

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Freire 1999	Freire, Anaflávia de Oliveira; Yamamura, Ysao; Martins, Maria Fernanda; Tabosa, Angela	Efeito da aplicação de moxabustão nos pontos de acupuntura E-25 (Tianshu), E-36 (Zusanli), VC-12 (Zhongwan) na prevenção de lesões agudas da mucosa gástrica produzidas por indometacina, em ratos Wistar	1999	Rev. paul. acupunt	5	1	12 -6	2. Nonhuman study
Anonymous 2021	Anonymous,	Erratum regarding missing Declaration of Competing Interest statements in previously published articles (World Journal of Acupuncture - Moxibustion (2019) 29(2) (127-132), (S1003525719300571), (10.1016/j.wjam.2019.05.008))	2021	World Journal of Acupuncture Moxibustion.				3a. Intervention out of scope (component thereof)
Bian 2013	Bian, X. M.; Lv, L.; Lin, W. B.; Liang, H. H.; Zhang, Y.; Wang, L. C.	Moxibustion therapy at CV4 prevents postoperative dysuria after procedure for prolapse and hemorrhoids	2013	Evidence-based Complementary and Alternative Medicine	2013			3a. Intervention out of scope (component thereof)
Cai 2013	Cai, G. W.; Li, J.; Xu, X. J.; Xue, Y. Z.; Li, G.; Wu, M.; Li, P. F.	Effect of acupoint heat-sensitive moxibustion intervention on serum osteopontin and matrix metalloproteinase-3 in patients with acute knee pain	2013	Zhen ci yan jiu = Acupuncture research	38	6	488-492	3a. Intervention out of scope (component thereof)
Cardini 1998	Cardini, F.; Weixin, H.	Moxibustion for correction of breech presentation: a randomized controlled trial	1998	JAMA	280	18	1580-1584	3a. Intervention out of scope (component thereof)
Chen 2010	Chen, R.; Chen, M.; Kang, M.; Xiong, J.; Chi, Z.; Zhang, B.; Fu, Y.	The design and protocol of heat-sensitive moxibustion for knee osteoarthritis: a multicenter randomized controlled trial on the rules of selecting moxibustion location	2010	BMC Complementary and Alternative Medicine	10		32	3a. Intervention out of scope (component thereof)
Chi 2014	Chi, Ctr Trc	Comparative study of dog days moxibustion for the preventive and treatment in allergic rhinitis	2014	http://www.who.int/trials_earch/Trial2.aspx?TrialID=ChiCTR-TRC-14004963				3a. Intervention out of scope (component thereof)
ChiCtr 2019	ChiCtr,	The Effect of Acupoint Application on Postoperative Ileus: a Randomized Controlled Trial	2019	http://www.who.int/trials_earch/Trial2.aspx?TrialID=ChiCTR1900024278				3a. Intervention out of scope (component thereof)
Chuantao 2020	Chuantao, Zhang; Hongjing, Yang; Wenfan, Gan; Jun, Chen; Yang, Yang; Wei, Xiao; Kunlan, Long; Keling, Chen; Qingsong, Huang; Peiyang, Gao; Zhang, Chuantao; Yang, Hongjing; Gan, Wenfan; Chen, Jun; Yang, Yang; Xiao, Wei; Long, Kunlan; Chen, Keling; Huang, Qingsong; Gao, Peiyang	A randomized controlled trial for prevention of acute exacerbation of stable chronic obstructive pulmonary disease with acupoint application of traditional Chinese medicine: Study protocol clinical trial (SPIRIT Compliant)	2020	Medicine	99	10	1-Aug	3a. Intervention out of scope (component thereof)

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贺菊芳 2018	贺菊芳,; 张彩云,; 陈瑞睿,; 张志刚,	穴位艾灸治疗配合艾盐包热熨治疗奥沙利铂化疗所致外周神经毒性疗效观察	2018	Nursing of Integrated Traditional Chinese & Western Medicine	4	5	74-76	3a. Intervention out of scope (component thereof)
Farhadi 2016	Farhadi, K.; Choubsaz, M.; Setayeshi, K.; Kameli, M.; Bazargan-Hejazi, S.; Zadi, Z. H.; Ahmadi, A.	The effectiveness of dry-cupping in preventing post-operative nausea and vomiting by P6 acupoint stimulation A randomized controlled trial	2016	Medicine (United States)	95	38		3a. Intervention out of scope (component thereof)
Gu 2019	Gu, J. W.; Yang, X.; Li, Q.; Gu, M.; Wu, M. D.; Cao, S. F.; Li, J.	Hidden correlation of the effect mechanism on chronic gastritis treated with ginger-isolated moxibustion at different single acupoints	2019	World Journal of Acupuncture - Moxibustion	29	1	48-54	3a. Intervention out of scope (component thereof)
Guan 2012	Guan, L.; Li, G.; Yang, Y.; Deng, X.; Cai, P.	Infrared thermography and meridian-effect evidence and explanation in Bell's palsy patients treated by moxibustion at the Hegu (LI4) acupoint overall regulation or a specific target?	2012	Neural Regeneration Research	7	9	680-685	3a. Intervention out of scope (component thereof)
Guittier 2009	Guittier, M. J.; Pichon, M.; Dong, H.; Irion, O.; Boulvain, M.	Moxibustion for breech version: a randomized controlled trial	2009	Obstetrics and gynecology	114	5	1034-1040	3a. Intervention out of scope (component thereof)
Hu 2014	Hu, A. E.; Yang, H. Q.	Comparison of efficacy between electroacupuncture and the combination of collateral bloodletting, cupping, and acupoint application for cervical spondylosis radiculopathy (CRS)	2014	World Journal of Acupuncture - Moxibustion	24	3	25-29	3a. Intervention out of scope (component thereof)
Iravani 2020	Iravani, S.; Cai, L.; Ha, L.; Zhou, S.; Shi, C.; Ma, Y.; Yao, Q.; Xu, K.; Zhao, B.	Moxibustion at 'Danzhong' (RN17) and 'Guanyuan' (RN4) for fatigue symptom in patients with depression: study protocol clinical trial (SPIRIT Compliant)	2020	Medicine (United States)	99	7		3a. Intervention out of scope (component thereof)
Irct2012123011944N 2013	Irct2012123011944N,	The Effect of Cupping Therapy and Acupressure on Postpartum Low Back and Perineal Pain	2013	http://www.who.int/trials/earch/Trial2.aspx?TrialID=IRCT2012123011944N1				3a. Intervention out of scope (component thereof)
Irct2013072611944N 2013	Irct2013072611944N,	The Effect of Cupping Therapy and Acupressure on Postpartum Perineal Pain	2013	http://www.who.int/trials/earch/Trial2.aspx?TrialID=IRCT2013072611944N2				3a. Intervention out of scope (component thereof)
Isrctn 2018	Isrctn,	Cupping therapy combined with SSRIs in patients with depression	2018	http://www.who.int/trials/earch/Trial2.aspx?TrialID=ISRCTN16299848				3a. Intervention out of scope (component thereof)
Jia 2020	Jia, Y. F.; Zhao, J. P.; Wen, Z. H.; Xie, Q.; Chen, S.	Clinical observation of herb-separated moxibustion combining western medication on allergic rhinitis of kidney-yang deficiency type and correlation with infrared thermal imaging	2020	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	40	7	721-725	3a. Intervention out of scope (component thereof)

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Kawakita 2008	Kawakita, K.; Shichidou, T.; Inoue, E.; Nabeta, T.; Kitakoji, H.; Aizawa, S.; Nishida, A.; Yamaguchi, N.; Takahashi, N.; Sumiya, E.; Okada, K.; Umeda, T.; Yano, T.; Tanzawa, S.	Do Japanese style acupuncture and moxibustion reduce symptoms of the common cold?	2008	Evidence-based Complementary and Alternative Medicine	5	4	481-489	3a. Intervention out of scope (component thereof)
