

Appendix C1. Citation details of studies screened and excluded at full text [Reflexology]

Study ID	Reference	Exclusion reason
Cha 2001	Cha N H, Park S A. Effects on the Frequencies of Self-foot Reflex Massage Seen in the Physical Index and Anxiety Level of Hypertension Workers : the pilot study. J korean community nurs. 2001; 12(2) 375-389. doi:	Comparator: head-to-head reflexology only comparison
Iranshahi 2018	Iranshahi A M, Mohammadpourhodki R, Siyafari A, Abadi H B, Sheikh A. Sole and palm reflexology relevance in severity of fatigue in patients undergoing hemodialysis. Annals of Tropical Medicine and Public Health. 2018; 16(Special Issue) S76754. doi:	Comparator: head-to-head reflexology only comparison
Jones 2013	Jones J, Thomson P, Lauder W, Leslie S . Reflexology has no immediate haemodynamic effect in patients with chronic heart failure: A double blind randomised controlled trial. Complementary Therapies in Clinical Practice. 2013; 19(3) 133-8. doi:	Comparator: head-to-head reflexology only comparison
Kovcs 1997	Kovcs F M, Abaira V, Pozo F, Klenbaum D G, Beltran J, Mateo I, Perez de Ayala C, Pena A, Zea A, Gonzalez-Lanza M, Morillas L. Local and remote sustained trigger point therapy for exacerbations of chronic low back pain: a randomized, double-blind, controlled, multicenter trial. Spine. 1997; 22(7) 786-97. doi:	Comparator: head-to-head reflexology only comparison
Taheri 2019	Taheri H, Naseri-Salahshour V, Abedi A, Sajadi M. Comparing the Effect of Foot and Hand Reflexology on Pain Severity after Appendectomy: A Randomized Clinical Trial. Iran J Nurs Midwifery Res. 2019; 24(6) 451-456. doi: 10.4103/ijnmr.IJNMR_85_18	Comparator: head-to-head reflexology only comparison
Blackburn 2021	Blackburn L, Hill C, Lindsey A L, Sinnott L T, Thompson K, Quick A. Effect of foot reflexology and aromatherapy on anxiety and pain during brachytherapy for cervical cancer. Oncology Nursing Forum. 2021; 48(3) 265-276. doi: https://dx.doi.org/10.1188/21.ONF.265-276	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Elizabeth 2020	Elizabeth A J, Aruna S, Mercy P J. Effectiveness of reflexology related interventions on physiological and biochemical parameters of metabolic syndrome among women. International journal of research in pharmaceutical sciences. 2020; 11(1) 603-610. doi: 10.26452/ijrps.v11i1.1863	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Nazari 2015	Nazari F, Shahreza M S, Shaygannejad V, Valiani M. Comparing the effects of reflexology and relaxation on fatigue in women with multiple sclerosis. Iran J Nurs Midwifery Res. 2015; 20(2) 200-4. Nazari F, Soheili M, Hosseini S, Shaygannejad V. A comparison of the effects of reflexology and relaxation on pain in women with multiple sclerosis. J Complement Integr Med. 2016; 13(4) 65-71.	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Noh 2019	Noh G O, Park K S. Effects of aroma self-foot reflexology on peripheral neuropathy, peripheral skin temperature, anxiety, and depression in gynaecologic cancer patients undergoing chemotherapy: A randomised controlled trial. European Journal of Oncology Nursing. 2019; 42() 82-89. doi: https://dx.doi.org/10.1016/j.ejon.2019.08.007	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Peng 2015	Peng Y, Liao S Y, Xia L Q, Zhuang S R. Effect of head and facial massage cooperated with ear acupuncture therapy on the blood pressure level of primary hypertension patients. Modern journal of integrated traditional chinese and western medicine[xian dai zhong xi yi jie he za zhi]. 2015; 24 CNO - CN-01433819(4) 432-3.8. doi:	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Quick 2019	Quick A M, Hill C, Sinnott L, Thomas K, Lindsay A, Martin D D, Blackburn L. The Use of Aromatherapy and Foot Reflexology to Reduce Pain and Anxiety during Brachytherapy for Cervical Cancer. International Journal of Radiation Oncology Biology Physics. 2019; 105(1) E335-. doi: 10.1016/j.ijrobp.2019.06.1734	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Vaillant 2009	Vaillant J. Massage and mobilization of the feet and ankles in elderly adults: Effect on clinical balance performance. Manual Therapy. 2009; 14(6) 661-4. doi:	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Zengin 2019	Zengin L, Aylaz R. The effects of sleep hygiene education and reflexology on sleep quality and fatigue in patients receiving chemotherapy. European Journal of Cancer Care. 2019; 28(3) e13020. doi: https://dx.doi.org/10.1111/ecc.13020	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Zhang 2015	Zhang X, Zhang X S, Xie Y. The clinical effect of auricular plaster combination with foot reflexology or point-application on dyssomnia after stroke. Journal of emergency in traditional chinese medicine [zhong guo zhong yi ji zheng]. 2015; 24(2) 298-300. doi:	Comparator: reflexology with co-intervention that is not also in a standalone comparator arm
Abbaspoor 2014	Abbaspoor Z, Akbari M, Najar S. Effect of foot and hand massage in post-caesarean section pain control: A randomized control trial. Pain Management Nursing. 2014; 15(1) 132-136. doi: https://dx.doi.org/10.1016/j.pmn.2012.07.008	Intervention: not reflexology (massage)
Afrasiabi 2021	Afrasiabi J, McCarty R, Hayakawa J, Barrows J, Lee K, Plouffe N, Schomberg J. Effects of Acupuncture and Acupressure on Burnout in Health Care Workers: a Randomized Trial. Journal of trauma nursing. 2021; 28(6) 350-362. doi: 10.1097/JTN.0000000000000614	Intervention: not reflexology (massage)
Aslani 2019	Aslani K, Jamshidi M, Mousavi M, Neshat H. The Effect of a Hand Massage on the Physiological Changes Induced by Intravenous Line Insertion in Children Aged Three to Six: a Clinical Trial. Medical-Surgical Nursing Journal. 2019; 8(2) 1-5. doi: 10.5812/msni.90276	Intervention: not reflexology (massage)

