Appendix E3. Characteristics of studies included in the evidence inventory

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| --- | --- | --- | --- | --- | --- | --- | --- | --- |
| **Banoofatemeh 2017**[AL001-S]**Reasons for exclusion from synthesis:** C: active or ineligible comparator | **Population:**Pregnancy**ICD code:**XT0S Pregnancy**No. randomised (all arms):**88 | **Intervention group(s):**Alexander Technique + childbirth preparation classes | **Inactive comparators:** **Active/Ineligible comparators:** 'relevant exercising movements' (duration, content NR) + childbirth preparation classes | **Outcome domains:**Other (ineligible) domains**Ineligible outcome domains:**

|  |  |
| --- | --- |
| *Domain* | *Outcomes* |
| Other | enjoying the experience of childbirth; confident in ability to cope with motherhood; maternal satisfaction |

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| **Lauche 2016**[AL007-S]**Reasons for exclusion from synthesis:** C: active or ineligible comparator | **Population:**Chronic MSK conditions**ICD code:**MG30.02 Chronic primary neck pain**No. randomised (all arms):**72 | **Intervention group(s):**Alexander Technique | **Inactive comparators:** **Active/Ineligible comparators:** Active - local heat; Active - guided imagery | **Outcome domains:**Pain,HR-QoL,Function (disability)**Ineligible outcome domains:**

|  |  |
| --- | --- |
| *Domain* | *Outcomes* |
|  |  |

 |
| **Pour Kamali 2018**[AL011-S]**Reasons for exclusion from synthesis:** C: active or ineligible comparator | **Population:**Parkinsons disease**ICD code:**8A00.0 Parkinson disease**No. randomised (all arms):**28 | **Intervention group(s):**Alexander Technique | **Inactive comparators:** **Active/Ineligible comparators:** Active - Dohsa-hou (Japanese psychorehabilitation method) | **Outcome domains:**Emotional functioning/mental health,HR-QoL**Ineligible outcome domains:**

|  |  |
| --- | --- |
| *Domain* | *Outcomes* |
|  |  |

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| **Cacciatore 2011**[AL003-S]**Reasons for exclusion from synthesis:** O: does not report any outcome domain from framework | **Population:**Chronic MSK conditions**ICD code:**MG30.02 Chronic primary low back pain**No. randomised (all arms):**8 | **Intervention group(s):**Alexander Technique (crossover design) | **Inactive comparators:** placebo control (attention, time and light touch)**Active/Ineligible comparators:**  | **Outcome domains:**Other (ineligible) domains**Ineligible outcome domains:**

|  |  |
| --- | --- |
| *Domain* | *Outcomes* |
| Biomechanical outcomes | postural tone during twisting (peak-to-peak torque, variability, phase advance, EMG modulation) |

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