Lee 2014	Lee, Si-Huei; Lu, Wan-An; Lee, Chang-Shun; Wang, Jia-Chi; Lin, Tsung-Ching; Yang, Jen-Lin; Chan, Rai-Chi; Ko, Shan-Chi; Kuo, Cheng-Deng	The therapeutic effect of collateral meridian therapy is comparable to acupoint pressure therapy in treating myofascial pain syndrome	2014	Complementary Therapies in Clinical Practice	20	4	243-250	3a. Intervention out of scope (component thereof)
Liao 2020	Liao, M.; Luo, L.; Ding, Q.; Zuo, J.; Guo, L. L.; Gou, C. Y.; Zhang, C. R.; Tang, Y.; Yu, S. G.	Light and heat of moxibustion for knee osteoarthritis:a multi-center randomized controlled trial	2020	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	40	6	623-628	3a. Intervention out of scope (component thereof)
Ma 2010	Ma, S. X.; Wu, F. W.; Cui, J. M.; Jin, Z. H.; Kong, L. J.	Effect on moxibustion at Sanyinjiao (SP 6) for uterine contraction pain in labor: a randomized controlled trial	2010	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	30	8	623-626	3a. Intervention out of scope (component thereof)
Nct 2014	Nct,	Impact on Quality of Life by Moxibustion in Chemotherapy for Cancer	2014	https://clinicaltrials.gov/s how/NCT02261571				3a. Intervention out of scope (component thereof)
Nct 2016	Nct,	Evaluation of Emotion Management Skill Strengthening in Chronically Ill Patients, Benefiting From Creative and Physical Activities	2016	https://clinicaltrials.gov/s how/NCT02911207				3a. Intervention out of scope (component thereof)
Nct 2020	Nct,	Effect of Neurogenic Acupoint CUPPING ON WOMEN WITH CHRONIC PELVIC PAIN	2020	https://clinicaltrials.gov/s how/NCT04436445				3a. Intervention out of scope (component thereof)
Neri 2007	Neri, I.; De Pace, V.; Venturini, P.; Facchinetti, F.	Effects of three different stimulations (acupuncture, moxibustion, acupuncture plus moxibustion) of BL67 acupoint at small toe on fetal behavior of breech presentation	2007	American Journal of Chinese Medicine	35	1	27-33	3a. Intervention out of scope (component thereof)
Ouyang 2011	Ouyang, B. S.; Gao, J.; Sun, G.; Pu, M. Z.; Wu, Y. J.; Fan, C.; Ji, L. L.	Impact of acupoint heat-sensitive moxibustion on lung function and life quality of patients with chronic persistent bronchial asthma: a randomized controlled study	2011	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	31	11	965-970	3a. Intervention out of scope (component thereof)
Pontes 2020	Pontes, N. S.; Barbosa, G. M.; Almeida Silva, H. J.; Scattone Silva, R.; Souza, C. G.; Lins, Cada; De Souza, M. C.	Effects of dry cupping on pain, function and quality of life in women with knee osteoarthritis: a protocol for a sham-controlled randomised trial	2020	BMJ Open	10	12		3a. Intervention out of scope (component thereof)
Shen 2018	Shen, J.; Ai, B.; Shen, M.	Effectiveness of Mild Moxibustion for Sub-Health Conditions in Pre- and Post-Menopausal Women: a Randomized Controlled Clinical Trial	2018	Medical science monitor	24		2907-2911	3a. Intervention out of scope (component thereof)

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Song 2012	Song, N. C.; He, J. B.; Xu, H. B.; Wu, J. F.	Comparative study on effect of acupoint heat-sensitive moxibustion and Seretide on the symptoms of bronchial asthma at chronic persistent stage	2012	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	32	7	593-596	3a. Intervention out of scope (component thereof)
Tian 2015	Tian, L.; Wang, J.; Luo, C.; Sun, R.; Zhang, X.; Yuan, B.; Du, X. Z.	Moxibustion at Gaohuang (BL 43) for chronic fatigue syndrome: a randomized controlled trial	2015	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	35	11	1127-1130	3a. Intervention out of scope (component thereof)
Xia 2019	Xia, Wumei; Lin, Weiqing; Chen, Chanchan; Zhou, Yuxuan	Effects of moxibustion at Baihui acupoint on negative mood and sleep quality of patients after thyroid cancer surgery	2019	Chinese Nursing Research	33	13	2239-2242	3a. Intervention out of scope (component thereof)
Zeng 2017	Zeng, Y.; Bi, D.; Yi, Z.; Lu, J.; Zhong, F.; Jiang, B.	Clinical study of medicinal-cake-separated moxibustion for senile osteoporosis	2017	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	37	5	473-476	3a. Intervention out of scope (component thereof)
Zhang 2009	Zhang, H. Y.; Lu, S. F.; Xiao, N.	Effect of warming moxibustion on Shenque acupoint for the treatment of acute diarrhea in children with infantile cerebral palsy	2009	Chinese Journal of Integrative Medicine	15	6	454-457	3a. Intervention out of scope (component thereof)
Zhang 2013	Zhang, Q. F.; Li, L. X.; Lin, G. H.; Lin, L. Z.	Effect of direct moxibustion at Sihua points on cytokine of chemotherapy patients with lung cancer	2013	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	33	3	207-210	3a. Intervention out of scope (component thereof)
Zhang 2017	Zhang, X. Q.	Clinical effects of nursing interventions in hepatitis B patients with a gallbladder stone attack	2017	World Chinese Journal of Digestology	25	9	822-826	3a. Intervention out of scope (component thereof)
Zhang 2020	Zhang, L.; Wang, Y. L.; Fu, R. Y.; Li, J. X.; Guo, X. Q.; Xu, B.; Feng, S. H.; Guan, X. J.	Ginger-partitioned moxibustion in the prevention of nausea and vomiting induced by chemotherapy in lung cancer: a randomized controlled trial	2020	Zhen ci yan jiu = Acupuncture research	45	7	574-577	3a. Intervention out of scope (component thereof)
Zhao 2013	Zhao, L.; Wu, F.; Wang, L.; Zhang, H.; Deng, H.; Cheng, K.; Shen, X.; Lao, L.	Effectiveness of moxibustion treatment as adjunctive therapy in osteoarthritis of the knee: a randomized controlled clinical trial	2013	Journal of alternative and complementary medicine.	19	7	A6	3a. Intervention out of scope (component thereof)
Zhao 2014	Zhao, J. M.; Wu, L. Y.; Liu, H. R.; Hu, H. Y.; Wang, J. Y.; Huang, R. J.; Shi, Y.; Tao, S. P.; Gao, Q.; Zhou, C. L.; et al.,	Factorial study of moxibustion in treatment of diarrhea-predominant irritable bowel syndrome	2014	World Journal of Gastroenterology	20	37	13563-13572	3a. Intervention out of scope (component thereof)
Zhou 2014	Zhou, X. P.; Lin, H.; Fu, Y.; Wan, X. Y.; Fang, P.; Jie, J. Y.; Qiu, C. L.; Wu, H. P.; Zhou, J. J.	Cervical spondylosis of vertebral artery treated with thermosensitive moxibustion with different dosages: a randomized controlled trial	2014	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	34	5	461-464	3a. Intervention out of scope (component thereof)
		Effects of Moxibustion on the Levels of Insulin-Like Growth Factor 1: a Pilot Study	2018	Cell transplantation	27	3	551-556	3a. Intervention out of scope (component thereof)

