018	Integrative Cancer Therapies	17	3	619-627	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Lee 2020	Lee, Boram; Leem, Jungtae; Kim, Hyunho; Jo, Hee-Geun; Kwon, Chan-Young	Herbal Medicine for Traumatic Brain Injury: A Systematic Review and Meta-Analysis of Randomized Controlled Trials and Limitations	2020	Frontiers in Neurology	11		772	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lee 2020	Lee, JiEun; Jin, Chul; Cho, Seung-Yeon; Park, Seong-Uk; Jung, Woo-Sang; Moon, Sang-Kwan; Park, Jung-Mi; Ko, Chang-Nam; Cho, Ki-Ho; Kwon, Seungwon	Herbal medicine treatment for Alzheimer disease: A protocol for a systematic review and meta-analysis	2020	Medicine	99	33	e21745-e21745	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lee 2020	Lee, Yoo Been; Lee, Ju Ah; Lee, Hye Lim	Herbal Medicine for Idiopathic Central Precocious Puberty: A Systematic Review and Meta-Analysis	2020	Journal of Alternative & Complementary Medicine	26	11	976-999	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lee 2021	Lee, Jang Won; Hyun, Min Kyung; Kim, Hye Jin; Kim, Dong-Il	Acupuncture and herbal medicine for female infertility: an overview of systematic reviews	2021	Integrative Medicine Research	10	3	100694	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Lever 2014	Lever, E.; Cole, J.; Scott, S. M.; Emery, P. W.; Whelan, K.	Systematic review: the effect of prunes on gastrointestinal function	2014	Alimentary Pharmacology & Therapeutics	40	7	750-8	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Li 2011	Li, M.; Wang, W.; Xue, J.; Gu, Y.; Lin, S.	Meta-analysis of the clinical value of Astragalus membranaceus in diabetic nephropathy	2011	Journal of Ethnopharmacology	133	2	412-9	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Li 2012	Li, L.; Dou, L.; Leung, P. C.; Wang, C. C.	Chinese herbal medicines for threatened miscarriage	2012	Cochrane Database of Systematic Reviews		5		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Li 2014	Li, G.; Zhang, Y.; Mbuagbaw, L.; Holbrook, A.; Levine, M. A. H.; Thabane, L.	Effect of green tea supplementation on blood pressure among overweight and obese adults: A protocol for a systematic review	2014	BMJ Open	4	4	e004971	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Li 2015	Li, Guowei; Zhang, Yuan; Thabane, Lehana; Mbuagbaw, Lawrence; Liu, Aiping; Levine, Mitchell A. H.; Holbrook, Anne	Effect of green tea supplementation on blood pressure among overweight and obese adults: a systematic review and meta-analysis	2015	Journal of Hypertension	33	2	243-254	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Li 2015	Li, Xun; Ren, Jun; Zhang, Ying; Yang, Guoyan; Liu, Jiangping; Wider, Barbara	Green tea for prevention of digestive tract cancer: An updated evidence summary of randomized and non-randomized studies	2015	Integrative Medicine Research	4	1 SUPPL. 1	133-134	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Li 2016	Li, Xianbin; Zhao, Lei; Bo, Qijing; Zhou, Fuchun; Wang, Chuanyue; Li, Bo	Adjunctive Peony-Glycyrrhiza Decoction for antipsychotic-induced hyperprolactinemia	2016	Cochrane Database of Systematic Reviews	2016	11	CD012422	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Li 2018	Li, Meng-Fei; Zhou, Xiao-Meng; Li, Xue-Lian	The Effect of Berberine on Polycystic Ovary Syndrome Patients with Insulin Resistance (PCOS-IR): A Meta-Analysis and Systematic Review	2018	Evidence-based Complementary & Alternative Medicine (eCAM)			1-Aug	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Liao 2017	Liao, H.; Hu, L.; Cheng, X.; Wang, X.; Li, J.; Banbury, L.; Li, R.	Are the Therapeutic Effects of Huangqi (Astragalus membranaceus) on Diabetic Nephropathy Correlated with Its Regulation of Macrophage iNOS Activity?	2017	Journal of Immunological Research	2017		3780572	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lin 2019	Lin, S.; An, X.; Guo, Y.; Gu, J.; Xie, T.; Wu, Q.; Sui, X.	Meta-analysis of astragalus-containing traditional chinese medicine combined with chemotherapy for colorectal cancer: Efficacy and safety to tumor response	2019	Frontiers in Oncology	9	AUG	749	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Ling 2015	Ling, W.; Huang, Yi; Li, Y.; Huang, Y. M.; Ling, H. B.; Sui, Y.; Zhao, H. L.	Consistent efficacy of wendan decoction for the treatment of digestive, reflux disorders	2015	American Journal of Chinese Medicine	43	5	893-913	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Liu 2001	Liu, J. P.; McIntosh, H.; Lin, H.	Chinese medicinal herbs for asymptomatic carriers of hepatitis B virus infection	2001	Cochrane Database of Systematic Reviews			N.PAG- N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Liu 2001	Liu, J. P.; Manheimer, E.; Tsutani, K.; Gluud, C.	Medicinal herbs for hepatitis C virus infection	2001	Cochrane Database of Systematic Reviews			N.PAG- N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Liu 2003	Liu, J.; Manheimer, E.; Tsutani, K.; Gluud, C.	Medicinal herbs for hepatitis C virus infection: a Cochrane hepatobiliary systematic review of randomized trials	2003	American Journal of Gastroenterology	98	3	538-44	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Liu 2004	Liu, J. P.; Yang, M.; Du, X. M.	Herbal medicines for viral myocarditis	2004	Cochrane Database of Systematic Reviews		3	CD00371 1	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Liu 2010	Liu, Z. L.; Liu, Z. J.; Liu, J. P.; Yang, M.; Kwong, J.	Herbal medicines for viral myocarditis	2010	Cochrane Database of Systematic Reviews		7	CD00371 1	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Liu 2013	Liu, Z. L.; Liu, Z. J.; Liu, J. P.; Kwong, J. S.	Herbal medicines for viral myocarditis	2013	Cochrane Database of Systematic Reviews		8	CD003711	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Liu 2020	Liu, W.; Wan, C.; Huang, Y.; Li, M.	Effects of tea consumption on metabolic syndrome: A systematic review and meta-analysis of randomized clinical trials	2020	Phytotherapy Research	34	11	2857-2866	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Liyuan 2015	Liyuan, Zhang; Jing, Chen; Dapeng, Jiang; Peng, Zhang	Adjuvant treatment with crude rhubarb for patients with systemic inflammation reaction syndrome/sepsis: A meta-analysis of randomized controlled trials	2015	Journal of Critical Care	30	2	282-289	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Lonnie 2020	Lonnie, Marta; Laurie, Ieva; Myers, Madeleine; Horgan, Graham; Russell, Wendy R.; Johnstone, Alexandra M.	Exploring Health-Promoting Attributes of Plant Proteins as a Functional Ingredient for the Food Sector: A Systematic Review of Human Interventional Studies	2020	Nutrients	12	8	2291	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Mahdavi-Roshan 2020	Mahdavi-Roshan, Marjan; Salari, Arsalan; Ghorbani, Zeinab; Ashouri, Asieh	The effects of regular consumption of green or black tea beverage on blood pressure in those with elevated blood pressure or hypertension: A systematic review and meta-analysis	2020	Complementary Therapies in Medicine	51		N.PAG-N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Mahmoodi 2020	Mahmoodi, Marzieh; Hosseini, Razieh; Kazemi, Asma; Ofori-Asenso, Richard; Mazidi, Mohsen; Mazloomi, Seyed Mohammad; Ofori-Asenso, Richard	Effects of green tea or green tea catechin on liver enzymes in healthy individuals and people with nonalcoholic fatty liver disease: A systematic review and meta-analysis of randomized clinical trials	2020	Phytotherapy Research	34	7	1587-1598	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Masuy 2019	Masuy, Imke; Van Oudenhove, Lukas; Tack, Jan	Review article: treatment options for functional dyspepsia	2019	Alimentary Pharmacology and Therapeutics	49	9	1134-1172	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
McCulloch 2006	McCulloch, M.; See, C.; Shu, X.; Broffman, M.; Kramer, A.; Fan, W.; Gao, J.; Lieb, W.; Shieh, K.; Colford, J. M., Jr.	Astragalus-based Chinese herbs and platinum-based chemotherapy for advanced non-small-cell lung cancer: meta-analysis of randomized trials	2006	Journal of Clinical Oncology	24	3	419-430	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
McRae 2017	McRae, Marc P.	Dietary Fiber Is Beneficial for the Prevention of Cardiovascular Disease: An Umbrella Review of Meta-analyses	2017	Journal of Chiropractic Medicine	16	4	289-299	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
McRae 2018	McRae, Marc P.	Dietary Fiber Intake and Type 2 Diabetes Mellitus: An Umbrella Review of Meta-analyses	2018	Journal of Chiropractic Medicine	17	1	44-53	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
McRorie 2016	McRorie, Johnson; Chey, William; McRorie, Johnson W.; Chey, William D.	Fermented Fiber Supplements Are No Better Than Placebo for a Laxative Effect	2016	Digestive Diseases & Sciences	61	11	3140-3146	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Melchart 1994	Melchart, D.; Linde, K.; Worku, F.; Bauer, R.; Wagner, H.	Immunomodulation with echinacea - a systematic review of controlled clinical trials	1994	Phytomedicine	1	3	245-54	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Meng 2020	Meng, Maxwell V.; Porten, Sima P.; Kenfield, Stacey A.; Zuniga, Kyle B.; Graff, Rebecca E.; Feiger, David B.	Lifestyle and Non-muscle Invasive Bladder Cancer Recurrence, Progression, and Mortality: Available Research and Future Directions	2020	Bladder Cancer	6	1	Sep-23	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Moore 2013	Moore, Z. E. H.; Cowman, S.	Wound cleansing for pressure ulcers	2013	Cochrane Database of Systematic Reviews		3		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Moreira 2020	Moreira, S. C.; Jansen, A. K.; Silva, F. M.	Dietary interventions and cognition of Alzheimer's disease patients: a systematic review of randomized controlled trial	2020	Dement Neuropsychol	14	3	258-282	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Morze 2020	Morze, J.; Osadnik, T.; Osadnik, K.; Lejawa, M.; Jakubiak, G.; Pawlas, N.; Gasior, M.; Schwingshackl, L.; Banach, M.	Comparative effect of nutraceuticals on lipid profile: a protocol for systematic review and network meta-analysis	2020	BMJ Open	10	8	e032755	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Murphy 2006	Murphy, Brendan P.; Chung, Young-Chul; Park, Tae-Won; McGorry, Patrick D.; Als-Nielsen, Alvarez Andreasen Andreasen Arato Artaloytia et al.	Pharmacological treatment of primary negative symptoms in schizophrenia: A systematic review	2006	Schizophrenia Research	88	1-Mar	May-25	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Nabavi 2014	Nabavi, Seyed M.; Daglia, Maria; Curti, Valeria; Moghaddam, Akbar H.; Nabavi, Seyed F.	Tea consumption and risk of ischemic stroke: a brief review of the literature	2014	Current Pharmaceutical Biotechnology	15	4	298-303	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Najafi 2019	Najafi, Mona Najaf; Najafi, Neshat Najaf; Mirzaee, Firoozeh; Ghazanfarpour, Masumeh; Burykina, Tatyana I.; Lupuliasa, Dumitru; Rezaee, Ramin; Arsene, Andreea Letitia	Herbal medicines against bacterial vaginosis in women of reproductive age: A systematic review	2019	Farmacia	67	6	931-940	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
North 2009	North, C. J.; Venter, C. S.; Jerling, J. C.	The effects of dietary fibre on C-reactive protein, an inflammation marker predicting cardiovascular disease	2009	European Journal of Clinical Nutrition	63	8	921-933	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Ong 2020	Ong, Y. Q.; Sakinah, H.; Shahril, M. R.; Norshazila, S.	Antioxidant and anti-inflammatory dietary supplements in the treatment of osteoarthritis: A scoping review	2020	Food Research	4	2	254-273	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Ozgoli 2018	Ozgoli, G.; Saei Ghare Naz, M.	Effects of complementary medicine on nausea and vomiting in pregnancy: A systematic review	2018	International Journal of Preventive Medicine	9	1	75	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Pan 2009	Pan, A.; Yu, D.; Demark-Wahnefried, W.; Franco, O. H.; Lin, X.	Meta-analysis of the effects of flaxseed interventions on blood lipids	2009	American Journal of Clinical Nutrition	90	2	288-297	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Pang 2016	Pang, J.; Zhang, Z.; Zheng, T. Z.; Bassig, B. A.; Mao, C.; Liu, X.; Zhu, Y.; Shi, K.; Ge, J.; Yang, Y. J.; Dejie, Huang; Bai, M.; Peng, Y.	Green tea consumption and risk of cardiovascular and ischemic related diseases: A meta-analysis	2016	International Journal of Cardiology	202		967-74	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Park 2018	Park, Bongki; Noh, Hyeonseok; Choi, Dong-Jun	Herbal Medicine for Xerostomia in Cancer Patients: A Systematic Review of Randomized Controlled Trials	2018	Integrative Cancer Therapies	17	2	179-191	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Park 2018	Park, B.; Hong, S. C.; Park, S. W.; Yi, C. S.; Ha, Y. K.; Choi, D. J.	Herbal medicine for hemorrhage-related hydrocephalus: A systematic review of randomised controlled trials	2018	Complementary Therapies in Medicine	39		146-153	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Peng 2016	Peng, H.; He, Y.; Zheng, G.; Zhang, W.; Yao, Z.; Xie, W.	Meta-analysis of traditional herbal medicine in the treatment of nonalcoholic fatty liver disease	2016	Cellular & Molecular Biology	62	4	88-95	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Peng 2020	Peng, L.; Zhao, W. K.; Xu, T. T.; Wu, Q.; Lu, P.; Zhu, P. P.; Zheng, X. M.	Safety and efficacy of ginkgo-damole and nitroglycerin or sodium nitroprusside on hypertensive cerebroopathies: a meta-analysis	2020	Evidence-Based Complementary and Alternative Medicine	2020		5713796	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Phung 2010	Phung, O. J.; Baker, W. L.; Matthews, L. J.; Lanosa, M.; Thorne, A.; Coleman, C. I.	Effect of green tea catechins with or without caffeine on anthropometric measures: a systematic review and meta-analysis	2010	American Journal of Clinical Nutrition	91	1	73-81	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Potting 2006	Potting, C. M. J.; Uitterhoeve, R.; Scholte Op Reimer, W.; Van Achterberg, T.	The effectiveness of commonly used mouthwashes for the prevention of chemotherapy-induced oral mucositis: a systematic review	2006	European Journal of Cancer Care	15	5	431-439	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Qari 2020	Qari, Yousef; Mosli, Mahmoud	A systematic review and meta-analysis of the efficacy of medical treatments for the management of solitary rectal ulcer syndrome	2020	Saudi Journal of Gastroenterology	26	1	4-Dec	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Qiu 2020	Qiu, J.; Guo, Y.; Xu, X.; Yue, H.; Yang, Y.	Ginkgo leaf extract and dipyridamole injection for chronic cor pulmonale: a PRISMA-compliant meta-analysis of randomized controlled trials	2020	Bioscience Reports	40	3	27	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Rahnemaie 2019	Rahnemaie, Fatemeh Sadat; Abdi, Fatemeh; Zare, Elham; Zaheri, Farzaneh	Effects of complementary medicine on successful breastfeeding and its associated issues in the postpartum period	2019	Iranian Journal of Pediatrics	29	1	e80180	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Reinhart 2009	Reinhart, K. M.; Talati, R.; White, C. M.; Coleman, C. I.	The impact of garlic on lipid parameters: A systematic review and meta-analysis	2009	Nutrition Research Reviews	22	1	39-48	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Ren 2020	Ren, X.; Di, Z.; Zhang, Z.; Fu, B.; Wang, Y.; Huan	Chinese herbal medicine for the treatment of small intestinal bacterial overgrowth (SIBO): A protocol for systematic review and meta-analysis	2020	Medicine	99	51	e23737	3. Intervention out of scope (r
Rondanelli 2016	Rondanelli, Mariangela; Giacosa, Attilio; Morazzoni, Paolo; Guido, Davide; Grassi, Mario; Morandi, Gabriella; Bologna, Chiara; Riva, Antonella; Allegrini, Pietro; Perna, Simone	MediterrAsian Diet Products That Could Raise HDL-Cholesterol: A Systematic Review	2016	BioMed Research International	2016		Jan-15	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Rondanelli 2018	Rondanelli, Mariangela; Miccono, Alessandra; Lamburghini, Silvia; Avanzato, Ilaria; Riva, Antonella; Allegrini, Pietro; Faliva, Milena Anna; Peroni, Gabriella; Nichetti, Mara; Perna, Simone	Self-Care for Common Colds: The Pivotal Role of Vitamin D, Vitamin C, Zinc, and Echinacea in Three Main Immune Interactive Clusters (Physical Barriers, Innate and Adaptive Immunity) Involved during an Episode of Common Colds—Practical Advice on Dosages and on the Time to Take These Nutrients/Botanicals in order to Prevent or Treat Common Colds	2018	Evidence-based Complementary & Alternative Medicine (eCAM)	2018		Jan-36	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Serban 2015	Serban, C.; Antal, D.; Ursoniu, S.; Sahebkar, A.; Mikhailidis, D. P.; Rysz, J.; Banach, M.; Rizzo, M.	Effects of supplementation with green tea catechins on plasma C-reactive protein concentrations: A systematic review and meta-analysis of randomized controlled trials	2015	European Heart Journal	36	SUPPL. 1	368-369	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Shergis 2019	Shergis, Johannah; Di, Yuan; Zhang, Anthony; Xue, Charlie Changli; Yang, Lingling; Lu, Chuangjian; Guo, Xinfeng; Li, Yan	A systematic review of Chinese herbal medicine for postpartum depression	2019	Advances in Integrative Medicine	6	Supplement 1	S58	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Sheyu 2015	Sheyu, Li; Qingtao, Hou; Haoming, Tian; Yun, Li; Ling, Li; Xin, Sun; Gaiping, Cheng	The Metabolic Effects of Oats Intake in Patients with Type 2 Diabetes: A Systematic Review and Meta-Analysis	2015	Nutrients	7	12	10369-10387	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Shi 2012	Shi, Chun-Rui; Kuang, Qian-Hua; Yan, Xiang; Ren, Wan-Ming; Shi, Chun-Bo; Li, You-Ping; Yang, Ke-Hu; Li, Lun	Effectiveness and safety of chinese angelica decoction for chronic urticaria: A systematic review	2012	Chinese Journal of Evidence-Based Medicine	12	10	1261-1269	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Singh 2007	Singh, B. B.; Khorsan, R.; Vinjamury, S. P.; Der-Martirosian, C.; Kizhakkeveetil, A.; Anderson, T. M.	Herbal treatments of asthma: a systematic review	2007	Journal of Asthma	44	9	685-98	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Singh 2020	Singh, R. B. H.; VanderPluym, J. H.; Morrow, A. S.; Urtecho, M.; Nayfeh, T.; Roldan, V. D. T.; Farah, M. H.; Hasan, B.; Saadi, S.; Shah, S.; Abd-Rabu, R.; Daraz, L.; Prokop, L. J.; Murad, M. H.; Wang, Z.		2020	Agency for Healthcare Research and Quality			12	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Song 2017	Song, H.; Wang, P.; Liu, J.; Wang, C.	Panax notoginseng Preparations for Unstable Angina Pectoris: A Systematic Review and Meta-Analysis	2017	Phytotherapy Research	31	8	1162-1172	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Storz 2019	Storz, M. A.; Kuster, O.	Hypocaloric, plant-based oatmeal interventions in the treatment of poorly-controlled type 2 diabetes: A review	2019	Nutrition and Health	25	4	281-290	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Sturgeon 2009	Sturgeon, J. L.; Williams, M.; van Servellen, G.	Efficacy of green tea in the prevention of cancers	2009	Nursing & Health Sciences	11	4	436-446	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Su 2014	Su, Chun-Xiang; Wang, Li-Qiong; Liu, Jian-Ping; Grant, Suzanne J.	Chinese herbal medicine for cancer-related fatigue: A systematic review of randomized clinical trials	2014	Journal of Alternative and Complementary Medicine	20	5	A63	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Sutherland 2010	Sutherland, Sharla K.; Rittenbach, Katherine A.; Goel, Vinti; Shan, Jacqueline J.	Systematic review of randomized, double-blind, placebo-controlled clinical trials of daily dosing of a North American ginseng extract (CVT-E002)	2010	Pharmaceutical Biology	48	SUPPL. 1	4-May	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Sutherland 2011	Sutherland, S.; Rittenbach, K.; Goel, V.; Shan, J.	Erratum: Systematic review of randomized, double-blind, placebo-controlled clinical trials of daily dosing of a North American ginseng extract (CVT-E002) (Journal of Alternative and Complementary Medicine (2010) 16:8 (921-927) DOI:10.1089/acm.2010.0219)	2011	Journal of Alternative and Complementary Medicine	17	4	381	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Sydenham 2012	Sydenham, Emma; Dangour, Alan D.; Lim, Wee-Shiong	Omega 3 fatty acid for the prevention of cognitive decline and dementia	2012	Sao Paulo Medical Journal	130	6	419	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Szary 2010	Szary, Nicholas M.; Kilgore, Todd W.; Matteson, Michelle L.; Choudhary, Abhishek; Marshall, John B.; Bechtold, Matthew L.	Low-volume polyethylene glycol and an adjunct for bowel preparation: A meta-analysis	2010	Gastroenterology	138	5 SUPPL. 1	S477	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Tam 2014	Tam, K. W.; Lai, J. H.; Chen, H. C.; Hou, W. H.; Ko, W. S.; Chen, S. L.; Huang, T. W.	A systematic review and meta-analysis of randomized controlled trials comparing interventions for peristomal skin care	2014	Ostomy Wound Management	60	10	26-33	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Tang 2009	Tang, N. P.; Li, H.; Qiu, Y. L.; Zhou, G. M.; Ma, J.	Tea consumption and risk of endometrial cancer: a metaanalysis	2009	American Journal of Obstetrics and Gynecology	201	6	605	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Tang 2020	Tang, X.; Huang, M.; Jiang, J.; Liang, X.; Li, X.; Meng, R.; Chen, L.; Li, Y.	Panax notoginseng preparations as adjuvant therapy for diabetic kidney disease: a systematic review and meta-analysis	2020	Pharmaceutical Biology	58	1	138-145	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Taubert 2007	Taubert, D.; Roesen, R.; Schomig, E.	Effect of cocoa and tea intake on blood pressure: A meta-analysis	2007	Archives of Internal Medicine	167	7	626-634	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Thies 2014	Thies, Frank; Masson, Lindsey F.; Boffetta, Paolo; Kris-Etherton, Penny	Oats and bowel disease: a systematic literature review	2014	British Journal of Nutrition	112		S31-43	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Thies 2014	Thies, Frank; Masson, Lindsey F.; Boffetta, Paolo; Kris-Etherton, Penny	Oats and CVD risk markers: a systematic literature review	2014	British Journal of Nutrition	112		S19-30	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Tian 2016	Tian, H.; Lu, J.; He, H.; Zhang, L.; Dong, Y.; Yao, H.; Feng, W.; Wang, S.	The effect of Astragalus as an adjuvant treatment in type 2 diabetes mellitus: A (preliminary) meta-analysis	2016	Journal of Ethnopharmacology	191		206-15	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Vaidya 2018	Vaidya, A.; Ahmed, K.; Yap, T.; Shabbir, M.; Brunckhorst, O.	Nutritional supplements in idiopathic male infertility: A systematic review	2018	European Urology, Supplements	17	2	e222	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
vanDie 2016	van Die, M. D.; Bone, K. M.; Emery, J.; Williams, S. G.; Pirotta, M. V.; Paller, C. J.	Phytotherapeutic interventions in the management of biochemically recurrent prostate cancer: a systematic review of randomised trials	2016	BJU International	117 Suppl 4		17-34	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
VanDijk 2016	Van Dijk, M.; Pot, G. K.	The effects of nutritional interventions on recurrence in survivors of colorectal adenomas and cancer: A systematic review of randomised controlled trials	2016	European Journal of Clinical Nutrition	70	5	566-573	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Vermeulen 2004	Vermeulen, H.; Ubbink, D. T.; Goossens, A.; de Vos, R.; Legemate, D. A.; Westerbos, S. J.	Dressings and topical agents for surgical wounds healing by secondary intention	2004	Cochrane Database of Systematic Reviews		1		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wagner 2021	Wagner, Karl-Heinz; Draxler, Agnes; Franzke, Bernhard; Schwingshackl, Lukas	Impact of dietary and lifestyle interventions in elderly or people diagnosed with diabetes, metabolic disorders, cardiovascular disease, cancer and micronutrient deficiency on micronuclei frequency - A systematic review and meta-analysis	2021	Mutation Research - Reviews in Mutation Research	787		108367	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wang 2014	Wang, X.; Tian, J.; Jiang, J.; Li, L.; Ying, X.; Tian, H.; Nie, M.	Effects of green tea or green tea extract on insulin sensitivity and glycaemic control in populations at risk of type 2 diabetes mellitus: a systematic review and meta-analysis of randomised controlled trials	2014	Journal of Human Nutrition & Dietetics	27	5	501-512	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Wang 2016	Wang, Jian; Huang, Yin-Qiu; Ma, Xiao; Zhao, Yan-Ling; Chen, Zhe; Wei, Shi-Zhang; Wang, Jia-Bo; Xiao, Xiao-He; Zhu, Yun; Shan, Li-Mei; Wang, Ji	Therapeutic efficacy and safety of Paeoniae Radix Rubra formulae in relieving hyperbilirubinemia induced by viral hepatitis: A meta-analysis	2016	Frontiers in Pharmacology	7	MAR	63	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wang 2016	Wang, S. F.; Wang, Q.; Jiao, L. J.; Huang, Y. L.; Garfield, D.; Zhang, J.; Xu, L.	Astragalus-containing Traditional Chinese Medicine, with and without prescription based on syndrome differentiation, combined with chemotherapy for advanced non-small-cell lung cancer: a systemic review and meta-analysis	2016	Current Oncology	23	3	e188-e195	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wang 2020	Wang, Yanli; Zhao, Yanyan; Chong, Feifei; Song, Mengmeng; Sun, Qiuyu; Li, Tiandong; Xu, Linping; Song, Chunhua	A dose-response meta-analysis of green tea consumption and breast cancer risk	2020	International Journal of Food Sciences & Nutrition	71	6	656-667	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wang 2020	Wang, Ruiting; Cheng, Nuo; Peng, Rongyan; Yu, Zeyu; Nan, Mengdie; Cao, Huijuan	Oral herbal medicine for women with intrahepatic cholestasis in pregnancy: a systematic review of randomized controlled trials	2020	BMC Complementary Medicine & Therapies	20	1	N.PAG-N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Williams 2019	Williams, J. L.; Everett, J. M.; D'Cunha, N. M.; Sergi, D.; Georgousopoulou, E. N.; Keegan, R. J.; McKune, A. J.; Mellor, D. D.; Anstice, N.; Naumovski, N.	The Effects of Green Tea Amino Acid L-Theanine Consumption on the Ability to Manage Stress and Anxiety Levels: a Systematic Review	2019	Plant Foods for Human Nutrition				3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Winardi 2019	Winardi, Aswedi; Irwan, Andi Masyitha	Topical treatment for controlling malignant wound odour	2019	EWMA Journal	20	2	Jul-17	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wopker 2020	Wopker, P. M.; Schwermer, M.; Sommer, S.; Langler, A.; Fetz, K.; Ostermann, T.; Zuzak, T. J.	Complementary and alternative medicine in the treatment of acute bronchitis in children: A systematic review	2020	Complementary Therapies in Medicine	49			3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wu 2005	Wu, T.; Munro, A. J.; Guanjian, L.; Liu, G. J.	Chinese medical herbs for chemotherapy side effects in colorectal cancer patients	2005	Cochrane Database of Systematic Reviews		1		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Wu 2007	Wu, B.; Liu, M.; Liu, H.; Li, W.; Tan, S.; Zhang, S.; Fang, Y.; Wu, Bo; Liu, Ming; Liu, Hua; Li, Wei; Tan, Song; Zhang, Shihong; Fang, Yuan	Meta-analysis of traditional Chinese patent medicine for ischemic stroke	2007	Stroke (00392499)	38	6	1973-1979	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wu 2009	Wu, P.; Dugoua, J. J.; Eyawo, O.; Mills, E. J.	Traditional Chinese Medicines in the treatment of hepatocellular cancers: a systematic review and meta-analysis	2009	Journal of Experimental & Clinical Cancer Research	28		112	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Wu 2012	Wu, H. M.; Tang, J. L.; Cao, L.; Sha, Z. H.; Li, Y.	Interventions for preventing infection in nephrotic syndrome	2012	Cochrane Database of Systematic Reviews		4		3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Xin-Xin 2013	Xin-Xin, Zheng; Yan-Lu, Xu; Shao-Hua, Li; Rutai, Hui; Yong-Jian, Wu; Xiao-Hong, Huang	Effects of green tea catechins with or without caffeine on glycemic control in adults: a meta-analysis of randomized controlled trials	2013	American Journal of Clinical Nutrition	97	4	750-762	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Xiong 2019	Xiong, X.; Yang, X.; Li, X.; Yue, G.; Xing, Y.; Cho, W. C.	Efficacy and safety of Chinese herbal medicine for patients with postmenopausal hypertension: A systematic review and meta-analysis	2019	Pharmacological Research	141		481-500	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Xu 2019	Xu, Jing; Hao, Xiaofeng; Lu, Bingwen; Ming, Jing; Li, Xiaoyu; Qi, Yixin; Xie, Like	Intervention of artemisinin in macular edema associated with retinal vein occlusion: A protocol for a systematic review and meta-analysis	2019	Medicine	98	25	e16044-e16044	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Xu 2020	Xu, Renfan; Bai, Yang; Yang, Ke; Chen, Guangzhi	Effects of green tea consumption on glycemic control: a systematic review and meta-analysis of randomized controlled trials	2020	Nutrition & Metabolism	17	1	Jan-13	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yang 2012	Yang, J.; Wang, H. P.; Zhou, L.; Xu, C. F.	Effect of dietary fiber on constipation: a meta analysis	2012	World Journal of Gastroenterology	18	48	7378-83	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Yang 2020	Yang, Lingling; Shergis, Johannah L.; Di, Yuan M.; Zhang, Anthony L.; Lu, Chuanjian; Guo, Xinfeng; Fang, Zenan; Xue, Charlie Changli; Li, Yan	Managing Depression with Bupleurum chinense Herbal Formula: A Systematic Review and Meta-Analysis of Randomized Controlled Trials	2020	Journal of Alternative & Complementary Medicine	26	1	Aug-24	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yeung 2012	Yeung, W. F.; Chung, K. F.; Man-Ki Poon, M.; Yan-Yee Ho, F.; Zhang, S. P.; Zhang, Z. J.; Tat-Chi Ziea, E.; Wong, V. T.	Chinese herbal medicine for insomnia: A systematic review of randomized controlled trials	2012	Sleep Medicine Reviews	16	6	497-507	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yihong 2019	Yihong, Liu; May, Brian H.; Lin Zhang, Anthony; Xinfeng, Guo; Chuanjian, Lu; Charlie Changli, Xue; Haibo, Zhang	Integrative Herbal Medicine for Chemotherapy-Induced Peripheral Neuropathy and Hand-Foot Syndrome in Colorectal Cancer: A Systematic Review and Meta-Analysis	2019	Integrative Cancer Therapies	18		Jan-21	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yin 2015	Yin, X.; Yang, J.; Li, T.; Song, L.; Han, T.; Yang, M.; Liao, H.; He, J.; Zhong, X.	The effect of green tea intake on risk of liver disease: a meta analysis	2015	International journal of clinical and experimental medicine	8	6	8339-46	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Yu 2014	Yu, Lei; Qin, Yongjie; Wang, Qingqing; Zhang, Lu; Liu, Yaqiong; Wang, Taiwu; Huang, Lan; Wu, Long; Xiong, Hongyan	The efficacy and safety of Chinese herbal medicine, Rhodiola formulation in treating ischemic heart disease: a systematic review and meta-analysis of randomized controlled trials	2014	Complementary Therapies in Medicine	22	4	814-825	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yu 2017	Yu, J.; Song, P.; Perry, R.; Penfold, C.; Cooper, A. R.	The effectiveness of green tea or green tea extract on insulin resistance and glycemic control in type 2 diabetes mellitus: A meta-analysis	2017	Diabetes and Metabolism Journal	41	4	251-262	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yu 2018	Yu, Jun-Sang; Lee, Dongnyung; Hyun, Daesung; Chang, Sei-Jin	Herbal Medicines for Cold Hypersensitivity in the Hands and Feet: A Systematic Review and Meta-Analysis	2018	Journal of Alternative & Complementary Medicine	24	12	1150-1158	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yuan 2008	Yuan, W.; Wang, J.; Wu, T.	Chinese herbal medicine Huangqi type formulations for nephrotic syndrome	2008	Cochrane Database of Systematic Reviews		2	CD006335	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Yuan 2018	Yuan, F.; Dong, H.; Fang, K.; Gong, J.; Lu, F.	Effects of green tea on lipid metabolism in overweight or obese people: A meta-analysis of randomized controlled trials	2018	Molecular Nutrition and Food Research	62	1	1601122	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Yue 2016	Yue, Ai; Guo, Yong-Li; Wang, Guo-Xia; Zhang, Ying-Jin; Zhang, Si-Fang; Wang, Zhe; Sun, Tao-Li	Astragalus-based Chinese traditional medicine combined with chemotherapy for non-small-cell lung cancer treatment: Meta-analysis of randomized trials	2016	International journal of clinical and experimental medicine	9	11	20542-20551	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Zhang 2020	Zhang, X.; Sun, D.; Qin, N.; Liu, M.; Zhang, J.; Li, X.	Comparative prevention potential of 10 mouthwashes on intolerable oral mucositis in cancer patients: A Bayesian network analysis	2020	Oral Oncology	107		104751	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Zheng 2011	Zheng, Xin-Xin; Xu, Yan-Lu; Li, Shao-Hua; Liu, Xu-Xia; Hui, Rutai; Huang, Xiao-Hong	Green tea intake lowers fasting serum total and LDL cholesterol in adults: a meta-analysis of 14 randomized controlled trials	2011	American Journal of Clinical Nutrition	94	2	601-610	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