Boitor 2015	Boitor M, Martorella G, Arbour C, Michaud C, Gelinas C. Evaluation of the Preliminary Effectiveness of Hand Massage Therapy on Postoperative Pain of Adults in the Intensive Care Unit after Cardiac Surgery: A Pilot Randomized Controlled Trial. <i>Pain Management Nursing</i> . 2015; 16(3) 354-366. doi: https://dx.doi.org/10.1016/j.pmn.2014.08.014	Intervention: not reflexology (massage)
Chandrababu 2020	Chandrababu R, Nayak B S, Pai V B, N R, George L S, Devi E S, George A. Effects of foot massage and patient education in patients undergoing coronary artery bypass graft surgery: A randomized controlled trial. <i>Complementary Therapies in Clinical Practice</i> . 2020; 40() 101215. doi: https://dx.doi.org/10.1016/j.ctcp.2020.101215	Intervention: not reflexology (massage)
Chatchawan 2015	Chatchawan U, Eungpinichpong W, Plandee P, Yamauchi J. Effects of thai foot massage on balance performance in diabetic patients with peripheral neuropathy: a randomized parallel-controlled trial. <i>Medical science monitor basic research</i> . 2015; 21() 68-75. doi: 10.12659/MSMBR.894163 Chatchawan U, Eungpinichpong W, Plandee P, Yamauchi J. Research. Thai Foot Massage Improves Symptoms of Peripheral Neuropathy. <i>Massage Magazine</i> . 2016; 12(1) 65-64	Intervention: not reflexology (massage)
Cho 2018	Cho H. Effects of Self-Efficacy Information and Self-Hand Massage on Psychosocial Factors and Smoking Cessation in South Korean Adolescents. <i>Journal of child & adolescent substance abuse</i> . 2018; 27(1) 29-41. doi: 10.1080/1067828X.2017.1391729	Intervention: not reflexology (massage)
Demirci 2022	Demirci P Y, Tasci S, Oztunc G. Effect of foot massage on upper extremity pain level and quality of life in women who had a mastectomy operation: A mixed-method study. <i>European Journal of Integrative Medicine</i> . 2022; 54() 102160. doi: https://dx.doi.org/10.1016/j.eujim.2022.102160	Intervention: not reflexology (massage)
Hedborg 2011	Hedborg K, Muhr C. Multimodal behavioral treatment of migraine: an Internet-administered, randomized, controlled trial. <i>Upsala journal of medical sciences</i> . 2011; 116(3) 169-186. doi: 10.3109/03009734.2011.575963	Intervention: not reflexology (massage)
Hernandez-Reif 1999	Hernandez-Reif M, Field T, Hart S. Smoking cravings are reduced by self-massage. <i>Preventive Medicine</i> . 1999; 28(1) 28-32. doi: https://dx.doi.org/10.1006/pmed.1998.0372	Intervention: not reflexology (massage)
Icke 2021	Icke S, Genc R. Effect of Foot Massages on Postpartum Comfort and Pain Level of Mothers after Vaginal Delivery: A Randomized Trial. <i>Holistic Nursing Practice</i> . 2021; 35(3) 140-149. doi: https://dx.doi.org/10.1097/HNP.0000000000000441	Intervention: not reflexology (massage)
Koras 2019	Koras K, Karabulut N. The Effect of Foot Massage on Postoperative Pain and Anxiety Levels in Laparoscopic Cholecystectomy Surgery: A Randomized Controlled Experimental Study. <i>Journal of Perianesthesia Nursing</i> . 2019; 34(3) 551-558. doi: https://dx.doi.org/10.1016/j.jonpn.2018.07.006	Intervention: not reflexology (massage)
Lijuan 2017	Lijuan Mei; Xing Miao; Haiying Chen; Xiufang Huang; Guohua Zheng. Effectiveness of Chinese Hand Massage on Anxiety Among Patients Awaiting Coronary Angiography. <i>Journal of Cardiovascular Nursing</i> . 2017; 32(2) 196-203. doi: 10.1097/JCN.0000000000000309	Intervention: not reflexology (massage)
Moyle 2014	Moyle W, Cooke M L, Beattie E, Shum D H, O'Dwyer S T, Barrett S. Foot massage versus quiet presence on agitation and mood in people with dementia: a randomised controlled trial. <i>International Journal of Nursing Studies</i> . 2014; 51(6) 856-864. doi: 10.1016/j.ijnurstu.2013.10.019	Intervention: not reflexology (massage)
Pasyar 2018	Pasyar N, Rambod M, Kahkhaee F R . The Effect of Foot Massage on Pain Intensity and Anxiety in Patients Having Undergone a Tibial Shaft Fracture Surgery: A Randomized Clinical Trial. <i>Journal of Orthopaedic Trauma</i> . 2018; 32(12) E482-E486. doi: https://dx.doi.org/10.1097/BOT.0000000000001320	Intervention: not reflexology (massage)
Wang 2004	Wang H L, Keck J F. Foot and hand massage as an intervention for postoperative pain. <i>Pain Management Nursing</i> . 2004; 5(2) 59-65. doi: 10.1016/j.pmn.2004.01.002	Intervention: not reflexology (massage)
Yücel 2020	Yücel ŞÇ; Arslan G G, Bağcı H. Effects of Hand Massage and Therapeutic Touch on Comfort and Anxiety Living in a Nursing Home in Turkey: a Randomized Controlled Trial. <i>Journal of Religion and Health</i> . 2020; 59(1) 351-364. doi: 10.1007/s10943-019-00813-x	Intervention: not reflexology (massage)
Berguer 2008	Berguer A, Kovacs F, Abaira V, Mufraggi N, Royuela A, Muriel A, Gestoso M, Falahat F, Martin-Granizo R, Zamora J. Neuro-Reflexotherapy for the Management of Myofascial Temporomandibular Joint Pain: A Double-Blind, Placebo-Controlled, Randomized Clinical Trial. <i>Journal of Oral and Maxillofacial Surgery</i> . 2008; 66(8) 1664-1677. doi: https://dx.doi.org/10.1016/j.joms.2008.01.049	Intervention: not reflexology (other)
Chatchawan 2020	Chatchawan U, Jarasrungsichol K, Yamauchi J. Immediate Effects of Self-Thai Foot Massage on Skin Blood Flow, Skin Temperature, and Range of Motion of the Foot and Ankle in Type 2 Diabetic Patients. <i>Journal of Alternative and Complementary Medicine</i> . 2020; 26(6) 491-500. doi: https://dx.doi.org/10.1089/acm.2019.0328	Intervention: not reflexology (other)
Duro 1994	Duro J C, Carbonell J. Neuro-reflexotherapy in the treatment of unspecific lumbago: a double-blind randomized controlled clinical trial. <i>Medicina clinica</i> . 1994; 103(1) 36-37. doi:	Intervention: not reflexology (other)
Kadiroğlu 2023	Kadiroğlu Türkan; Koç Elif S. Effect of Palmar Grasp Reflex Stimulation on Physiological Parameters and Crying Time During Neonatal Bath: A Randomized Controlled Trial. <i>Biological Research for Nursing</i> . 2023; 25(1) 33-40. doi: 10.1177/10998004221113765	Intervention: not reflexology (other)

Kamavosyan 2020	Kamavosyan A. Complex Approach to the Chronic Migraine Treatment: connection Between Western and Oriental Medicine. JAMS journal of acupuncture and meridian studies. 2020; 13(2) 70-71. doi: 10.1016/j.jams.2020.03.010	Intervention: not reflexology (other)
Kovacs 1993	Kovacs F M, Abraira V, López-Abente G, Pozo F. Neuro-reflexotherapy intervention in the treatment of non specified low back pain: a randomized, controlled, double-blind clinical trial. Medicina clinica. 1993; 101(15) 570-575. doi:	Intervention: not reflexology (other)
Kovacs 2002	Kovacs F M, Llobera J, Abraira V, Lázaro P, Pozo F, Kleinbaum D. Effectiveness and cost-effectiveness analysis of neuroreflexotherapy for subacute and chronic low back pain in routine general practice: a cluster randomized, controlled trial. Spine. 2002; 27(11) 1149-1159. doi: 10.1097/00007632-200206010-00004	Intervention: not reflexology (other)
Liu 2020	Liu Y, Liu F, Ji H, Wang H, Li J. The effects of limb functional exercises combined with Chinese medicine acupoint massage on the gastrointestinal and immune functions of elderly bedridden patients. International journal of clinical and experimental medicine. 2020; 13(6) 4478-4487. doi:	Intervention: not reflexology (other)
Rinaldi 2010	Rinaldi S, Fontani V, Aravagli L, Margotti M L. Psychological and symptomatic stress-related disorders with radio-electric treatment: Psychometric evaluation. Stress and Health. 2010; 26(5) 350-358. doi: https://dx.doi.org/10.1002/smi.1298	Intervention: not reflexology (other)
Jones 2012	Jones J, Thomson P, Lauder W, Leslie S. Double blind randomised controlled study of the acute (immediate) cardiovascular effects of reflexology in healthy volunteers and cardiac patients. BMC Complementary and Alternative Medicine. 2012; 12() . doi:	Participants: study includes only healthy participants
Dodin 2009	Dodin S. Underpowered RCT of foot reflexology showed no effects for inducing ovulation. Focus on Alternative and Complementary Therapies. 2009; 14(1) 49-50. doi:	Publication type: clearly ineligible
Morris 2006	Morris D. Pilot study using reflexology. Beginnings (American Holistic Nurses' Association). 2006; 26(5) 28-29. doi:	Publication type: clearly ineligible
Poole 2007	Poole H M, Glenn S M, Murphy P. Authors' reply. Focus on Alternative and Complementary Therapies. 2007; 12(4) 281. doi:	Publication type: clearly ineligible
Smith 2002	Smith G E. A randomised controlled clinical trial of reflexology in breast cancer patients, to reduce fatigue resulting from radiotherapy to the breast and chest wall. . 2002; () . doi:	Publication type: clearly ineligible
ZamaniKiasari 2022	Zamani Kiasari Alieh. Effect of foot reflexology massage on pain and pain anxiety severity during dressing change in burn patients. . 2022; 48() 2012-2013. doi: 10.1016/j.burns.2022.07.018	Publication type: clearly ineligible
Anil 2022	Anil Swetha, G Hemalatha. Effectiveness of Zone therapy on Pain among Post Caesarean Mothers. International Journal of Nursing Education. 2022; 14(4) 99-104. doi: 10.37506/ijone.v14i4.18692	Study design: allocation to treatment groups not randomised
Eom 2019	Eom M R, Kim S K, Sun Aekim; Park M H, Namkim O. The effects of foot reflexology on sleep quality, pain and muscle strength in community dwelling female elderly. Indian Journal of Public Health Research and Development. 2019; 10(5) 1080-1085. doi: https://dx.doi.org/10.5958/0976-5506.2019.01216.6	Study design: allocation to treatment groups not randomised
Eshghizade 2015	Eshghizade M, Mojtabavi S J, Najafi S, Nodar H Z, Khani N. The effect of foot reflexology on blood pressure in elderly patients with hypertension. Avicenna journal of phytomedicine. 2015; 5() 111-112. doi:	Study design: allocation to treatment groups not randomised
Kandemir 2019	Kandemir D, Oztekin S D. How effective is reflexology on physiological parameters and weaning time from mechanical ventilation in patients undergoing cardiovascular surgery?. European Journal of Integrative Medicine. 2019; 26() 43-49. doi: https://dx.doi.org/10.1016/j.eujim.2019.01.008	Study design: allocation to treatment groups not randomised
Kandemir 2022	Kandemir Didem; Abdullayev Aysegul; Seyhan Ak Ezgi; Altun Ugras Gulay; Kanan Nevin. The Effect of Reflexology on Low Back Pain in Operating Room Nurses. Holistic Nursing Practice. 2022; 36(2) 112-118. doi: 10.1097/HNP.0000000000000428	Study design: allocation to treatment groups not randomised
Mohan 2021	Mohan M, Varghese L. Effect of foot reflexology on reduction of labour pain among primigravida mothers. International Journal of Therapeutic Massage and Bodywork: Research, Education, and Practice. 2021; 14(1) 21-29. doi: https://dx.doi.org/10.3822/ijtm.v14i1.386	Study design: allocation to treatment groups not randomised
Pekmezci 2022	Pekmezci Hilal; Hintistan Sevilay. The Impact of Foot Reflexology on Nausea-Vomiting and Sleep Quality for Lung Cancer Patients Receiving Chemotherapy in Turkey. Cyprus Journal of Medical Sciences. 2022; 7(5) 614-622. doi: 10.4274/cjms.2022.2021-227	Study design: allocation to treatment groups not randomised
Quattrin 2006	Quattrin R, Zanini A, Buchini S, Turello D, Annunziata M A, Vidotti C, Colombatti A, Brusaferro S. Use of reflexology foot massage to reduce anxiety in hospitalized cancer patients in chemotherapy treatment: Methodology and outcomes. Journal of Nursing Management. 2006; 14(2) 96-105. doi: https://dx.doi.org/10.1111/j.1365-2934.2006.00557.x	Study design: allocation to treatment groups not randomised
Sahin 2022	Sahin C U, Cilingir D. The effects of foot reflexology upon pain, anxiety, and patient satisfaction among patients having undergone open-heart surgery. Journal of experimental and clinical medicine (turkey). 2022; 39(1) 17-23. doi: 10.52142/omuijerm.39.1.4	Study design: allocation to treatment groups not randomised
Yilmaz 2021	Yilmaz D, Yilmaz Kurt F. The effect of foot reflexology on procedural pain before heel lancing in neonates. Archives de pediatrie. 2021; 28(4) 278-284. doi: 10.1016/j.arcped.2021.02.015	Study design: allocation to treatment groups not randomised