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唐芳 2018	唐芳,, 邓芳丽,, 刘念,, 秦旺喜	应用穴位按摩配合马铃薯片外敷缓解产后乳房胀痛的效果	2018	Nursing of Integrated Traditional Chinese & Western Medicine	4	8	43-45	3b. Intervention out of scope (not shiatsu)
叶苑 2019	叶苑,, 丁玉兰,, 庞书勤,, 林景雄,, 林松青,, 郑蓉婷,, 梅阳阳,	膝骨性关节炎病人的砭石循经穴位按摩 效果观察	2019	Chinese Nursing Research	33	16	2798-2801	3b. Intervention out of scope (not shiatsu)
张夏慧 2019	张夏慧,, 周春华,, 林嘉麟,, 蔡良珠,, 张淑平,, 苏玲英	穴位按摩缓解PICC 置管患者疼痛的效果观察	2019	Nursing of Integrated Traditional Chinese & Western Medicine	5	2	67-70	3b. Intervention out of scope (not shiatsu)
张夏慧 2020	张夏慧,, 周春华,, 林嘉麟,, 张淑平,	穴位按摩联合腔内心电图在PICC尖端定位中的应用研究	2020	Nursing of Integrated Traditional Chinese & Western Medicine	6	7	131-133	3b. Intervention out of scope (not shiatsu)
张尹 2020	张尹,, 范卉,, 周和玲,, 周瑶,, 王然,	子午流注经穴推拿联合香佩疗法在老年脑卒中后抑郁患者中的应用	2020	Nursing of Integrated Traditional Chinese & Western Medicine	6	1	53-56	3b. Intervention out of scope (not shiatsu)
何国花 2020	何国花,, 林友燕,	穴位埋针联合穴位按压治疗肿瘤脾胃阳虚型呃逆的效果观察	2020	Nursing of Integrated Traditional Chinese & Western Medicine	6	1	72-73	3b. Intervention out of scope (not shiatsu)
沈琴庆 2020	沈琴庆,, 庞春,, 关清,, 陆艳,, 谢党梅,, 梁美红,	穴位贴敷治疗五更泻的效果观察	2020	Nursing of Integrated Traditional Chinese & Western Medicine	6	7	72-73	3b. Intervention out of scope (not shiatsu)
anon 1976	anon,	Do-in: acupuntura shiatsu moxabustç�o	1976				1-Jan	3b. Intervention out of scope (not shiatsu)
Ballegaard 2004	Ballegaard, S.; Borg, E.; Karpatschof, B.; Nyboe, J.; Johannessen, A.	Long-term effects of integrated rehabilitation in patients with advanced angina pectoris: a nonrandomized comparative study	2004	Journal of Alternative & Complementary Medicine	10	5	777-83	3b. Intervention out of scope (not shiatsu)
Barker 2006	Barker, R.; Kober, A.; Hoerauf, K.; Latzke, D.; Adel, S.; Kain, Z. N.; Wang, S. M.	Out-of-hospital auricular acupressure in elder patients with hip fracture: a randomized double-blinded trial	2006	Academic Emergency Medicine	13	1	19-23	3b. Intervention out of scope (not shiatsu)
Beal 2000	Beal, M. W.	Acupuncture and Oriental body work: traditional and biomedical concepts in holistic care: history and basic concepts	2000	Holistic Nursing Practice	14	3	69-78	3b. Intervention out of scope (not shiatsu)
Braun 2011	Braun, M.; Schwickert, M.; Nielsen, A.; Brunnhuber, S.; Dobos, G.; Musial, F.; Lç¼dtke, R.; Michalsen, A.	Effectiveness of Traditional Chinese 'Gua Sha' Therapy in Patients with Chronic Neck Pain: a Randomized Controlled Trial	2011	Pain medicine (Malden, Mass.)	12	3	362-369	3b. Intervention out of scope (not shiatsu)
Brum 2009	Brum, Kazumi N.; Alonso, Angçlica C.; Brech, Guilherme C.	Tratamento de massagem e acupuntura em corredores recreacionais com sç-ndrome do piriforme	2009	Arq. ciçªnc. saçde	16	2	62-66	3b. Intervention out of scope (not shiatsu)

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Bu 2011	Bu, L.; Chen, T.; Chen, X.; Jing, H.; Li, N.	Clinical observation of acupuncture and massage therapy for temporomandibular joint disorders. [Chinese]	2011	Shanghai kou qiang yi xue = Shanghai journal of stomatology	20	3	292-295	3b. Intervention out of scope (not shiatsu)
Buselli 2011	Buselli, P.; Bosoni, R.; Busç, G.; Fasoli, P.; La Scala, E.; Mazzolari, R.; Zanetti, F.; Messina, S.	Effectiveness evaluation of an integrated automatic thermomechanic massage system (SMATH® system) in non-specific sub-acute and chronic low back pain - a randomized double-blinded controlled trial, comparing SMATH therapy versus sham therapy: study protocol for a randomized controlled trial	2011	Trials	12		216	3b. Intervention out of scope (not shiatsu)
Cao 2015	Cao, Y.; Wang, Y.	Acute lumbar sprain treated with massage combined with acupuncture at different distal acupoints: a randomized controlled trial. [Chinese]	2015	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	35	5	453-457	3b. Intervention out of scope (not shiatsu)
Cha 2016	Cha, N. H.; Sok, S. R.	Effects of Auricular Acupressure Therapy on Primary Dysmenorrhea for Female High School Students in South Korea	2016	Journal of Nursing Scholarship	48	5	508-16	3b. Intervention out of scope (not shiatsu)
Chen 2006	Chen, S. L.; Li, L. L.; Li, H. L.	Effect of massage in traditional Chinese medicine on short penis in male obese children. [Chinese]	2006	Chinese Journal of Clinical Rehabilitation	10	47	168-169	3b. Intervention out of scope (not shiatsu)
Chen 2009	Chen, X. Y.; Jia, W. H.; Liu, M. J.; Meng, X. Q.; Ma, Y. D.; Wang, L. L.	Observation on therapeutic effect of digital acupoint pressure for treatment of the nerve root type of cervical spondylosis. [Chinese]	2009	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	29	8	659-662	3b. Intervention out of scope (not shiatsu)
Chen 2013	Chen, M. Y.; Pu, Q. Q.; Liu, S. Y.; Jiang, Z. Y.	[Efficacy comparison of different stimulation therapies for periarthritis of shoulder]. [Chinese]	2013	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	33	2	109-112	3b. Intervention out of scope (not shiatsu)
Chen 2018	Chen, Qianyu; Liao, Ruoyi; Zhang, Yuejuan	Application progress on TCM characteristic nursing technique in rehabilitation nursing of patients with hemiplegia after stroke	2018	Chinese Nursing Research	32	5	677-681	3b. Intervention out of scope (not shiatsu)
Chi 2014	Chi, Ctr lor	Evaluation on Effects of a Combined Therapeutic Plan with Massage, Herbal Medicine Iontophoresis and Acupoint Injection on lumbar disc protrusion	2014	http://www.who.int/trials/earch/Trial2.aspx?TrialID=ChiCTR-IOR-14005609				3b. Intervention out of scope (not shiatsu)
Chi 2016	Chi, Ctr lor	A randomized controlled clinical trial of acupoint application of Chinese medicine for suspected asthma	2016	http://www.who.int/trials/earch/Trial2.aspx?TrialID=ChiCTR-IOR-16008941				3b. Intervention out of scope (not shiatsu)
Chi 2017	Chi, Ctr lor	Health preservation methods of Traditional Chinese Medicine on treating premenstrual syndrome: a randomized controlled clinical trial	2017	http://www.who.int/trials/earch/Trial2.aspx?TrialID=ChiCTR-IOR-17011307				3b. Intervention out of scope (not shiatsu)

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ChiCtr 2018	ChiCtr,	The Effect of The Integrated Traditional Chinese and Western Medicine in the Prevention and Control for Post-traumatic Stress Disorder	2018	http://www.who.int/trials/earch/Trial2.aspx?TrialID=ChiCTR1800017255				3b. Intervention out of scope (not shiatsu)
ChiCtr 2019	ChiCtr,	Effectiveness of acupoint stimulation to increase bone mineral density in postmenopausal women with low bone mass: a randomized controlled trial	2019	http://www.who.int/trials/earch/Trial2.aspx?TrialID=ChiCTR1900022416				3b. Intervention out of scope (not shiatsu)