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Zheng 2014	Zheng, G. H.; Yang, L.; Chen, H. Y.; Chu, J. F.; Mei, L.	Aloe vera for prevention and treatment of infusion phlebitis	2014	Cochrane Database of Systematic Reviews		6	N.PAG- N.PAG	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Zheng 2020	Zheng, Yang; Qi, Shangfeng; Wu, Fengqing; Hu, Jintao; Zhong, Ronglin; Hua, Cong; Jiang, Dashuai; Quan, Renfu	Chinese Herbal Medicine in Treatment of Spinal Cord Injury: A Systematic Review and Meta-Analysis of Randomized Controlled Trials	2020	American Journal of Chinese Medicine	48	7	1593-1616	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Zheng 2020	Zheng, Q.; Zhuang, Z.; Wang, Z. H.; Deng, L. H.; Jin, W. J.; Huang, Z. J.; Zheng, G. Q.; Wang, Y.	Clinical and Preclinical Systematic Review of Astragalus Membranaceus for Viral Myocarditis	2020	Oxidative medicine & cellular longevity	2020		1560353	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
		The effects of lavender essential oil on wound healing: A systematic review of the current evidence	2019	Journal of the American Academy of Dermatology	81		AB132- AB132	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
		Assessment of the therapeutic effect of total glucosides of peony for juvenile idiopathic arthritis: A systematic review and meta-analysis	2016	Evidence-Based Complementary and Alternative Medicine	2016		8292486	3. Intervention out of scope (not on List A; delivery via injection; combination with non-WHM, nutraceuticals, pharmaceuticals etc.)
Bahrke 2000	Bahrke, M. S.; Morgan, W. P.	Evaluation of the ergogenic properties of ginseng: An update	2000	Sports Medicine	29	2	113-133	4. Population out of scope
Bonilla 2021	Bonilla, D. A.; Moreno, Y.; Gho, C.; Petro, J. L.; Odriozola-Martínez, A.; Kreider, R. B.	Effects of Ashwagandha (Withania somnifera) on Physical Performance: Systematic Review and Bayesian Meta-Analysis	2021	J Funct Morphol Kinesiol	6	1		4. Population out of scope
Canter 2004	Canter, P. H.; Ernst, E.	Anthocyanosides of Vaccinium myrtillus (bilberry) for night vision--a systematic review of placebo-controlled trials	2004	Survey of Ophthalmology	49	1	38-50	4. Population out of scope
Chan 2021	Chan, Virginia; Wang, Leanne; Allman-Farinelli, Margaret; Malaguti, Marco	Efficacy of Functional Foods, Beverages, and Supplements Claiming to Alleviate Air Travel Symptoms: Systematic Review and Meta-Analysis	2021	Nutrients	13	3	961	4. Population out of scope
DarooghegiM ofrad 2019	Darooghegi Mofrad, M.; Milajerdi, A.; Koohdani, F.; Surkan, P. J.; Azadbakht, L.	Garlic Supplementation Reduces Circulating C-reactive Protein, Tumor Necrosis Factor, and Interleukin-6 in Adults: A Systematic Review and Meta-analysis of Randomized Controlled Trials	2019	Journal of Nutrition	149	4	605-618	4. Population out of scope

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Doma 2020	Doma, K.; Devantier-Thomas, B.; Gahreman, D.; Connor, J.	Selected root plant supplementation reduces indices of exercise-induced muscle damage: A systematic review and meta-analysis	2020	International Journal for Vitamin & Nutrition Research			Jan-21	4. Population out of scope
Fernández-Lázaro 2020	Fernández-Lázaro, Diego; Mielgo-Ayuso, Juan; Seco Calvo, Jesús; Córdova Martánez, Alfredo; Caballero García, Alberto; Fernandez-Lazaro, Cesar I.	Modulation of Exercise-Induced Muscle Damage, Inflammation, and Oxidative Markers by Curcumin Supplementation in a Physically Active Population: A Systematic Review	2020	Nutrients	12	2	501	4. Population out of scope
Hutcherson 2018	Hutcherson, Timothy; Cieri, Nicole; Mudit, Mudit; Backert, Danelle; Geraci, Joseph; Healy, Jaclyn	Evidence-based evaluation of the recommendation and use of raspberry leaf preparations to facilitate parturition	2018	International Journal of Clinical Pharmacy	40	1	304-305	4. Population out of scope
Ishaque 2012	Ishaque, Sana; Shamseer, Larissa; Bukutu, Cecilia; Vohra, Sunita	Rhodiola rosea for physical and mental fatigue: a systematic review	2012	BMC Complementary & Alternative Medicine	12	1	70-78	4. Population out of scope
Mansoori 2020	Mansoori, Anahita; Hosseini, Seyedahmad; Zilaei, Marzie; Hormoznejad, Razie; Fathi, Mojdeh	Effect of fenugreek extract supplement on testosterone levels in male: A meta-analysis of clinical trials	2020	Phytotherapy Research	34	7	1550-1555	4. Population out of scope
Mohammadi-Sartang 2018	Mohammadi-Sartang, Mohsen; Sohrabi, Zahra; Barati-Boldaji, Reza; Raeisi-Dehkordi, Hamidreza; Mazloom, Zohreh	Flaxseed supplementation on glucose control and insulin sensitivity: a systematic review and meta-analysis of 25 randomized, placebo-controlled trials	2018	Nutrition Reviews	76	2	125-139	4. Population out of scope
Murdoch 2010	Murdoch, D.	Altitude sickness	2010	Clinical Evidence	18		18	4. Population out of scope

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Naghedi-Baghdar 2018	Naghedi-Baghdar, H.; Nazari, S. M.; Taghipour, A.; Nematy, M.; Shokri, S.; Mehri, M. R.; Molkara, T.; Javan, R.	Effect of diet on blood viscosity in healthy humans: a systematic review	2018	Electron Physician	10	3	6563-6570	4. Population out of scope
Pase 2012	Pase, Matthew P.; Kean, James; Sarris, Jerome; Neale, Chris; Scholey, Andrew B.; Stough, Con	The Cognitive-Enhancing Effects of Bacopa monnieri: A Systematic Review of Randomized, Controlled Human Clinical Trials	2012	Journal of Alternative & Complementary Medicine	18	7	647-652	4. Population out of scope
Pérez-Gómez 2020	Pérez-Gómez, Jorge; Villafaina, Santos; Adsuar, José Carmelo; Merellano-Navarro, Eugenio; Collado-Mateo, Daniel	Effects of Ashwagandha (Withania somnifera) on VO2max: A Systematic Review and Meta-Analysis	2020	Nutrients	12	4	1119-1119	4. Population out of scope
Shokri-Mashhadi 2021	Shokri-Mashhadi, N.; Kazemi, M.; Saadat, S.; Moradi, S.	Effects of select dietary supplements on the prevention and treatment of viral respiratory tract infections: A systematic review of randomized controlled trials	2021	Expert Review of Respiratory Medicine	15		15	4. Population out of scope
Suhett 2021	Suhett, L. G.; de Miranda Monteiro Santos, R.; Silveira, B. K. S.; Leal, A. C. G.; de Brito, A. D. M.; de Novaes, J. F.; Lucia, C. M. D.	Effects of curcumin supplementation on sport and physical exercise: a systematic review	2021	Critical Reviews in Food Science & Nutrition	61	6	946-958	4. Population out of scope
Adane 2020	Adane, F.; Seyoum, G.; Alamneh, Y. M.; Abie, W.; Desta, M.; Sisay, B.	Herbal medicine use and predictors among pregnant women attending antenatal care in Ethiopia: a systematic review and meta-analysis	2020	BMC Pregnancy & Childbirth	20	1	157	6. Outcome out of scope (safety, cost)
Agbabiaka 2017	Agbabiaka, Taofikat; Wider, Barbara; Watson, Leala; Goodman, Claire	Concurrent Use of Prescription Drugs and Herbal Medicinal Products in Older Adults: A Systematic Review	2017	Drugs & Aging	34	12	891-905	6. Outcome out of scope (safety, cost)
Bae 2012	Bae, Suh Eun; Hur, Chin; Choi, Sung Eun; Tramontano, Angela	Green tea and esophageal cancer risk: A meta-analysis of epidemiologic studies	2012	Gastroenterology	142	5 SUPPL. 1	S765	6. Outcome out of scope (safety, cost)

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Dugoua 2008	Dugoua, J. J.; Seely, D.; Perri, D.; Koren, G.; Mills, E.	Safety and efficacy of chastetree (Vitex agnus-castus) during pregnancy and lactation	2008	Canadian Journal of Clinical Pharmacology/Journal Canadien de Pharmacologie Clinique	15	1	e74-9	6. Outcome out of scope (safety, cost)
Frenkel 2010	Frenkel, M.; Gupta, A.	Nutritional supplements and docetaxel: Avoid or combine?	2010	Journal of the Society for Integrative Oncology	8	3	120-125	6. Outcome out of scope (safety, cost)
Gao 2013	Gao, Ming; Ma, Wang; Chen, Xiao-Bing; Chang, Zhi-Wei; Zhang, Xu-Dong; Zhang, Ming-Zhi	Meta-analysis of Green Tea Drinking and the Prevalence of Gynecological Tumors in Women	2013	Asia-Pacific Journal of Public Health	25	4	435-85	6. Outcome out of scope (safety, cost)
Guan 2019	Guan, Yingjie; Zhang, Kang; Shi, Na; Liu, Jianping; Li, Xun	Green tea for digestive cancer prevention: literature review based on controlled clinical studies	2019	Advances in Integrative Medicine	6	Supplement 1	S72	6. Outcome out of scope (safety, cost)
Haboubi 2006	Haboubi, N. Y.; Taylor, S.; Jones, S.	Coeliac disease and oats: a systematic review	2006	Postgraduate Medical Journal	82	972	672-678	6. Outcome out of scope (safety, cost)
Li 2018	Li, Z.; Ying, X.; Shan, F.; Ji, J.	The association of garlic with Helicobacter pylori infection and gastric cancer risk: A systematic review and meta-analysis	2018	Helicobacter	23	5	e12532	6. Outcome out of scope (safety, cost)
Miraghajani 2018	Miraghajani, M.; Rafie, N.; Hajianfar, H.; Larijani, B.; Azadbakht, L.	Aged Garlic and Cancer: A Systematic Review	2018	Int J Prev Med	9		84	6. Outcome out of scope (safety, cost)
Naser 2011	Naser, B.; Schnitker, J.; Minkin, M. J.; de Arriba, S. G.; Nolte, K. U.; Osmers, R.; Naser, Belal; Schnitker, Jörg; Minkin, Mary Jane; de Arriba, Susana Garcia; Nolte, Klaus-Ulrich; Osmers, Ralf	Suspected black cohosh hepatotoxicity: no evidence by meta-analysis of randomized controlled clinical trials for isopropanolic black cohosh extract	2011	Menopause (10723714)	18	4	366-375	6. Outcome out of scope (safety, cost)

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Petersen 2021	Petersen, M. J.; Bergien, S. O.; Staerk, D.	A systematic review of possible interactions for herbal medicines and dietary supplements used concomitantly with disease-modifying or symptom-alleviating multiple sclerosis drugs	2021	Phytotherapy Research	24		24	6. Outcome out of scope (safety, cost)
Sadeghian 2021	Sadeghian, Mehdi; Rahmani, Sepideh; Jamialahmadi, Tannaz; Johnston, Thomas P.; Sahebkar, Amirhossein;	The effect of oral curcumin supplementation on health-related quality of life: A systematic review and meta-analysis of randomized controlled trials	2021	Journal of Affective Disorders	278		627-636	6. Outcome out of scope (safety, cost)
Zhu 2014	Zhu, B.; Zou, L.; Qi, L.; Zhong, R.; Miao, X.	Allium vegetables and garlic supplements do not reduce risk of colorectal cancer, based on meta-analysis of prospective studies	2014	Clinical Gastroenterology & Hepatology	12	12	1991-2001.e1-4; quiz e121	6. Outcome out of scope (safety, cost)
Linde 2007	Linde, K.	Do Echinacea spp. products prevent and shorten the common cold?	2007	Focus on Alternative & Complementary Therapies	12	4	255-257	7a. Publication out of scope (cost)
Pittler 1999	Pittler, M. H.	Echinacea extract for the prevention and treatment of the common cold	1999	Focus on Alternative & Complementary Therapies	4	4	194-196	7a. Publication out of scope (cost)
Robertshawe 2010	Robertshawe, P.	Effect of fibre, antispasmodics and peppermint oil on irritable bowel syndrome	2010	Journal of the Australian Traditional-Medicine Society	16	1	21-21	7a. Publication out of scope (cost)
Stapleton 2013	Stapleton, A. E.	Cranberry-containing products are associated with a protective effect against urinary tract infections	2013	Evidence-Based Medicine	18	3	110-111	7a. Publication out of scope (cost)

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Abramowicz 1997	Abramowicz, M.; Rizack, M. A.; Goodstein, D.; Faucard, A.; Hansten, P. D.; Steigbigel, N. H.; Mukherjee, S. K.; Smoller, J. W.; Zuccotti, G.; Aschenbrenner, M.	St. John's wort	1997	Medical Letter on Drugs and Therapeutics	39	1014	107-108	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Akilen 2013	Akilen, R.; Tsiامي, A.; Robinson, N.	Efficacy and safety of 'true' cinnamon (Cinnamomum zeylanicum) as a pharmaceutical agent in diabetes: a systematic review and meta-analysis...TU	2013	Diabetic Medicine	30	4	505-506	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Alper 2009	Alper, B. S.	Evidence-based medicine. St. John's wort may be as effective as standard antidepressants--and more tolerable--for major depression	2009	Clinical Advisor	12	2	84-84	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Alper 2016	Alper, B. S.; Malone-Moses, M.; Manheimer, E. W.	Evidence for clinical practice: Point-of-care application of: 'Efficacy and safety of ginger in osteoarthritis patients: A meta-analysis of randomized placebo-controlled trials'	2016	European Journal of Integrative Medicine	8	5	621-622	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Anonymous 2006	Anonymous,	Clonidine, gabapentin, and some SSRIs effective for hot flashes	2006	Journal of Family Practice	55	8	662	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Anonymous 2006	Anonymous,	Soy, black cohosh may have some benefit for menopause symptoms	2006	Journal of Family Practice	55	11	939	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Anonymous 2007	Anonymous,	Is saw palmetto useful for treatment of benign prostatic hyperplasia?	2007	Australian Journal of Pharmacy	88	1051	78-79	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

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Anonymous 2007	Anonymous,	Ginkgo and Alzheimer's disease: little or no different from placebo	2007	Prescrire International	16	91	205-7	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Anonymous 2008	Anonymous,	Meta-analysis shows garlic is effective at combating hypertension	2008	Nature Clinical Practice Nephrology	4	10	523-524	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Anonymous 2013	Anonymous,	Prevention of recurrent urinary tract infections in women	2013	Drug and Therapeutics Bulletin	51	6	69-74	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Arienti 2021	Arienti, C.	Can herbal medicinal products or preparations alleviate neuropathic pain in adults? A Cochrane Review summary with commentary	2021	NeuroRehabilitation	48	1	149-152	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Auerhahn 2006	Auerhahn, C.	Review: laxatives in the form of fibre reduce symptoms in patients with symptomatic haemorrhoids	2006	Evidence Based Nursing	9	3	79-79	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Baime 2002	Baime, M. J.	Review: St. John's wort, ginkgo, saw palmetto, and kava may be effective for some conditions	2002	ACP Journal Club	137	1	25-25	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Beaglehole 1996	Beaglehole, R.	Garlic for flavour, not cardioprotection	1996	Lancet	348	9036	1186-1187	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Bedard 2001	Bedard, Mario	Can men benefit from saw palmetto?	2001	Canadian Pharmaceutical Journal	134	5	24	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

