Appendix E3. Characteristics of studies included in the evidence inventory

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| **Banoofatemeh 2017** [AL001-S]  **Reasons for exclusion from synthesis:**  C: active or ineligible comparator | **Population:** Pregnancy  **ICD code:** XT0S Pregnancy  **No. randomised (all arms):** 88 | **Intervention group(s):** Alexander Technique + childbirth preparation classes | **Inactive comparators:**  **Active/Ineligible comparators:** 'relevant exercising movements' (duration, content NR) + childbirth preparation classes | **Outcome domains:** Other (ineligible) domains  **Ineligible outcome domains:**   |  |  | | --- | --- | | *Domain* | *Outcomes* | | Other | enjoying the experience of childbirth; confident in ability to cope with motherhood; maternal satisfaction | |
| **Lauche 2016** [AL007-S]  **Reasons for exclusion from synthesis:**  C: active or ineligible comparator | **Population:** Chronic MSK conditions  **ICD code:** MG30.02 Chronic primary neck pain  **No. randomised (all arms):** 72 | **Intervention group(s):** Alexander Technique | **Inactive comparators:**  **Active/Ineligible comparators:** Active - local heat; Active - guided imagery | **Outcome domains:** Pain,HR-QoL,Function (disability)  **Ineligible outcome domains:**   |  |  | | --- | --- | | *Domain* | *Outcomes* | |  |  | |
| **Pour Kamali 2018** [AL011-S]  **Reasons for exclusion from synthesis:**  C: active or ineligible comparator | **Population:** Parkinsons disease  **ICD code:** 8A00.0 Parkinson disease  **No. randomised (all arms):** 28 | **Intervention group(s):** Alexander Technique | **Inactive comparators:**  **Active/Ineligible comparators:** Active - Dohsa-hou (Japanese psychorehabilitation method) | **Outcome domains:** Emotional functioning/mental health,HR-QoL  **Ineligible outcome domains:**   |  |  | | --- | --- | | *Domain* | *Outcomes* | |  |  | |
| **Cacciatore 2011** [AL003-S]  **Reasons for exclusion from synthesis:**  O: does not report any outcome domain from framework | **Population:** Chronic MSK conditions  **ICD code:** MG30.02 Chronic primary low back pain  **No. randomised (all arms):** 8 | **Intervention group(s):** Alexander Technique (crossover design) | **Inactive comparators:** placebo control (attention, time and light touch)  **Active/Ineligible comparators:** | **Outcome domains:** Other (ineligible) domains  **Ineligible outcome domains:**   |  |  | | --- | --- | | *Domain* | *Outcomes* | | Biomechanical outcomes | postural tone during twisting (peak-to-peak torque, variability, phase advance, EMG modulation) | |