Chiu 2010	Chiu, J.; Gau, M.; Kuo, S.; Chang, Y.; Tu, H.	Effects of Gua-Sha therapy on breast engorgement: a randomized controlled trial	2010	Journal of Nursing Research (Lippincott Williams & Wilkins)	18	1	1-Oct	3b. Intervention out of scope (not shiatsu)
Ctri 2020	Ctri,	Comparison Of Gua Sha, Cryostretch And Positional Release Technique In Subjects With Plantar Fasciitis	2020	http://www.who.int/trials/earch/Trial2.aspx?TrialID=CTRI/2020/10/028591				3b. Intervention out of scope (not shiatsu)
Ctri 2020	Ctri,	Effect of Gua Sha and Cryostretch techniques on Plantar fasciitis	2020	http://www.who.int/trials/earch/Trial2.aspx?TrialID=CTRI/2020/05/025414				3b. Intervention out of scope (not shiatsu)
Ctri 2020	Ctri,	effect of myofascial release vs soft tissue release using jade stone on people with lock jaw	2020	http://www.who.int/trials/earch/Trial2.aspx?TrialID=CTRI/2020/12/029777				3b. Intervention out of scope (not shiatsu)
çÿ³æ~Žæ° 2018	çÿ³æ~Žæ°; çŽæææ.; èfjæµ·èE.; ä-£âæ; ä¶ä°.; ä¼ è%³éœž,	ç©´ ä½è´ æ·ç»"ä^ç©´ ä½æE%æ'©æ²»ç—æ...ç æ€äâ½ç,Žçš,ç—æ·^èä,ä-ÿä, Žæšç†	2018	Nursing of Integrated Traditional Chinese & Western Medicine	4	11	63-65	3b. Intervention out of scope (not shiatsu)
Du 2008	Du, Y. R.; Li, D. G.; Zhang, W.; Zhu, F.; Liu, Q. G.	Clinical curative effect of combination between medicine and acupoint flow on SOD, NO in patients with ulcerative colitis	2008	Zhongguo Zhong yao za zhi [China journal of Chinese materia medica]	33	20	2404-2406	3b. Intervention out of scope (not shiatsu)
Eghbali 2016	Eghbali, M.; Yekaninejad, M. S.; Varaei, S.; Jalalinia, S. F.; Samimi, M. A.; Sa'atchi, K.	The effect of auricular acupressure on nausea and vomiting caused by chemotherapy among breast cancer patients	2016	Complementary Therapies in Clinical Practice	24		189-94	3b. Intervention out of scope (not shiatsu)
Elder 2010	Elder, C.; Gallison, C.; Lindberg, N. M.; DeBar, L.; Funk, K.; Ritenbaugh, C.; Stevens, V. J.	Randomized trial of Tapas Acupressure Technique for weight loss maintenance: rationale and study design	2010	Journal of Alternative & Complementary Medicine	16	6	683-90	3b. Intervention out of scope (not shiatsu)
Elder 2012	Elder, C. R.; Gullion, C. M.; Debar, L. L.; Funk, K. L.; Lindberg, N. M.; Ritenbaugh, C.; Meltesen, G.; Gallison, C.; Stevens, V. J.	Randomized trial of Tapas Acupressure Technique for weight loss maintenance	2012	BMC Complementary & Alternative Medicine	12		19	3b. Intervention out of scope (not shiatsu)
Fang 2017	Fang, Meng; Pei-bei, Duan; Junya, Zhu; Qing-qing, Lou; Zhao-hui, Fang; Hong-li, An; Lan-ying, Liu; Yue, Hu; Qian, Hu	Effect of Gua sha therapy on perimenopausal syndrome: a randomized controlled trial	2017	Menopause (10723714)	24	3	299-307	3b. Intervention out of scope (not shiatsu)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Fei 2018	Fei, Y.; Wang, C.; Du, Y.	Causes of breast-feeding jaundice and clinical efficacy analysis of nursing intervention	2018	International Journal of Clinical and Experimental Medicine	11	12	13645-13650	3b. Intervention out of scope (not shiatsu)
Feng 2005	Feng, B.; Liu, L. Y.; Xu, F. Z.; Chen, J.; Wang, P.; Chen, W.; Yu, E.	Clinical study on treatment of obsessive compulsive neurosis by acupoint stimulating control	2005	Zhongguo zhong xi yi jie he za zhi zhongguo zhongxiyi jiehe zazhi = chinese journal of integrated traditional and western medicine	25	9	801-803	3b. Intervention out of scope (not shiatsu)
Fonseca 2015	Fonseca, Alexandra; Tomç©, David; Gentil, Fernanda	Posturographic Assessment in Yoga Practitioners and Non-Practitioners: Balance Benefits...International Congress of Audiology, 9-10 October 2015, Portugal	2015	Journal of Hearing Science	5	4	62-63	3b. Intervention out of scope (not shiatsu)
Franke 2000	Franke, A.; Gebauer, S.; Franke, K.; Brockow, T.	Acupuncture massage vs Swedish massage and individual exercises vs group exercises in low back pain sufferers - A randomised controlled clinical trial in a 2 x 2 factorial design. [German]	2000	Forschende Komplementarmedizin und Klassische Naturheilkunde	7	6	286-293	3b. Intervention out of scope (not shiatsu)
Goidenko 2003	Goidenko, V. S.; Komarova, I. B.	[Efficacy of acupressure therapy in combined treatment of psycho-autonomic neurotic disorders in children]	2003	Zhurnal Nevrologii i Psikhiatrii Imeni S.S. Korsakova	103	8	#####	3b. Intervention out of scope (not shiatsu)
Hajiamini 2012	Hajiamini, Z.; Masoud, S. N.; Ebadi, A.; Mahboubh, A.; Matin, A. A.	Comparing the effects of ice massage and acupressure on labor pain reduction	2012	Complementary Therapies in Clinical Practice	18	3	169-72	3b. Intervention out of scope (not shiatsu)
Henriques 1998	Henriques, Lourdes T.	Tratamento de nefropatia cr�nica por acupuntura-moxabust�o e tui-n�, em paciente portador de espondilite anquilosante (EA)	1998	Rev. paul. acupunt	4	1	58-60	3b. Intervention out of scope (not shiatsu)
Horng 2013	Horng, H. C.; Kuo, C. P.; Cherng, C. H.; Yeh, C. C.; Wang, T. C.; Liaw, W. J.; Ko, S. C.; Wong, C. S.	The effects of collateral meridian therapy for knee osteoarthritis pain management: a pilot study	2013	Journal of Manipulative & Physiological Therapeutics	36	1	51-6	3b. Intervention out of scope (not shiatsu)
Hu 2009	Hu, X.; Zhao, K.	Application of TCM acupoint massage for maternal breast care of mothers separated with their baby [sic]	2009	Chinese Nursing Research	23	5B	1282-1282	3b. Intervention out of scope (not shiatsu)
Irct201302277494N 2013	Irct201302277494N,	"The effect of acupressure with valerian Oil 2/5% on Quality and Quantity of sleep of patients with Acute coronary Syndrome (ACS)"	2013	http://www.who.int/trials				3b. Intervention out of scope (not shiatsu)
Irct2013041513016N 2013	Irct2013041513016N,	Comparison of the effects of ice massage on massage and pain of primary dysmenorrhea	2013	earch/Trial2.aspx?TrialID=IRCT201302277494N3 http://www.who.int/trials earch/Trial2.aspx?TrialID=IRCT2013041513016N1				3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Irct2015070823117N 2016	Irct2015070823117N,	A comparative study of the application of Shiatsu and ice massage on pain severity associated with hemodialysis patients	2016	http://www.who.int/trials/earch/Trial2.aspx?TrialID=IRCT2015070823117N1				3b. Intervention out of scope (not shiatsu)
Jiang 2020	Jiang, G.; Li, Y.; Xu, D.; Gong, X.; Wu, W.; Kubota, K.; He, L.; Jia, C.	Effect of acupoint therapy combined with spine pinching in patients with menopausal syndrome: a randomized controlled trial	2020	Journal of Traditional Chinese Medicine	40	5	855-862	3b. Intervention out of scope (not shiatsu)