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Bongaard 2009	Bongaard, B. S.	Old and new treatments for irritable bowel syndrome: Effective or not?	2009	Alternative Medicine Alert	12	2	19-21	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Bornhoft 2008	Bornhoft, G.; Maxion-Bergemann, S.; Matthiessen, P. F.;	External validity of clinical trials for treatment of dementia with ginkgo biloba extracts	2008	Die rolle der externen validitat bei der beurteilung klinischer studien zur demenzbehandlung mit ginkgo-biloba-extrakten.	41	4	298-312	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Challem 2008	Challem, J.	Medical journal watch: context and applications. Analysis confirms benefits of hawthorn in heart failure	2008	Alternative & Complementary Therapies	14	3	156-156	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Charrois 2006	Charrois, T. L.; Hrudehy, J.; Vohra, S.	Echinacea	2006	Pediatrics in Review	27	10	385-387	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Charrois 2007	Charrois, T. L.; Sadler, C.; Vohra, S.	Complementary, holistic, and integrative medicine: St. John's wort	2007	Pediatrics in Review	28	2	69-72	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Chrubasik 2003	Chrubasik, S.; Roufogalis, B.	Hawthorn extract for heart complaints	2003	Australian Journal of Pharmacy	84	1003	825-826	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Chrubasik-Hausmann 2015	Chrubasik-Hausmann, S.	Treatment of oral candidiasis with herbal medicinal products	2015	Focus on Alternative & Complementary Therapies	20	3-Apr	150-150	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Coon 2003	Coon, J. T.; Vliet, A.	Dry extract of Hedera helix and respiratory function in children	2003	Focus on Alternative & Complementary Therapies	8	3	312-313	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Cott 1998	Cott, Jerry M.; Fugh-Berman, Adriane	Is St. John's Wort (Hypericum perforatum) an effective antidepressant?	1998	Journal of Nervous and Mental Disease	186	8	500-501	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Daly 1999	Daly, M. P.	Diagnosis and management of Alzheimer disease	1999	Journal of the American Board of Family Practice	12	5	375-385	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Eaton 2003	Eaton, L. J.; Kinkade, S.	Hawthorn extract improves chronic heart failure	2003	Journal of Family Practice	52	10	753-754	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Ebell 1999	Ebell, M.	Is horse-chestnut seed extract effective for the treatment of chronic venous insufficiency?	1999	Evidence-Based Practice	2	3	4-2p	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Ernst 1997	Ernst, E.	Cardioprotection and garlic	1997	Lancet	349	9045	131	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Ernst 2007	Ernst, Edzard	Herbal remedies for depression and anxiety	2007	Advances in Psychiatric Treatment	13	4	312-316	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Ernst 2009	Ernst, E.	Review: St John's wort superior to placebo and similar to antidepressants for major depression but with fewer side effects	2009	Evidence Based Mental Health	12	3	78-78	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Table C-1 Citation details of studies screened and excluded at full text (by reason for exclusion): WHMs

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Evans 1997	Evans, M. F.; Morgenstern, K.	St. John's wort: an herbal remedy for depression?	1997	Canadian Family Physician	43		1735-6	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Freeman 2011	Freeman, M. P.	Perinatal depression: Evidence-based integrative medicine	2011	Archives of Women's Mental Health	14	SUPPL. 1	S21	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Gordon 2014	Gordon, A.; Glickman-Simon, R.	Moxibustion and Breech Presentation, Breathing Exercises and Asthma, Coenzyme Q10 and Heart Failure, Acupuncture and Chronic Low Back Pain, and Cinnamon and Diabetes	2014	Explore: The Journal of Science and Healing	10	3	1932	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Green 2014	Green, Michael S.; Badgett, Robert G.	2014 - Review: Fiber supplementation improves symptoms in the irritable bowel syndrome	2014	ACP Journal Club	161	10	1-Jan	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Gundling 2000	Gundling, K.	Promising results for kava in the treatment of anxiety	2000	Focus on Alternative and Complementary Therapies	5	2	126-7	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Harkless 2009	Harkless, G. E.	Review: high-quality evidence on the effectiveness of laxatives for functional constipation in children is limited	2009	Evidence Based Nursing	12	4	107-107	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Horn 2018	Horn, J. R.; Hansten, P. D.	Oral contraceptives and St John's Wort	2018	Pharmacy Times	2018	January		7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Hotopf 1999	Hotopf, M.	Review: St. John's wort is more effective than placebo for treating depressive disorders	1999	Evidence-Based Medicine	4	3	82	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Howland 2010	Howland, R. H.	Update on St. John's wort	2010	Journal of Psychosocial Nursing and Mental Health Services	48	11	20-24	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Kawada 2016	Kawada, Tomoyuki	Green tea consumption and risk of cardiovascular disease or stroke	2016	International Journal of Cardiology	221		831	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Kessenich 2005	Kessenich, C. R.	Review: plant based oestrogens do not relieve hot flushes or other menopausal symptoms	2005	Evidence Based Nursing	8	3	83-83	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Kienzle-Horn 2002	Kienzle-Horn, Susanne	Herbal medicines for neurological diseases	2002	Current Opinion in Investigational Drugs	3	5	763-767	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Kirsch 2003	Kirsch, I.; Kirsch, I.	St John's wort, conventional medication, and placebo: an egregious double standard	2003	Complementary Therapies in Medicine	11	3	193-195	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Kuphal 2010	Kuphal, G.; Rakel, D. P.	Is saw palmetto helpful for benign prostatic hyperplasia?	2010	Evidence-Based Practice	13	2	3-Apr	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Maki 2017	Maki, D. G.	Review: In menopause (intact uterus), estrogen + progestogen, isoflavones, and black cohosh reduce hot flashes	2017	Annals of Internal Medicine	167	6	JC26	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Malinowski 2020	Malinowski, B.; Fajardo Leighton, R. I.; Hill, C. G.; Szandorowski, P.; Wicinski, M.	Bioactive Compounds and Their Effect on Blood Pressure-A Review	2020	Nutrients	12	6	3	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Merchant 2015	Merchant, S.; Stebbing, J.	Black cohosh, hot flushes, and breast cancer	2015	The Lancet Oncology	16	2	137-138	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Merrill 2019	Merrill, Anne Louise	Meta-analysis Shows Saw Palmetto Extract as Effective as Standard Drugs for Lower Urinary Tract Symptoms Associated with Benign Prostatic Hyperplasia	2019	HerbalGram		122	40-42	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Mitchell 2007	Mitchell, Philip B.	St John's wort for depression	2007	Medicine Today	8	2	67-68	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Moser 2008	Moser, J.	Herbs for the heart: hawthorn extract improved chronic heart failure symptoms	2008	AJN American Journal of Nursing	108	3	70-70	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Oliff 2009	Oliff, H. S.	Cochrane review of St. John's wort for major depression	2009	HerbalGram		82	26-27	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Oliff 2020	Oliff, Heather S.	Systematic Review and Meta-analyses of Lavender for Anxiety	2020	HerbalGram		125	33-34	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Oppel 2008	Oppel, M. N.	Cochrane meta-analysis shows benefits of Hawthorn extracts for treating chronic heart failure	2008	HerbalGram		78	26-26	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Pearce 2001	Pearce, J.	Review: donepezil, metrifonate, rivastigmine, and Ginkgo biloba are more effective than placebo in Alzheimer's disease	2001	Evidence Based Mental Health			24-24	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Pelletier 2000	Pelletier, K. R.	Inconclusive data for valerian	2000	Focus on Alternative & Complementary Therapies	5	2	129-129	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Pina-Perez 2017	Pina-Perez, M. C.; Martinez, A.; Rodrigo, D.	New Advances in Infant Feeding: New Products and Novel Technologies	2017	Recent patents on food, nutrition & agriculture	8	3	152-165	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Pirri 2012	Pirri, Carlo	An evidence-based systematic review of complementary and alternative medicine (CAM): Recommendations concerning the efficacy and safety of popular cams used by cancer patients. Part II. The best of the best in integrative cancer care	2012	Asia-Pacific Journal of Clinical Oncology	8	SUPPL. 3	121	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Pittler 1999	Pittler, M. H.	Beneficial effects of saw palmetto (<i>Serenoa repens</i>) for benign prostatic hyperplasia	1999	Focus on Alternative and Complementary Therapies	4	2	74-5	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Pittler 2005	Pittler, M. H.	Clinical trials of traditional herbal medicines for treating malaria	2005	Focus on Alternative & Complementary Therapies	10	1	27-28	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Reust 2000	Reust, C. E.; Stevermer, J. J.	Is ginkgo biloba more effective than placebo for the treatment of intermittent claudication?	2000	Journal of Family Practice	49	7	657	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Ribeiro 2002	Ribeiro, V.	Review: some herbal medicines and plant extracts reduced pain and disability and improved function in osteoarthritis	2002	Evidence Based Nursing			57-57	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Roufogalis 2004	Roufogalis, Basil D.; Chrubasik, Sigrun; Conradt, Christian	Effectiveness of Harpagophytum Extracts and Clinical Efficacy	2004	Phytotherapy Research	18	2	187-189	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Savovic 2005	Savovic, J.	An update on Hypericum perforatum (St John's wort) for depression -- inconclusive evidence	2005	Focus on Alternative & Complementary Therapies	10	3	191-192	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Schulz 2002	Schulz, V.	Clinical trials with Hypericum extracts in patients with depression -- results, comparisons, conclusions for therapy with antidepressant drugs	2002	Phytomedicine	9	5	468-474	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Shaughnessy 2003	Shaughnessy, A.	Is hawthorn extract effective in treating chronic heart failure?	2003	Evidence-Based Practice	6	9	7-2p	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Simkin 2017	Simkin, Deborah R.	Part 2: Complementary and integrative medicine in child and adolescent psychiatric disorders: Fact, fiction, and challenges in clinical education and residency training	2017	Journal of the American Academy of Child and Adolescent Psychiatry	56	10	S118-S119	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Slawson 1999	Slawson, D.	How safe and effective is saw palmetto plant extract in the treatment of symptomatic benign prostatic hyperplasia (BPH)?	1999	Evidence-Based Practice	2	2	1-2 insert	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Sridhar 2010	Sridhar, S.; Rakel, D. P.	Peppermint oil as a therapeutic agent for irritable bowel syndrome	2010	Evidence-Based Practice	13	2	1-Feb	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Stevinson 2000	Stevinson, C.	Further confirmation of the efficacy of St John's wort for depression	2000	Focus on Alternative & Complementary Therapies	5	3	194-195	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Tamayo 2004	Tamayo, C.	St. John's wort for depression	2004	Alternative Therapies in Women's Health	6	10	73-78	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Tatum 2001	Tatum, P.; Lindbloom, E. J.	Is St. John's wort an effective treatment for major depression?	2001	Journal of Family Practice	50	7	624	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Thompson 2006	Thompson, H. J.; Potter, H. J.	Review: ginger prevents 24 hour postoperative nausea and vomiting	2006	Evidence Based Nursing	9	3	80-80	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Trevena 2004	Trevena, L.	Practice corner: sleepless in Sydney -- is valerian an effective alternative to benzodiazepines in the treatment of insomnia?	2004	ACP Journal Club	141	1	A-14	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Werneke 2008	Werneke, U.	Review: adding Chinese herbal medicine to antipsychotics may improve some outcomes in schizophrenia, but more high quality trials are needed	2008	Evidence Based Mental Health	11	1	19-19	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Wissen 2021	Wissen, K. V.; Blanchard, D.	Green Tea for Cancer Prevention	2021	American Journal of Nursing	121	4	25	7a. Publication type out of scope (opinion piece/ editorial/ commentary)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
York 2007	York, Kaki Marie	A meta-analysis of the effects of ginkgo biloba on cognitive and psychosocial functioning in humans	2007	Dissertation Abstracts International: Section B: The Sciences and Engineering	67	7-B	4123	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
		Peppermint Oil for IBS	2013	Primary Care Drug Alerts	34	10	37-37	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
		Black cohosh for hot flashes and associated symptoms: evidence from a systematic review	2012	Communicating Nursing Research	45		216-216	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
		St. John's Wort and SAM-e for depression	2011	Primary Care Drug Alerts	32	5	18-19	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
		St. John's wort useful for depression	2008	Nurses' Drug Alert	32	11	61-62	7a. Publication type out of scope (opinion piece/ editorial/ commentary)
Abushouk 2017	Abushouk, A. I.; Salem, A. M. A.; Abdel-Daim, M. M.	Berberis vulgaris for cardiovascular disorders: a scoping literature review	2017	Iranian Journal of Basic Medical Sciences	20	5	503-510	7b. Publication type out of scope (not intervention studies)
AchetedeSouza 2020	Achete de Souza, Gabriela; de Marqui, S��mylla Vaz; Matias, J��lia Novaes; Guiguer, Elen Landgraf; Barbalho, Sandra Maria	Effects of Ginkgo biloba on Diseases Related to oxidative stress	2020	Planta Medica	86	6	376-386	7b. Publication type out of scope (not intervention studies)
Ahamad 2019	Ahamad, Javed	Olive and its antioxidant molecule oleuropein for management of obesity and diabetes: A review	2019	Journal of Global Trends in Pharmaceutical Sciences	10	3	6496-6504	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
AidiWannes 2018	Aidi Wannes, Wissem; Saidani Tounsi, Moufida; Marzouk, Brahim	A review of Tunisian medicinal plants with anticancer activity	2018	Journal of Complementary & Integrative Medicine	15	1	1-Jan	7b. Publication type out of scope (not intervention studies)
Akram 2018	Akram, Muhammad; Tahir, Imtiaz Mahmood; Shah, Syed Muhammad Ali; Mahmood, Zahed; Altaf, Awais; Ahmad, Khalil; Munir, Naveed; Daniyal, Muhammad; Nasir, Suhaila; Mehboob, Huma	Antiviral potential of medicinal plants against HIV, HSV, influenza, hepatitis, and coxsackievirus: A systematic review	2018	Phytotherapy Research	32	5	811-822	7b. Publication type out of scope (not intervention studies)
Alshehri 2020	Alshehri, Khulud Mohammed	Anticancer plants naturally growing in Al-Baha Region, Saudi Arabia	2020	International Journal of Pharmaceutical Research and Allied Sciences	9	4	92-101	7b. Publication type out of scope (not intervention studies)
Amsterdam 2016	Amsterdam, Jay D.; Panossian, Alexander G.	Rhodiola rosea L. as a putative botanical antidepressant	2016	Phytomedicine	23	7	770-783	7b. Publication type out of scope (not intervention studies)
Antoniades 2012	Antoniades, Josefine; Jones, Kay; Hased, Craig; Piterman, Leon	Sleep...Naturally: A Review of the Efficacy of Herbal Remedies for Managing Insomnia	2012	Alternative & Complementary Therapies	18	3	136-140	7b. Publication type out of scope (not intervention studies)
Anushya 2020	Anushya, P.; Jothi Priya, A.; Arivarasu, Lakshminarayanan	Role of herbal medicine in dental health- a detailed review	2020	European Journal of Molecular and Clinical Medicine	7	1	2185-2196	7b. Publication type out of scope (not intervention studies)
Ariflcer 2021	Arif Icer, Mehmet; Acar Tek, Nilufer	Effects of Red Pepper, Ginger, and Turmeric on Energy Metabolism: Review of Current Knowledge	2021	Alternative Therapies in Health and Medicine				7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Arslan 2012	Arslan, I. O.; Ozer, Z. C.; Kulakac, O.	Use of complementary and alternative medicine in cardiovascular diseases: A comparative literature review	2012	HealthMED	6	6	2185-2194	7b. Publication type out of scope (not intervention studies)
Astaraki 2020	Astaraki, Peyman; Basati, Gholam; Abbaszadeh, Saber; Mahmoudi, Ghafar Ali	A review of medicinal plants used for snakebites and scorpion stings in Iran: A systematic review	2020	Research Journal of Pharmacy and Technology	13	3	1565-1569	7b. Publication type out of scope (not intervention studies)
Auditeau 2019	Auditeau, E.; Chassagne, F.; Bourdy, G.; Bounlu, M.; Jost, J.; Luna, J.; Ratsimbazafy, V.; Preux, P. M.; Boumediene, F.	Herbal medicine for epilepsy seizures in Asia, Africa and Latin America: A systematic review	2019	Journal of Ethnopharmacology	234		119-153	7b. Publication type out of scope (not intervention studies)
Azimi 2012	Azimi, Hanieh; Fallah-Tafti, Mehrnaz; Khakshur, Ali Asghar; Abdollahi, Mohammad	A review of phytotherapy of acne vulgaris: Perspective of new pharmacological treatments	2012	Fitoterapia	83	8	1306-1317	7b. Publication type out of scope (not intervention studies)
Barbosa 2014	Barbosa, Naiara S.; Kalaaji, Amer N.	CAM use in dermatology. Is there a potential role for honey, green tea, and vitamin C?	2014	Complementary Therapies in Clinical Practice	20	1	Nov-15	7b. Publication type out of scope (not intervention studies)
Basurra 2021	Basurra, Rasha Saleh; Wang, Seok Mui; Alhoot, Mohammed Abdelfatah	Nigella sativa (Black Seed) as a natural remedy against viruses	2021	Journal of Pure and Applied Microbiology	15	1	6754	7b. Publication type out of scope (not intervention studies)
Bielory 2004	Bielory, Leonard	Complementary and alternative interventions in asthma, allergy, and immunology	2004	Annals of Allergy, Asthma and Immunology	93	2 SUPPL. 1	S45-S54	7b. Publication type out of scope (not intervention studies)
Bond 2019	Bond, Timothy; Derbyshire, Emma	Tea Compounds and the Gut Microbiome: Findings from Trials and Mechanistic Studies	2019	Nutrients	11	10	2364-2364	7b. Publication type out of scope (not intervention studies)
Braz 2009	Braz, Alessandra De Sousa; Diniz, Margareth De Fatima F. Melo; De Almeida, Reinaldo Nobrega	Recent advances in the use of Panax ginseng as an analgesic: A systematic review	2009	Boletin Latinoamericano y del Caribe de Plantas Medicinales y Aromaticas	8	3	188-194	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Cannarella 2019	Cannarella, R.; Calogero, A. E.; Condorelli, R. A.; Giaccone, F.; Mongioi, L. M.; La Vignera, S.	Non-hormonal treatment for male infertility: the potential role of <i>Serenoa repens</i> , selenium and lycopene	2019	European Review for Medical & Pharmacological Sciences	23	7	3112-3120	7b. Publication type out of scope (not intervention studies)
Castañeda 2019	Castañeda, Rodrigo; Natarajan, Sathishkumar; Jeong, Seo Yule; Hong, Bin Na; Kang, Tong Ho	Traditional oriental medicine for sensorineural hearing loss: Can ethnopharmacology contribute to potential drug discovery?	2019	Journal of Ethnopharmacology	231		409-428	7b. Publication type out of scope (not intervention studies)
Cheema 2007	Cheema, D.; Coomarasamy, A.; El-Toukhy, T.	Non-hormonal therapy of post-menopausal vasomotor symptoms: a structured evidence-based review	2007	Archives of Gynecology & Obstetrics	276	5	463-9	7b. Publication type out of scope (not intervention studies)
Chen 2020	Chen, Zhejie; Gao, Caifang; Chen, Weijie; Vong, Chi Teng; Yao, Peifen; Yang, Yuhuan; Li, Xiuzhu; Wang, Shengpeng; Wang, Yitao; Liu, Lijuan; Tang, Xudong	Astragali Radix (Huangqi): A promising edible immunomodulatory herbal medicine	2020	Journal of Ethnopharmacology	258		112895	7b. Publication type out of scope (not intervention studies)
Chrubasik 2003	Chrubasik, S.; Conradt, C.; Black, A.	The quality of clinical trials with <i>Harpagophytum procumbens</i>	2003	Phytomedicine	10	6-Jul	613-23	7b. Publication type out of scope (not intervention studies)
Chukwuma 2019	Chukwuma, Chika Ifeanyi; Matsabisa, Motlalepula G.; Ibrahim, Mohammed Auwal; Erukainure, Ochuko L.; Chabalala, Matimbha H.; Islam, Md Shahidul	Medicinal plants with concomitant anti-diabetic and anti-hypertensive effects as potential sources of dual acting therapies against diabetes and hypertension: A review	2019	Journal of Ethnopharmacology	235		329-360	7b. Publication type out of scope (not intervention studies)
Cichello 2014	Cichello, Simon; Tegegne, Surafel Melaku; Hong, Yun	Herbal medicine in the management and treatment of HIV-AIDS - A review of clinical trials	2014	Australian Journal of Herbal Medicine	26	3	100-113	7b. Publication type out of scope (not intervention studies)
Corp 2013	Corp, N.; Pendry, B.	The role of Western herbal medicine in the treatment of gout	2013	Journal of Herbal Medicine	3	4	157-170	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Cruz 2017	Cruz, Amanda Cássia da; Guerra, Natália Gonçalves; Souza, Kerolayne Esper Barão Pacelhe de; Eleutério, Izabella de Castro; Silva, Leidhaiane Custódia da; Otoni, Elaine Gomes; Alves, Michelle Rosa Andrade; Regis, William César Bento	The action of herbal medicine on the libido: aspects of nutritional intervention in increasing sexual desire	2017	Nutrire Rev. Soc. Bras. Aliment. Nutr	42		1-Aug	7b. Publication type out of scope (not intervention studies)
Damasceno de Aguiar Brotto 2015	Damasceno de Aguiar Brotto, Lúcia; de Fátima Almeida Lima, Eliane; Diniz Brusque Marinho, Nathália; Pinheiro Miranda, Landrea; Caniçali Primo, Francislearabotti Costa Leite; Caniçali Primo, Cândida	Uso de galactogogos no manejo da amamentação: revisão integrativa da literatura	2015	Revista de Pesquisa: Cuidado e Fundamental	7	1	2169-2180	7b. Publication type out of scope (not intervention studies)
Das 2019	Das, K; Buchholz, N.	Benign prostate hyperplasia and nutrition	2019	Clinical Nutrition ESPEN	33		5-Nov	7b. Publication type out of scope (not intervention studies)
deSouzaSilva 2014	de Souza Silva, José Edson; Santos Souza, Carlos Adriano; Bispo da Silva, Tamara; Alcântara Gomes, Isla; de Carvalho Brito, Giselle; Antunes de Souza Araújo, Adriano; Pereira de Lyra-Júnior, Divaldo; Barros da Silva, Wellington; Amaral da Silva, Francilene	Use of herbal medicines by elderly patients: A systematic review	2014	Archives of Gerontology & Geriatrics	59	2	227-233	7b. Publication type out of scope (not intervention studies)
DiLorenzo 2013	Di Lorenzo, Chiara; Dell'aghi, Mario; Badea, Mihaela; Dima, Lorena; Colombo, Elisa; Sangiovanni, Enrico; Restani, Patrizia; Bosisio, Enrica	Plant food supplements with anti-inflammatory properties: a systematic review (II)	2013	Critical Reviews in Food Science & Nutrition	53	4	507-516	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Dugoua 2006	Dugoua, J. J.; Seely, D.; Perri, D.; Koren, G.; Mills, E.	Safety and efficacy of black cohosh (<i>Cimicifuga racemosa</i>) during pregnancy and lactation	2006	Canadian Journal of Clinical Pharmacology/Journal Canadien de Pharmacologie Clinique	13	3	e257-61	7b. Publication type out of scope (not intervention studies)
Dugoua 2006	Dugoua, J. J.; Mills, E.; Perri, D.; Koren, G.	Safety and efficacy of ginkgo (<i>Ginkgo biloba</i>) during pregnancy and lactation	2006	Canadian Journal of Clinical Pharmacology/Journal Canadien de Pharmacologie Clinique	13	3	e277-84	7b. Publication type out of scope (not intervention studies)
Dugoua 2008	Dugoua, J. J.; Seely, D.; Perri, D.; Mills, E.; Koren, G.	Safety and efficacy of cranberry (<i>vaccinium macrocarpon</i>) during pregnancy and lactation	2008	Canadian Journal of Clinical Pharmacology/Journal Canadien de Pharmacologie Clinique	15	1	e80-6	7b. Publication type out of scope (not intervention studies)
Ellinger 2011	Ellinger, S.; Muller, N.; Stehle, P.; Ulrich-Merzenich, G.	Consumption of green tea or green tea products: Is there an evidence for antioxidant effects from controlled interventional studies?	2011	Phytomedicine	18	11	903-915	7b. Publication type out of scope (not intervention studies)
Fan 2020	Fan, S.; Zhang, Z.; Su, H.; Xu, P.; Qi, H.; Zhao, D.; Li, X.	Panax ginseng clinical trials: Current status and future perspectives	2020	Biomedicine & Pharmacotherapy	132		110832	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Farahbod 2018	Farahbod, Farinaz; Soureshjani, Saeid Heidari	A systematic review of medicinal plants and plant derivatives affecting increase in endometrial thickness	2018	International Journal of Pharmaceutical Sciences and Research	9	1	53-57	7b. Publication type out of scope (not intervention studies)
Fikri-Benbrahim 2020	Fikri-Benbrahim, Kawtar; Flouchi, Rachid	Prevention of COVID 19 by aromatic and medicinal plants: A systematic review	2020	Journal of Pharmaceutical Sciences and Research	12	8	1106-1111	7b. Publication type out of scope (not intervention studies)
Ghasemian 2019	Ghasemian, Abdolmajid; Fattahi, Azam; Shokouhi Mostafavi, Seyyed Khalil; Almarzoqi, Ali Hussein; Memariani, Mojtaba; Ben Braiek, Olfa; Yassine, Hadi M.; Mostafavi, Neda Sadat Shokouhi; Ahmed, Mohanad Mohsin; Mirforughi, Seyede Amene	Herbal medicine as an auspicious therapeutic approach for the eradication of Helicobacter pylori infection: A concise review	2019	Journal of Cellular Physiology	234	10	16847-16860	7b. Publication type out of scope (not intervention studies)
Ghosh 2020	Ghosh, Sudeepa; Khanam, Rahmat; Acharya Chowdhury, Avik	The Evolving Roles of Bacopa monnieri as Potential Anti-Cancer Agent: A Review	2020	Nutrition and Cancer				7b. Publication type out of scope (not intervention studies)
He 2020	He, Y.; Wang, Q.; Ye, Y.; Liu, Z.; Sun, H.	The ethnopharmacology, phytochemistry, pharmacology and toxicology of genus Albizia: A review	2020	Journal of Ethnopharmacology	257		112677	7b. Publication type out of scope (not intervention studies)
He 2021	He, Mengjiao; Wang, Na; Zheng, Wenxiu; Cai, Xiaoqing; Qi, Dongmei; Zhang, Yongqing; Han, Chunchao	Ameliorative effects of ginsenosides on myelosuppression induced by chemotherapy or radiotherapy	2021	Journal of Ethnopharmacology	268		113581	7b. Publication type out of scope (not intervention studies)
Hsu 2021	Hsu, H.; Sheth, C. C.; Veses, V.	Herbal Extracts with Antifungal Activity against Candida albicans: A Systematic Review	2021	Mini-Reviews in Medicinal Chemistry	21	1	90-117	7b. Publication type out of scope (not intervention studies)

