



Australian Government

Department of Health and Aged Care

NATIONAL AGED CARE MANDATORY  
QUALITY INDICATOR PROGRAM

# Pressure injuries



# Make it count

**Continuous improvement is about seeking and applying opportunities to enhance the quality of care and outcomes for care recipients.**

Take 60 seconds to understand how to measure and report on pressure injuries and help your service enhance the quality of care and outcomes for your care recipients.



Click the arrow  
to continue



# Contents

**Click on a box** to view that section or move through all the sections using the next and previous buttons at the bottom of the page.



# Why measurement matters

**Most pressure injuries are preventable,  
but they remain a major cause of harm.**

Pressure injuries are distressing,  
debilitating and in the worst cases, life  
threatening.



# Impact of pressure injuries

**The risk of developing pressure injuries increases due to age-related changes including skin integrity, malnutrition, immobility, incontinence, impaired cognitive status and frailty.**

# What are the pressure injury stages?

**The ICD 10 Australian Modified (AM) pressure injury classification system outlined in the *Prevention and Treatment of Pressure Ulcers/Injuries: Clinical Practice Guideline 2019* includes the following six pressure injury stages.**

**Click on the boxes to learn more.**

Approved providers must consult with a suitably qualified health practitioner if there is uncertainty about the presence or stage of a pressure injury.



# How to collect data for pressure injuries

**The following data  
is collected and  
reported on for the  
pressure injuries  
quality indicator.**

**Click on the boxes  
to learn more.**

# Quality improvement

**Awareness of risk factors and some simple steps can support in reducing the risk of pressure injuries occurring.**

The checklist on the right will help assess care recipients who are at risk of developing pressure injuries and provide potential support and management strategies.

STEP  
1

Conduct a skin assessment

STEP  
2

Undertake pressure injury risk assessments regularly

STEP  
3

Document findings in care plan

STEP  
4

Implement appropriate prevention strategy

STEP  
5

Undertake frequent reassessments

For detailed information on potential prevention and management strategies, and quality improvement activities, please refer to the **QI Program Manual 4.0 – Part B**.



# Ask QIRI

**The Quality Indicator Reporting Instructor (QIRI) answers your questions about pressure injuries.**

**Click on a speech bubble** to learn a top tip from QIRI.



# Quality indicator challenge



**Congratulations!**  
**You have completed**  
**Module Two –**  
**Pressure injuries.**

Test your knowledge in the box on the right then move onto the next module.

**Take the quick quiz!**

**True or false:** We must report on pressure injuries acquired outside of the service during the quarter.

**TRUE**

**FALSE**