Jiao 2015	Jiao, C.; Zhu, X.; Zhang, H.; Du, X.	EMP acupoint stimulation conducive to increase the effect of weight reduction through aerobic exercise	2015	International Journal of Clinical and Experimental Medicine http://www.who.int/trials/earch/Trial2.aspx?TrialID=JPRN-UMIN000032066	8	7	11317-11321	3b. Intervention out of scope (not shiatsu)
Jprn 2018	Jprn, Umin	Evaluation of the effect of slack of face by Gua Sha treatment	2018					3b. Intervention out of scope (not shiatsu)
Kang 2009	Kang, H. S.; Sok, S. R.; Kang, J. S.	Effects of Meridian acupressure for stroke patients in Korea	2009	Journal of Clinical Nursing	18	15	2145-52	3b. Intervention out of scope (not shiatsu)
Kim 2005	Kim, J. S.; Jo, Y. J.; Hwang, S. K.	The effects of abdominal meridian massage on menstrual cramps and dysmenorrhea in full-time employed women. [Korean]	2005	Taehan Kanho Hakhoe chi	35	7	1325-1332	3b. Intervention out of scope (not shiatsu)
L 2020	L. U. Zhixia; L. I. Chuanhui; M. A. Ling; Ding Yufang	Effect of Baduanjin combined with acupoint massage on rehabilitation of patients with heart failure	2020	Chinese Nursing Research	34	6	1082-1085	3b. Intervention out of scope (not shiatsu)
Lauche 2012	Lauche, R; Wubbeling, K; Ludtke, R; Cramer, H; Choi, Ke; Rampp, T; Michalsen, A; Langhorst, J; Dobos, Gj	Randomized controlled pilot study: Pain intensity and pressure pain thresholds in patients with neck and low back pain before and after traditional East Asian 'Gua Sha' therapy	2012	American Journal of Chinese Medicine	40	5	905-17.	3b. Intervention out of scope (not shiatsu)
Li 2007	Li, Y. H.; Yin, L. L.; Wang, S. X.; Wang, L. H.	Observation on the therapeutic effect of acupoint application on constipation	2007	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	27	3	189-190	3b. Intervention out of scope (not shiatsu)
Li 2014	Li, M. F.	Effect of foot bath and massage on insomnia in patients with liver cirrhosis and investigation of nursing satisfaction	2014	Journal of Acupuncture and Tuina Science	12	2	105-108	3b. Intervention out of scope (not shiatsu)
Li 2016	Li, Bingshi; Ji, Chunyan; Xu, Luzhou	Effect observation on Ziwuliuzhi theory guided acupoint massage for blood pressure control in patients with hypertension in Yin deficiency and Yang excess	2016	Chinese Nursing Research	30	11A	3924-3927	3b. Intervention out of scope (not shiatsu)
Li 2017	Li, Yan; Qi, Daliang; Gong, Lei; Qu, Huiping; Xu, Bin; Wen, Xiaoyan; Li, Jing; Xu, Jie	Effect of auricular points treatment combined with acupoints application in patients with constipation after lung cancer surgery	2017	Journal of Cancer Research & Therapeutics	13	5	844-848	3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Liang 2006	Liang, Y.; Zhang, S. M.; Hu, Y.; Zhang, H. W.; Yuan, R. X.	Effects of traditional Chinese medicine and rehabilitation training on knee joint function after anterior cruciate ligament reconstruction in arthroscopy. [Chinese]	2006	Chinese Journal of Clinical Rehabilitation	10	27	6-Oct	3b. Intervention out of scope (not shiatsu)
Liang 2015	Liang, Fang; Yan, Bei; Zhang, Ai	Influence of ear pressure beans combined acupoint massage on pain and anxiety in patients with chronic gastritis	2015	Chinese Nursing Research	29	7A	2419-2421	3b. Intervention out of scope (not shiatsu)
Lin 2014	Lin, X. X.; Xu, X. Y.; Shangguan, B. B.	Chinese herbal foot bath plus acupoint massage beneficial to the improvement of grade 0 diabetic foot	2014	Journal of Acupuncture and Tuina Science	12	5	290-294	3b. Intervention out of scope (not shiatsu)
Liudden 2011	Liudden, I.; Howley, M.; Grimsgaard, A. S.; Fonnebo, V. M.; Borud, E. K.; Alraek, T.; Norheim, A. J.	Perioperative acupuncture and postoperative acupressure can prevent postoperative vomiting following paediatric tonsillectomy or adenoidectomy: a pragmatic randomised controlled trial	2011	Acupuncture in Medicine	29	1	Sep-15	3b. Intervention out of scope (not shiatsu)
Liu 2015	Liu, S.; Li, N.; Zhang, Y.; Zhang, X.; Xi, J.; Zhao, M.; Yu, W.; Zhou, G.; Li, X.; Zhang, K.	Clinical observation of acupoint application therapy on senile female bladder neck obstruction	2015	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	35	12	1235-1238	3b. Intervention out of scope (not shiatsu)
Liu 2017	Liu, Xiaoyan	Influence of emotional nursing combined with acupoint application on quality of life and adverse mood in patients with chronic obstructive pulmonary disease at acute exacerbation stage	2017	Chinese Nursing Research	31	26	3277-3280	3b. Intervention out of scope (not shiatsu)
Liu 2017	Liu, X. Y.; Jiang, X. Y.; Xie, W.; Yan, S.; Liu, Z. L.; Yan, Q.; Wang, K. B.	Clinical observation on acupoint pressure therapy plus electroacupuncture for post-traumatic knee osteoarthritis	2017	Journal of Acupuncture and Tuina Science	15	3	214-218	3b. Intervention out of scope (not shiatsu)
Liu 2018	Liu, Shengrong	Clinical observation on curative effect of 45 cases of vertigo treated with auricular acupoint therapy combined with meridian massage instrument	2018	Chinese Nursing Research	32	4	623-624	3b. Intervention out of scope (not shiatsu)
Liu 2019	Liu, X. Z.; Zeng, Z.	Umbilical therapy combined with moxibustion for autumn diarrhea in children	2019	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	39	8	832-836	3b. Intervention out of scope (not shiatsu)
Liu 2020	Liu, Y.; Liu, F.; Ji, H.; Wang, H.; Li, J.	The effects of limb functional exercises combined with Chinese medicine acupoint massage on the gastrointestinal and immune functions of elderly bedridden patients	2020	International Journal of Clinical and Experimental Medicine	13	6	4478-4487	3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Lou 2012	Lou, B. D.; Yang, L. B.; Zhang, W.; Li, J. X.; Li, X. P.; Li, W.; Yang, S. Q.; Huang, X. H.; Liu, X. P.; Cao, Y.; et al.,	Impacts on repeated common cold for the adults with different constitutions treated by acupoint application in the dog days and the three nine-day periods after the winter solstice	2012	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	32	11	966-970	3b. Intervention out of scope (not shiatsu)
Lu 2014	Lu, L. X.; Lu, M.; Fan, Y. W.	Observation on the effect of acupoint injection plus massage therapy on primary dysmenorrhea	2014	Journal of Acupuncture and Tuina Science	12	4	256-259	3b. Intervention out of scope (not shiatsu)
Lu 2018	Lu, W. Y.; Shen, J. F.; Shen, L. P.; Zhu, J. F.	Effect of acupoint massage plus acupoint sticking therapy for the stress reaction during postoperative anesthesia recovery period in patients undergoing nasal endoscopic surgery	2018	Journal of Acupuncture and Tuina Science	16	5	343-348	3b. Intervention out of scope (not shiatsu)