Table C-1 Citation details of studies screened and excluded at full text (by reason for exclusion): WHMs

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Hugel 2012	Hugel, H. M.; Jackson, N.; May, B. H.; Xue, C. C.	Chinese herbs for dementia diseases	2012	Mini-Reviews in Medicinal Chemistry	12	5	371-9	7b. Publication type out of scope (not intervention studies)
Karim 2011	Karim, Asia; Nouman, Muhammad; Munir, Saba; Sattar, Saba	Pharmacology and phytochemistry of pakistani herbs and herbal drugs used for treatement of diabetes	2011	International Journal of Pharmacology	7	4	419-439	7b. Publication type out of scope (not intervention studies)
Karimi 2015	Karimi, Ali; Alidadi, Somayeh; Moradi, Mohammad Taghi	A review study on the inhibitory effects of Iranian herbal medicines against in vitro replication of herpes simplex virus	2015	Avicenna Journal of Phytomedicine	5	SUPPL. 1	103-104	7b. Publication type out of scope (not intervention studies)
Kidd 1999	Kidd, P. M.	A review of nutrients and botanicals in the integrative management of cognitive dysfunction	1999	Alternative Medicine Review	4	3	144-161	7b. Publication type out of scope (not intervention studies)
Koncic 2013	Koncic, M. Z.; Tomczyk, M.	New insights into dietary supplements used in sport: active substances, pharmacological and side effects	2013	Current Drug Targets	14	9	1079-92	7b. Publication type out of scope (not intervention studies)
Kotze-Horstmann 2020	Kotze-Horstmann, L. M.; Sadie-Van Gijzen, H.	Modulation of Glucose Metabolism by Leaf Tea Constituents: A Systematic Review of Recent Clinical and Pre-clinical Findings	2020	Journal of Agricultural & Food Chemistry	68	10	2973-3005	7b. Publication type out of scope (not intervention studies)
Kumbargere Nagraj 2020	Kumbargere Nagraj, S.; Eachempati, P.; Paisi, M.; Nasser, M.; Sivaramakrishnan, G.; Verbeek, J. H.	Interventions to reduce contaminated aerosols produced during dental procedures for preventing infectious diseases	2020	Cochrane Database of Systematic Reviews		10		7b. Publication type out of scope (not intervention studies)
Leach 2008	Leach, M. J.	Calendula officinalis and wound healing: a systematic review	2008	Wounds: A Compendium of Clinical Research & Practice	20	8	236-243	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Lee 2011	Lee, T.; Dugoua, J. J.	Nutritional supplements and their effect on glucose control	2011	Current Diabetes Reports	11	2	142-8	7b. Publication type out of scope (not intervention studies)
Lee 2019	Lee, W.; Lee, D.; Han, E.; Choi, J.	Intake of green tea products and obesity in nondiabetic overweight and obese females: A systematic review and meta-analysis	2019	Journal of Functional Foods	58		330-337	7b. Publication type out of scope (not intervention studies)
Li 2016	Li, Yanchuan; Wang, Cheng; Huai, Qingjie; Guo, Fuchuan; Liu, Liyan; Feng, Rennan; Sun, Changhao	Effects of tea or tea extract on metabolic profiles in patients with type 2 diabetes mellitus: a meta-analysis of ten randomized controlled trials	2016	Diabetes/Metabolism Research & Reviews	32	1	2-Oct	7b. Publication type out of scope (not intervention studies)
Mahomoodally 2013	Mahomoodally, M. Fawzi	Traditional Medicines in Africa: An Appraisal of Ten Potent African Medicinal Plants	2013	Evidence-based Complementary & Alternative Medicine (eCAM)	2013		Jan-14	7b. Publication type out of scope (not intervention studies)
Marmitt 2018	Marmitt, Diorge JÃ´natas; Bitencourt, Shanna; Couto e Silva, Amanda do; Rempel, Claudete; Goetttert, MÃ´rcia InÃ´s	Medicinal plants used in Brazil Public Health System with neuroprotective potential: a systematic review	2018	Bol. latinoam. Caribe plantas med. aromÃ¡t	17	2	84-103	7b. Publication type out of scope (not intervention studies)
Marquardt 2015	Marquardt, Peter; Nieber, Karen; Kaft, Karin	Clinical trials with herbal medicinal products in children: a literature analysis	2015	Wiener Medizinische Wochenschrift	165	11-Dec	236-242	7b. Publication type out of scope (not intervention studies)
Memarzadeh 2018	Memarzadeh, Ezatollah; Luther, Tahra; Heidari-Soureshjani, Saeid	Effect and mechanisms of medicinal plants on dry eye disease: A systematic review	2018	Journal of Clinical and Diagnostic Research	12	9	NE01-NE04	7b. Publication type out of scope (not intervention studies)
Miankouhi 2017	Miankouhi, Tayebah Azadi	The effect of herbal medicines in the treatment of infertility in both infertile men and women	2017	Journal of Reproduction and Infertility	18	2 Supplement 2	70-71	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Mirzaee 2020	Mirzaee, Vahid; Tahmasebi, Afshin; Jalalpour, Shila; Jafarzadeh, Abdollah	Zingiber officinale effect on helicobacter pylori infection in human; A systematic review	2020	International Journal of Pharmaceutical Sciences and Research	11	7	3047-3059	7b. Publication type out of scope (not intervention studies)
NajafNajafi 2018	Najaf Najafi, Mona; Salehi, Maryam; Ghazanfarpour, Masumeh; Hoseini, Zeinab Sadat; Khadem-Rezaian, Majid; Khadem-Rezaian, Majid	The association between green tea consumption and breast cancer risk: A systematic review and meta-analysis	2018	Phytotherapy Research	32	10	1855-1864	7b. Publication type out of scope (not intervention studies)
Ogunsina 2019	Ogunsina, Anjola; Egbewumi, Olamide; Igboanugo, Sonia; Bhasker, Shveta; Clarke, Shareese; Dunn, Paul; Mukkala, Avinash N.; Harris, David; Boggild, Andrea K.; Kariyawasam, Ruwandi	Ethnopharmaceuticals for the treatment of new world cutaneous leishmaniasis: A systematic review of topical application of pepper and allium	2019	American Journal of Tropical Medicine and Hygiene	101	5 Supplement	567	7b. Publication type out of scope (not intervention studies)
Park 2021	Park, Soo Kyung; Hyun, Sun Hee; In, Gyo; Park, Chae-Kyu; Kwak, Yi-Seong; Han, Chang-Kyun; Jang, Young-Jin; Kim, Bumseok; Kim, Jong-Hoon	The antioxidant activities of Korean Red Ginseng (Panax ginseng) and ginsenosides: A systemic review through in vivo and clinical trials	2021	Journal of Ginseng Research	45	1	41-47	7b. Publication type out of scope (not intervention studies)
Pathak-Gandhi 2017	Pathak-Gandhi, N.; Vaidya, A. D.	Management of Parkinson's disease in Ayurveda: Medicinal plants and adjuvant measures	2017	Journal of Ethnopharmacology	197		46-51	7b. Publication type out of scope (not intervention studies)
Perri 2006	Perri, D.; Dugoua, J. J.; Mills, E.; Koren, G.	Safety and efficacy of echinacea (Echinacea angustifolia, e. purpurea and e. pallida) during pregnancy and lactation	2006	Canadian Journal of Clinical Pharmacology/Journal Canadien de Pharmacologie Clinique	13	3	e262-7	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Pothuraju 2014	Pothuraju, R.; Sharma, R. K.; Chagalamarri, J.; Jangra, S.; Kumar Kavadi, P.	A systematic review of <i>Gymnema sylvestre</i> in obesity and diabetes management	2014	Journal of the Science of Food & Agriculture	94	5	834-40	7b. Publication type out of scope (not intervention studies)
Poursamimi 2020	Poursamimi, Javad; Shariati-Sarabi, Zhaleh; Tavakkol-Afshari, Jalil; Mohajeri, Seyed Ahmad; Mohammadi, Mojgan	<i>Crocus sativus</i> (Saffron): An immunoregulatory factor in the autoimmune and non-autoimmune diseases	2020	Iranian Journal of Allergy, Asthma and Immunology	19		27-42	7b. Publication type out of scope (not intervention studies)
Rafieian-Kopaei 2017	Rafieian-Kopaei, Mahmoud; Saki, Kourosh; Bahmani, Mahmoud; Ghafourian, Sobhan; Sadeghifard, Nourkhoda; Taherikalani, Morovat	Listeriosis Phytotherapy	2017	Journal of Evidence-Based Complementary & Alternative Medicine	22	2	278-283	7b. Publication type out of scope (not intervention studies)
Rafieian-Kopaei 2017	Rafieian-Kopaei, M.; Movahedi, M.	Systematic Review of Premenstrual, Postmenstrual and Infertility Disorders of <i>Vitex Agnus Castus</i>	2017	Electron Physician	9	1	3685-3689	7b. Publication type out of scope (not intervention studies)
Rahimi 2009	Rahimi, R.; Mozaffari, S.; Abdollahi, M.	On the use of herbal medicines in management of inflammatory bowel diseases: a systematic review of animal and human studies	2009	Digestive Diseases & Sciences	54	3	471-80	7b. Publication type out of scope (not intervention studies)
Rastogi 2016	Rastogi, S.; Pandey, M. M.; Rawat, A. K.	Traditional herbs: a remedy for cardiovascular disorders	2016	Phytomedicine	23	11	1082-9	7b. Publication type out of scope (not intervention studies)
Rastogi 2017	Rastogi, S.; Pandey, M. M.; Rawat, A. K. S.	Spices: Therapeutic Potential in Cardiovascular Health	2017	Current Pharmaceutical Design	23	7	989-998	7b. Publication type out of scope (not intervention studies)
Rouhi-Boroujeni 2015	Rouhi-Boroujeni, H.; Rouhi-Boroujeni, H.; Heidarian, E.; Mohammadzadeh, F.; Rafieian-Kopaei, M.	Herbs with anti-lipid effects and their interactions with statins as a chemical anti-hyperlipidemia group drugs: A systematic review	2015	ARYA Atheroscler	11	4	244-51	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Saggam 2020	Saggam, A.; Tillu, G.; Dixit, S.; Chavan-Gautam, P.; Borse, S.; Joshi, K.; Patwardhan, B.	Withania somnifera (L.) Dunal: A potential therapeutic adjuvant in cancer	2020	Journal of Ethnopharmacology	255		112759	7b. Publication type out of scope (not intervention studies)
Santos 2018	Santos, Heitor O.; da Silva, Guilherme A. R.	To what extent does cinnamon administration improve the glycemic and lipid profiles?	2018	Clinical Nutrition ESPEN	27		1-Sep	7b. Publication type out of scope (not intervention studies)
Sargin 2021	Sargin, Seyid Ahmet	Potential anti-influenza effective plants used in Turkish folk medicine: A review	2021	Journal of Ethnopharmacology	265		N.PAG-N.PAG	7b. Publication type out of scope (not intervention studies)
Shaheen 2019	Shaheen, G.; Akram, M.; Jabeen, F.; Ali Shah, S. M.; Munir, N.; Daniyal, M.; Riaz, M.; Tahir, I. M.; Ghauri, A. O.; Sultana, S.; Zainab, R.; Khan, M.	Therapeutic potential of medicinal plants for the management of urinary tract infection: A systematic review	2019	Clinical & Experimental Pharmacology & Physiology	46	7	613-624	7b. Publication type out of scope (not intervention studies)
Sharafati-Chaleshtori 2021	Sharafati-Chaleshtori, Reza; Nickdasti, Ali; Mortezaipoor, Erfan; Ghazamfari, Mohsen; Mirzaei, Hamed; Pourhanifeh, Mohammad Hossein; Movahedpour, Ahmad; Khatami, Alireza; Ashrafizadeh, Milad; Zarrabi, Ali; Mahabady, Mahmood Khaksary	Artemisia species as a new candidate for Diabetes therapy: A Comprehensive Review	2021	Current molecular medicine				7b. Publication type out of scope (not intervention studies)
Sharif 2016	Sharif, M.; Sarvi, S.; Pagheh, A. S.; Asfaram, S.; Rahimi, M. T.; Mehrzadi, S.; Ahmadpour, E.; Gholami, S.; Daryani, A.	The efficacy of herbal medicines against Toxoplasma gondii during the last 3 decades: a systematic review	2016	Canadian Journal of Physiology & Pharmacology	94	12	1237-1248	7b. Publication type out of scope (not intervention studies)
Sharifi-Zahabi 2021	Sharifi-Zahabi, Elham; Hajizadeh-Sharafabad, Fatemeh; Abdollahzad, Hadi; Dehnad, Afsaneh; Shidfar, Farzad	The effect of green tea on prostate specific antigen (PSA): A systematic review and meta-analysis of randomized controlled trials	2021	Complementary Therapies in Medicine	57		N.PAG-N.PAG	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Sherkatolabbasieh 2019	Sherkatolabbasieh, Hamid Reza; Hasanvand, Afshin; Abbaszadeh, Saber; Farzan, Behrooz	Effect of natural antioxidants and important herbal medicines on blood infections and sepsis: A systematic review	2019	International Journal of Research in Pharmaceutical Sciences	10	2	1372-1381	7b. Publication type out of scope (not intervention studies)
Singh 2021	Singh, N.; Yadav, S. S.; Rao, A. S.; Nandal, A.; Kumar, S.; Ganaie, S. A.; Narasihman, B.	Review on anticancerous therapeutic potential of <i>Withania somnifera</i> (L.) Dunal	2021	Journal of Ethnopharmacology	270		113704	7b. Publication type out of scope (not intervention studies)
Sousa 2020	Sousa, D. F.; Veras, V. S.; Freire, V. E. C. S.; Paula, M. L.; Serra, M. A. A. O.; Costa, A. C. P. J.; Cunha, M. C. S. O.; Queiroz, M. V. O.; Damasceno, M. M. C.; Paes, F. E. R.; Freitas, R. W. J. F.; Araujo, M. F. M.	Effectiveness of passion fruit peel flour (<i>Passiflora edulis</i> L.) versus turmeric flour (<i>Curcuma longa</i> L.) on glycemic control: Systematic review and meta-analysis	2020	Current Diabetes Reviews	16	5	450-456	7b. Publication type out of scope (not intervention studies)
Tahvilzadeh 2016	Tahvilzadeh, M.; Rahimi, R.; Hajimahmoodi, M.; Toliyat, T.; Karimi, M.	An evidence-based approach to medicinal plants for the treatment of sperm abnormalities in traditional Persian medicine	2016	Andrologia	48	8	860-879	7b. Publication type out of scope (not intervention studies)
Tauchen 2020	Tauchen, Jan	Natural products and their (Semi-)synthetic forms in the treatment of migraine: History and current status	2020	Current Medicinal Chemistry	27	23	3784-3808	7b. Publication type out of scope (not intervention studies)
Tradewell 2018	Tradewell, M.; Pariser, J. J.; Nimeh, T.; Elliott, S. P.	Systematic review and practice policy statements on urinary tract infection prevention in adults with spina bifida	2018	Transl Androl Urol	7	Suppl 2	S205-S219	7b. Publication type out of scope (not intervention studies)
Vlachojannis 2019	Vlachojannis, C.; Schoenenberger, A. W.; Erne, P.; Chrubasik-Hausmann, S.	Preliminary evidence of the clinical effectiveness of odourless garlic	2019	Phytotherapy Research	33	9	2179-2191	7b. Publication type out of scope (not intervention studies)
Walker-Bone 2003	Walker-Bone, K.	'Natural remedies' in the treatment of osteoarthritis	2003	Drugs & Aging	20	7	517-526	7b. Publication type out of scope (not intervention studies)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Warner 2003	Warner, J. P.	Insufficient evidence on benefits of early detection and treatment of dementia	2003	Evidence Based Mental Health	6	4	108-108	7b. Publication type out of scope (not intervention studies)
Wright 2007	Wright, C. I.; Van-Buren, L.; Kroner, C. I.; Koning, M. M. G.	Herbal medicines as diuretics: A review of the scientific evidence	2007	Journal of Ethnopharmacology	114	1	Jan-31	7b. Publication type out of scope (not intervention studies)
Zeng 2013	Zeng, Tao; Zhang, Cui-Li; Zhao, Xiu-Lan; Xie, Ke-Qin	The roles of garlic on the lipid parameters: a systematic review of the literature	2013	Critical Reviews in Food Science & Nutrition	53	1	215-230	7b. Publication type out of scope (not intervention studies)
Zhang 2015	Zhang, K.; Pugliese, M.; Pugliese, A.; Passantino, A.	Biological active ingredients of traditional Chinese herb Astragalus membranaceus on treatment of diabetes: a systematic review	2015	Mini-Reviews in Medicinal Chemistry	15	4	315-29	7b. Publication type out of scope (not intervention studies)
Zhang 2020	Zhang, Jia-Li; Li, Wen-Xiong; Li, Yue; Wong, Man-Sau; Wang, Yong-Jun; Zhang, Yan	Therapeutic options of TCM for organ injuries associated with COVID-19 and the underlying mechanism	2020	Phytomedicine			153297	7b. Publication type out of scope (not intervention studies)
ZiaeiHezarjari bi 2019	Ziaei Hezarjaribi, H.; Nadeali, N.; Fakhar, M.; Soosaraei, M.	Medicinal Plants with Anti-Trichomonas vaginalis Activity in Iran: A Systematic Review	2019	Iran J Parasitol	14	1	1-Sep	7b. Publication type out of scope (not intervention studies)
Zuniga 2019	Zuniga, Kyle B.; Kenfield, Stacey A.; Chan, June M.; Ryan, Charles J.	Diet and lifestyle considerations for patients with prostate cancer	2019	Urologic Oncology: Seminars and Original Investigations				7b. Publication type out of scope (not intervention studies)
May-12	May, Brian; Zhang, Anthony; Zhou, Wenyu; Lu, Chuan-jian; Deng, Shiqiang; Xue, Charlie	Oral herbal medicines for psoriasis: A review of clinical studies	2012	Chinese Journal of Integrative Medicine	18	3	172-178	8a. Study design out of scope (non-systematic review, guideline, HTA)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Ahmedzai 2010	Ahmedzai, S. H.; Boland, J.	Constipation in people prescribed opioids	2010	Clinical Evidence	6		6	8a. Study design out of scope (non-systematic review, guideline, HTA)
Aidelsburger 2012	Aidelsburger, P.; Schauer, S.; Grabein, K.; Wasem, J.	Alternative methods for the treatment of post-menopausal troubles	2012	GMS Health Technol Assess	8		Doc03	8a. Study design out of scope (non-systematic review, guideline, HTA)
Akbar 2018	Akbar, Shahid	Nigella sativa (black seeds): Panacea or hyperbole? A critical review of experimental and clinical observations	2018	Australian Journal of Herbal & Naturopathic Medicine	30	4	157-172	8a. Study design out of scope (non-systematic review, guideline, HTA)
Akilen 2013	Akilen, R.; Pimlott, Z.; Tsiami, A.; Robinson, N.	Effect of short-term administration of cinnamon on blood pressure in patients with prediabetes and type 2 diabetes	2013	Nutrition	29	10	1192-1196	8a. Study design out of scope (non-systematic review, guideline, HTA)
Al-Aboudi 2011	Al-Aboudi, Amal; Afifi, Fatma U.	Plants used for the treatment of diabetes in Jordan: A review of scientific evidence	2011	Pharmaceutical Biology	49	3	221-239	8a. Study design out of scope (non-systematic review, guideline, HTA)
Amiot 2016	Amiot, M. J.; Riva, C.; Vinet, A.	Effects of dietary polyphenols on metabolic syndrome features in humans: a systematic review	2016	Obesity Reviews	17	7	573-86	8a. Study design out of scope (non-systematic review, guideline, HTA)
Anderson 2000	Anderson, J. W.; Allgood, L. D.; Lawrence, A.; Altringer, L. A.; Jerdack, G. R.; Hengehold, D. A.; Morel, J. G.	Cholesterol-lowering effects of psyllium intake adjunctive to diet therapy in men and women with hypercholesterolemia: Meta-analysis of 8 controlled trials	2000	American Journal of Clinical Nutrition	71	2	472-479	8a. Study design out of scope (non-systematic review, guideline, HTA)
Arroll 2005	Arroll, B.	Non-antibiotic treatments for upper-respiratory tract infections (common cold)	2005	Respiratory Medicine	99	12	1477-84	8a. Study design out of scope (non-systematic review, guideline, HTA)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Arroll 2011	Arroll, B.	Common cold	2011	Clinical Evidence	16		16	8a. Study design out of scope (non-systematic review, guideline, HTA)
Aydin 2015	Aydin, A.; Ahmed, K.; Zaman, I.; Khan, M. S.; Dasgupta, P.	Recurrent urinary tract infections in women	2015	International Urogynecology Journal	26	6	795-804	8a. Study design out of scope (non-systematic review, guideline, HTA)
Baccaglini 2013	Baccaglini, L.; Thongprasom, K.; Carrozzo, M.; Bigby, M.	Urban legends series: Lichen planus	2013	Oral Diseases	19	2	128-143	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bagherniya 2018	Bagherniya, Mohammad; Nobili, Valerio; Blesso, Christopher N.; Sahebkar, Amirhossein	Medicinal plants and bioactive natural compounds in the treatment of non-alcoholic fatty liver disease: A clinical review	2018	Pharmacological Research	130		213-240	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bange 2018	Bange, Erin; Timlin, Colleen; Svoboda, Jakub; Kabel, Charlene; Roeker, Lindsey; Mato, Anthony R.	Evidence for and Against Green Tea and Turmeric in the Management of Chronic Lymphocytic Leukemia	2018	Clinical Lymphoma, Myeloma and Leukemia	18	10	e421-e426	8a. Study design out of scope (non-systematic review, guideline, HTA)
Barbui 2007	Barbui, C.; Butler, R.; Cipriani, A.; Geddes, J.; Hatcher, S.	Depression in adults: drug and physical treatments	2007	Clinical Evidence	15		15	8a. Study design out of scope (non-systematic review, guideline, HTA)
Barnes 2001	Barnes, Joanne; Phillipson, J. David; Anderson, Linda A.	St John's wort (<i>Hypericum perforatum</i> L.): A review of its chemistry, pharmacology and clinical properties	2001	Journal of Pharmacy and Pharmacology	53	5	583-600	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bartlett 2005	Bartlett, H.; Eperjesi, F.	Nutrition and age-related ocular disease	2005	Current Topics in Nutraceutical Research	3	4	231-242	8a. Study design out of scope (non-systematic review, guideline, HTA)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Basch 2004	Basch, E.; Boon, H.; Davies-Heerema, T.; Foppo, I.; Hashmi, S.; Hasskarl, J.; Sollars, D.; Ulbricht, C.	Natural standard review. Boswellia: an evidence-based systematic review by the Natural Standard Research Collaboration	2004	Journal of Herbal Pharmacotherapy	4	3	63-83	8a. Study design out of scope (non-systematic review, guideline, HTA)
Basch 2005	Basch, E.; Ulbricht, C.; Basch, S.; Dalton, S.; Ernst, E.; Foppa, I.; Szapary, P.; Tiffany, N.; Orlando, C. W.; Vora, M.	An evidence-based systematic review of echinacea (<i>E. angustifolia</i> DC, <i>E. pallida</i> , <i>E. purpurea</i>) by the natural standard research collaboration	2005	Journal of Herbal Pharmacotherapy	5	2	57-88	8a. Study design out of scope (non-systematic review, guideline, HTA)
Basch 2006	Basch, E.; Bent, S.; Foppa, I.; Haskmi, S.; Kroll, D.; Mele, M.; Szapary, P.; Ulbricht, C.; Vora, M.; Yong, S.	Natural standard review. Marigold (<i>Calendula officinalis</i> L.): an evidence-based systematic review by the Natural Standard Research Collaboration	2006	Journal of Herbal Pharmacotherapy	6	3-Apr	135-159	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bayes 2007	Bayes, M.; Rabasseda, X.; Prous, J. R.	Gateways to clinical trials	2007	Methods & Findings in Experimental & Clinical Pharmacology	29	10	697-735	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bedard 2001	Bedard, Mario	Echinacea	2001	Canadian Pharmaceutical Journal	134	9	22-23	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bigelsen 2018	Bigelsen, Stephen	Evidence-based complementary treatment of pancreatic cancer: A review of adjunct therapies including paricalcitol, hydroxychloroquine, intravenous vitamin C, statins, metformin, curcumin, and aspirin	2018	Cancer Management and Research	10		2003-2018	8a. Study design out of scope (non-systematic review, guideline, HTA)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Boone 2005	Boone, Sarah A.; Shields, Kelly M.	Treating pregnancy-related nausea and vomiting with ginger	2005	Annals of Pharmacotherapy	39	10	1710-1713	8a. Study design out of scope (non-systematic review, guideline, HTA)
Borghi 2017	Borghi, C.; Cicero, A. F.	Nutraceuticals with a clinically detectable blood pressure-lowering effect: a review of available randomized clinical trials and their meta-analyses	2017	British Journal of Clinical Pharmacology	83	1	163-171	8a. Study design out of scope (non-systematic review, guideline, HTA)
Borrelli 2010	Borrelli, F.; Ernst, E.	Alternative and complementary therapies for the menopause	2010	Maturitas	66	4	333-343	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bradley 1999	Bradley, M.; Cullum, N.; Nelson, E. A.; Petticrew, M.; Sheldon, T.; Torgerson, D.	Systematic reviews of wound care management: (2) dressings and topical agents used in the healing of chronic wounds	1999	Health Technology Assessment	3	17 II		8a. Study design out of scope (non-systematic review, guideline, HTA)
Brendler 2006	Brendler, T.; Gruenwald, J.; Kligler, B.; Keifer, D.; Abrams, T. R.; Woods, J.; Boon, H.; DeFranco Kirkwood, C.; Basch, E.; Lafferty, H. J.; Ulbricht, C.; Hackman, D. A.	Lemon balm (<i>Melissa officinalis</i> L.): An evidence-based systematic review by the natural standard research collaboration	2006	Journal of Herbal Pharmacotherapy	5	4	71-114	8a. Study design out of scope (non-systematic review, guideline, HTA)
Brimson 2021	Brimson, J. M.; Brimson, S.; Prasanth, M. I.; Thitilertdecha, P.; Malar, D. S.; Tencomnao, T.	The effectiveness of <i>Bacopa monnieri</i> (Linn.) Wettst. as a nootropic, neuroprotective, or antidepressant supplement: analysis of the available clinical data	2021	Scientific Reports	11	1	596	8a. Study design out of scope (non-systematic review, guideline, HTA)
Bryer 2005	Bryer, E.	A literature review of the effectiveness of ginger in alleviating mild-to-moderate nausea and vomiting of pregnancy	2005	Journal of Midwifery and Women's Health	50	1	e1-e3	8a. Study design out of scope (non-systematic review, guideline, HTA)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Butler 2011	Butler, L. M.; Wu, A. H.	Green and black tea in relation to gynecologic cancers	2011	Molecular Nutrition & Food Research	55	6	931-40	8a. Study design out of scope (non-systematic review, guideline, HTA)
Butler 2012	Butler, R.; Radhakrishnan, R.	Dementia	2012	Clinical Evidence	10		10	8a. Study design out of scope (non-systematic review, guideline, HTA)