Amer 2022	Amer Doha A Z, Khalil Nahla S, Seloma Youssria Abd El-Salam. Effect of reflexology on anxiety level among patients undergoing coronary angiography. Egyptian Nursing Journal. 2022; 19(2) 164-174. doi: 10.4103/enj.enj_10_22	Study design: clearly ineligible
Attias 2019	Attias S, Schiff E, Matter I, Sroka G, Nae B, Arnon Z, Samuels N, Grinberg O, Ben-Arye E. Complementary and alternative medicine interventions for perioperative symptoms: A comparative effectiveness study. Complementary Therapies in Medicine. 2019; 44() 51-55. doi: https://dx.doi.org/10.1016/j.ctim.2019.03.003 Attias S, Schiff E, Arnon Z, Nae B, Somri M, Avneri O, Gross Y, Boker L K. Using a Delphi consensus process to develop a structured reflexology treatment protocol to reduce preoperative anxiety. Complementary Therapies in Clinical Practice. 2019; 35() 353-360.	Study design: clearly ineligible
Frankel 1997	Frankel B S. The effect of reflexology on baroreceptor reflex sensitivity, blood pressure and sinus arrhythmia. Complementary Therapies in Medicine. 1997; 5(2) 80-4. doi:	Study design: clearly ineligible
Grant 2022	Grant S J, Spiegel G, Brand A, Kwon K K, Heller G, Choi V, Wong E K, Randle L, Lacey J. Acupuncture and Reflexology for Patients Undergoing Chemotherapy: A Cohort Study. Integr Cancer Ther. 2022; 21() 15347354221123055. doi: 10.1177/15347354221123055	Study design: clearly ineligible
Machhi 2020	Machhi N, Tiwari A. Effect of foot reflexology on lactation. Indian Journal of Public Health Research and Development. 2020; 11(4) 224-226. doi:	Study design: clearly ineligible
Silverdale 2019	Silverdale N, Wherry M, Roodhouse A. Massage and reflexology for post-operative cancer cystectomy patients: Evaluation of a pilot service. Complementary Therapies in Clinical Practice. 2019; 34() 109-112. doi: https://dx.doi.org/10.1016/j.ctcp.2018.11.010	Study design: clearly ineligible

Appendix C2. Citation details of studies from submissions (reflexology)

Reference	Retrieved by search?	Classification
Dalal, K., et al. Noninvasive characterisation of foot reflexology areas by swept source-optical coherence tomography in patients with low back pain. Evidence-Based Complementary and Alternative Medicines. 2013; 983769. doi: 10.1155/2013/983769	No	excluded at Ti/Ab (ineligible study design)
Dalal, K., et al. Optical, spectroscopic, and Doppler evaluation of "normal" and "abnormal" reflexology areas in lumbar vertebral pathology: a case study. Case Rep Med. 2012; 904729. doi: 10.1155/2012/904729	No	excluded at Ti/Ab (ineligible study design - case report)
Lee et al. Effects of Foot Reflexology on Fatigue, Sleep and Pain: A Systematic Review and Meta-Analysis. Journal of Korean Academy of Nursing. 2011; 41 (6)821-33. doi: 10.4040/jkan.2011.416.821	No	excluded at Ti/Ab (systematic review)
Dalal, K., et al. Determination of efficacy of reflexology in managing patients with diabetic neuropathy: a randomized controlled clinical trial. Evidence-Based Complementary and Alternative Medicines . 2014; 843036. doi: 10.1155/2014/843036	Yes	awaiting classification (additional study report for Dalal 2010)
Ernst E, Posadzki P, Lee M S. Reflexology: An Update of a systematic review of randomised clinical trials. Maturitas. 2011; 68 (2)116-120. doi: 10.1016/j.maturitas. 2010.10.011	Yes	excluded at Ti/Ab (systematic review)
Jones et al. Reflexology Has an Acute (Immediate) Haemodynamic Effect in Healthy Volunteers: A Double-Blind Randomised Controlled Trial. Complementary Therapies in Clinical Practice. 2012; 18 (4)204-11. doi: 10.1016/j.ctcp.2012.03.006	Yes	excluded at Ti/Ab (ineligible population; only healthy participants)
Jones et al. Reflexology Has No Immediate Haemodynamic Effect in Patients with Chronic Heart Failure: A Double Blind Randomised Controlled Trial. Complementary Therapies in Clinical Practice. 2013; 19 (3)133-8. doi: 10.1016/j.ctcp.2013.03.004	Yes	excluded (head-to-head reflexology only comparison)
Jones J, Thomson P, Irvine K, Leslie S J. Is There a Specific Hemodynamic Effect in Reflexology? A Systematic Review of Randomised Controlled Trials. Journal of Alternative and Complementary Medicine (New York). 2013; 19 (4)319-28. doi: 10.1089/acm.2011.0854	Yes	excluded at Ti/Ab (systematic review)
Li et al (Chen et al). Randomized Controlled Trial of the Effectiveness of Using Foot Reflexology to Improve Quality of Sleep Amongst Taiwanese Postpartum Women. Midwifery. 2011; 27 (2)181-6. doi: 10.1016/j.midw.2009.04.005	Yes	included (Chen 2011)

Appendix C3. Citation details of studies on evidence inventory [Reflexology]

Study ID	Reference
Abdulaziz 2016	Abdulaziz, K. S.; Draz, A. H. Reflexology versus traditional physical therapy program in pre-eclampsic pregnant women with ankle oedema. <i>International journal of pharmtech research</i> . 2016; 9(5) 8-15.
Ahmadidarrehshima 2018	Ahmadidarrehshima, S.; Mohammadpourhodki, R.; Ebrahimi, H.; Keramati, M.; Dianatinasab, M. Effect of foot reflexology and slow stroke back massage on the severity of fatigue in patients undergoing hemodialysis: A semi-experimental study. <i>Journal of Complementary and Integrative Medicine</i> . 2018; 15(4) . doi:
Akin Korhan 2014	Akin Korhan, E.; Khorshid, L.; Uyar, M. Reflexology: Its effects on physiological anxiety signs and sedation needs. <i>Holistic Nursing Practice</i> . 2014; 28(1) 45078. doi: https://dx.doi.org/10.1097/HNP.000000000000007
Aksu 2021	Aksu, S.; Palas Karaca, P. The effect of reflexology on lactation in women who had cesarean section: A randomized controlled pilot study. <i>Complementary Medicine Research</i> . 2021; 28(4) 336-343. doi: 10.1159/000513924
Alinejad Machiani 2021	Alinejad Machiani, S.; Namdar Areshtanab, H.; Ebrahimi, H.; Sarbakhsh, P.; Noorazar, S. G.; Goljarian, S. The Effect of Foot Reflexology on Amnesia in Patients Undergoing Electroconvulsive Therapy: A Randomized Clinical Trial. <i>J Caring Sci</i> . 2021; 10(1) 15-21. doi: 10.34172/jcs.2021.004
Badakhsh 2019	Badakhsh, M.; Hamed, A.; Azizi, S. The effect of metatarsus reflexology massage on laparoscopic cholecystectomy nausea: Randomized clinical trial. <i>World Journal of Laparoscopic Surgery</i> . 2019; 12(3) 116-119. doi: 10.5005/jp-journals-10033-1381
Badr 2022	Badr, E. A.; Ibrahim, H. Effect of foot reflexology on neonates' clinical outcomes with hyperbilirubinemia undergoing phototherapy: A randomized controlled trial. <i>Journal of Neonatal Nursing</i> . 2022; () . doi: 10.1016/j.jnn.2022.07.023
Bahonar 2019.1	Bahonar, E.; Ghezleji, T. N.; Haghani, H. Comparison of Single and Combined Effects of Nature Sounds and Foot Sole Reflexology Massage on the Level of Consciousness in Traumatic Comatose Patients: A Randomized Controlled Clinical Trial. <i>Holistic Nursing Practice</i> . 2019; 33(3) 177-186. doi: 10.1097/HNP.0000000000000326 Bahonar, E.; Najafi Ghezleji, T.; Haghani, H. Comparison of the effects of nature sounds and reflexology on hemodynamic indices among traumatic comatose patients: a randomized controlled clinical trial. <i>Journal of complementary & integrative medicine</i> . 2019; 16(3) . doi: 10.1515/jcim-2018-0106
Basiri Moghadam 2020	Basiri Moghadam, M.; Esmaeili, M.; Khosravan, S.; Mojtavavi, S. J. Effects of foot reflexology on neonatal jaundice: A randomized sham-controlled trial. <i>European Journal of Integrative Medicine</i> . 2020; 38() 101173. doi: 10.1016/j.eujim.2020.101173
Canbulat Sahiner 2017	Canbulat Sahiner, N.; Demirgoz Bal, M. A Randomized Controlled Trial Examining the Effects of Reflexology on Children with Functional Constipation. <i>Gastroenterology Nursing</i> . 2017; 40(5) 393-400. doi: 10.1097/SGA.0000000000000196
Cankaya 2020	Cankaya, S.; Ratwisch, G. The Effect of Reflexology on Lactation and Postpartum Comfort in Caesarean-Delivery Primiparous Mothers: A Randomized Controlled Study. <i>International Journal of Nursing Practice</i> . 2020; 26(3) e12824. doi: 10.1111/ijn.12824
da Silva 2015	da Silva, N. C.; Chaves Éde, C.; de Carvalho, E. C.; Carvalho, L. C.; Lunes, D. H. Foot reflexology in feet impairment of people with type 2 diabetes mellitus: randomized trial. <i>Revista Latino-Americana de Enfermagem</i> . 2015; 23(4) 603-610. doi: 10.1590/0104-1169.0036.2594
Dyer 2013	Dyer, J.; Thomas, K.; Sandsund, C.; Shaw, C. Is reflexology as effective as aromatherapy massage for symptom relief in an adult outpatient oncology population?. <i>Complementary Therapies in Clinical Practice</i> . 2013; 19(3) 139-146. doi: 10.1016/j.ctcp.2013.03.002
Ebadi 2015	Ebadi, A.; Kavei, P.; Moradian, S. T.; Saeid, Y. The effect of foot reflexology on physiologic parameters and mechanical ventilation weaning time in patients undergoing open-heart surgery: A clinical trial study. <i>Complementary Therapies in Clinical Practice</i> . 2015; 21(3) 188-192. doi: 10.1016/j.ctcp.2015.07.001
Eghbali 2012	Eghbali, M.; Safari, R.; Nazari, F.; Abdoli, S. The effects of reflexology on chronic low back pain intensity in nurses employed in hospitals affiliated with Isfahan University of Medical Sciences. <i>Iran J Nurs Midwifery Res</i> . 2012; 17(3) 239-43. Babadi, M. E.; Nazari, F.; Safari, R.; Abdoli, S. The effect of reflexology on pain perception aspects in nurses with chronic low back pain in Isfahan. <i>Iran J Nurs Midwifery Res</i> . 2016; 21(5) 487-492. doi: 10.4103/1735-9066.193395
Elbanna 2022	Elbanna, R. H. M.; Elabd, S. O. A.; Alghitany, S. I. A. Comparing the influence of foot reflexology and fasting mimicking diet on quality of life and sleep quality in obesity hypoventilation syndrome. <i>J Complement Integr Med</i> . 2022; () . doi: 10.1515/jcim-2022-0172