Lu 2019	Lu, X. H.; Zhang, X. M.; Liu, S. L.; Jiang, F. Q.; Ding, R. X.; Bin, X.; Jie, Y.; Gou, X. J.	Clinical Research on Prevention and Treatment of Respiratory Tract Complications With Acupoint Application After Operation Under General Anesthesia	2019	Journal of craniofacial surgery	30	1	e85-e92	3b. Intervention out of scope (not shiatsu)
Luo 2018	Luo, Haiyan; Wen, Guoying; Yang, Fan	Application of acupoint massage combined with relaxation training for primary glaucoma patients	2018	Chinese Nursing Research	32	2	278-280	3b. Intervention out of scope (not shiatsu)
Medvid 2014	Medvid,, II; Babinets, L. S.; Herasymets,, II	[The efficiency of Lyapko applicators usage in the treatment of patients with comorbidity of hypertension and chronic pancreatitis based on the heart rate variability]	2014	Likarska Sprava		11	102-5	3b. Intervention out of scope (not shiatsu)
Melchart 2006	Melchart, D.; Ihbe-Heffinger, A.; Leps, B.; von Schilling, C.; Linde, K.	Acupuncture and acupressure for the prevention of chemotherapy-induced nausea--a randomised cross-over pilot study	2006	Supportive Care in Cancer	14	8	878-82	3b. Intervention out of scope (not shiatsu)
Meng 2015	Meng, Guiqin; Wang, Li; Yang, Ling	Influence of finger percussion Baihui acupoint combined with cognitive behavior intervention on constipation of patents after stroke	2015	Chinese Nursing Research	29	12A	4257-4260	3b. Intervention out of scope (not shiatsu)
MiJung 2013	Mi Jung, Nam; Young le, Bang; Tae Im, Kim	Effects of Abdominal Meridian Massage with Aroma Oils on Relief of Constipation among Hospitalized Children with Brain related Disabilities	2013	Journal of Korean Academy of Nursing	43	2	247-255	3b. Intervention out of scope (not shiatsu)
Nakamura 2017	Nakamura, S.; Horiuchi, S.	Randomized Controlled Trial to Assess the Effectiveness of a Self-Care Program for Pregnant Women for Relieving Hiesho	2017	Journal of Alternative & Complementary Medicine	23	1	53-59	3b. Intervention out of scope (not shiatsu)
Nct 2010	Nct,	Effects of Gua Sha and Thermoherapy on Chronic Neck Pain	2010	https://clinicaltrials.gov/s how/NCT01233180				3b. Intervention out of scope (not shiatsu)
Nct 2014	Nct,	Gua Sha for Chronic Low Back Pain in Elderly	2014	https://clinicaltrials.gov/s how/NCT02314507				3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Nct 2015	Nct,	The Clinical Study of Improving the Thirst and Hypotension of Hemodialysis Patients	2015	https://clinicaltrials.gov/ct2/show/NCT02583802				3b. Intervention out of scope (not shiatsu)
Nct 2017	Nct,	Gua Sha Therapy for Chronic Low Back Pain	2017	https://clinicaltrials.gov/ct2/show/NCT03333213				3b. Intervention out of scope (not shiatsu)
Nct 2019	Nct,	Effect of Su-Man Formula Massage Oil Acupressure on Sleep Quality and Anxiety in Patients With Insomnia	2019	https://clinicaltrials.gov/ct2/show/NCT04188340				3b. Intervention out of scope (not shiatsu)
Nct 2019	Nct,	The Effect of Chronic Pain Relief Over Knee Joint Area by Gua Sha Therapy	2019	https://clinicaltrials.gov/ct2/show/NCT03821194				3b. Intervention out of scope (not shiatsu)
Ou 2018	Ou, Xuequn; Mo, Xiping; Qin, Meifeng	Influence on resistance exercise combination with acupoint massage motorpathy for physiological index of elderly diabetic patients	2018	Chinese Nursing Research	32	4	583-586	3b. Intervention out of scope (not shiatsu)
Pecos-Martin 2019	Pecos-Martin, D.; Ponce-Castro, M. J.; Jimenez-Rejano, J. J.; Nunez-Nagy, S.; Calvo-Lobo, C.; Gallego-Izquierdo, T.	Immediate effects of variable durations of pressure release technique on latent myofascial trigger points of the levator scapulae: a double-blinded randomised clinical trial	2019	Acupuncture in Medicine	37	3	141-150	3b. Intervention out of scope (not shiatsu)
Qian 2006	Qian, Q. I.; Cui, Y. H.	Comparison of curative effects of electroacupuncture and massage as well as electroacupuncture-massage for fascitis in back muscles	2006	Chinese Journal of Clinical Rehabilitation	10	19	20-21	3b. Intervention out of scope (not shiatsu)
Rhim 2010	Rhim, N. J.; Hornung, D. E.	The effect of the stimulation of traditional korean medicine acupunctural points on olfactory function	2010	Chemical Senses	35 (7)		A116	3b. Intervention out of scope (not shiatsu)
Rodriguez-Mansilla 2015	Rodriguez-Mansilla, J.; Gonzalez Lopez-Arza, M. V.; Varela-Donoso, E.; Montanero-Fernandez, J.; Gonzalez Sanchez, B.; Garrido-Ardila, E. M.	The effects of ear acupressure, massage therapy and no therapy on symptoms of dementia: a randomized controlled trial	2015	Clinical Rehabilitation	29	7	683-93	3b. Intervention out of scope (not shiatsu)
Saha 2019	Saha, Felix J.; Brummer, Gianna; Lauche, Romy; Ostermann, Thomas; Choi, Kyung-Eun; Rampp, Thomas; Dobos, Gustav; Cramer, Holger	Gua Sha therapy for chronic low back pain: A randomized controlled trial	2019	Complementary Therapies in Clinical Practice	34		64-69	3b. Intervention out of scope (not shiatsu)
Smith 2014	Smith, C.; Fogarty, S.; Touyz, S.; Madden, S.; Buckett, G.; Hay, P.	Acupuncture and acupressure and massage health outcomes for patients with anorexia nervosa: findings from a pilot randomized controlled trial and patient interviews	2014	Journal of Alternative & Complementary Medicine	20	2	103-12	3b. Intervention out of scope (not shiatsu)
Song 2017	Song, Lihua; Fan, Yanxia	Application effect of acupoint therapy of TCM in postoperative rehabilitation of patients with hypertensive cerebral hemorrhage	2017	Chinese Nursing Research	31	33	4276-4278	3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Stone 1997	Stone, R. G.; Wharton, R. B.	Simultaneous multiple-modality therapy for tension headaches and neck pain	1997	Biomedical Instrumentation & Technology	31	3	259-62	3b. Intervention out of scope (not shiatsu)
Su 2009	Su, L. H.; Wu, K. D.; Lee, L. S.; Wang, H.; Liu, C. F.	Effects of far infrared acupoint stimulation on autonomic activity and quality of life in hemodialysis patients	2009	American Journal of Chinese Medicine	37	2	215-226	3b. Intervention out of scope (not shiatsu)
Tang 2015	Tang, H.; Chen, Z.; Pang, J.; Mo, Q.	Treatment of insomnia with shujing massage therapy: a randomized controlled trial. [Chinese]	2015	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	35	8	816-818	3b. Intervention out of scope (not shiatsu)
Tctr 2018	Tctr,	The Effects of Chair Massage and Resting on Peripheral Fatigue of Non-elite male Badminton Players: a Randomized Controlled Trial	2018	http://www.who.int/trials/earch/Trial2.aspx?TrialID=TCTR20180729001				3b. Intervention out of scope (not shiatsu)