Camilleri 2017	Camilleri, M.; Boeckstaens, G.	Dietary and pharmacological treatment of abdominal pain in IBS	2017	Gut	66	5	966-974	8a. Study design out of scope (non-systematic review, guideline, HTA)
Capodice 2005	Capodice, J. L.; Bemis, D. L.; Buttyan, R.; Kaplan, S. A.; Katz, A. E.	Complementary and alternative medicine for chronic prostatitis/chronic pelvic pain syndrome	2005	Evidence-based Complementary and Alternative Medicine	2	4	495-501	8a. Study design out of scope (non-systematic review, guideline, HTA)
Carmichael 2008	Carmichael, A. R.	Can Vitex Agnus castus be used for the treatment of mastalgia? What is the current evidence?	2008	Evidence-based Complementary and Alternative Medicine	5	3	247-250	8a. Study design out of scope (non-systematic review, guideline, HTA)
Chacko 2010	Chacko, S. M.; Thambi, P. T.; Kuttan, R.; Nishigaki, I.	Beneficial effects of green tea: a literature review	2010	Chinese Medicine	5		9p-9p	8a. Study design out of scope (non-systematic review, guideline, HTA)
Chagan 2002	Chagan, L.; Ioselovich, A.; Asherova, L.; Cheng, J. W. M.	Use of alternative pharmacotherapy in management of cardiovascular diseases	2002	American Journal of Managed Care	8	3	270-285	8a. Study design out of scope (non-systematic review, guideline, HTA)
Chainani-Wu 2003	Chainani-Wu, N.	Safety and anti-inflammatory activity of curcumin: a component of tumeric (<i>Curcuma longa</i>)	2003	Journal of Alternative & Complementary Medicine - New York	9	1	161-8	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Chen 2019	Chen, X. Q.; Qiu, K.; Liu, H.; He, Q.; Bai, J. H.; Lu, W.	Application and prospects of butylphthalide for the treatment of neurologic diseases	2019	Chinese Medical Journal	132	12	1467-1477	8a. Study design out of scope (non-systematic review, guideline, HTA)
Chrubasik 2007	Chrubasik, J. E.; Roufogalis, B. D.; Wagner, H.; Chrubasik, S. A.	A comprehensive review on nettle effect and efficacy profiles, Part I: Herba urticae	2007	Phytomedicine	14	6	423-435	8a. Study design out of scope (non-systematic review, guideline, HTA)
Chrubasik 2007	Chrubasik, Julia E.; Roufogalis, Basil D.; Chrubasik, Sigrun; Wagner, Hildebert	A comprehensive review on the stinging nettle effect and efficacy profiles. Part II: Urticae radix	2007	Phytomedicine	14	7-Aug	568-579	8a. Study design out of scope (non-systematic review, guideline, HTA)
Cipriani 2011	Cipriani, A.; Barbui, C.; Butler, R.; Hatcher, S.; Geddes, J.	Depression in adults: drug and physical treatments	2011	Clinical Evidence	25		25	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ciuman 2012	Ciuman, R. R.	Phytotherapeutic and naturopathic adjuvant therapies in otorhinolaryngology	2012	European Archives of Oto-Rhino-Laryngology	269	2	389-97	8a. Study design out of scope (non-systematic review, guideline, HTA)
Craig 2009	Craig, M.; Howard, L.	Postnatal depression	2009	Clinical Evidence	26		26	8a. Study design out of scope (non-systematic review, guideline, HTA)
Dar 2020	Dar, Nawab John; MuzamilAhmad,	Neurodegenerative diseases and Withania somnifera (L.): An update	2020	Journal of Ethnopharmacology	256		112769	8a. Study design out of scope (non-systematic review, guideline, HTA)
Darand 2018	Darand, Mina; Alavian, Seyed Moayed; Hekmatdoost, Azita	Nigella sativa and non-alcoholic fatty liver disease: A review of the current evidence	2018	Hepatitis Monthly	18	10	e68046	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Davis 2019	Davis, Mellar P.; Behm, Bertrand;	Ginseng: A qualitative review of benefits for palliative clinicians	2019	American Journal of Hospice & Palliative Medicine	36	7	630-659	8a. Study design out of scope (non-systematic review, guideline, HTA)
Dean 2005	Dean, Angela J.	Natural and complementary therapies for substance use disorder	2005	Current Opinion in Psychiatry	18	3	271-276	8a. Study design out of scope (non-systematic review, guideline, HTA)
Dessi 2011	Dessi, Angelica; Fanos, Vassilios; Atzei, Alessandra	Cranberry in children: Prevention of recurrent urinary tract infections and review of the literature	2011	Revista Brasileira de Farmacognosia	21	5	807-813	8a. Study design out of scope (non-systematic review, guideline, HTA)
Dietz 2017	Dietz, Christina; Dekker, Matthijs	Effect of green tea phytochemicals on mood and cognition	2017	Current Pharmaceutical Design	23	19	2876-2905	8a. Study design out of scope (non-systematic review, guideline, HTA)
Dome 2019	Dome, Peter; Tombor, Laszlo; Lazary, Judit; Gonda, Xenia; Rihmer, Zoltan;	Natural health products, dietary minerals and over-the-counter medications as add-on therapies to antidepressants in the treatment of major depressive disorder: A review	2019	Brain Research Bulletin	146		51-78	8a. Study design out of scope (non-systematic review, guideline, HTA)
Dragos 2017	Dragos, Dorin; Gilca, Marilena; Gaman, Laura; Vlad, Adelina; Iosif, Liviu; Stoian, Irina; Lupescu, Olivera	Phytomedicine in joint disorders	2017	Nutrients	9	1	70	8a. Study design out of scope (non-systematic review, guideline, HTA)
Dvorkin 2002	Dvorkin, L.; Song, K. Y.; Miranda Massari, J. R.; Perreault, M. M.	Herbs for benign prostatic hyperplasia	2002	Annals of Pharmacotherapy	36	9	1443-1452	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Ernst 2004	Ernst, Edzard; Weiner, Debra K.	Complementary and alternative approaches to the treatment of persistent musculoskeletal pain	2004	Clinical Journal of Pain	20	4	244-255	8a. Study design out of scope (non-systematic review, guideline, HTA)
Farrington 2019	Farrington, R.; Musgrave, I. F.; Byard, R. W.	Evidence for the efficacy and safety of herbal weight loss preparations	2019	Journal of Integrative Medicine	17	2	87-92	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ferreira 2016	Ferreira, M. A.; Silva, D. M.; de Moraes, A. C., Jr.; Mota, J. F.; Botelho, P. B.	Therapeutic potential of green tea on risk factors for type 2 diabetes in obese adults - a review	2016	Obesity Reviews	17	12	1316-1328	8a. Study design out of scope (non-systematic review, guideline, HTA)
Festin 2014	Festin, M.	Nausea and vomiting in early pregnancy	2014	Clinical Evidence	19		19	8a. Study design out of scope (non-systematic review, guideline, HTA)
Fifi 2018	Fifi, Amanda C.; Axelrod, Cara Hannah; Chakraborty, Partha; Saps, Miguel	Herbs and Spices in the Treatment of Functional Gastrointestinal Disorders: A Review of Clinical Trials	2018	Nutrients	10	11	1715	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ford 2012	Ford, A. C.; Vandvik, P. O.	Irritable bowel syndrome	2012	Clinical Evidence	6		6	8a. Study design out of scope (non-systematic review, guideline, HTA)
France 2018	France, K. G.; McLay, L. K.; Hunter, J. E.; France, M. L. S.	Empirical research evaluating the effects of non-traditional approaches to enhancing sleep in typical and clinical children and young people	2018	Sleep Medicine Reviews	39		69-81	8a. Study design out of scope (non-systematic review, guideline, HTA)
Freeman 2009	Freeman, M. P.	Complementary and alternative medicine for perinatal depression	2009	Journal of Affective Disorders	112	1-Mar	1-Oct	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Freeman 2010	Freeman, Marlene P.; Fava, Maurizio; Mischoulon, David; Lake, James; Trivedi, Madhukar H.; Wisner, Katherine L.	Complementary and alternative medicine in major depressive disorder: The American psychiatric association task force report	2010	Journal of Clinical Psychiatry	71	6	669-681	8a. Study design out of scope (non-systematic review, guideline, HTA)
Frizelle 2007	Frizelle, F.; Barclay, M.	Constipation in adults	2007	Clinical Evidence	1		1	8a. Study design out of scope (non-systematic review, guideline, HTA)
Fugate 2004	Fugate, S. E.; Church, C. O.	Nonestrogen treatment modalities for vasomotor symptoms associated with menopause	2004	Annals of Pharmacotherapy	38	9	1482-1499	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gagnier 2010	Gagnier, J. J.	Evidence based review of natural health products for non-specific low back pain	2010	Open Pain Journal	3	1	52-59	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gale 2007	Gale, C. K.; Millichamp, J.	Generalised anxiety disorder	2007	Clinical Evidence	20		20	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gerber 2000	Gerber, Glenn S.	Saw palmetto for the treatment of men with lower urinary tract symptoms	2000	Journal of Urology	163	5	1408-1412	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gerber 2004	Gerber, G. S.; Fitzpatrick, J. M.	The role of a lipido-sterolic extract of <i>Serenoa repens</i> in the management of lower urinary tract symptoms associated with benign prostatic hyperplasia	2004	BJU International	94	3	338-44	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Giacosa 2015	Giacosa, A.; Morazzoni, P.; Bombardelli, E.; Riva, A.; Bianchi Porro, G.; Rondanelli, M.	Can nausea and vomiting be treated with ginger extract?	2015	European Review for Medical & Pharmacological Sciences	19	7	1291-6	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gill 2020	Gill, C. M.; Hughes, M. S. A.; LaPlante, K. L.	A Review of Nonantibiotic Agents to Prevent Urinary Tract Infections in Older Women	2020	Journal of the American Medical Directors Association	21	1	46-54	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gillespie 2006	Gillespie, E. L.; Coleman, C. I.	The effect of Echinacea on upper respiratory infection symptom severity and quality of life	2006	Connecticut Medicine	70	2	93-7	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gordon 2014	Gordon, L.	Cranberry in radiotherapy: Dispelling the myths. A review of the literature	2014	Journal of Radiotherapy in Practice	13	1	98-105	8a. Study design out of scope (non-systematic review, guideline, HTA)
Griffin 2020	Griffin, A. S.; Cabot, P.; Wallwork, B.; Panizza, B.	Alternative therapies for chronic rhinosinusitis: A review	2020	Ear, Nose, & Throat Journal			1.5E+14	8a. Study design out of scope (non-systematic review, guideline, HTA)
Gundermann 2003	Gundermann, K.; Codehardt, E.; Ulbrich, M.; Gundermann, Karl-Josef; Codehardt, Erhard; Ulbrich, Marianne	Efficacy of a herbal preparation in patients with functional dyspepsia: a meta-analysis of double-blind, randomized, clinical trials	2003	Advances in Therapy	20	1	43-49	8a. Study design out of scope (non-systematic review, guideline, HTA)
Guo 2020	Guo, Jincui; Xie, Hui; Mao, Shun; Liang, Mining; Wu, Hao	Efficacy of hyaluronidase combined with corticosteroids in treatment of oral submucous fibrosis: A meta-analysis of randomized controlled clinical trials	2020	Journal of Oral Pathology & Medicine	49	4	311-319	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Hall 2011	Hall, Helen G.; McKenna, Lisa G.; Griffiths, Debra L.	Complementary medicine for nausea and vomiting in pregnancy: a review of the evidence	2011	Evidence Based Midwifery	9	3	84-88	8a. Study design out of scope (non-systematic review, guideline, HTA)
Haney 0598	Haney, E. M.; Huffman, L. H.; Bougatsos, C.; Freeman, M.; Fu, R.; Steiner, R. D.; Helfand, M.; Nelson, H. D.		598	Agency for Healthcare Research and Quality			7	8a. Study design out of scope (non-systematic review, guideline, HTA)
Harrer 1994	Harrer, G.; Schulz, V.	Clinical investigation of the antidepressant effectiveness of hypericum	1994	Journal of Geriatric Psychiatry & Neurology	7 Suppl 1		S6-8	8a. Study design out of scope (non-systematic review, guideline, HTA)
Hazell 2015	Hazell, P.	Depression in children and adolescents: complementary therapies	2015	Clinical Evidence	8		8	8a. Study design out of scope (non-systematic review, guideline, HTA)
Heidari-Soreshjani 2017	Heidari-Soreshjani, Saeid; Asadi-Samani, Majid; Yang, Qian; Saeedi-Boroujeni, Ali	Phytotherapy of nephrotoxicity-induced by cancer drugs: An updated review	2017	Journal of Nephropathology	6	3	254-263	8a. Study design out of scope (non-systematic review, guideline, HTA)
Holtmann 2003	Holtmann, G.; Haag, S.; Adam, B.; Funk, P.; Wieland, V.; Heydenreich, C. J.	Effects of a fixed combination of peppermint oil and caraway oil on symptoms and quality of life in patients suffering from functional dyspepsia	2003	Phytomedicine	10	SUPPL. 4	56-57	8a. Study design out of scope (non-systematic review, guideline, HTA)
Huang 2014	Huang, J.; Wang, Y.; Xie, Z.; Zhou, Y.; Zhang, Y.; Wan, X.	The anti-obesity effects of green tea in human intervention and basic molecular studies	2014	European Journal of Clinical Nutrition	68	10	1075-87	8a. Study design out of scope (non-systematic review, guideline, HTA)
Hunter 2017	Hunter, Paola M.; Hegele, Robert A.	Functional foods and dietary supplements for the management of dyslipidaemia	2017	Nature Reviews Endocrinology	13	5	278-288	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Ihl 2003	Ihl, R.; Allain, Anokhin	The Impact of Drugs against Dementia on Cognition in Aging and Mild Cognitive Impairment	2003	Pharmacopsychiatry	36	Suppl	S38-S43	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ihl 2013	Ihl, Ralf	Effects of Ginkgo biloba extract EGb 761Â® in dementia with neuropsychiatric features: review of recently completed randomised, controlled trials	2013	International Journal of Psychiatry in Clinical Practice	17		Aug-14	8a. Study design out of scope (non-systematic review, guideline, HTA)
Imenshahidi 2019	Imenshahidi, Mohsen; Hosseinzadeh, Hossein	Berberine and barberry (<i>Berberis vulgaris</i>): A clinical review	2019	Phytotherapy Research	33	3	504-523	8a. Study design out of scope (non-systematic review, guideline, HTA)
Jaradat 2017	Jaradat, Nidal Amin; Zaid, Abdel Naser; Al-Ramahi, Rowa; Alqub, Malik A.; Hussein, Fatima; Hamdan, Zakaria; Mustafa, Mahmoud; Qneibi, Mohammad; Ali, Iyad	Ethnopharmacological survey of medicinal plants practiced by traditional healers and herbalists for treatment of some urological diseases in the West Bank/Palestine	2017	BMC Complementary & Alternative Medicine	17		Jan-18	8a. Study design out of scope (non-systematic review, guideline, HTA)
Javadi 2017	Javadi, Behjat; Sahebkar, Amirhossein; Emami, Seyed Ahmad	Medicinal plants for the treatment of asthma: A traditional persian medicine perspective	2017	Current Pharmaceutical Design	23	11	1623-1632	8a. Study design out of scope (non-systematic review, guideline, HTA)
Kam 2019	Kam, Peter C. A.; Barnett, Denise W. Y.; Douglas, Ian D.; Kam, Peter Ca; Barnett, Denise Wy	Herbal medicines and pregnancy: A narrative review and anaesthetic considerations	2019	Anaesthesia & Intensive Care	47	3	226-234	8a. Study design out of scope (non-systematic review, guideline, HTA)
Kamaruddin 2017	Kamaruddin, Nur Aqilah Binti	Treatment of Diabetes: Possible Room for Natural Products	2017	International Medical Journal	24	6	486-486	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Karkos 2007	Karkos, P. D.; Leong, S. C.; Arya, A. K.; Papouliakos, S. M.; Apostolidou, M. T.; Issing, W. J.	'Complementary ENT': a systematic review of commonly used supplements	2007	Journal of Laryngology & Otology	121	8	779-782	8a. Study design out of scope (non-systematic review, guideline, HTA)
Kasper 2015	Kasper, S.	Phytopharmaceutical treatment of anxiety, depression, and dementia in the elderly: evidence from randomized, controlled clinical trials	2015	Wiener Medizinische Wochenschrift	165	11-Dec	217-28	8a. Study design out of scope (non-systematic review, guideline, HTA)
Kasper 2017	Kasper, Siegfried; Moller, Hans-Jurgen; Volz, Hans-Peter; Schlafke, Sandra; Dienel, Angelika; Baldinger, Bech Bech Covi Doroshyenko Hamilton Heger-Mahn Hidalgo Kasper Kasper Kasper Kasper Kasper Kasper Kasper Maier Pollack Satpute Schuwald Sheehan Snaith Ware Woelk	Silexan in generalized anxiety disorder: Investigation of the therapeutic dosage range in a pooled data set	2017	International Clinical Psychopharmacology	32	4	195-204	8a. Study design out of scope (non-systematic review, guideline, HTA)
Keifer 2007	Keifer, D.; Ulbricht, C.; Abrams, T. R.; Basch, E.; Giese, N.; Giles, M.; Kirkwood, C. D.; Miranda, M.; Woods, J.	Peppermint (Mentha x piperita): an evidence-based systematic review by the Natural Standard Research Collaboration	2007	Journal of Herbal Pharmacotherapy	7	2	91-143	8a. Study design out of scope (non-systematic review, guideline, HTA)
Khera 2011	Khera, M.; Goldstein, I.	Erectile dysfunction	2011	Clinical Evidence	29		29	8a. Study design out of scope (non-systematic review, guideline, HTA)
Kim 2010	Kim, J.	What Should be Taken into Consideration for a Meta-Analysis of Green Tea Consumption and Stomach Cancer Risk?	2010	Epidemiology and Health	32		e2010012	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Kligler 2006	Kligler, B.; Ulbricht, C.; Basch, E.; Kirkwood, C. D.; Abrams, T. R.; Miranda, M.; Singh Khalsa, K. P.; Giles, M.; Boon, H.; Woods, J.	Andrographis Paniculata for the Treatment of Upper Respiratory Infection: A Systematic Review by the Natural Standard Research Collaboration	2006	Explore: The Journal of Science and Healing	2	1	25-29	8a. Study design out of scope (non-systematic review, guideline, HTA)
Koppen 2017	Koppen, Laura M.; Whitaker, Andrea; Rosene, Audrey; Beckett, Robert D.	Efficacy of Berberine Alone and in Combination for the Treatment of Hyperlipidemia: A Systematic Review	2017	Journal of Evidence-Based Complementary & Alternative Medicine	22	4	956-968	8a. Study design out of scope (non-systematic review, guideline, HTA)
Lawvere 2005	Lawvere, S.; Mahoney, M. C.	St. John's wort	2005	American Family Physician	72	11	2249-2254	8a. Study design out of scope (non-systematic review, guideline, HTA)
Lee 2010	Lee, J.; Bielory, L.	Complementary and alternative interventions in atopic dermatitis	2010	Immunology & Allergy Clinics of North America	30	3	411-24	8a. Study design out of scope (non-systematic review, guideline, HTA)
Letzel 1996	Letzel, H.; Haan, J.; Feil, W. B.	Nootropics: Efficacy and tolerability of products from three active substance classes	1996	Journal of Drug Development and Clinical Practice	8	2	77-94	8a. Study design out of scope (non-systematic review, guideline, HTA)
Leung 2011	Leung, L.; Riutta, T.; Kotecha, J.; Rosser, W.	Chronic constipation: an evidence-based review	2011	Journal of the American Board of Family Medicine: JABFM	24	4	436-51	8a. Study design out of scope (non-systematic review, guideline, HTA)
Li 2020	Li, H.; Sureda, A.; Devkota, H. P.; Pittala, V.; Barreca, D.; Silva, A. S.; Tewari, D.; Xu, S.; Nabavi, S. M.	Curcumin, the golden spice in treating cardiovascular diseases	2020	Biotechnology Advances	38		107343	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Liu 2018	Liu, X.; Eyles, J.; McLachlan, A. J.; Mobasheri, A.	Which supplements can I recommend to my osteoarthritis patients?	2018	Rheumatology	57; SUPP/4		iv75-iv87	8a. Study design out of scope (non-systematic review, guideline, HTA)
Lowe 2009	Lowe, Franklin C.	The Role of Serenoa repens in the Clinical Management of Lower Urinary Tract Symptoms Due to Benign Prostatic Hyperplasia	2009	European Urology, Supplements	8	13	894-897	8a. Study design out of scope (non-systematic review, guideline, HTA)
Maccagnano 2006	Maccagnano, Carmen; Salonia, Andrea; Briganti, Alberto; Rigatti, Patrizio; Teillac, Pierre; Schulman, Claude; Montorsi, Francesco	A critical analysis of Permixon TM in the treatment of lower urinary tract symptoms due to benign prostatic enlargement	2006	European Urology, Supplements	5	4 SPEC. ISS.	430-440	8a. Study design out of scope (non-systematic review, guideline, HTA)
Madersbacher 2007	Madersbacher, Stephan; Ponholzer, Anton; Berger, Ingrid; Marszalek, Martin	Medical Management of BPH: Role of Plant Extracts	2007	EAU-EBU Update Series	5	5	197-205	8a. Study design out of scope (non-systematic review, guideline, HTA)
Mahboubi 2018	Mahboubi, Mohaddese	Cynara scolymus (artichoke) and its efficacy in management of obesity	2018	Bulletin of Faculty of Pharmacy, Cairo University	56	2	115-120	8a. Study design out of scope (non-systematic review, guideline, HTA)
Mahdavi 2021	Mahdavi, A.; Bagherniya, M.; Mirenayat, M. S.; Atkin, S. L.; Sahebkar, A.	Medicinal Plants and Phytochemicals Regulating Insulin Resistance and Glucose Homeostasis in Type 2 Diabetic Patients: A Clinical Review	2021	Advances in Experimental Medicine & Biology	1308		161-183	8a. Study design out of scope (non-systematic review, guideline, HTA)
Mahmoudian-Sani 2017	Mahmoudian-Sani, Mohammad Reza; Hashemzadeh-Chaleshtori, Morteza; Asadi-Samani, Majid; Qian, Yang	Ginkgo biloba in the treatment of tinnitus: An updated literature review	2017	International Tinnitus Journal	21	1	58-62	8a. Study design out of scope (non-systematic review, guideline, HTA)
Malaty 2005	Malaty, W.	St. John's wort for depression	2005	American Family Physician	71	7	1375-1376	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Mancini 2017	Mancini, Edele; Beglinger, Christoph; Drewe, JÃ¼rgen; Zanchi, Davide; Lang, Undine E.; Borgwardt, Stefan	Green tea effects on cognition, mood and human brain function: A systematic review	2017	Phytomedicine	34		26-37	8a. Study design out of scope (non-systematic review, guideline, HTA)
Marmitt 2020	Marmitt, D. J.; Bitencourt, S.; Silva, G. R. D.; Rempel, C.; Goetttert, M. I.	RENISUS Plants and Their Potential Antitumor Effects in Clinical Trials and Registered Patents	2020	Nutrition & Cancer			Jan-28	8a. Study design out of scope (non-systematic review, guideline, HTA)
Marous 2018	Marous, M. R.; Flaten, H. K.; Sledge, B.; Rietcheck, H.; Dellavalle, R. P.; Suneja, T.; Dunnick, C. A.	Complementary and Alternative Methods for Treatment of Acne Vulgaris: a Systematic Review	2018	Current Dermatology Reports	7	4	359-370	8a. Study design out of scope (non-systematic review, guideline, HTA)
MartinLopez 2015	Martin Lopez, J. E.	Candidiasis (vulvovaginal)	2015	Clinical Evidence	16		16	8a. Study design out of scope (non-systematic review, guideline, HTA)
Marx 2013	Marx, Wolfgang; Ried, Karin; Sali, Avni; McCarthy, Alexandra; Vitetta, Luis; McKavanagh, Daniel; Thomson, Damien; Isenring, Elizabeth	Chemotherapy-induced nausea and vomiting: A review to inform clinical practice	2013	Asia-Pacific Journal of Clinical Oncology	9	SUPPL. 3	70	8a. Study design out of scope (non-systematic review, guideline, HTA)
Mei 2016	Mei, Shencong; Zhang, Shaoli	Meta analysis of prevention and treatment of Aloe for patients with chemotherapy induced phlebitis	2016	Chinese Nursing Research	30	10B	3627-3631	8a. Study design out of scope (non-systematic review, guideline, HTA)
Mollazadeh 2019	Mollazadeh, Hamid; Mahdian, Davood; Hosseinzadeh, Hossein	Medicinal plants in treatment of hypertriglyceridemia: A review based on their mechanisms and effectiveness	2019	Phytomedicine	53		43-52	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Moller 2019	Moller, J.; Kelber, O.; Nieber, K.	Herbal medicinal products are an important option for the treatment of functional GI diseases in children-a systematic review	2019	Planta Medica	85	18	1559	8a. Study design out of scope (non-systematic review, guideline, HTA)
Moore 2017	Moore, Thea R.; Franks, Rachel B.; Fox, Carol	Review of Efficacy of Complementary and Alternative Medicine Treatments for Menopausal Symptoms	2017	Journal of Midwifery & Women's Health	62	3	286-297	8a. Study design out of scope (non-systematic review, guideline, HTA)
Morris 2010	Morris, E. P.; Burbos, N.	Menopausal symptoms	2010	Clinical Evidence	25		25	8a. Study design out of scope (non-systematic review, guideline, HTA)
Mueller-Lissner 2010	Mueller-Lissner, S. A.; Wald, A.	Constipation in adults	2010	Clinical Evidence	5		5	8a. Study design out of scope (non-systematic review, guideline, HTA)
Nabavi 2017	Nabavi, Seyed Mohammad; Nabavi, Seyed Fazel; Daglia, Maria; Braidy, Nady	Natural products, micronutrients, and nutraceuticals for the treatment of depression: A short review	2017	Nutritional Neuroscience	20	3	180-194	8a. Study design out of scope (non-systematic review, guideline, HTA)
Nahas 2011	Nahas, R.; Sheikh, O.	Complementary and alternative medicine for the treatment of major depressive disorder	2011	Canadian Family Physician	57	6	659-663	8a. Study design out of scope (non-systematic review, guideline, HTA)
Nahas 2011	Nahas, R.; Balla, A.	Complementary and alternative medicine for prevention and treatment of the common cold	2011	Canadian Family Physician	57	1	31-6	8a. Study design out of scope (non-systematic review, guideline, HTA)
Nies 2006	Nies, L. K.; Cymbala, A. A.; Kasten, S. L.; Lamprecht, D. G.; Olson, K. L.	Complementary and alternative therapies for the management of dyslipidemia	2006	Annals of Pharmacotherapy	40	11	1984-1992	8a. Study design out of scope (non-systematic review, guideline, HTA)

