

Innovative Models of Care (IMOC) Program – Holistic team-based care

Killarney Memorial Aged Care will deliver Holistic team-based care: delivered by a collaborative network of multi-disciplinary healthcare professionals.

Round 4: Killarney Memorial Aged Care Holistic team-based care

Location: Killarney, QLD (MM5)

Funding: \$1.4 million over 4 years from 2024

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The activity will enable a multidisciplinary team of healthcare professionals to form a collaborative network to deliver holistic team-based care. This incorporates a wide range of clinical and non-clinical services to ensure comprehensive healthcare delivery in Killarney, QLD. The trial will be located at the Killarney medical centre, with outreach services to Yangan, Mount Colliery, Legume, and Tannymorel.

The team will include general practitioners (GPs), allied health professionals including psychologists, nutritionists, and community support workers. It will also include students in relevant fields such as general practice, nursing and counselling. This collaborative network will ensure comprehensive and integrated healthcare delivery to address the specific primary care needs of the community. A dedicated practice navigator will play a central role in linking services and supporting doctors in addressing healthcare challenges.

The grant will enable the recruitment of a project coordinator, and a services navigator. These staff will develop documentation including procedures and policy writing. They will also set up young mother, palliative care, dementia support, youth, community and intergenerational collaborative programs. Additionally it will enable the purchase of specialised telehealth equipment required for mobile outreach patients. The grant will also fund promotional material and engagement activities, training, travel, evaluation and monitoring.

Planned programs to be developed under this model include:

- A Dementia Alliance that brings together local healthcare professionals, caregivers, community organizations, and Dementia Australia,
- A comprehensive palliative care program that offers medical, emotional, and social support for individuals nearing the end of life,
- Tailored support groups for mothers and young mothers that address specific needs, such as mental health, nutrition, child health, and fitness.
- Intergenerational/ volunteer programs such as a community driven garden, and Men's Shed Mentoring Program for At-Risk Youth; and

- Fitness and nutrition programs.

To assess the effectiveness of the model, data will be collected on various parameters, including patient outcomes, access to care, workforce retention, patient satisfaction, and financial sustainability.

The project will be implemented by June 2024.