Study ID	Reference
Eman 2017	Eman, A. M.; Mahmoud, M. E. Effect of aerobic exercises versus foot reflexology on post-menopausal depression. <i>Clinical and experimental obstetrics & gynecology</i> . 2017; 44(5) 726-729. doi:
Gozuyesil 2016	Gozuyesil, E.; Baser, M. The effect of foot reflexology applied to women aged between 40 and 60 on vasomotor complaints and quality of life. <i>Complementary Therapies in Clinical Practice</i> . 2016; 24() 78-85. doi: 10.1016/j.ctcp.2016.05.011
Gunnarsdottir 2007	Gunnarsdottir, T. J.; Jonsdottir, H. Does the experimental design capture the effects of complementary therapy? A study using reflexology for patients undergoing coronary artery bypass graft surgery. <i>Journal of Clinical Nursing</i> . 2007; 16(4) 777-785. doi: 10.1111/j.1365-2702.2006.01634.x
Güven 2022	Güven, ŞD Improving Sleep Quality in Older Adults: foot Reflexology or Warm Footbath? A Single-Blind, 6-Week Intervention, Two Group, Randomized Comparative Study. <i>Journal of gerontological nursing</i> . 2022; 48(3) 17-22. doi: 10.3928/00989134-20220209-03
Hafizi 2021	Hafizi, L.; Razmjoo, N.; Yousefi, F.; Azizi, H. The effect of complementary medicine on maternal health promotion: An experimental study. <i>J Educ Health Promot</i> . 2021; 10() 26. doi: 10.4103/jehp.jehp_961_20
Hanfy 2022	Hanfy, H. M.; Awad, M. A.; Kamel, H. E. D. H.; Eid, N. K. Effect of foot reflexology on perimenopausal mild hypertension. <i>Fizjoterapia Polska</i> . 2022; 22(1) 44-50. doi:
Heatley 2001	Heatley, D. G.; McConnell, K. E.; Kille, T. L.; Levenson, G. E. Nasal irrigation for the alleviation of sinonasal symptoms. <i>Otolaryngology - Head and Neck Surgery</i> . 2001; 125(1) 44-48. doi: 10.1067/mhn.2001.115909
Hodgson 2012	Hodgson, N. A.; Lafferty, D. Reflexology versus Swedish Massage to Reduce Physiologic Stress and Pain and Improve Mood in Nursing Home Residents with Cancer: A Pilot Trial. <i>Evid Based Complement Alternat Med</i> . 2012; 2012() 456897. doi: 10.1155/2012/456897
Holt 2009	Holt, J.; Lord, J.; Acharya, U.; White, A.; O'Neill, N.; Shaw, S.; Barton, A. The effectiveness of foot reflexology in inducing ovulation: a sham-controlled randomized trial. <i>Fertility and sterility</i> . 2009; 91(6) 2514-2519. doi: 10.1016/j.fertnstert.2008.04.016
Hughes 2009	Hughes, C. M.; McCullough, C. A.; Bradbury, I.; Boyde, C.; Hume, D.; Yuan, J.; Quinn, F.; McDonough, S. M. Acupuncture and reflexology for insomnia: A feasibility study. <i>Acupuncture in Medicine</i> . 2009; 27(4) 163-168. doi: 10.1136/aim.2009.000760
Jazayeri 2021	Jazayeri, Z.; Sajadi, M.; Dalvand, H.; Zolfaghari, M. Comparison of the effect of foot reflexology and body massage on physiological indicators and bilirubin levels in neonates under phototherapy. <i>Complementary Therapies in Medicine</i> . 2021; 59() 102684. doi: 10.1016/j.ctim.2021.102684
Karimi 2022	Karimi, A. B.; Baghdassarians, A.; Fadaei, F. Comparison of the Effectiveness of the KiSS Cognitive-Behavioral Therapy Program and Reflexotherapy on Insomnia in Children. <i>Iranian Journal of Psychiatry and Behavioral Sciences</i> . 2022; 16(3) e123504. doi: 10.5812/ijpbs-123504
Kotruchin 2021	Kotruchin, P.; Imoun, S.; Mitsungner, T.; Aountrai, P.; Domthaisong, M.; Kario, K. The effects of foot reflexology on blood pressure and heart rate: a randomized clinical trial in stage-2 hypertensive patients. <i>Journal of clinical hypertension (Greenwich, Conn.)</i> . 2021; 23(3) 680-686. doi: 10.1111/jch.14103
Mackereth 2009.1	Mackereth, P. A.; Booth, K.; Hillier, V. F.; Caress, A. Reflexology and progressive muscle relaxation training for people with multiple sclerosis: A crossover trial. <i>Complementary Therapies in Clinical Practice</i> . 2009; 15(1) 14-21. Mackereth, P. A.; Booth, K.; Hillier, V. F.; Caress, A. L. What do people talk about during reflexology? Analysis of worries and concerns expressed during sessions for patients with multiple sclerosis. <i>Complementary Therapies in Clinical Practice</i> . 2009; 15(2) 85-90. doi: 10.1016/j.ctcp.2008.12.001
Mantoudi 2020	Mantoudi, A.; Parpa, E.; Tsilika, E.; Batistaki, C.; Nikoloudi, M.; Kouloulis, V.; Kostopoulou, S.; Galanos, A.; Mystakidou, K. Complementary Therapies for Patients with Cancer: Reflexology and Relaxation in Integrative Palliative Care. A Randomized Controlled Comparative Study. <i>Journal of Alternative and Complementary Medicine</i> . 2020; 26(9) 792-798. doi: 10.1089/acm.2019.0402
Miralizadeh 2022	Miralizadeh, A.; Peyman, A.; Jamali Soltani, N.; Ashktorab, T. Comparison of the Effect of Foot and Palm Reflexology Massage on Respiratory Distress Syndrome in Premature Infants under Noninvasive Ventilation. <i>Complementary Medicine Research</i> . 2022; 29(2) 100-108. doi: https://dx.doi.org/10.1159/000517982
Mirzaie 2018	Mirzaie, P.; Mohammad-Alizadeh-Charandabi, S.; Goljarian, S.; Mirghafourvand, M.; Hoseinie, M. B. The effect of foot reflexology massage on breast milk volume of mothers with premature infants: A randomized controlled trial. <i>European Journal of Integrative Medicine</i> . 2018; 17() 72-78. doi: 10.1016/j.eujim.2017.11.010