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NikkhahBodagh 2019	Nikkhah Bodagh, M.; Maleki, I.; Hekmatdoost, A.	Ginger in gastrointestinal disorders: A systematic review of clinical trials	2019	Food Sci Nutr	7	1	96-108	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ochmann 2017	Ochmann, Knut; Beer, Andre-Michael	Aloe vera gel: A literature research	2017	Zeitschrift fur Phytotherapie	38	4	158-164	8a. Study design out of scope (non-systematic review, guideline, HTA)
Oliff 2020	Oliff, Heather S.	Systematic Review of Green Tea Consumption and Risks for Dementia, Alzheimer's Disease, and Cognitive Impairment	2020	HerbalGram		126	47-48	8a. Study design out of scope (non-systematic review, guideline, HTA)
Panossian 2009	Panossian, A.; Wikman, G.	Evidence based efficacy of adaptogens in fatigue	2009	Planta Medica	75	9		8a. Study design out of scope (non-systematic review, guideline, HTA)
Park 2014	Park, S.; Lim, Y. J.	Adjuncts to colonic cleansing before colonoscopy	2014	World Journal of Gastroenterology	20	11	2735-40	8a. Study design out of scope (non-systematic review, guideline, HTA)
Pastoriza 2017	Pastoriza, S.; Mesias, M.; Cabrera, C.; Rufian-Henares, J. A.	Healthy properties of green and white teas: an update	2017	Food & Function	8	8	2650-2662	8a. Study design out of scope (non-systematic review, guideline, HTA)
Perveen 2019	Perveen, Rashida	Therapeutic effects of black cumin (Nigella sativa). A systematic review	2019	Progress in Nutrition	21		40-49	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Pirri 2011	Pirri, C.	An evidence-based systematic review of complementary and alternative medicine (CAM): recommendations concerning the efficacy and safety of popular cams used by cancer patients	2011	Asia-Pacific Journal of Clinical Oncology	7	SUPPL. 4	83	8a. Study design out of scope (non-systematic review, guideline, HTA)
Pittler 2005	Pittler, M. H.; Ernst, E.	Complementary therapies for peripheral arterial disease: systematic review	2005	Atherosclerosis	181	1	1-Jul	8a. Study design out of scope (non-systematic review, guideline, HTA)
Qidwai 2013	Qidwai, W.; Ashfaq, T.	Role of garlic usage in cardiovascular disease prevention: An evidence-based approach	2013	Evidence-based Complementary and Alternative Medicine	2013		125649	8a. Study design out of scope (non-systematic review, guideline, HTA)
Reed 2021	Reed, K. E.; Camargo, J.; Hamilton-Reeves, J.; Kurzer, M.; Messina, M.	Neither soy nor isoflavone intake affects male reproductive hormones: An expanded and updated meta-analysis of clinical studies	2021	Reproductive Toxicology	100		60-67	8a. Study design out of scope (non-systematic review, guideline, HTA)
Reethega 2020	Reethega, L.; Balaji Ganesh, S.; Geetha, R. V.	Applications of green tea in dentistry	2020	International Journal of Research in Pharmaceutical Sciences	11	Special Issue 3	392-395	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ried 2014	Ried, Karin; Sali, Avni; Marx, Wolfgang; McKavanagh, Daniel; Vitetta, Luis; Isenring, Liz	Ginger as an adjuvant for chemotherapy-induced nausea and vomiting: Where does the evidence stand?	2014	Asia-Pacific Journal of Clinical Oncology	10	SUPPL. 9	115-116	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ried 2020	Ried, K.	Garlic lowers blood pressure in hypertensive subjects, improves arterial stiffness and gut microbiota: A review and meta-analysis	2020	Exp Ther Med	19	2	1472-1478	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Rivers 2020	Rivers, C. R.; Kantor, M. A.	Psyllium husk intake and risk of type 2 diabetes: An evidence-based scientific and regulatory review of a qualified health claim conducted by the US Food and Drug Administration	2020	Nutrition Reviews	78	10	787-797	8a. Study design out of scope (non-systematic review, guideline, HTA)
Robbins 2019	Robbins, Saniaara	Meta-analysis Shows Link between Green Tea Consumption and Reduction of Breast Cancer Risk and Recurrence	2019	HerbalGram		124	28-29	8a. Study design out of scope (non-systematic review, guideline, HTA)
Rodriguez-Merchan 2016	Rodriguez-Merchan, Emerito Carlos	Conservative treatment of acute knee osteoarthritis: A review of the Cochrane Library	2016	Journal of Acute Disease	5	3	190-193	8a. Study design out of scope (non-systematic review, guideline, HTA)
Rohit 2018	Rohit, Divya; Tiwari, Anjali	Effect of Ginger Tea on Dysmenorrhoea among Adolescent Girls-A Literature Review	2018	International Journal of Nursing Education	10	2	20-23	8a. Study design out of scope (non-systematic review, guideline, HTA)
Rossi 2016	Rossi, Roberta E.; Whyand, Tara; Murray, Charles D.; Hamilton, Mark I.; Conte, Dario; Caplin, Martyn E.	The role of dietary supplements in inflammatory bowel disease: a systematic review	2016	European Journal of Gastroenterology & Hepatology	28	12	1357-1364	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ruan 2019	Ruan, Q. Z.; Chen, A. D.; Tran, B. N. N.; Epstein, S.; Fukudome, E. Y.; Tobias, A. M.; Lin, S. J.; Lee, B. T.; Yeh, G. Y.; Singhal, D.	Integrative Medicine in Plastic Surgery: A Systematic Review of Our Literature	2019	Annals of Plastic Surgery	82	4	459-468	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Rusgis 2021	Rusgis, Matthew M.; Alabbasi, Afaq Y.; Nelson, Leigh Anne	Guidance on the treatment of antipsychotic-induced hyperprolactinemia when switching the antipsychotic is not an option	2021	American journal of health-system pharmacy : AJHP : official journal of the American Society of Health-System Pharmacists				8a. Study design out of scope (non-systematic review, guideline, HTA)
Sali 2007	Sali, Avni; Vitetta, Luis	Peppermint and the gut	2007	Medicine Today	8	5	67-69	8a. Study design out of scope (non-systematic review, guideline, HTA)
Santucci 2021	Santucci, Neha R.; Chogle, Ashish; Mascarenhas, Maria; Perez, Maria; Leiby, Alycia; Borlack, Rachel E.; Lee, Amanda; Russell, Alexandra; Yeh, Ann Ming	Non-pharmacologic Approach to Pediatric Constipation	2021	Complementary Therapies in Medicine			102711	8a. Study design out of scope (non-systematic review, guideline, HTA)
Savage 2014	Savage, J.; Waddell, A.	Tinnitus	2014	Clinical Evidence	20		20	8a. Study design out of scope (non-systematic review, guideline, HTA)
Schroeck 2016	Schroeck, J. L.; Ford, J.; Conway, E. L.; Kurtzhals, K. E.; Gee, M. E.; Vollmer, K. A.; Mergenhagen, K. A.	Review of Safety and Efficacy of Sleep Medicines in Older Adults	2016	Clinical Therapeutics	38	11	2340-2372	8a. Study design out of scope (non-systematic review, guideline, HTA)
Schwingshackl 2016	Schwingshackl, L.; Missbach, B.; Hoffmann, G.	An umbrella review of garlic intake and risk of cardiovascular disease	2016	Phytomedicine	23	11	1127-1133	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Seely 2008	Seely, D.; Dugoua, J. J.; Perri, D.; Mills, E.; Koren, G.	Safety and efficacy of panax ginseng during pregnancy and lactation	2008	Canadian Journal of Clinical Pharmacology/Journal Canadien de Pharmacologie Clinique	15	1	e87-94	8a. Study design out of scope (non-systematic review, guideline, HTA)
Sen 2008	Sen, A.	Recurrent cystitis in non-pregnant women	2008	Clinical Evidence	17		17	8a. Study design out of scope (non-systematic review, guideline, HTA)
Sena-JÃ°nior 2021	Sena-JÃ°nior, Ailton Santos; Aidar, Felipe JosÃ©; Oliveira e Silva, Ana Mara de; Estevam, Charles dos Santos; de Oliveira Carvalho, Carla Roberta; Lima, FÃ¡bio Bessa; dos Santos, Jymmys Lopes; MarÃ§al, Anderson Carlos	Whether or Not the Effects of Curcuma longa Supplementation Are Associated with Physical Exercises in T1DM and T2DM: A Systematic Review	2021	Nutrients	13	1	124-124	8a. Study design out of scope (non-systematic review, guideline, HTA)
Shihong 2014	Shihong, Chen; Zhijun, Wang; Ying, Huang; O'Barr, Stephen A.; Wong, Rebecca A.; Steven, Yeung; Moses Sing Sum, Chow	Ginseng and Anticancer Drug Combination to Improve Cancer Chemotherapy: A Critical Review	2014	Evidence-based Complementary & Alternative Medicine (eCAM)	2014		Jan-13	8a. Study design out of scope (non-systematic review, guideline, HTA)
Shirani 2016	Shirani, Majid; Shabanian, Sheida; Yavangi, Mahnaz	A systematic review of Iranian medicinal plants effective on female infertility	2016	Journal of Global Pharma Technology	8	10	44-49	8a. Study design out of scope (non-systematic review, guideline, HTA)
Shou 2011	Shou, Chong; Li, Justin; Liu, Zitao	Complementary and alternative medicine in the treatment of menopausal symptoms	2011	Chinese Journal of Integrative Medicine	17	12	883-888	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Silagy 1994	Silagy, C.; Neil, A.	Garlic as a lipid lowering agent--a meta-analysis	1994	Journal of the Royal College of Physicians of London	28	1	39-45	8a. Study design out of scope (non-systematic review, guideline, HTA)
Smith 2014	Smith, Imogen; Williamson, Elizabeth M.; Putnam, Sophie; Farrimond, Jonathan; Whalley, Benjamin J.	Effects and mechanisms of ginseng and ginsenosides on cognition	2014	Nutrition Reviews	72	5	319-333	8a. Study design out of scope (non-systematic review, guideline, HTA)
Soeken 2004	Soeken, K. L.	Selected CAM therapies for arthritis-related pain: the evidence from systematic reviews	2004	Clinical Journal of Pain	20	1	13-Aug	8a. Study design out of scope (non-systematic review, guideline, HTA)
Solati 2017	Solati, Kamal; Heidari-Soureshjani, Saeid; Luther, Tahra; Asadi-Samani, Majid	Iranian medicinal plants effective on sexual disorders: A systematic review	2017	International Journal of Pharmaceutical Sciences and Research	8	6	2415-2420	8a. Study design out of scope (non-systematic review, guideline, HTA)
Sourinejad 2019	Sourinejad, Hadis; Dehkordi, Ziba Reisi; Beigi, Marjan; Moghaddam, Elham Adib; Hadian, Mohammad	The Use of Flaxseed in Gynecology: A Review Article	2019	Journal of Midwifery & Reproductive Health	7	2	1691-1711	8a. Study design out of scope (non-systematic review, guideline, HTA)
Stanisiere 2018	Stanisiere, J.; Mousset, P. Y.; Lafay, S.	How Safe Is Ginger Rhizome for Decreasing Nausea and Vomiting in Women during Early Pregnancy?	2018	Foods	7	4	1	8a. Study design out of scope (non-systematic review, guideline, HTA)
Sun-Edelstein 2009	Sun-Edelstein, C.; Mauskop, A.	Foods and supplements in the management of migraine headaches	2009	Clinical Journal of Pain	25	5	446-52	8a. Study design out of scope (non-systematic review, guideline, HTA)
Suter 2006	Suter, A.; Bommer, S.; Rechner, J.	Treatment of patients with venous insufficiency with fresh plant horse chestnut seed extract: a review of 5 clinical studies	2006	Advances in Therapy	23	1	179-90	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Sweeney 2005	Sweeney, B.; Vora, M.; Ulbricht, C.; Basch, E.	Natural standard review. Evidence-based systematic review of dandelion (<i>Taraxacum officinale</i>) by natural standard research collaboration	2005	Journal of Herbal Pharmacotherapy	5	1	79-93	8a. Study design out of scope (non-systematic review, guideline, HTA)
Tariq 2013	Tariq, Raseen; Hina, Sahrish	Green tea and cancer prevention in humans: A review	2013	Journal of Pakistan Medical Students	3	2	63-65	8a. Study design out of scope (non-systematic review, guideline, HTA)
Tavakkoli 2017	Tavakkoli, Alireza; Mahdian, Vahid; Razavi, Bibi Marjan; Hosseinzadeh, Hossein	Review on Clinical Trials of Black Seed (<i>Nigella sativa</i>) and Its Active Constituent, Thymoquinone	2017	Journal of Pharmacopuncture	20	3	179-193	8a. Study design out of scope (non-systematic review, guideline, HTA)
Taylor 2011	Taylor, R. A.; Leonard, M. C.	Curcumin for inflammatory bowel disease: A review of human studies	2011	Alternative Medicine Review	16	2	152-156	8a. Study design out of scope (non-systematic review, guideline, HTA)
Tesch 2003	Tesch, B. J.	Herbs commonly used by women: An evidence-based review	2003	American Journal of Obstetrics and Gynecology	188	5 SUPPL.	S44-S55	8a. Study design out of scope (non-systematic review, guideline, HTA)
TheNaturalStandardResearch 2008	The Natural Standard Research, Collaboration	An evidence-based systematic review of passion flower (<i>Passiflora Incarnata</i> L.) by the Natural Standard Research Collaboration	2008	J Dietary Suppls	5	3	310-38	8a. Study design out of scope (non-systematic review, guideline, HTA)
ThompsonCoon 2003	Thompson Coon, J. S.; Ernst, E.	Herbs for serum cholesterol reduction: A systematic review	2003	Journal of Family Practice	52	6	468-478	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Tran 2020	Tran, B.; Wu, J. J.; Ratner, D.; Han, G.	Topical Scar Treatment Products for Wounds: A Systematic Review	2020	Dermatologic Surgery	46	12	1564-1571	8a. Study design out of scope (non-systematic review, guideline, HTA)
Trinkley 2011	Trinkley, K. E.; Nahata, M. C.	Treatment of irritable bowel syndrome	2011	Journal of Clinical Pharmacy & Therapeutics	36	3	275-282	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2006	Ulbricht, C.; Basch, E.; Bent, S.; Boon, H.; Corrado, M.; Foppa, I.; Hashmi, S.; Hammerness, P.; Kingsbury, E.; Smith, M.; Szapary, P.; Vora, M.; Weissner, W.	Evidence-based systematic review of Saw palmetto by the Natural Standard Research Collaboration	2006	Journal of the Society for Integrative Oncology	4	4	170-186	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2008	Ulbricht, Catherine; Basch, Ethan; Burke, Dilys; Giese, Nicole; Hashmi, Sadaf; Tanguay-Colucci, Shaina; Weissner, Wendy; Cheung, Lisa; Miranda, Michelle; Ernst, Edzard; Foppa, Ivo; Hammerness, Paul; Mukherjee, Siddhartha; Kuo, Grace; Smith, Michael; Sollars, David; Vijayan, Nazhiyath	Fenugreek (<i>Trigonella foenum-graecum</i> L. Leguminosae): An evidence-based systematic review by the natural standard research collaboration	2008	Journal of Herbal Pharmacotherapy	7	3-Apr	143-177	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2008	Ulbricht, Catherine; Armstrong, Jennifer; Basch, Ethan; Dacey, Cynthia; Giese, Nicole; Tanguay-Colucci, Shaina; Weissner, Wendy; Basch, Samuel; Bent, Steve; Dalton, Sean; Hammerness, Paul; Foppa, Ivo; Kirkwood, Catherine; Sollars, David	An evidence-based systematic review of aloe vera by the natural standard research collaboration	2008	Journal of Herbal Pharmacotherapy	7	3-Apr	279-323	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Ulbricht 2009	Ulbricht, C.; Basch, E.; Basch, S.; Bent, S.; Boon, H.; Burke, D.; Costa, D.; Falkson, C.; Giese, N.; Goble, M.; Hashmi, S.; Mukarjee, S.; Papaliadis, G.; Seamon, E.; Tanguay-Colucci, S.; Weissner, W.; Woods, J.	An evidence-based systematic review of bilberry (<i>Vaccinium myrtillus</i>) by the Natural Standard Research Collaboration	2009	J Dietary Suppls	6	2	162-200	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2011	Ulbricht, C.; Seamon, E.; Windsor, R. C.; Armbruester, N.; Bryan, J. K.; Costa, D.; Giese, N.; Gruenwald, J.; Iovin, R.; Isaac, R.	An evidence-based systematic review of cinnamon (<i>Cinnamomum</i> spp.) by the Natural Standard Research Collaboration	2011	Journal of Dietary Supplements	8	4	378-454	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2011	Ulbricht, C.; Conquer, J.; Costa, D.; Hamilton, W.; Higdon, E. R.; Isaac, R.; Rusie, E.; Rychlik, I.; Serrano, J. M.; Tanguay-Colucci, S.	An evidence-based systematic review of Senna (<i>Cassia senna</i>) by the natural standard research collaboration	2011	Journal of Dietary Supplements	8	2	189-238	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2011	Ulbricht, Catherine; Basch, Ethan; Barrette, Ernie-Paul; Boon, Heather; Chao, Wendy; Costa, Dawn; Higdon, Elizabeth R. B.; Isaac, Richard; Lynch, Margaret; Papaliadis, George; Grimes Serrano, Jill M.; Varghese, Minney; Vora, Mamta; Windsor, Regina; Woods, Jen	Turmeric (<i>Curcuma longa</i>): An Evidence-Based Systematic Review by the Natural Standard Research Collaboration	2011	Alternative & Complementary Therapies	17	4	225-236	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Ulbricht 2012	Ulbricht, Catherine; Burke, Dilys; Costa, Dawn; Doshi, Ashley; Isaac, Richard; Nummy, Katie; Rychlik, Idalia; Seidman, Michael David; Serrano, Jill M. Grimes; Tran, Diem; Varghese, Minney; Weissner, Wendy; Akhtar, Al Sheikh Ali Aqel El Mahdy El Obeid Farah Farah Gali-Muhtasib Gali-Muhtasib Hansen Islam Kacem Kalus Kanter Keshri Mahmood Mansour Marsik May Morsi Norwood Otoom Rooney Salem Steinmann Straube Suboh Swamy Swamy Thabrew Toppozada; Merrick, Joav	Black seed (Nigella Sativa): A systematic review by the Natural Standard Research Collaboration	2012	Alternative medicine yearbook, 2010.			327-340	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2013	Ulbricht, C.; Catapang, M.; Conquer, J.; Costa, D.; Culwell, S.; D'Auria, D.; Isaac, R.; Le, C.; Marini, E.; Miller, A.; Mintzer, M.; Nguyen, M.; Salesses, K.	Raspberry ketone: An evidence-based systematic review by the natural standard research collaboration	2013	Alternative and Complementary Therapies	19	2	98-100	8a. Study design out of scope (non-systematic review, guideline, HTA)
Ulbricht 2013	Ulbricht, Catherine; Basch, Ethan; Boon, Heather; Conquer, Julie; Costa, Dawn; Culwell, Samantha; Dao, Julie; Eisenstein, Carla; Foppa, Ivo M.; Hashmi, Sadaf; Isaac, Richard; Johnstone, Katie; Kerbel, Beth N.; LeBlanc, Yvonne C.; Mintzer, Meredith; Shkayeva, Marina; Smith, Michael; Sollars, David; Woods, Jen	Seaweed, Kelp, Bladderwrack (Fucus vesiculosus): An Evidence-Based Systematic Review by the Natural Standard Research Collaboration	2013	Alternative & Complementary Therapies	19	4	217-230	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Ulbricht 2014	Ulbricht, Catherine; Basch, Ethan; Cheung, Lisa; Goldberg, Harley; Hammerness, Paul; Isaac, Richard; Khalsa, Karta Purkh Singh; Romm, Aviva; Rychlik, Idalia; Varghese, Minney; Weissner, Wendy; Windsor, Regina C.; Wortley, Jayme	An Evidence-Based Systematic Review of Elderberry and Elderflower (Sambucus nigra) by the Natural Standard Research Collaboration	2014	Journal of Dietary Supplements	11	1	80-120	8a. Study design out of scope (non-systematic review, guideline, HTA)
vanBaak 2019	van Baak, Marlene A.; Mariman, Edwin C. M.	Dietary Strategies for Weight Loss Maintenance	2019	Nutrients	11	8	1916-1916	8a. Study design out of scope (non-systematic review, guideline, HTA)
vanDam 2013	van Dam, R. M.; Naidoo, N.; Landberg, R.	Dietary flavonoids and the development of type 2 diabetes and cardiovascular diseases: review of recent findings	2013	Current Opinion in Lipidology	24	1	25-33	8a. Study design out of scope (non-systematic review, guideline, HTA)
vanderWatt 2008	van der Watt, Gill; Laugharne, Jonathan; Janca, Aleksandar; Alladin, Buchbauer Clayton Edge Eisenberg Ernst Fisher Gibson Hollifield Jorm Jorm Kessler Krisanaprakornkit Lee Leo MacLennan MacPherson Mischoulon Miyasaka Miyasaka Perry Pilkington Pittler Richardson Roder Sharma Thachil Thomas Toneatto Werneke Wilkinson	Complementary and alternative medicine in the treatment of anxiety and depression	2008	Current Opinion in Psychiatry	21	1	37-42	8a. Study design out of scope (non-systematic review, guideline, HTA)
Varteresian 2014	Varteresian, T.; Lavretsky, H.	Natural products and supplements for geriatric depression and cognitive disorders: An evaluation of the research	2014	Current Psychiatry Reports	16	8	456	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Vlachoianis 2008	Vlachoianis, J.; Roufogalis, B. D.; Chrubasik, S.	Systematic review on the safety of Harpagophytum preparations for osteoarthritic and low back pain	2008	Phytotherapy Research	22	2	149-152	8a. Study design out of scope (non-systematic review, guideline, HTA)
Vlachoianis 2010	Vlachoianis, J. E.; Cameron, M.; Chrubasik, S.	A systematic review on the sambuci fructus effect and efficacy profiles	2010	Phytotherapy Research	24	1	1-Aug	8a. Study design out of scope (non-systematic review, guideline, HTA)
vonBoetticher 2011	von Boetticher, Alexander; Ahmad, Davis Drew Eckert Eckmann Eggermont Erdinler Goebel Gopinath Halama Hallam Hilton Holgers Holstein Huang Ihl Jastreboff Jastreboff Koltringer Lockwood Maass Mazurek Meyer Morgenstern Morgenstern Napryeyenko Neri Rejali Sackett Sastre Schacht Shargorodsky Smith Stouffer Yamashita Yamasoba	Ginkgo biloba extract in the treatment of tinnitus: A systematic review	2011	Neuropsychiatric Disease and Treatment	7	1		8a. Study design out of scope (non-systematic review, guideline, HTA)
vonMaxen 2008	von Maxen, A.; Schoenhoefer, P. S.	Benefit of echinacea for the prevention and treatment of the common cold?...Lancet Infect Dis. 2007 Jul;7(7):473-80	2008	Lancet Infectious Diseases	8	6	346-348	8a. Study design out of scope (non-systematic review, guideline, HTA)
Wang 2014	Wang, Wanchun; Yang, Yu'e; Zhang, Wenyi; Wu, Wenlong	Association of tea consumption and the risk of oral cancer: a meta-analysis	2014	Oral Oncology	50	4	276-281	8a. Study design out of scope (non-systematic review, guideline, HTA)
Warner 2010	Warner, J. P.; Butler, R.; Gupta, S.	Dementia	2010	Clinical Evidence	8		8	8a. Study design out of scope (non-systematic review, guideline, HTA)