Tsai 2014	Tsai, Keng-Kuang; Wang, Chih-Hung	Acute epiglottitis following traditional Chinese gua sha therapy	2014	CMAJ: Canadian Medical Association Journal	186	8	E298-E298	3b. Intervention out of scope (not shiatsu)
Wang 2005	Wang, L.; Zhou, Q.; Yu, L.	Cases of constipation of patients lying in bed in orthopedics department and its prevention	2005	Chinese Nursing Research	19	4B	661-662	3b. Intervention out of scope (not shiatsu)
Wang 2007	Wang, G. Z.	Treatment of 116 cases of cervical intervertebral disc protrusion by tuina	2007	Journal of Acupuncture and Tuina Science	5	2	109-111	3b. Intervention out of scope (not shiatsu)
Wang 2008	Wang, X. F.; Hu, X. L.	Therapeutic effects on spastic cerebral palsy in children: Acupuncture and massage at the Shu and He acupoints versus routine acupoints	2008	Neural Regeneration Research	3	1	53-56	3b. Intervention out of scope (not shiatsu)
Wang 2009	Wang, S. X.; Lu, D. J.; Li, Y. H.	Observation on therapeutic effect of acupoint application on dysmenorrhea of excess syndrome and effect on prostaglandins	2009	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	29	4	265-268	3b. Intervention out of scope (not shiatsu)
Wang 2011	Wang, Y. M.; Wang, Q. Y.; Zhang, J.; Guo, Y. L.	[Comparative study on acupoint pressing and medication for angina pectoris due to coronary heart disease]	2011	Zhongguo Zhenjiu	31	7	595-8	3b. Intervention out of scope (not shiatsu)
Wang 2016	Wang, Yuanhong; Li, Li; Ji, Wei	Effect observation on fumigation first then oral administration with Chinese medicine combined with acupoint massage for improvement of dry eye in patients with dry syndrome	2016	Chinese Nursing Research	30	5B	1783-1785	3b. Intervention out of scope (not shiatsu)
Wang 2016	Wang, Wenjuan; Ye, Wanli; Han, Xiaoling	Observation on curative effect of Qianyang Anshen Decoction lavipeditum combined with acupoint massage for treatment of chronic hepatitis B patients with ahypnosis	2016	Chinese Nursing Research	30	2B	630-632	3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Wei 2010	Wei, Y.	Clinical observation on acupoint catgut embedding at head-acupoint combined with massage of sole for treatment of refractory insomnia. [Chinese]	2010	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	30	2	117-120	3b. Intervention out of scope (not shiatsu)
Wu 2014	Wu, Y. Q.; Hu, J. H.; Zhao, Z. Y.; Zhou, C.; Yu, X.; Zheng, Y.; Lu, X. J.	Clinical observation on senile patients with acute gouty arthritis treated by acupoint application	2014	Journal of the American Geriatrics Society	62		S381	3b. Intervention out of scope (not shiatsu)
Wu 2016	Wu, Lihong; Zhang, Xiaoqin	Research progress on intestinal tolerance of early enteral nutrition in patients with postoperative gastric cancer	2016	Chinese Nursing Research	30	10A	3457-3460	3b. Intervention out of scope (not shiatsu)
Xie 2019	Xie, X.; Lu, L.; Zhou, X.; Zhong, C.; Ge, G.; Huang, H.; Zhang, X.; Zeng, Y.	Effect of Gua Sha therapy on patients with diabetic peripheral neuropathy: a randomized controlled trial	2019	Complementary Therapies in Clinical Practice	35		348-352	3b. Intervention out of scope (not shiatsu)
Xu 2011	Xu, W. M.; Guo, Y. H.; Chen, B. X.	[Efficacy observation on infiltrative exophthalmos treated with acupuncture and acupoint massage]. [Chinese]	2011	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	31	2	101-104	3b. Intervention out of scope (not shiatsu)
Xu 2019	Xu, L.; Li, R.; Zhang, Q. L.	Adjuvant therapy of moxibustion combined with Wenyang Lishui formula for peritoneal effusion of ovarian malignant tumors	2019	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	39	12	1294-1298	3b. Intervention out of scope (not shiatsu)
Xu 2020	Xu, H.; Kang, B.; Zhong, S.; Gao, C.; Zhao, C.; Qiu, G.; Sun, S.; Xie, J.; Xiao, L.; Shi, Q.	Pressing local acupoints plus adjustment of the knee joint in a sitting position for treating knee osteoarthritis: a randomized controlled trial	2020	Chinese Journal of Tissue Engineering Research	25	2	216-221	3b. Intervention out of scope (not shiatsu)
Ya-Hui 2019	Ya-Hui, Chou; Yu-Jen, Wang; Mei-Ling, Y. E. H.; Chien-Yu, L. I. N.	Effects of an Acupoint Intervention on Improving Fatigue and Heart Rate Variability in Head and Neck Cancer Patients Receiving Concurrent Chemoradiotherapy	2019	Journal of Nursing	66	3	46-58	3b. Intervention out of scope (not shiatsu)
Yang 2005	Yang, Y.; Li, Z. H.; He, J. S.	Effect of acupoint iontophoresis on heart and lung functions in topnotch athletes	2005	Chinese Journal of Clinical Rehabilitation	9	48	187-190	3b. Intervention out of scope (not shiatsu)
Yang 2015	Yang, M. H.; Lin, L. C.; Wu, S. C.; Chiu, J. H.; Wang, P. N.; Lin, J. G.	Comparison of the efficacy of aroma-acupressure and aromatherapy for the treatment of dementia-associated agitation	2015	BMC Complementary & Alternative Medicine	15		93	3b. Intervention out of scope (not shiatsu)
Yang 2020	Yang, X.; He, B. J.; Sun, S. Q.; Feng, J. X.; Li, J. X.	Clinical effect of acupoint thread-embedding therapy at different intervals in the intervention of metabolic syndrome	2020	Zhen ci yan jiu = Acupuncture research	45	1	62-65	3b. Intervention out of scope (not shiatsu)
Yeh 2009	Yeh, M. L.; Chang, C. Y.; Chu, N. F.; Chen, H. H.	A six-week acupoint stimulation intervention for quitting smoking	2009	American Journal of Chinese Medicine	37	5	829-836	3b. Intervention out of scope (not shiatsu)
Yuan 2015	Yuan, Y. D.; Zhao, X. P.; Deng, Z. L.; Song, Q. H.; Zhang, L. Y.; Zhang, H. Y.	Interference of strength training can obviously increase the effect of moxibustion treatment on patients with knee joints injuries	2015	International Journal of Clinical and Experimental Medicine	8	8	13748-13754	3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Yue 2011	Yue, F.; Liang, X.; Zhu, Y.; Zhao, C.; Chen, Y.; Li, Y.; Zhang, Y.	Clinical study on massage in treating cervical spondylosis of vertebral artery type	2011	Journal of Acupuncture and Tuina Science	9	3	188-192	3b. Intervention out of scope (not shiatsu)
Yuen 2017	Yuen, John W. M.; Tsang, William W. N.; Tse, Sonny H. M.; Loo, Wings T. Y.; Chan, Suk-Tak; Wong, Diana L. Y.; Chung, Hilary H. Y.; Tam, Jacky K. K.; Choi, Thomas K. S.; Chiang, Vico C. L.	The effects of Gua sha on symptoms and inflammatory biomarkers associated with chronic low back pain: A randomized active-controlled crossover pilot study in elderly	2017	Complementary Therapies in Medicine	32		25-32	3b. Intervention out of scope (not shiatsu)