Study ID	Reference
Moeini 2011	Moeini, M.; Kahangi, L. S.; Valiani, M.; Heshmat, R. The effect of reflexotherapy on patients' vital signs before coronary artery bypass graft surgery. <i>Iran J Nurs Midwifery Res.</i> 2011; 16(1) 8-12. doi:
Moghadam 2021	Moghadam, E. S.; Manzari, Z.; Ghalenow, H. R.; Sanchooli, H. N. Comparing the effect of hand and foot reflexology massages on the severity of nausea, vomiting and ileus in patients after abdominal surgery. <i>Pakistan journal of medical and health sciences.</i> 2021; 15(6) 1589-1593. doi: 10.53350/pjmhs211561589
Mohammadpour 2018	Mohammadpour, A.; Valiani, M.; Sadeghnia, A.; Talakoub, S. Investigating the Effect of Reflexology on the Breast Milk Volume of Preterm Infants' Mothers. <i>Iran J Nurs Midwifery Res.</i> 2018; 23(5) 371-375. doi: 10.4103/ijnmr.IJNMR_175_16
Mollart 2003	Mollart, L. Single-blind trial addressing the differential effects of two reflexology techniques versus rest, on ankle and foot oedema in late pregnancy. <i>Complementary Therapies in Nursing and Midwifery.</i> 2003; 9(4) 203-208. doi: 10.1016/S1353-6117(03)00054-4
Naseri-Salahshour 2019	Naseri-Salahshour, V.; Sajadi, M.; Abedi, A.; Fournier, A.; Saeidi, N. Reflexology as an adjunctive nursing intervention for management of nausea in hemodialysis patients: A randomized clinical trial. <i>Complementary Therapies in Clinical Practice.</i> 2019; 36() 29-33. doi: 10.1016/j.ctcp.2019.04.006
Ofner 2019	Ofner, M.; Liebhauser, M.; Walach, H. Power point therapy: An effective and simple treatment for subacute back pain - A randomized controlled trial. <i>Complementary Medicine Research.</i> 2019; 26(2) 80-92. doi: https://dx.doi.org/10.1159/000494458
Pandya 2019	Pandya, J.; Schardt, M.; Yu, D.; Henderer, J. D. A Pilot Study on the Effect of Alternate Nostril Breathing and Foot Reflexology on Intraocular Pressure in Ocular Hypertension. <i>Journal of Alternative and Complementary Medicine.</i> 2019; 25(8) 824-826. doi: 10.1089/acm.2019.0033
Sajadi 2019	Sajadi, S.; Kazemi, M.; Bakhtar, B.; Ostadebrahimi, H. Comparing the effects of auricular seed acupressure and foot reflexology on neonatal abstinence syndrome: A modified double blind clinical trial. <i>Complementary Therapies in Clinical Practice.</i> 2019; 36() 72-76. doi: 10.1016/j.ctcp.2019.06.002
Sheikh 2017	Sheikh, S.; Yaghoubinia, F.; Navidian, A. Impact of foot reflexology massage on the patients' physiological indicators without trauma with loss of consciousness in the intensive care unit. <i>Indian Journal of Public Health Research and Development.</i> 2017; 8(2) 201-206. doi: 10.5958/0976-5506.2017.00111.5
Siev-Ner 2003	Siev-Ner, I.; Gamus, D.; Lerner-Geva, L.; Achiron, A. Reflexology treatment relieves symptoms of multiple sclerosis: a randomized controlled study. <i>Multiple sclerosis (Houndmills, Basingstoke, England).</i> 2003; 9(4) 356-361. doi: 10.1191/1352458503ms925oa Siev-Ner, I.; Gamus, D.; Lerner-Geva, L.; Azaria, M.; Sha'ked, D.; Zaidel, S.; Achiron, A. Reflexology treatment relieves symptoms of multiple sclerosis: a randomised controlled study. <i>FACT: focus on alternative and complementary therapies.</i> 1997; 2(4) 196
Soliman 2014	Soliman, A. S.; Mahmoud, A. M.; Serry, Z. M. H.; Dawood, F. G. Therapeutic effects of low-level laser and reflexology on adhesive capsulitis in elderly type 2 diabetic patients. <i>Asian journal of pharmaceutical and clinical research.</i> 2014; 7(5) 317-321. doi:
Talebipour 2020	Talebipour, A.; Vakilian, A.; Sadeghi, T.; Reza Sayadi, A. The Effect of Foot Reflexive Massage on the Physiological Indexes of Cerebrovascular Accident (CVA) patients. <i>Pakistan journal of medical and health sciences.</i> 2020; 14(2) 1148-1154. doi:
Toledo 2022	Toledo, T. G.; Freire, L. A. M.; Reis, L. M. D.; Terra, Amsv; Santos, A. T. S. Effect of Foot Reflexology on Muscle Electrical Activity, Pressure, Plantar Distribution, and Body Sway in Patients with Type 2 Diabetes Mellitus: A Pilot Randomized Controlled Trial. <i>Int J Environ Res Public Health.</i> 2022; 19(21) . doi: 10.3390/ijerph192114547
Tovey 2002	Tovey, P. A single-blind trial of reflexology for irritable bowel syndrome. <i>British Journal of General Practice.</i> 2002; 52(474) 19-23. doi:
Valiani 2010a	Valiani, M.; Shiran, E.; Kianpour, M.; Hasanpour, M. Reviewing the effect of reflexology on the pain and certain features and outcomes of the labor on the primiparous women. <i>Iran J Nurs Midwifery Res.</i> 2010; 15(Suppl 1) 302-10. Valiani, M.; Kianpour, M.; Shiran, E. The effect of foot reflexology on duration of labor and neonatal apgar score in nulliparous women: A randomized clinical trial. <i>Iranian Journal of Obstetrics, Gynecology and Infertility.</i> 2022; 25(1) 46-55. doi: https://dx.doi.org/10.22038/IJOGI.2022.20097
Valiani 2010b	Valiani, M.; Babaei, E.; Heshmat, R.; Zare, Z. Comparing the effects of reflexology methods and Ibuprofen administration on dysmenorrhea in female students of Isfahan University of Medical Sciences. <i>Iran J Nurs Midwifery Res.</i> 2010; 15(Suppl 1) 371-8. doi:

Study ID	Reference
Wojciech 2017	Wojciech, K.; Pawel, L.; Halina, R. Z. Effects of feet reflexology versus segmental massage in reducing pain and its intensity, frequency and duration of the attacks in females with migraine: a pilot study. Journal of traditional chinese medicine = chung i tsa chih ying wen pan. 2017; 37(2) 214-219. doi: 10.1016/s0254-6272(17)30047-x
Zeidabadi 2022	Zeidabadi, S.; Abbas, J.; Mangolian Shahrabaki, P.; Dehghan, M. The Effect of Foot Reflexology on the Quality of Sexual Life in Hemodialysis Patients: A Randomized Controlled Clinical Trial. Sexuality and Disability. 2022; 40(3) 567-581. doi: 10.1007/s11195-022-09747-x Zeidabadinejad, S.; Mangolian Shahrabaki, P.; Dehghan, M. Effect of Foot Reflexology on Sexual Function of Patients under Hemodialysis: A Randomized Parallel Controlled Clinical Trial. Evid Based Complement Alternat Med. 2021; 2021() 8553549. doi: 10.1155/2021/8553549

Appendix C4. Citation details of studies awaiting assessment [reflexology]

If multiple reports, the first citation is the index paper

Study ID	Reference	Reason for awaiting assessment
Abbaszadeh 2018	Abbaszadeh, Y.; Allahbakhshian, A.; Seyyedrasooli, A.; Sarbakhsh, P.; Goljarian, S.; Safaei, N. Effects of foot reflexology on anxiety and physiological parameters in patients undergoing coronary artery bypass graft surgery: A clinical trial. <i>Complementary Therapies in Clinical Practice</i>. 2018; 31() 220-228. doi: 10.1016/j.ctcp.2018.02.018 The effects of foot reflexology on agitation and extubation time in male patients following coronary artery bypass surgery: A randomized controlled clinical trial Allahbakhshian 2020. <i>Complementary Therapies in Clinical Practice</i>. 2020; 40() 101201. doi: 10.1016/j.ctcp.2020.101201	concerns about data that cannot be resolved from full report(s)
Dalal 2010	Dalal, Krishna; Elanchezhiyan, D; Dey, AB; Maran, V Bharathi; Srivastava, Anurag; Tripathi, Manjari Efficacy of reflexology in managing chronic pain and difficulty in lower limb movement involving intractable epilepsy. 2010 International Conference on Systems in Medicine and Biology. 2010; () 187-192. doi: Dalal, K.; Kumar, H.; Sharma, K. G.; Tripathi, M.; Elanchezhiyan, D. An integrated management of intractable epilepsy through reflexology and AEDs. <i>Epilepsia</i>. 2009; 50 Suppl 11() 132. Dalal, K.; Tripathi, M.; Bajpai, V.; Saraswat, D.; Singh, A. A randomized clinical trial of reflexology and pharmacological therapy for management of intractable epilepsy - interim results. <i>Epilepsia</i>. 2007; 48 Suppl 6() 97 Dalal, K.; Tripathi, M.; Bajpai, V. Randomized clinical trial of a combination of reflexology therapy and conventional drug therapy versus the drug therapy alone, in the management of intractable therapy. <i>Epilepsia</i>. 2008; 49 Suppl 7() 182. Dalal, K.; Devarajan, E.; Pandey, R. M.; Subbiah, V.; Tripathi, M. Role of reflexology and antiepileptic drugs in managing intractable epilepsy - A randomized controlled trial. <i>Forschende Komplementarmedizin</i>. 2013; 20(2) 104-111. doi: 10.1159/000350047 Determination of efficacy of reflexology in managing patients with diabetic neuropathy: A randomized controlled clinical trial. <i>Evidence-Based Complementary and Alternative Medicine</i>. 2014; 2014() 843036. doi: 10.1155/2014/843036 Singh, A.; Dalal, K.; Tripathi, M. Indirect vagus nerve stimulation and reflexology for management of epilepsy. <i>Epilepsia</i>. 2007; 48 Suppl 7() 84	concerns about data that cannot be resolved from full report(s)
Altafini 1989	Altafini, L.; Ceccherelli, F.; Avila, A.; Muraretto, P.; Raia, F.; Giron, G. P. Reflexotherapy in patients suffering from myofascial pain due to cervical arthrosis - Double blind study of two techniques. <i>Deutsche zeitschrift fur akupunktur</i> . 1989; 32(4) 74-82. doi:	LOTE - likely eligible
Arbizu 2006	Arbizu, R. L. T.; Raventós, K. E.; Fernánde, M. T. L.; Díaz-Parde, S. A. Post-treatment effect of the foot reflexology in blood pressure and heart rate. A pilot study. <i>Fisioterapia</i> . 2006; 28(3) 125-132. doi:	LOTE - likely eligible
Asadollahi 2019	Asadollahi, F.; Babazadeh, R.; Abdi, H.; Ismaili, H. Effect of foot solar plexus reflexology on severity of Nausea and vomiting at first half of pregnancy: A randomized clinical trial. <i>Iranian Journal of Obstetrics, Gynecology and Infertility</i> . 2019; 22(6) 54-64. doi: 10.22038/ijogi.2019.13744	LOTE - likely eligible
Bastani 2015	Bastani, F.; Begloo, E. R. R.; Haghani, H. Effect of foot reflexology on anxiety of mothers of high risk neonates undergone cesarean section: A non randomized controlled trial. <i>HAYAT</i> . 2015; 21(2) 81-94. doi:	LOTE - likely eligible
Bennedbaek 2001	Bennedbaek, O.; Viktor, J.; Carlsen, K. S.; Roed, H.; Vinding, H.; Lundbye-Christensen, S. Infants with colic. A heterogeneous group possible to cure? Treatment by pediatric consultation followed by a study of the effect of zone therapy on incurable colic. <i>Ugeskrift for læger</i> . 2001; 163(27) 3773-3778. doi:	LOTE - likely eligible
Choi 2015	Choi, M. S.; Lee, E. J. Effects of foot-reflexology massage on fatigue, stress and postpartum depression in postpartum women. <i>Journal of Korean Academy of Nursing</i> . 2015; 45(4) 587-594. doi: 10.4040/jkan.2015.45.4.587	LOTE - likely eligible
Emamverdi 2019	Emamverdi, M.; Mohammadpour, A.; Aval, S. B.; Sajjadi, M. Comparing the effects of reflexology massage and acupressure on the quality of sleep in hemodialysis patients: A randomized clinical trial. <i>Journal of Mazandaran University of Medical Sciences</i> . 2019; 29(176) 34-46. doi:	LOTE - likely eligible
Engquist 1977	Engquist, A.; Vibe-Hansen, H. Zone therapy and plasma cortisol during surgical stress. <i>Ugeskrift for læger</i> . 1977; 139(8) 460-462. doi:	LOTE - likely eligible