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Warshafsky 1993	Warshafsky, S.; Kamer, R. S.; Sivak, S. L.	Effect of garlic on total serum cholesterol. A meta-analysis	1993	Annals of Internal Medicine	119	7	599-605	8a. Study design out of scope (non-systematic review, guideline, HTA)
Wawrysiuk 2019	Wawrysiuk, S.; Naber, K.; Rechberger, T.; Miotla, P.	Prevention and treatment of uncomplicated lower urinary tract infections in the era of increasing antimicrobial resistance-non-antibiotic approaches: a systemic review	2019	Archives of Gynecology & Obstetrics	300	4	821-828	8a. Study design out of scope (non-systematic review, guideline, HTA)
Wickline 2004	Wickline, M. M.	Prevention and treatment of acute radiation dermatitis: a literature review	2004	Oncology Nursing Forum	31	2	237-247	8a. Study design out of scope (non-systematic review, guideline, HTA)
Williamson 2011	Williamson, G.; Coppens, P.; Serra-Majem, L.; Dew, T.	Review of the efficacy of green tea, isoflavones and aloe vera supplements based on randomised controlled trials	2011	Food & Function	2	12	753-9	8a. Study design out of scope (non-systematic review, guideline, HTA)
Wilson 2015	Wilson, P. B.	Ginger (<i>Zingiber officinale</i>) as an analgesic and ergogenic aid in sport: A systemic review	2015	Journal of Strength and Conditioning Research	29	10	2980-2995	8a. Study design out of scope (non-systematic review, guideline, HTA)
Yi 2020	Yi, Yu; Liang, Hailong; Jing, Huang; Jian, Zhang; Guang, Yang; Jun, Zhang; Zhu, Hongfa; Jian, Li	Green Tea Consumption and Esophageal Cancer Risk: A Meta-analysis	2020	Nutrition & Cancer	72	3	513-521	8a. Study design out of scope (non-systematic review, guideline, HTA)
Yoon 2020	Yoon, W. Y.; Lee, K.; Kim, J.	Curcumin supplementation and delayed onset muscle soreness (DOMS): effects, mechanisms, and practical considerations	2020	Physical Activity and Nutrition	24	3	39-43	8a. Study design out of scope (non-systematic review, guideline, HTA)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Zhang 2013	Zhang, D. W.; Fu, M.; Gao, S. H.; Liu, J. L.	Curcumin and diabetes: a systematic review	2013	Evid Based Complement Alternat Med	2013		636053	8a. Study design out of scope (non-systematic review, guideline, HTA)
Zhang 2020	Zhang, T.; Saito, A.; Chen, S.	A meta-analysis of the effects of green tea combined with physical activity on blood lipids in humans	2020	Revista Brasileira de Medicina do Esporte	26	5	454-460	8a. Study design out of scope (non-systematic review, guideline, HTA)
Zhou 2020	Zhou, X.; Qian, H.; Zhang, D.; Zeng, L.	Garlic intake and the risk of colorectal cancer: A meta-analysis	2020	Medicine	99	1	e18575	8a. Study design out of scope (non-systematic review, guideline, HTA)
Zuccotti 2018	Zuccotti, E.; Oliveri, M.; Girometta, C.; Ratto, D.; Di Iorio, C.; Occhinegro, A.; Rossi, P.	Nutritional strategies for psoriasis: current scientific evidence in clinical trials	2018	European Review for Medical & Pharmacological Sciences	22	23	8537-8551	8a. Study design out of scope (non-systematic review, guideline, HTA)
		Schisandra: An Evidence-Based Systematic Review by the Natural Standard Research Collaboration	2015	Alternative & Complementary Therapies	21	1	42-43	8a. Study design out of scope (non-systematic review, guideline, HTA)
		Effect of medicinal herbs on primary dysmenorrhoea - A systematic review	2014	Iranian Journal of Pharmaceutical Research	13	3	757-768	8a. Study design out of scope (non-systematic review, guideline, HTA)
		Cayenne (Capsicum spp.): An Evidence-Based Systematic Review by the Natural Standard Research Collaboration	2014	Alternative & Complementary Therapies	20	3	154-156	8a. Study design out of scope (non-systematic review, guideline, HTA)
		Echinacea for the common cold	2007	Nurses' Drug Alert	31	8	43-43	8a. Study design out of scope (non-systematic review, guideline, HTA)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Abe 2020	Abe, Sarah Krull; Inoue, Manami	Green tea and cancer and cardiometabolic diseases: a review of the current epidemiological evidence	2020	European Journal of Clinical Nutrition				8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Boyle 2004	Boyle, P.; Robertson, C.; Lowe, F.; Roehrborn, C.	Updated meta-analysis of clinical trials of Serenoa repens extract in the treatment of symptomatic benign prostatic hyperplasia	2004	BJU International	93	6	751-6	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Chrubasik 2007	Chrubasik, J. E.; Roufogalis, B. D.; Chrubasik, S.	Evidence of effectiveness of herbal antiinflammatory drugs in the treatment of painful osteoarthritis and chronic low back pain	2007	Phytotherapy Research	21	7	675-83	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Davidson 2013	Davidson, Elyad; Vlachojannis, Julia; Cameron, Melainie; Chrubasik, Sigrun	Best Available Evidence in Cochrane Reviews on Herbal Medicine?	2013	Evidence-based Complementary & Alternative Medicine (eCAM)	2013		1-Jul	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Deng 2017	Deng, H.; Adams, C. E.	Traditional Chinese medicine for schizophrenia: A survey of randomized trials	2017	Asia-Pacific Psychiatry	9	1	e12265	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Gupta 2003	Gupta, R. K.; Moller, H. J.	St. John's Wort. An option for the primary care treatment of depressive patients?	2003	European Archives of Psychiatry & Clinical Neuroscience	253	3	140-8	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Hartmann-Boyce 2014	Hartmann-Boyce, Jamie; Stead, Lindsay F.; Cahill, Kate; Lancaster, Tim	Efficacy of interventions to combat tobacco addiction: Cochrane update of 2013 reviews	2014	Addiction	109	9	1414-1425	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Johnson 2012	Johnson, R.; Bryant, S.; Huntley, A. L.	Green tea and green tea catechin extracts: An overview of the clinical evidence	2012	Maturitas	73	4	280-287	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Kron 2007	Kron, J.	Chronic heart failure	2007	J Complement Med	6	5	15-22	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Laccourreye 2017	Laccourreye, O.; Werner, A.; Laccourreye, L.; Bonfils, P.	Benefits, pitfalls and risks of phytotherapy in clinical practice in otorhinolaryngology	2017	European Annals of Otorhinolaryngology, Head and Neck Diseases	134	2	95-99	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Li 2013	Li, L.; Sun, T.; Tian, J.; Yang, K.; Yi, K.; Zhang, P.	Garlic in Clinical Practice: An Evidence-Based Overview	2013	Critical Reviews in Food Science and Nutrition	53	7	670-681	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Linde 2003	Linde, K.; ter Riet, G.; Hondras, M.; Vickers, A.; Saller, R.; Melchart, D.	Systematic reviews of herbal medicines - an annotated bibliography	2003	Forschende Komplementarmedizin und Klassische Naturheilkunde	10	Supp 1	17-27	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Liska 2016	Liska, D. J.; Kern, H. J.; Maki, K. C.	Cranberries and urinary tract infections: How can the same evidence lead to conflicting advice?	2016	Advances in Nutrition	7	3	498-506	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Luberto 2013	Luberto, Christina M.; White, Christopher; Sears, Richard W.; Cotton, Sian	Integrative medicine for treating depression: an update on the latest evidence	2013	Current Psychiatry Reports	15	9	391-391	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
MacLennan 2009	MacLennan, Alastair H.; Anderson, Avis Boothby Boyer Butt Canonico Chattha Chen Clark Col Collins Cummings Cushman Elavsky Elavsky Greiser Grodstein Huntley Hurley Kenemans Kennemans La Vecchia Lee Liebowitz MacLennan MacLennan MacLennan MacLennan MacLennan MacLennan Mahady Manson Moriyama Nedrow Nelson Newton Norman Norman Parente Phillips Reddy Resnick Rossouw Salpeter Salpeter Schumaker Singh Singletary Sowers Stearns Sturdee Sturdee Suckling Torgerson Vickers Welton Zandi	Evidence-based review of therapies at the menopause	2009	International Journal of Evidence-Based Healthcare	7	2	112-123	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
McNicholas 2011	McNicholas, T.; Kirby, R.	Benign prostatic hyperplasia and male lower urinary tract symptoms (LUTS)	2011	Clinical Evidence	26		26	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Posadzki 2015	Posadzki, P.; Albedah, A. M. N.; Khalil, M. M. K.; AlQaed, M. S.; Lee, M. S.; Ernst, E.; Car, J.	Complementary and alternative medicine for the prevention and treatment of migraine headache: An overview of systematic reviews	2015	Focus on Alternative and Complementary Therapies	20	2	58-73	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Posadzki 2016	Posadzki, P.; AlBedah, A. M. N.; Khalil, M. M. K.; AlQaed, M. S.	Complementary and alternative medicine for lowering blood lipid levels: A systematic review of systematic reviews	2016	Complementary Therapies in Medicine	29		141-151	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Sadoyu 2021	Sadoyu, Saranrat; Rungruang, Chidchanok; Wattanavijitkul, Thitima; Sawangjit, Ratree; Thakkinstian, Ammarin; Chaiyakunapruk, Nathorn	Aloe vera and health outcomes: An umbrella review of systematic reviews and meta-analyses	2021	Phytotherapy Research	35	2	555-576	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Wardell 2002	Wardell, D.	Review: evidence is incomplete on the benefits and risks of commonly used herbal medicines	2002	Evidence Based Nursing	5	3	80-80	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview
Yousefi 2016	Yousefi, Z.; Abdollahpour, N.; Ghazanfarpour, M.; Sadeghi, R.; Pourmoghdam, N.	Impacts of herbal medicines on hot flash: A systematic review	2016	Journal of Medicinal Plants	15	59	40-46	8a. Study design out of scope (non-systematic review, guideline, HTA); Overview

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Baars 2020	Baars, E. W.; Belt-Van Zoen, E.; Willcox, M.; Huber, R.; Hu, X. Y.; van der Werf, E. T.	CAM treatments for cough and sore throat as part of an uncomplicated acute respiratory tract infection: a systematic review of prescription rates and a survey among European integrative medical practitioners	2020	European Journal of Integrative Medicine	39		101194	8b. Study design out of scope (SR of NRSIs or case series)
Barbalho 2019	Barbalho, Sandra Maria; Bosso, Henrique; Salzedas-Pescinini, Letícia M.; de Alvares Goulart, Ricardo	Green tea: A possibility in the therapeutic approach of inflammatory bowel diseases?: Green tea and inflammatory bowel diseases	2019	Complementary Therapies in Medicine	43		148-153	8b. Study design out of scope (SR of NRSIs or case series)
Ferreira 2017	Ferreira, Elaine; Vasques, Christiane; Gadia, Rafael; Chan, Raymond; Guerra, Eliete; Mezzomo, Luis; De Luca Canto, Graziela; Reis, Paula; Ferreira, Elaine Barros; Vasques, Christiane Inocência; Chan, Raymond Javan; Guerra, Eliete Neves Silva; Mezzomo, Luis André; Dos Reis, Paula Elaine Diniz	Topical interventions to prevent acute radiation dermatitis in head and neck cancer patients: a systematic review	2017	Supportive Care in Cancer	25	3	1001-1011	8b. Study design out of scope (SR of NRSIs or case series)
Ganjali 2017	Ganjali, Shiva; Blesso, Christopher N.; Banach, Maciej; Pirro, Matteo; Majeed, Muhammed; Sahebkar, Amirhossein	Effects of curcumin on HDL functionality	2017	Pharmacological Research	119		208-218	8b. Study design out of scope (SR of NRSIs or case series)
Haghighatdoost 2019	Haghighatdoost, Fahimeh; Hariri, Mitra	The effect of green tea on inflammatory mediators: A systematic review and meta-analysis of randomized clinical trials	2019	Phytotherapy Research	33	9	2274-2287	8b. Study design out of scope (SR of NRSIs or case series)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
LaPorte 2011	LaPorte, E.; Sarris, J.; Stough, C.; Scholey, A.; Amorim, Bilia Boonen Buffet-Jerrott Cairney Cairney Cairney Clouatre Cohen Coulter Denham Foo Gleitz Heinze Herberg Jadad Jamieson Kobayashi Kretschmer Mathews Mathews Munte Nerurkar Norton Pittler Pittler Poolsup Prescott Raduege Rotblatt Russell Saletu Sarris Sarris Sarris Sarris Schirmacher Scholing Singh Singh Stevinson Teschke Teschke Teschke Thompson Uebelhack Uhlenhuth van Leeuwen Wanwimolruk Xian-guo Zhou	Neurocognitive effects of kava (Piper methysticum): A systematic review	2011	Human Psychopharmacology: Clinical and Experimental	26	2	102-111	8b. Study design out of scope (SR of NRSIs or case series)
Lokeswara 2019	Lokeswara, Angga Wiratama; Afaratu, Kevin; Prihastama, Rafindhra Adhitya; Farida, Siti	Antihypertensive effects of Nigella sativa: Weighing the evidence	2019	International Journal of Applied Pharmaceutics	11	Special Issue 6	135-139	8b. Study design out of scope (SR of NRSIs or case series)
Mann 2012	Mann, Nirmal S.; Sandhu, Karan S.	Peppermint Oil in Irritable Bowel Syndrome: Systematic Evaluation of 1634 Cases with Meta-Analysis	2012	International Medical Journal	19	1	5-Jun	8b. Study design out of scope (SR of NRSIs or case series)
Papoui 2021	Papoui, Eleni; Papastavrou, Evridiki; Merkouris, Anastasios; Charalambous, Andreas	The extent to which the last decade has yielded additional treatment options for EGFR-associated rash besides classic treatment with antibiotics and corticosteroids - A systematic review	2021	European Journal of Oncology Nursing	50		N.PAG-N.PAG	8b. Study design out of scope (SR of NRSIs or case series)
Shalini 2021	Shalini, Vijayanna Tirumalapura; Sriranjini, Jaideep Sitaram; Neelakanta, Sajjanar Jambappa	Neuroprotection with Bacopa monnieri-A review of experimental evidence	2021	Molecular Biology Reports				8b. Study design out of scope (SR of NRSIs or case series)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Volz 2000	Volz, H. P.; Laux, P.	Potential treatment for subthreshold and mild depression: A comparison of St. John's wort extracts and fluoxetine	2000	Comprehensive Psychiatry	41	2 SUPPL. 1	133-137	8b. Study design out of scope (SR of NRSIs or case series)
Alammar 2018	Alammar, Nuha; Saberi, Behnam; Nanavati, Julie; Shinohara, Taki; Holtmann, Gerald J.; Wang, Lin; Mullin, Gerard	THE EFFECT OF ENTERIC-COATED PEPPERMINT OIL ON THE IRRITABLE BOWEL SYNDROME: A SYSTEMATIC REVIEW AND META-ANALYSIS OF THE POOLED CLINICAL TRIALS DATA	2018	Gastroenterology	154	6 Supplement 1	S-979	11a. Other (duplicate data)
Alikiaii 2020	Alikiaii, Babak; Bagherniya, Mohammad; Askari, Gholamreza; Sathyapalan, Thozhukat; Sahebkar, Amirhossein	Evaluation of the effect of curcumin on pneumonia: A systematic review of preclinical studies	2020	Phytotherapy Research				11a. Other (duplicate data)
Budzynska 2012	Budzynska, K.; Gardner, Z.; Duguoa, J.; Dog, T. Low; Gardiner, P.	P05.26. Systematic review of breastfeeding and herbs...International Research Congress on Integrative Medicine and Health 2012 Portland, Oregon, USA. 15-18 May 2012	2012	BMC Complementary & Alternative Medicine	12	Suppl 1	1-Jan	11a. Other (duplicate data)
Cao 2019	Cao, Huijuan; Wang, Ruiting; Cheng, Nuo; Peng, Rongyan; Yu, Zeyu; Nan, Mengdie	Oral herbal medicine for women with intrahepatic cholestasis in pregnancy: a systematic review of randomized controlled trials	2019	Advances in Integrative Medicine	6	Supplement 1	S119	11a. Other (duplicate data)
Chande 2009	Chande, N.; MacDonald, J. K.; McDonald, J. W.	Interventions for treating microscopic colitis: a Cochrane inflammatory Bowel Disease and Functional Bowel Disorders Review Group systematic review of randomized trials	2009	American Journal of Gastroenterology	104	1	235-41; quiz 234, 242	11a. Other (duplicate data)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Crawford 2019	Crawford, Cindy; Boyd, Courtney; Berry, Kevin; Deuster, Patricia; Herb Working Group;	Dietary ingredients requiring further research before evidence-based recommendations can be made for their use as an approach to mitigating pain	2019	Pain Medicine	20	8	1619-1632	11a. Other (duplicate data)
Dante 2013	Dante, G.; Pedrielli, G.; Annessi, E.; Facchinetti, F.; Tiran, Denise	Herb remedies during pregnancy: a systematic review of controlled clinical trials	2013	MIDIRS Midwifery Digest	23	3	302-303	11a. Other (duplicate data)
Gagnier 2016	Gagnier, J. J.; Oltean, H.; Van Tulder, M. W.; Berman, B. M.; Bombardier, C.; Robbins, C. B.	Herbal medicine for low back pain a cochrane review	2016	Spine	41	2	116-133	11a. Other (duplicate data)
Hemati 2021	Hemati, N.; Venkatakrishnan, K.; Yarmohammadi, S.; Moradi, M.; Moravejolahkami, A. R.; Hadi, A.; Moradi, S.; Aneva, I. Y.; Farzaei, M. H.	The effects of supplementation with <i>Cynara scolymus</i> L. on anthropometric indices: A systematic review and dose-response meta-analysis of clinical trials	2021	Complementary Therapies in Medicine	56		102612	11a. Other (duplicate data)
Hoenders 2014	Hoenders, Rogier; Vollbehre, Nina; Bartels-Velthuis, Agna; Bruggeman, Richard; Knechtering, Rikus; De Jong, Joop	Natural medicines in schizophrenia: A systematic review	2014	Journal of Alternative and Complementary Medicine	20	5	A79-A80	11a. Other (duplicate data)
Hu 2017	Hu, Xiao-Yang; Logue, Martin; Lai, Lily Y.; Stuart, Beth; Flower, Andrew; Moore, Michael; Lewith, George; Wu, Ruo-Han; Fei, Yu-Tong; Liu, Jian-Ping; Blonde, Clara	<i>Andrographis paniculata</i> for symptomatic relief of acute respiratory tract infections: A systematic review and meta-analysis	2017	BMC Complementary and Alternative Medicine	17	Supplement 1		11a. Other (duplicate data)
Hu 2018	Hu, Yi; Ouyang, Yao-Bin; Zhu, Yin; Lu, Nong-Hua	The effect of antioxidants on <i>Helicobacter pylori</i> eradication: A systematic review with meta-analysis	2018	Journal of Gastroenterology and Hepatology	33	Supplement 4	356	11a. Other (duplicate data)
Jepson 2013	Jepson, Ruth G.; Williams, Gabrielle; Craig, Jonathan C.	Cranberries for preventing urinary tract infections	2013	São Paulo med. j	131	5	363-363	11a. Other (duplicate data)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Kaplan 2005	Kaplan, Steven A.	Updated meta-analysis of clinical trials of serenoa repens extract in the treatment of symptomatic benign prostatic hyperplasia	2005	Journal of Urology	173	2	516	11a. Other (duplicate data)
Khalesi 2014	Khalesi, Saman; Sun, Jing; Buys, Nicholas; Antonello, Auvichayapat Bowling Downs Erba Glasziou Hajjar Harrison Maron Maruyama Moher Mu Nagao Ogden Schneider Sun; Merrick, Joav	Effect of green tea consumption on obesity and hypertension: A systematic review protocol	2014	Public health yearbook 2013.			583-590	11a. Other (duplicate data)
Kumar 2009	Kumar, S.; Juresic, E.; Barton, M.; Shafiq, J.	Management of skin toxicity during radiation therapy: A review of the evidence	2009	Journal of Medical Imaging and Radiation Oncology	53	SPEC. ISS. 1	A231	11a. Other (duplicate data)
Liu 2013	Liu, Zhaolan; Liu, Jianping; Li, George Qian; Xie, Liang Zhen	Herbal medicines for fatty liver diseases: A systematic review of randomized clinical trials	2013	Hepatology International	7	SUPPL. 1	S67-S68	11a. Other (duplicate data)
Liu 2014	Liu, Gang; Zheng, Xinxin; Lu, Jie; Huang, Xiaohong; Hu, S.	Effects of tea intake on blood pressure: A metaanalysis of 21 randomized controlled trials	2014	Cardiology (Switzerland)	129	SUPPL. 1	10-Nov	11a. Other (duplicate data)
Loke 2019	Loke, Wayren; Foo, Nadine Xinhui; Ng, Qin Xiang; Tan, Weng Jun; Chan, Hwei Wuen; Lim, Donovan Yutong; Yeo, Wee Song	A systematic review of the clinical use of Withania somnifera (Ashwagandha) to ameliorate cognitive dysfunction	2019	Phytotherapy Research				11a. Other (duplicate data)
Moller 2019	Moller, J.; Kelber, O.; Raskopf, E.; Nieber, K.; Fink, C.	Treating functional gastrointestinal diseases in the paediatric population: Are herbals an option? a systematic review	2019	United European Gastroenterology Journal	7	8 Supplement	749	11a. Other (duplicate data)
Moller 2019	Moller, J.; Kelber, O.; Raskopf, E.; Nieber, K.	Treatment of functional gastrointestinal diseases in children: Are herbals an option? A systematic review	2019	Neurogastroenterology and Motility	31	Supplement 4		11a. Other (duplicate data)

