# Innovative Models of Care (IMOC) Program – NSW Collaborative Care Projects

The Rural Doctors Network have developed and tested unique approaches to sustainable primary health workforce models in five NSW locations.

### Round 1: Rural Doctors Network (RDN) Collaborative Care Projects

**Location:** Five projects across New South Wales:

- Canola Fields Canowindra (MM5)
- 4Ts Tottenham, Tullamore, Trangie and Trundle (MM5-6)
- Lachlan Valley Parkes and Forbes (MM4)
- Snowy Valleys Tumut, Tumbarumba, Batlow and Adelong (MM4-5)
- Far Western NSW Wentworth, Dareton, Buronga and Gol Gol (MM3-5)

Funding: \$3.6 million over 4 years from 2021

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#### Canola Fields – GP-led multidisciplinary team-based care for chronic-disease patients

This trial is complete and tested GP-led team-based care for patients with a greater risk of health decline. Patients are case managed by a multidisciplinary team representing general practice, specialists, pharmacy, paramedicine, nursing, allied health, and aged care.

#### 4Ts - Local health district single employer across sub-region

Following the closure of every private GP practice in town, a single-employer model was piloted across four towns within the same Local Government Area. This created a network of GP and primary care services.

#### Lachlan Valley - Co-design of a shared GP model of care across the region

The Lachlan Valley project brought stakeholders together from the three communities to identify primary health needs. Together they focused on the development of the health workforce across the region and opportunities to coordinate services.

This project is complete. It did not progress to trial.

#### Snowy Valleys - Shared (group) allied health services model for patients with chronic conditions

The Snowy Valleys Project provides a new model focused on multidisciplinary care for chronic disease management. The trial will conclude in June 2024.

The mode tests shared appointments for patients with common care needs, such as diabetes. It offers longer appointments bringing together a range of primary care practitioners according to the groups needs. This may include general practitioners, allied

health professionals, primary care nurses, pharmacists, and Aboriginal and Torres Strait Islander health workers.

## Far Western NSW – Sustainable shared GP model of care across the region (ACCHO-led) to address market failure

The town of Wentworth experienced private GP practice market failure in 2020. In collaboration with local stakeholders and understanding local needs, the project tested delivering whole of population GP services through the ACCHO. This trail is complete.

Learn more about RDNs collaborative care projects at: Collaborative Care Projects.