Study ID	Reference	Reason for awaiting assessment
Gong 2009	Gong, Y. L.; Zhang, Y. B.; Han, C.; Jiang, Y. Y.; Li, Y.; Chen, S. C.; Liu, Z. Y. Clinical observation on therapeutic effect of the pressing plantar reflex area with wooden needle for treatment of patients with insomnia. <i>Zhongguo zhen jiu</i> [Chinese acupuncture & moxibustion]. 2009; 29(11) 935-937. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Hajighasemali 2014	Hajighasemali, S.; Ali Akbari, S. A.; Baghban, A. A.; Heshmat, R. Comparison between Effect Acupressure on SP6 Point and Reflexology on the Severity of First-Stage Labor Pain. <i>Journal of jahrom university of medical sciences</i> . 2014; 12(4) 40-41. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Hanjani 2012	Hanjani, S. M.; Tourzani, Z. M.; Shoghi, M.; Ahmadi, G. Effect of foot reflexology on pain intensity and duration of labor on primiparous. <i>Koomesh</i> . 2012; 14(2) 158-161. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Hoseini 2020	Hoseini, S. M.; Bagheri-Nesami, M.; Jafari, H.; Mousavinasab, S. N.; Teshnizi, M. A.; Hoseini, F. F.; Saatchi, K. Comparing the effect of acupressure and reflexology on sleep condition following coronary artery bypass graft surgery. <i>Journal of Mazandaran University of Medical Sciences</i> . 2020; 30(186) 90-106. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Imani 2022	Imani, F.; Nasiri, E.; Akbari, H.; Safdari, M. The effect of foot reflexology massage on overt anxiety and physiological parameters of patients undergoing tibia plaque surgery. <i>HAYAT</i> . 2022; 28(2) 148-160. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Jang 2009	Jang, S. H.; Kim, K. H. Effects of self-foot reflexology on stress, fatigue and blood circulation in premenopausal middle-aged women. <i>Journal of Korean Academy of Nursing</i> . 2009; 39(5) 662-672. doi: 10.4040/jkan.2009.39.5.662	LOTE - likely eligible
JaOk 2012	Ja Ok, Kim; In Sook, Kim Effects of Aroma Self-Foot Reflexology Massage on Stress and Immune Responses and Fatigue in Middle-Aged Women in Rural Areas. <i>Journal of Korean Academy of Nursing</i> . 2012; 42(5) 709-718. doi: 10.4040/jkan.2012.42.5.709	LOTE - likely eligible
Jenabi 2012	Jenabi, E.; Mohajeran, M. H.; Torkamani, M. The effect of reflexology on relieving the labor pain. <i>Iranian Journal of Obstetrics, Gynecology and Infertility</i> . 2012; 14(8) . doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Kazemi 2015	Kazemi, A. R.; Ghasemi, B.; Moradi, M. R. Comparison of two methods of physiotherapy-reflexology of foot and physiotherapy on symptoms of senile patients with knee osteoarthritis. <i>Journal of Isfahan Medical School</i> . 2015; 33(350) 41275. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Kesselring 1998	Kesselring, A.; Spichiger, E.; Muller, M. Foot reflexology: an intervention study. <i>Pflege</i> . 1998; 11(4) 213-218. Kesselring, A. Foot reflexology massage: a clinical study. <i>Forschende Komplementarmedizin</i> . 1999; 6 Suppl 1(1) 38-40. doi: 10.1159/000057130	LOTE - likely eligible
Khloobagheri 2020	Khloobagheri, E.; Kazemi, M.; Loripoor, M.; Bakhtar, B. Effect of foot reflexology with auriculotherapy on pain after elective cesarean section: A randomized clinical trial. <i>Iranian Journal of Obstetrics, Gynecology and Infertility</i> . 2020; 23(5) 67-78. doi: 10.22038/IJOGI.2020.16617	LOTE - likely eligible
Khoshtarash 2010	Khoshtarash, M.; Ghanbari, A.; Yeganeh, M.; Kazemnejhad, E.; Rezasoltani, P. Survey the effect of foot reflexology on pain and physiological parameters after cesarean section in patients referring to Alzahra educational center in Rasht. <i>Journal of holistic nursing and midwifery</i> . 2010; 20(2) 27-33. Khoshtarash, M.; Ghanbari, A.; Yeganeh, M. R.; Kazemnejhad, E.; Rezasoltani, P. Effects of foot reflexology on pain and physiological parameters after cesarean section. <i>Koomesh</i> . 2012; 14(1) 109-116. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Kim 2014	Kim, C. S.; Yoo, K. S.; Hong, S. H. The Effects of Foot Reflexology on Arthralgia, Ankylosis, Depression, and Sleep in Community-dwelling Elderly Women with Osteoarthritis. <i>J korean acad community health nurs</i> . 2014; 25(3) 207-216. doi: 10.12799/jkachn.2014.25.3.207	LOTE - likely eligible
Lafuente 1990	Lafuente, A.; Noguera, M.; Puy, C.; Molins, A.; Titus, F.; Sanz, F Effekt der Reflexzonenbehandlung am Fuß bezüglich der prophylaktischen Behandlung mit Flunarizin bei an Cephalaea-Kopfschmerzen leidenden Patienten. <i>Erfahrungsheilkunde</i> . 1990; 2(1) 713-715. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible
Lee 2005	Lee, Y. M.; Sohng, K. Y. The effects of foot reflexology on fatigue and insomnia in patients suffering from coal workers' pneumoconiosis. <i>Taehan Kanho Hakhoe chi</i> . 2005; 35(7) 1221-1228. doi: 10.4040/jkan.2005.35.7.1221	LOTE - likely eligible
Lee 2011	Lee, Y. M. Effects of self-foot reflexology on stress, fatigue, skin temperature and immune response in female undergraduate students. <i>Journal of Korean Academy of Nursing</i> . 2011; 41(1) 110-118. doi: 10.4040/jkan.2011.41.1.110	LOTE - likely eligible
Lee 2011	Lee, Y. M. Effects of aroma-foot-reflexology on premenstrual syndrome, dysmenorrhea and lower abdominal skin temperature of nursing students. <i>Korean Journal of Adult Nursing</i> . 2011; 23(5) 472-481. doi: 10.29252/jmj.12.4.3	LOTE - likely eligible