Table C-1 Citation details of studies screened and excluded at full text (by reason for exclusion): WHMs

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Muler 2017	Muler, J.; Kelber, O.; Vinson, B.; Fink, C.; Rabini, S.; Kraft, K.; Storr, M. A.	Subgroup analyses of clinical trials on a herbal medicine in FD, STW 5	2017	United European Gastroenterology Journal	5	5 Supplement 1	A789	11a. Other (duplicate data)
Onega 2002	Onega, T.	CAT clinic. Saw palmetto for BPH: a review of a meta-analysis	2002	JAAPA: Journal of the American Academy of Physician Assistants (Haymarket Media, Inc.)	15	5	59-66	11a. Other (duplicate data)
Rambaldi 2005	Rambaldi, A.; Jacobs, B. P.; Iaquinto, G.; Gluud, C.	Milk thistle for alcoholic and/or hepatitis B or C liver diseases--a systematic cochrane hepato-biliary group review with meta-analyses of randomized clinical trials	2005	American Journal of Gastroenterology	100	11	2583-91	11a. Other (duplicate data)
Tabrizi 2021	Tabrizi, Reza; Nowrouzi-Sohrabi, Peyman; Hessami, Kamran; Rezaei, Shahla; Jalali, Mohammad; Savardashtaki, Amir; Shahabi, Saeed; Kolahi, Ali-Asghar; Sahebkar, Amirhossein; Safiri, Saeid	Effects of Ginkgo biloba intake on cardiometabolic parameters in patients with type 2 diabetes mellitus: A systematic review and meta-analysis of clinical trials	2021	Phytotherapy Research	35	1	246-255	11a. Other (duplicate data)
Whitten 2019	Whitten, Dawn; Hawrelak, Jason; Wohlmuth, Hans; Pattinson, Martina; Myers, Stephen; Goldenberg, Joshua; Harnett, Joanna; Cooley, Kieran; Van De Venter, Claudine; Reid, Rebecca	Western Herbal Medicines in the Treatment of Irritable Bowel Syndrome: A Systematic Review and Meta-analysis	2019	Advances in Integrative Medicine	6	Supplement 1	S104	11a. Other (duplicate data)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Wilt 1998	Wilt, T. J.; Ashani, A.; Stark, G.; MacDonald, R.; Lau, J.; Mulrow, C.	Saw Palmetto extracts for treatment of benign prostatic hyperplasia: a systematic review	1998	Journal - American Medical Association	280	18	1604-9	11a. Other (duplicate data)
Wilt 1998 (linked)		Erratum: Saw palmetto extracts for treatment of benign prostatic hyperplasia: A systematic review (Journal of the American Medical Association (November 11, 1998) 280 (1604-1609))	1999	Journal of the American Medical Association	281	6	515	11a. Other (duplicate data)
Woods 2012	Woods, Nancy F.; Mitchell, Ellen S.; Ismail, Rita; Taylor-Swanson, Lisa; Thomas, Annette; Cray, Lori A.	Toward therapeutics for symptom clusters during the menopausal transition and early postmenopause: A systematic review	2012	Menopause	19	12	1401	11a. Other (duplicate data)
Zeng 2006	Zeng, X.; Liu, M.; Yang, Y.; Li, Y.; Asplund, K.	Ginkgo biloba for acute ischemic stroke	2006	Stroke	37	2	574-575	11a. Other (duplicate data)
Ahmedzai 2007	Ahmedzai, S. H.; Boland, J.	Constipation in people prescribed opioids	2007	Clinical Evidence	1		1	11b. Other (superseded)
Bannuru 2016	Bannuru, R. R.; Fatima, A. E.; Dharmarajan, A.; Osani, M.; McAlindon, T. E.	Curcumin for knee osteoarthritis: Hope or hype	2016	Osteoarthritis and Cartilage	24	SUPPL. 1	S352	11b. Other (superseded)
Bartels 2014	Bartels, E. M.; Folmer, V. N.; Bliddal, H.; Tarp, S.; Christensen, R.; Altman, R. D.; Juhl, C.; Zhang, W.	Efficacy and safety of ginger in osteoarthritis patients: A systematic review and meta-analysis of randomized placebo-controlled trials	2014	Osteoarthritis and Cartilage	22	SUPPL. 1	S324	11b. Other (superseded)
Bhasale 2006	Bhasale, A.; Lissiman, E.	Garlic for the common cold	2006	Cochrane Database of Systematic Reviews		4	CD006206	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Birks 2002	Birks, J.; Grimley, E. V.; Van Dongen, M.	Ginkgo biloba for cognitive impairment and dementia	2002	Cochrane Database of Systematic Reviews		4	CD003120	11b. Other (superseded)
Birks 2007	Birks, J.; Grimley Evans, J.	Ginkgo biloba for cognitive impairment and dementia	2007	Cochrane Database of Systematic Reviews		2	CD003120	11b. Other (superseded)
Boyd 2013	Boyd, Adele; Hannon-Fletcher, Mary; Bleakley, Chris; McDonough, Suzanne; Gill, Chris; Hurley, Deirdre A.; Bell, Pamela; McVeigh, Joseph G.	Herbal medicinal products or preparations for neuropathic pain and fibromyalgia	2013	Cochrane Database of Systematic Reviews	2013	5	CD010528	11b. Other (superseded)
Candy 2011	Candy, B.; Jones, L.; Goodman, M. L.; Drake, R.; Tookman, A.	Laxatives or methylalnaltrexone for the management of constipation in palliative care patients	2011	Cochrane Database of Systematic Reviews		1	CD003448	11b. Other (superseded)
Chandan 2019	Chandan, Saurabh; Mohan, Babu P.; Chandan, Ojasvini Choudhry; Ahmad, Rizwan; Tummala, Hemachand; Singh, Shailender; Dhawan, Punita; Singh, Amar B.	CURCUMIN USE IN ULCERATIVE COLITIS - IS IT READY FOR PRIME TIME? A SYSTEMATIC REVIEW AND META-ANALYSIS OF CLINICAL TRIALS	2019	Gastroenterology	156	6 S1	S-644	11b. Other (superseded)
Chande 2005	Chande, N.; McDonald, J. W.; Macdonald, J. K.	Interventions for treating collagenous colitis	2005	Cochrane Database of Systematic Reviews		4	CD003575	11b. Other (superseded)
Chande 2006	Chande, N.; McDonald, J. W.; MacDonald, J. K.	Interventions for treating collagenous colitis	2006	Cochrane Database of Systematic Reviews		4	CD003575	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Chande 2008	Chande, N.; McDonald, J. W. D.; MacDonald, J. K.	Interventions for treating collagenous colitis	2008	Cochrane Database of Systematic Reviews			N.PAG-N.PAG	11b. Other (superseded)
Changal 2019	Changal, Khalid; Khan, Muhammad Shayan; Bashir, Rehana; Sheikh, Mujeeb	Curcumin supplementation improves flow mediated dilation and endothelial function; a meta-analysis	2019	Catheterization and Cardiovascular Interventions	93	Supplement 2	S140-S141	11b. Other (superseded)
Coggrave 2006	Coggrave, M.; Wiesel, P. H.; Norton, C.	Management of faecal incontinence and constipation in adults with central neurological diseases	2006	Cochrane Database of Systematic Reviews		2	CD002115	11b. Other (superseded)
Costello 2016	Costello, Rebecca B.; Dwyer, Johanna T.; Saldanha, Leila G.; Wambogo, Edwina; Bailey, Regan L.	Do cinnamon supplements have a role in glycemic control in type 2 diabetes?	2016	FASEB Journal	30	Meeting Abstracts		11b. Other (superseded)
East 2007	East, C. E.; Begg, L.; Henshall, N. E.; Marchant, P.; Wallace, K.	Local cooling for relieving pain from perineal trauma sustained during childbirth	2007	Cochrane Database of Systematic Reviews		4	CD006304	11b. Other (superseded)
Ernst 2000	Ernst, E.; Pittler, M. H.	The efficacy and safety of feverfew (<i>Tanacetum parthenium</i> L.): An update of a systematic review	2000	Public Health Nutrition	3	4:00 AM	509-514	11b. Other (superseded)
Evans 2000	Evans, J. R.	Ginkgo biloba extract for age-related macular degeneration	2000	Cochrane Database of Systematic Reviews		2	CD001775	11b. Other (superseded)
Folmer 2012	Folmer, V. N.; Bartels, E. M.; Bliddal, H.; Altman, R. D.; Juhl, C.; Christensen, R.; Zhang, W.	Efficacy and safety of ginger in osteoarthritis patients: A meta-analysis of randomized placebo-controlled trials	2012	Osteoarthritis and Cartilage	20	SUPPL. 1	S283	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Ford 2010	Ford, A. C.; Vandvik, P. O.	Irritable bowel syndrome	2010	Clinical Evidence	5		5	11b. Other (superseded)
Freeman 2010	Freeman, M. P.; Mischoulon, D.; Tedeschini, E.; Goodness, T.; Cohen, L. S.; Fava, M.; Papakostas, G. I.	Complementary and alternative medicine for major depressive disorder: a meta-analysis of patient characteristics, placebo-response rates, and treatment outcomes relative to standard antidepressants	2010	Journal of Clinical Psychiatry	71	6	682-8	11b. Other (superseded)
Gagnier 2006	Gagnier, J. J.; van Tulder, M.; Berman, B.; Bombardier, C.	Herbal medicine for low back pain	2006	Cochrane Database of Systematic Reviews		2	CD004504	11b. Other (superseded)
Gagnier 2007	Gagnier, J. J.; Bombardier, C.; van Tulder, M. W.; Berman, B.	Herbal Medicine for Low Back Pain: A Cochrane Review	2007	Spine	32	1	82-92	11b. Other (superseded)
Geng 2009	Geng, J.; Dong, J.; Ni, H.; Wu, T.; Jiang, K.; Wang, G.	Ginseng for cognition	2009	Cochrane Database of Systematic Reviews		2	CD007769	11b. Other (superseded)
Gordon 2012	Gordon, M.; Naidoo, K.; Akobeng, A. K.; Thomas, A. G.	Osmotic and stimulant laxatives for the management of childhood constipation	2012	Cochrane Database of Systematic Reviews		7	N.PAG-N.PAG	11b. Other (superseded)
Gordon 2013	Gordon, M.; Naidoo, K.; Akobeng, A. K.; Thomas, A. G.	Cochrane Review: Osmotic and stimulant laxatives for the management of childhood constipation	2013	Evidence-Based Child Health	8	1	57-109	11b. Other (superseded)
Hazell 2009	Hazell, P.	Depression in children and adolescents	2009	Clinical Evidence	7		7	11b. Other (superseded)
Hazell 2011	Hazell, P.	Depression in children and adolescents	2011	Clinical Evidence	21		21	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Hilton 2004	Hilton, M.; Stuart, E.	Ginkgo biloba for tinnitus	2004	Cochrane Database of Systematic Reviews		2	CD003852	11b. Other (superseded)
Holzinger 2011	Holzinger, Felix; Chenot, Jean-François	Systematic Review of Clinical Trials Assessing the Effectiveness of Ivy Leaf (Hedera Helix) for Acute Upper Respiratory Tract Infections	2011	Evidence-based Complementary & Alternative Medicine (eCAM)	8	1	1-Sep	11b. Other (superseded)
Hughes 2014	Hughes, J. R.; Stead, L. F.; Lancaster, T.	Antidepressants for smoking cessation	2014	Cochrane Database of Systematic Reviews		1	N.PAG-N.PAG	11b. Other (superseded)
Jepson 2000	Jepson, R. G.; Mihaljevic, L.; Craig, J.	Cranberries for treating urinary tract infections	2000	Cochrane Database of Systematic Reviews		2	CD001322	11b. Other (superseded)
Kurz 2004	Kurz, A.; van Baelen, B.; et al	Ginkgo biloba Compared with Cholinesterase Inhibitors in the Treatment of Dementia: A Review Based on Meta-Analyses by the Cochrane Collaboration	2004	Dementia and Geriatric Cognitive Disorders	18	2	217-226	11b. Other (superseded)
Langhorst 2012	Langhorst, J.; Lauche, R.; Vorpeil, H.; Baecker, M.; Klose, P.; Dobos, G.	Qualitative systemic review on Complementary and Alternative Medicine treatments in inflammatory Bowel Diseases	2012	BMC Complementary and Alternative Medicine	12	SUPPL. 1		11b. Other (superseded)
Leach 2008	Leach, M. J.; Moore, V.	Black cohosh (Cimicifuga spp.) for menopausal symptoms	2008	Cochrane Database of Systematic Reviews		3	CD007244	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Leach 2008	Leach, M.; Kumar, S.	Cinnamon for diabetes mellitus	2008	Cochrane Database of Systematic Reviews		2	CD007170	11b. Other (superseded)
Li 2015	Li, X. M.; Xiao, Y.; Wang, X. M.; Wu, H. H.	Efficacy of green tea extract on weight control in metabolic syndrome: A meta-analysis	2015	Journal of the American Geriatrics Society	63	SUPPL. 2	S407-S408	11b. Other (superseded)
Linde 1996	Linde, K.; Ramirez, G.; Mulrow, C. D.; Pauls, A.; Weidenhammer, W.; Melchart, D.	St John's wort for depression - an overview and meta-analysis of randomised clinical trials	1996	British Medical Journal	313	7052	253-8	11b. Other (superseded)
Linde 2000	Linde, K.; Mulrow, C. D.	St John's wort for depression	2000	Cochrane Database of Systematic Reviews		2	CD000448	11b. Other (superseded)
Linde 2005	Linde, K.; Berner, M.; Egger, M.; Mulrow, C.	St John's wort for depression: Meta-analysis of randomised controlled trials	2005	British Journal of Psychiatry	186		99-107	11b. Other (superseded)
Little 2001	Little, C.; Parsons, T.	Herbal therapy for treating rheumatoid arthritis	2001	Cochrane Database of Systematic Reviews		1	CD002948	11b. Other (superseded)
Liu 2005	Liu, J. P.; Manheimer, E.; Yang, M.	Herbal medicines for treating HIV infection and AIDS	2005	Cochrane Database of Systematic Reviews		3		11b. Other (superseded)
Liu 2017	Liu, X.; Eyles, J.; Ravi, V.; Hunter, D.; Machado, G.	Dietary supplements for treating osteoarthritis: A systematic review and meta-analysis	2017	Osteoarthritis and Cartilage	25	Supplement 1	S292-S293	11b. Other (superseded)
Mann 2010	Mann, Nirmal; Sandhu, Karan	Peppermint oil in irritable bowel syndrome: Evaluation of 1634 cases with qualitative meta-analysis	2010	American Journal of Gastroenterology	105	SUPPL. 1	S481-S482	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Matthews 2010	Matthews, A.; Dowswell, T.; Haas, D. M.; Doyle, M.; O'Mathuna, D. P.	Interventions for nausea and vomiting in early pregnancy	2010	Cochrane Database of Systematic Reviews		9	CD007575	11b. Other (superseded)
Matthews 2014	Matthews, A.; Haas, D. M.; O'Mathuna, D. P.; Dowswell, T.; Doyle, M.	Interventions for nausea and vomiting in early pregnancy	2014	Cochrane Database of Systematic Reviews		3	CD007575	11b. Other (superseded)
Melchart 2000	Melchart, D.; Linde, K.; Fischer, P.; Kaesmayr, J.	Echinacea for preventing and treating the common cold	2000	Cochrane Database of Systematic Reviews		2	CD000530	11b. Other (superseded)
Morling 2013	Morling, J. R.; Yeoh, S. E.; Kolbach, D. N.	Rutosides for treatment of post-thrombotic syndrome	2013	Cochrane Database of Systematic Reviews		4	CD005625	11b. Other (superseded)
Morling 2015	Morling, J. R.; Yeoh, S. E.; Kolbach, D. N.	Rutosides for treatment of post-thrombotic syndrome	2015	Cochrane Database of Systematic Reviews		9	CD005625	11b. Other (superseded)
Morris 2007	Morris, E. P.; Rymer, J.	Menopausal symptoms	2007	Clinical Evidence	1		1	11b. Other (superseded)
Nicolai 2010	Nicolai, S. P.; Gerardu, V. C.; Kruidenier, L. M.; Prins, M. H.; Tejjink, J. A.	From the Cochrane library: Ginkgo biloba for intermittent claudication	2010	Vasa	39	2	153-8	11b. Other (superseded)
Paultre 2020	Paultre, Kristopher; Hernandez, Daniel; Reynolds, John; Best, Thomas	The therapeutic effects of turmeric on pain and function for individuals with knee osteoarthritis: A systematic review	2020	Clinical Journal of Sport Medicine	30	2	188	11b. Other (superseded)
Pittler 2000	Pittler, M. H.; Vogler, B. K.; Ernst, E.	Feverfew for preventing migraine	2000	Cochrane Database of Systematic Reviews		3	CD002286	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Pittler 2001	Pittler, M. H.; Edzard, E.	Kava extract for treating anxiety	2001	Cochrane Database of Systematic Reviews		4	CD003383	11b. Other (superseded)
Pittler 2002	Pittler, M. H.; Thompson, C. O.; Ernst, E.	Artichoke leaf extract for treating hypercholesterolaemia	2002	Cochrane Database of Systematic Reviews		3	CD003335	11b. Other (superseded)
Pittler 2004	Pittler, M. H.; Ernst, E.	Feverfew for preventing migraine	2004	Cochrane Database of Systematic Reviews		1	CD002286	11b. Other (superseded)
Proctor 2001	Proctor, M. L.; Murphy, P. A.	Herbal and dietary therapies for primary and secondary dysmenorrhoea	2001	Cochrane Database of Systematic Reviews		3	CD002124	11b. Other (superseded)
Reddy 2004	Reddy, Y. C. J.	Review: St John's Wort may be less effective than previously thought in people with depression	2004	Evidence Based Mental Health	7	4	109-109	11b. Other (superseded)
Roder 2004	Roder, Claudia; Schaefer, Marion; Leucht, S.	Meta-Analysis of Effectiveness and Tolerability of Treatment of Mild to Moderate Depression with St. John's Wort	2004	Meta-Analyse zu Wirksamkeit und Vertraglichkeit der Behandlung der leichten und mittelschweren Depression mit Johanniskraut.	72	6	330-343	11b. Other (superseded)
Rostock 2010	Rostock, M.	Complementary medicine for treatment of menopausal symptoms in breast cancer patients - A review of clinical trials	2010	Onkologie	33	6	87-88	11b. Other (superseded)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Saarto 2005	Saarto, T.; Wiffen, P. J.	Antidepressants for neuropathic pain	2005	Cochrane Database of Systematic Reviews		3	CD005454	11b. Other (superseded)
Sahebkhorkhorasani 2017	Sahebkhorkhorasani, Monirsadat; Azizi, Hoda	An evidence based review on integrative medicine in weight control	2017	BMC Complementary and Alternative Medicine	17	Supplement 1		11b. Other (superseded)
Saller 2001	Saller, R.; Meier, R.; Brignoli, R.	The use of silymarin in the treatment of liver diseases	2001	Drugs	61	14	2035-63	11b. Other (superseded)
Shakhbazova 2020	Shakhbazova, Anastasia; Wu, Hera; Sivamani, Raja	18478 Alternative and adjunct therapies for vitiligo	2020	Journal of the American Academy of Dermatology	83	6 Supplement	AB213	11b. Other (superseded)
Spence 2007	Spence, D.	Candidiasis (vulvovaginal)	2007	Clinical Evidence	1		1	11b. Other (superseded)
Tacklind 2009	Tacklind, J.; MacDonald, R.; Rutks, I.; Wilt, T. J.; Bilia, A. R.; Horsten, S. F. A. J.; Sturm, S.; Frater-Schroder, M.	Serenoa repens for benign prostatic hyperplasia	2009	Cochrane Database of Systematic Reviews		4	CD001423	11b. Other (superseded)
Theleritis 2017	Theleritis, Christos; Siarkos, Kostas; Katirtzoglou, Everina; Politis, Antonios	Pharmacological and Nonpharmacological Treatment for Apathy in Alzheimer Disease : A systematic review across modalities	2017	Journal of Geriatric Psychiatry & Neurology	30	1	26-49	11b. Other (superseded)
Thongprasom 2011	Thongprasom, K.; Carrozzo, M.; Furness, S.; Lodi, G.	Interventions for treating oral lichen planus	2011	Cochrane Database of Systematic Reviews			N.PAG-N.PAG	11b. Other (superseded)
Vogler 1998	Vogler, B. K.; Pittler, M. H.; Ernst, E.	Feverfew as a preventive treatment for migraine: A systematic review	1998	Cephalalgia	18	10	704-708	11b. Other (superseded)

Table C-1 Citation details of studies screened and excluded at full text (by reason for exclusion): WHMs

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Wang 2020	Wang, Z.; Singh, A.; Laslett, L.; Samuel Eathakkattu Antony, B.	Efficacy and Safety of Turmeric Extracts for the Treatment of Osteoarthritis: A Systematic Review and Meta-analysis of Randomised Controlled Trials	2020	International Journal of Rheumatic Diseases	23	SUPPL 1	184	11b. Other (superseded)
Wider 2009	Wider, B.; Pittler, M. H.; Thompson-Coon, J.; Ernst, E.	Artichoke leaf extract for treating hypercholesterolaemia	2009	Cochrane Database of Systematic Reviews		4	CD003335	11b. Other (superseded)
Wilt 2000	Wilt, T. J.; Ishani, A.; Rutks, I.; MacDonald, R.	Phytotherapy for benign prostatic hyperplasia	2000	Public Health Nutrition	3	4:00 AM	459-472	11b. Other (superseded)
Wilt 2000	Wilt, T.; Ishani, A.; Stark, G.; MacDonald, R.; Mulrow, C.; Lau, J.	Serenoa repens for benign prostatic hyperplasia	2000	Cochrane Database of Systematic Reviews		2	CD001423	11b. Other (superseded)
Wilt 2002	Wilt, T.; Ishani, A.; Mac Donald, R.	Serenoa repens for benign prostatic hyperplasia	2002	Cochrane Database of Systematic Reviews		3	CD001423	11b. Other (superseded)
Worthington 2010	Worthington, H. V.; Clarkson, J. E.; Bryan, G.; Furness, S.; Glenny, A. M.; Littlewood, A.; McCabe, M. G.; Meyer, S.; Khalid, T.	Interventions for preventing oral mucositis for patients with cancer receiving treatment	2010	Cochrane Database of Systematic Reviews		12	CD000978	11b. Other (superseded)
Anonymous 2020	Anonymous,	Erratum: Effects of curcumin on glycemic control and lipid profile in prediabetes and type 2 diabetes mellitus: A systematic review and meta-analysis (PLoS ONE (2019) 14:4 (e0215840) DOI: 10.1371/journal.pone.0215840)	2020	PLoS ONE	15	5	e0233919	11c. Other (withdrawn)

Review ID	Authors	Title	Publish year	Journal	Volume	Issue	Pages	Exclusion reason
Baradaran 2008	Baradaran, H. R.; Khamseh, M. E.; Koohpayehzadeh, J.; Vatankhah, N.	Herbal medicines for type 1 diabetes mellitus	2008	Cochrane Database of Systematic Reviews		3	CD007306	11c. Other (withdrawn)
Guo 2012	Guo, Z.; Jia, X.; Liu, J. P.; Liao, J.; Yang, Y.	Herbal medicines for advanced colorectal cancer	2012	Cochrane Database of Systematic Reviews		9		11c. Other (withdrawn)
Poolsup 2019	Poolsup, N.; Suksomboon, N.; Kurnianta, P. D. M.; Deawjaroen, K.	Effects of curcumin on glycemic control and lipid profile in prediabetes and type 2 diabetes mellitus: A systematic review and meta-analysis	2019	PLoS ONE	14	4	e0215840	11c. Other (withdrawn)
Poolsup 2019 (linked)		Retraction: Effects of curcumin on glycemic control and lipid profile in prediabetes and type 2 diabetes mellitus: A systematic review and meta-analysis	2020	PLoS ONE	15	5	e0233919	11c. Other (withdrawn)
Wider 2016	Wider, B.; Pittler, M. H.; Thompson-Coon, J.; Ernst, E.	Artichoke leaf extract for treating hypercholesterolaemia	2016	Cochrane Database of Systematic Reviews		5		11c. Other (withdrawn)