Study ID	Reference	Reason for awaiting assessment
Lei 2006	Lei, L. M.; Pang, J.; Huang, J. J.; Chen, J. X.; Huang, Y.; He, Y. F.; Su, H. G.; Wu, G.; Su, C. M.; Gan, Y. J. Effect of massotherapy in reflex zone of feet on motor function and hemorrheological indexes of hemiplegic stroke patients. <i>Chinese Journal of Clinical Rehabilitation</i> . 2006; 10(11) 41579. doi:	LOTE - likely eligible
Medvedeva 2014	Medvedeva, L. A.; Zagorulko, O. I.; Gnezdilov, A. V.; Oganessian, G. R. Treatment of myofascial pain syndrome. <i>Zhurnal nevrologii i psikiatrii imeni S.S. Korsakova</i> . 2014; 114(11) 43â€8. doi:	LOTE - likely eligible
Mehdizadeh Tourzani 2013	Mehdizadeh Tourzani, Z.; Moghimi Hanjani, S.; Shoghi, M.; Ahmadi, G. The Effect of foot reflexology on anxiety during of labor on primiparous. <i>Iranian journal of reproductive medicine</i> . 2013; 11() 30. doi:	LOTE - likely eligible
Mehla 2022	Mehla, Rajabzadeh; Seyed Reza, Mazloun; Samira, a migrant; Hamidreza Bahrami, T. Comparison of the effect of floating feet in warm water with foot reflexology on the sleep quality of patients undergoing radiotherapy: a randomized clinical trial. <i>HAYAT</i> . 2022; 28(2) 117-129. Tehran University of Medical Sciences 2022	LOTE - likely eligible
Modares 2021	Modares, M.; Maleki, S.; Shadmehr, A.; Haghani, S. The effect of foot reflexology on postpartum fatigue in primiparous women. <i>Iranian Journal of Obstetrics, Gynecology and Infertility</i> . 2021; 24(5) 19-30. doi: 10.22038/IJOGI.2021.18568	LOTE - likely eligible
Moghimi-Hanjani 2015	Moghimi-Hanjani, S.; Mehdizadeh-Tourzani, Z.; Shoghi, M. The Effect of Foot Reflexology on Anxiety, Pain, and Outcomes of the Labor in Primigravida Women. <i>Acta medica Iranica</i> . 2015; 53(8) 507â€11. Moghimi Hanjani, S.; Mehdizadeh Tourzani, Z.; Shoghi, M.; Ahmadi, G. The effect of foot reflexology on pain intensity and duration of labor on primiparous. <i>Iranian journal of reproductive medicine</i> . 2013; 11() 97	LOTE - likely eligible
Mohammadalieha 2015	Mohammadalieha, J.; Falah, A. The effects of foot reflexology massage on incisional pain in abdominal and chest surgery patients admitted to intensive care units. <i>Avicenna journal of phytomedicine</i> . 2015; 5() 36â€37. doi:	LOTE - likely eligible
Mohammadi 2018	Mohammadi, S.; Pouladi, S.; Ostovar, A.; Ravanipour, M. Effects of foot reflexology massage on pain and fatigue in patients undergoing coronary artery bypass graft. <i>Annals of Tropical Medicine and Public Health</i> . 2018; 8(Special Issue) S513. doi:	LOTE - likely eligible
Mohammadifard 2022	Mohammadifard, M.; Salarfard, M.; Samieean, M. The effect of foot reflexology and H7 point acupressure on anxiety in women undergoing amniocentesis. <i>Iranian Journal of Obstetrics, Gynecology and Infertility</i> . 2022; 25(3) 17-27. doi: 10.22038/IJOGI.2022.20419	LOTE - likely eligible
Mohammadpour 2013	Mohammadpour, A.; Dehnoalian, A.; Mojtavavi, J. Effect of foot reflexology on blood pressure in patients with stroke. <i>HAYAT</i> . 2013; 19(1) 16-28. doi:	LOTE - likely eligible
Mokhtari 2010	Mokhtari, J.; Nir, M. S.; Sherme, M. S.; Ghanbari, Z.; Darzi, H. B.; Mahmoodi, H. Comparison of impact of foot reflexology massage and Bensone relaxation on severity of pain after cesarean section: a randomized trial. <i>Payesh health monitor</i> . 2010; 9(3) 329â€329. doi:	LOTE - likely eligible
Moqar 2012	Moqar, M.; Fathi, M.; Zandi, M. The effect of foot reflexology on the reduction of back pain caused by discopathy. <i>Journal of zanzan university of medical sciences and health services</i> . 2012; 20(83) 62â€69. doi:	LOTE - likely eligible
Movaghar 2012	Movaghar, M. H.; Fathi, M.; Zandi, M. The effect of foot reflexology on the reduction of low back pain caused by discopathy. <i>Journal of zanzan university of medical sciences and health services</i> . 2012; 20(83) . doi:	LOTE - likely eligible
Nikzad 2021	Nikzad, N.; Kazemi, M.; Abdoli, F. Comparing the effect of foot reflexology and massage therapy on serum bilirubin levels in neonates with hyperbilirubinemia treated with phototherapy: A randomized clinical trial. <i>Journal of Mazandaran University of Medical Sciences</i> . 2021; 31(200) 61-72. doi:	LOTE - likely eligible
Petersen 1992	Petersen, L. N.; Faurschou, P.; Olsen, O. T.; Svendsen, U. G. Foot zone therapy and bronchial asthma--a controlled clinical trial. <i>Ugeskrift for laeger</i> . 1992; 154(30) 2065â€2068. doi:	LOTE - likely eligible
Rajabzadeh 2022	Rajabzadeh, M.; Mazloun, S. R.; Mohajer, S.; Taghanaki, H. B. Comparison of the effect of soaking feet in warm water and foot reflexology on sleep quality of patients undergoing radiotherapy: A randomized clinical trial. <i>HAYAT</i> . 2022; 28(2) 117-129. doi:	LOTE - likely eligible
Razmjoo 2012	Razmjoo, N.; lotfabadi, L. H.; Yousefi, F.; Esmaeeli, H.; Azizi, H.; Lotfalizadeh, M. Effect of foot reflexology on pain and anxiety in women following elective cesarean section. <i>Iranian Journal of Obstetrics, Gynecology and Infertility</i> . 2012; 15(1) . doi:	LOTE - likely eligible
Roshanravan 2016	Roshanravan, M.; Jouybari, L.; Bahrami-Taghanaki, H.; Vakili, M. A.; Sanagoo, A.; Amini, Z. Effect of foot reflexology on fatigue in patients undergoing hemodialysis: A sham-controlled randomized trial. <i>Journal of Mazandaran University of Medical Sciences</i> . 2016; 26(137) 32-41. doi:	LOTE - likely eligible

Study ID	Reference	Reason for awaiting assessment
Safonov 2017	Safonov, M. I.; Naprienko, M. V. Analysis of the efficacy of reflexology in the complex treatment of chronic migraine. Zhurnal neurologii i psikiatrii imeni S.S. Korsakova. 2017; 117(5) 22â€25. doi: 10.17116/jnevro20171175122-25	LOTE - likely eligible
SeYoung 2012	Se Young, Lee; Yun Hee, Ham; Oh Nam, Ok; Eun Ji, Kim; In Gak, Kwon; Moon Sook, Hwang; Myung Sook, Cho The Effects of Foot Reflexology on Peripheral Neuropathy, Symptom Distress, Anxiety and Depression in Cancer Patients Treated with Oxaliplatin. Asian oncology nursing. 2012; 12(4) 305â€313. doi: 10.5388/aon.2012.12.4.305	LOTE - likely eligible
Shafaie 2018	Shafaie, F. S.; Shirazi, H. D.; Kamalifard, M.; Ghojzadeh, M. The effect of foot medical zone-therapy reflex on the intensity of PMS symptoms in students (Double-blind random controlled clinical trial). Iranian Journal of Obstetrics, Gynecology and Infertility. 2018; 21(7) 43739. doi: 10.22038/ijozgi.2018.11792	LOTE - likely eligible
Shahriyari 2016	Shahriyari, M.; Khalili, A.; Shamsizadeh, M.; Mardani, D.; Paymard, A.; Vardenjani, M. M. Effects of foot reflexology on pain in patients after lower limb amputation. Journal of Mazandaran University of Medical Sciences. 2016; 26(139) 18-26. doi:	LOTE - likely eligible
Wang 1993	Wang, X. M. Treating type II diabetes mellitus with foot reflexotherapy. Zhongguo zhong xi yi jie he za zhi zhongguo zhongxiyi jiehe zazhi = chinese journal of integrated traditional and western medicine. 1993; 13(9) 536â€538, 517. doi:	LOTE - likely eligible
Wang 2003	Wang, M. J.; Cha, N. H. An Analysis of the Effect of Self-foot Reflexology on Level of Hypertension. J korean community nurs. 2003; 14(1) 5â€15. doi:	LOTE - likely eligible
Yang 2011	Yang, H. J.; Kang, H.; Kim, I. The effects of aroma foot reflex massage on sleep, depression and problem behaviors on elderly with dementia. Korean Journal of Adult Nursing. 2011; 23(6) 574â€583. doi:	LOTE - likely eligible
Zhang 2004	Zhang, J. U. N.; Zhang, Shiq; Wang, Hual; Wang, Z. H. E. The Treatment of Insomnia with Plantar Reflexotherapy and Local Massage. An Analysis of 56 Cases. Chinese manipulation and qi gong therapy. 2004; 19(1) 11. doi:	LOTE - likely eligible
Zhao 2006	Zhao, F. M.; Chen, Q. W. Palma massage in the treatment of insomnia in elder inpatients. Chinese Journal of Clinical Rehabilitation. 2006; 10(39) 16-17. doi:	LOTE - likely eligible
Author unknown 2002	The effect of reflexotherapy on the changes of serum IL - 1B and IL - 6 Mrna gene expression- A clinical and experimental study. China reflexologie journal. 2002; 2() 5. doi:	LOTE - unclear whether eligible
Gao 2000	Gao, Wa Therapeutic effect of reflexotherapy in the treatment of thrombocypenic purpura. China reflexology journal. 2000; 5() 9. doi:	LOTE - unclear whether eligible
Jiang 1999	Jiang, BC Efficacy observation of 128 cases of insomnia treated by foot reflexology. Jiangsu Foot Reflexology Research Conference. 1999; () 45553. doi:	LOTE - unclear whether eligible
Liu 2000	Liu, Aiping An observation on the therapeutic effect of reflexology in treating 100 cases of urinary retention after hemorrhoid-fistula operations. China reflexology journal. 2000; 4() 13. doi:	LOTE - unclear whether eligible
Mirzaee 2010	Mirzaee, F.; Kaviani, M.; Jafari, P. Effect of Reflexology on Anxiety Level in Nulliparous Women. HAYAT. 2010; 16(1) 65â€72. doi:	LOTE - unclear whether eligible
Qian 2005	Qian, K. L.; Wang, T. Application of flexor reflex therapy in rehabilitation of lower extremity of hemiplegic patients after brain injury. Chinese Journal of Clinical Rehabilitation. 2005; 9(5) 24-25. doi:	LOTE - unclear whether eligible
Sietam 1998	Sietam, K. S.; Eriksen, L. Zone therapy of children with nocturnal enuresis. Ugeskrift for laeger. 1998; 160(39) 5654â€5656. doi:	LOTE - unclear whether eligible
Song 2006	Song, R. H.; Kim, D. H. The effects of foot reflexion massage on sleep disturbance, depression disorder, and the physiological index of the elderly. Taehan Kanho Hakhoe chi. 2006; 36(1) 15â€24. doi: 10.4040/jkan.2006.36.1.15	LOTE - unclear whether eligible
Xiao 1995	Xiao, J. H.; Meng, F. Ear-pressing in treatment of cerebral-palsy: a report of 60 cases. International Journal of Clinical Acupuncture. 1995; 6(3) 275-8. doi:	LOTE - unclear whether eligible
Yang 2010	Yang, L.; Wang, N. Clinical study on foot acupoints massage as intervention for patients with grade 0 diabetic foot neuropathy. Chinese nursing research. 2010; 24(3A) 601â€603. doi:	LOTE - unclear whether eligible
Zhong 2000	Zhong, Wenyan Observation of the therapeutic effect in treating irritable bowel syndrome with reflexology in combination with abdominal massage. China reflexology journal. 2000; 4() 6. doi:	LOTE - unclear whether eligible
Baghani 2015	Baghani, S.; Rezaei, S.; Tadayonfar, Ma- R.; Khorsand, A. Postoperative effects of reflexology on the physiological parameters of patients with appendicitis. Avicenna journal of phytomedicine. 2015; 5() 10â€11. doi:	reported in abstract only
Cappai 2013	Cappai, E.; Magno, S. M. Reflexology in breast cancer patients receiving chemotherapy: results from a single center pilot study. Supportive Care in Cancer. 2013; 21() S233. doi: 10.1007/s00520-013-1798-3	reported in abstract only

Study ID	Reference	Reason for awaiting assessment
Evans 1998	Evans, S. L.; Nokes, L. D. M.; Weaver, P.; Maheson, M.; Morrell, P. Effect of reflexology treatment on recovery after total knee replacement. <i>Journal of bone and joint surgery-british volume</i> . 1998; 80 Suppl 2() 172. doi:	reported in abstract only
Langstone-Wring 2016	Langstone-Wring, A. P.; Dare, T. A. Measuring Chronic Heart Failure (CHF) patients response to Clinical Reflexology (CR) delivery: a randomized Controlled Pilot Study. <i>European Journal of Integrative Medicine</i> . 2016; 8(4) 590â€doi: 10.1016/j.eujim.2016.07.012	reported in abstract only
Magno 2017	Magno, S.; Cappai, E.; Dentale, F.; Carnevale, S.; Belella, D.; Scaldaferrri, A.; Filippone, A.; Masetti, R. Effects of plantar reflexology on sleep and quality of life in patients with breast cancer undergoing chemotherapy and hormonal therapies. <i>Journal of clinical oncology</i> . 2017; 35(15) . doi:	reported in abstract only
Manstein 2022	Manstein, E.; Patel, D.; Kung, P.; Cohen, D.; Krane, A.; Yu, D.; Henderer, J. D. The Effect of Foot Reflexology on Intraocular Pressure in Primary Open-Angle Glaucoma and Ocular Hypertension Patients. <i>Investigative ophthalmology & visual science</i> . 2022; 63(7) 4386â€doi: 10.1167/jov.2021.19.0429. Patel, D.; Henderer, J. D.; Kung, P.; Cohen, D.; Krane, A.; Yu, D. The effect of foot reflexology on intraocular pressure in ocular hypertension and primary open-angle glaucoma patients. <i>Investigative ophthalmology & visual science</i> . 2021; 62(8) .	reported in abstract only
Merse 2018	Merse, S.; Dost, P.; Arweiler-Harbeck, D. Intranasal reflex therapy (INRT): a method for reducing headache symptoms in chronic sinusitis. <i>Laryngo- rhino- otologie</i> . 2018; 97() S334â€doi: 10.1055/s-0038-1640877	reported in abstract only
O'Neill 2016	O'Neill, O.; Fox, P.; Furlong, E.; Coughlan, B.; Slevin, T. A randomised controlled trial to examine the effectiveness of reflexology for reducing symptoms in children/adolescents with cancer. <i>Pediatric blood & cancer</i> . 2016; 63() S231â€doi: 10.1002/pbc.26233	reported in abstract only
Pedramrazi 2019	Pedramrazi, S. The effect of reflexology on quality of life in Iranian patients with breast cancer. <i>Journal of clinical oncology</i> . 2019; 34(26) 90â€doi: 10.1200/jco.2016.34.26-suppl.90 Pedramrazi, S.; Jarban, M.; Parsayekta, Z.; Haghighat, S. The effect of reflexology on quality of life of Iranian patients with breast cancer. <i>Supportive Care in Cancer</i> . 2015; 23(1 SUPPL. 1) S291â€doi: 10.1007/s00520-015-2712-y	reported in abstract only
Shafeay 2010	Shafeay, A.; Vasegh, F.; Taghizade, Z.; Mehran, A.; Shafeay, As The effects of foot reflexology educational program on fatigue in menopausal women. <i>Iranian journal of reproductive medicine</i> . 2010; 8() 125â€doi:	reported in abstract only
Simoes 2018	Simoes, A. R.; Martinez, B. B.; Machado, G.; Martinez, G.; Schwart, A.; Silva, A. Feet reflexology in diabetic patients. <i>Diabetology & metabolic syndrome</i> . 2018; 10() . doi: 10.1186/s13098-018-0315-8	reported in abstract only
Stephenson 2002	Stephenson, N. L. The effects and duration of foot reflexology on pain in patients with metastatic cancer. <i>International journal of cancer. Journal international du cancer</i> . 2002; (Suppl 13) 303. doi:	reported in abstract only
Topcu 2010	Topcu, A.; Nielsen, L. P.; Dahl, R. Effect of reflexology, homeopathy, and traditional medical treatment in asthma: a randomised, controlled, parallel-group trial. <i>European respiratory society annual congress, barcelona, spain, september 18-22. 2010; () [E3763]. doi:</i>	reported in abstract only
Hassani 2015	Hassani, S.; Hassani, K. The effect of foot reflexology on physiologic indices and pain severity following cesarean delivery. <i>Research journal of medical sciences</i> . 2015; 9(3) 114â€doi: 10.3923/rjmsci.2015.114.117	unable to determine eligibility (intervention)
Otter 2010	Otter, S.; Church, A.; Murray, A.; Lucas, J.; Creasey, N.; Woodhouse, J.; Grant, R.; Cooper, H. The effects of reflexology in reducing the symptoms of fatigue in people with rheumatoid arthritis: a preliminary study. <i>Journal of alternative and complementary medicine (New York, N.Y.)</i> . 2010; 16(12) 1251â€doi: 10.1089/acm.2010.0557	unable to determine eligibility (study design)
Padmavathi 2014	Padmavathi, P. Effect of acupressure vs reflexology on pre-menstrual syndrome among adolescent girls--a pilot study. <i>Nursing journal of India</i> . 2014; 105(5) 236â€doi: 10.1016/j.nj.2014.05.003	unable to determine eligibility (study design)
Sukarja 2018	Sukarja, I. M.; Sukawana, I. W.; Dewi, I. G. A. A.; Sriasih, N. G. K. Active lower range of motion (Rom)-assisted wooden roller reflexology increasing foot sensitivity in type ii diabetes mellitus patients. <i>Indian Journal of Public Health Research and Development</i> . 2018; 9(10) 769-773. doi: 10.5958/0976-5506.2018.01231.7	unable to determine eligibility (study design)
Fatahpoor 2018	Fatahpoor, M.; Abedi, H. The foot reflexology massage effect on the general health of the elderly living in nursing homes in Kermanshah (2015). <i>Annals of Tropical Medicine and Public Health</i> . 2018; 14(Special Issue) S738. doi:	unable to retrieve full-text

Appendix C5. Characteristics of ongoing studies (protocols)¹

REBEC No. RBR-639bff (Brazilian Register of Clinical Trials)	Population: Procedures Arterial puncture blood sampling (newborns)	Intervention: Reflexology – foot; applied to analgesia points 2 minutes before procedure	Outcomes: periprocedural pain (NIPS-Brasil; crying time); physiological signs & symptoms: SpO2, HR Outcomes measured during and after procedure.	Estimated study completion: July 2023
Design: RCT	No. participants: 30	Inactive comparators: none		
Country: Brasil		Active comparators: 0.5 ml – 1 ml glucose 25% orally 2 minutes before procedure		
Status: Data collection (as per Costa 2022)				

*Costa TM, Fernandes TE, Silva SD, Queiroz CG, Rocha MA, Duarte FH, Dantas RA, Dantas DV. Glucose and reflexology for pain relief during arterial puncture in neonates: a protocol. Revista Gaúcha de Enfermagem. 2022 Nov 28;43:e20220103. doi: 10.1590/1983-1447.2022.20220103.en

¹ We did not screen the unmatched records (428) to ascertain the likely number of potentially eligible trials for which there was no full text report because of the high volume of studies eligible for the review and the feasibility of assessing the large number or registry records for eligibility for each of the meta-analyses.