Yulan 2014	Yulan, Ren; Dehua, Li; Hui, Zheng; Junling, Lv; Junyan, Leng; Linglin, Zhang; Jie, Zhang; Hailong, Fan; Fanrong, Liang	Acupoint Application in Patients with Chronic Stable Angina Pectoris: study Protocol of a Randomized, Double-Blind, Controlled Trial	2014	Evidence-based Complementary & Alternative Medicine (eCAM)	2014		1-Aug	3b. Intervention out of scope (not shiatsu)
Zhang 2005	Zhang, X. L.	Influence of acupuncture with massage on the movement development of children with spastic cerebral palsy. [Chinese]	2005	Chinese Journal of Clinical Rehabilitation	9	7	116-117	3b. Intervention out of scope (not shiatsu)
Zhang 2005	Zhang, W; Zheng, J; Zhao, X	Treatment of Arterial-Type Cervical Spondylosis with Acupoint-injection, Combined with Massage Manipulation	2005	International Journal of Clinical Acupuncture	14	4	261-5.	3b. Intervention out of scope (not shiatsu)
Zhang 2008	Zhang, S. J.; Si, T.; Li, Z.	Clinical observation on nanometer acupoint mounting method for alleviation of myospasm complicated by spinal injury	2008	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	28	11	849-851	3b. Intervention out of scope (not shiatsu)
Zhang 2011	Zhang, Y.; Feng, B.; Xie, J. P.; Xu, F. Z.; Chen, J.	Clinical study on treatment of the earthquake-caused post-traumatic stress disorder by cognitive-behavior therapy and acupoint stimulation	2011	Journal of traditional chinese medicine = chung i tsa chih ying wen pan	31	1	60-63	3b. Intervention out of scope (not shiatsu)
Zhang 2019	Zhang, H.; Dou, Q.; Zhu, T.	Clinical study on the treatment of knee osteoarthritis with massage combined with warm acupuncture	2019	Osteoarthritis and Cartilage	27 (Supplement 1)		S221	3b. Intervention out of scope (not shiatsu)
Zhang 2020	Zhang, S.; Zhu, Q.; Zhan, C.; Cheng, W.; Mingfang, X.; Fang, M.; Fang, L.	Acupressure therapy and Liu Zi Jue Qigong for pulmonary function and quality of life in patients with severe novel coronavirus pneumonia (COVID-19): a study protocol for a randomized controlled trial	2020	Trials [Electronic Resource]	21	1	751	3b. Intervention out of scope (not shiatsu)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Zhao 2006	Zhao, M. Y.; Chang, H.	Effect of medicated bath plus acupoint massage on limbs in treating 42 patients with diabetic peripheral neuropathy. [Chinese]	2006	Zhongguo Zhong xi yi jie he za zhi Zhongguo Zhongxiyi jiehe zazhi = Chinese journal of integrated traditional and Western medicine / Zhongguo Zhong xi yi jie he xue hui, Zhongguo Zhong yi yan jiu yuan zhu ban	26	11	1026-1028	3b. Intervention out of scope (not shiatsu)
Zhong 2016	Zhong, Lin; Vasudevan, Balamurali; Su Jie, Fang; Vishal, Jhanji; Guang Yun, Mao; Wei, Han; Tie Ying, Gao; Ciuffreda, Kenneth J.; Yuan Bo, Liang	Eye exercises of acupoints: their impact on myopia and visual symptoms in Chinese rural children	2016	BMC Complementary & Alternative Medicine	16		1-Jul	3b. Intervention out of scope (not shiatsu)
Zhu 2006	Zhu, N.; Zhang, B.; Feng, P.	Effect comparison of modified massage therapy for acute lumbar sprain. [Chinese]	2006	Chinese Journal of Clinical Rehabilitation	10	7	13-15	3b. Intervention out of scope (not shiatsu)
Zhu 2015	Zhu, Yunyun; Guo, Lingxin; Qiu, Jingbo	Influence of warm water feet bath combined with acupoint massage on recovery of postoperative gastrointestinal function of gynecological patients undergoing trans-abdominal operation	2015	Chinese Nursing Research	29	7B	2502-2503	3b. Intervention out of scope (not shiatsu)
Zhu 2019	Zhu, T.; Dou, Q.; Guo, Y.; Hao, Y.; Liu, Y.; Chen, D.	Treatment of 34 cases of senile lumbar degenerative osteoarthritis with internal and external treatment of traditional Chinese medicine	2019	Osteoarthritis and Cartilage	27 (Supplement 1)		S222	3b. Intervention out of scope (not shiatsu)
Zullino 2005	Zullino, Df; Krenz, S; Fresard, E; Cancela, E; Khazaal, Y	Local back massage with an automated massage chair: general muscle and psychophysiologic relaxing properties	2005	J Altern Complement Med	11	6	1103-6.	3b. Intervention out of scope (not shiatsu)
		Gua sha better than hot pack for lumbar pain	2017	Journal of Chinese Medicine		115	69-69	3b. Intervention out of scope (not shiatsu)
		The effect of comprehensive assessment and multi-disciplinary management for the geriatric and frail patient: a multi-center, randomized, parallel controlled trial	2020	Medicine	99	46	e22873-	3b. Intervention out of scope (not shiatsu)
		Chair massage and muscle tone	2006	SportEX Dynamics		8	7-Jul	3b. Intervention out of scope (not shiatsu)
Abadi 2018	Abadi, F.; Abadi, F.; Fereidouni, Z.; Amirkhani, M.; Karimi, S.; Najafi Kalyani, M.	Effect of Acupressure on Preoperative Cesarean Section Anxiety	2018	Jams Journal of Acupuncture & Meridian Studies	11	6	361-366	3c. Intervention out of scope (acupressure study not identified in SR))

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Abbasoglu 2015	Abbasoglu, A.; Cabioglu, M. T.; Tugcu, A. U.; Ince, D. A.; Tekindal, M. A.; Ecevit, A.; Tarcan, A.	Acupressure at BL60 and K3 Points Before Heel Lancing in Preterm Infants	2015	Explore: The Journal of Science & Healing	11	5	363-6	3c. Intervention out of scope (acupressure study not identified in SR))
Actrn 2018	Actrn,	Randomized control trial for effectiveness of Zolpidem versus acupressure on sleep in hemodialysis patients having chronic kidney disease (CKD) associated pruritus Acupressure as adjuvant treatment for the	2018	http://www.who.int/trials/earch/Trial2.aspx?TrialID=ACTRN12618000001291				3c. Intervention out of scope (acupressure study not identified in SR))
Adlan 2017	Adlan, A. S.; Chooi, K. Y.; Mat Adenan, N. A.	inpatient management of nausea and vomiting in early pregnancy: A double-blind randomized controlled trial	2017	Journal of Obstetrics & Gynaecology Research	43	4	662-668	3c. Intervention out of scope (acupressure study not identified in SR))
Alimoradi 2019	Alimoradi, Z.; Kazemi, F.; Valiani, M.; Gorji, M.	Comparing the effect of auricular acupressure and body acupressure on pain and duration of the first stage of labor: study protocol for a randomized controlled trial	2019	Trials [Electronic Resource]	20	1	766	3c. Intervention out of scope (acupressure study not identified in SR))
Alimoradi 2020	Alimoradi, Z.; Kazemi, F.; Gorji, M.; Valiani, M.	Effects of ear and body acupressure on labor pain and duration of labor active phase: A randomized controlled trial	2020	Complementary Therapies in Medicine	51		1E+05	3c. Intervention out of scope (acupressure study not identified in SR))
Allais 2012	Allais, G.; Rolando, S.; Castagnoli Gabellari, I.; Burzio, C.; Airola, G.; Borgogno, P.; Schiapparelli, P.; Allais, R.; Benedetto, C.	Acupressure in the control of migraine-associated nausea	2012	Neurological Sciences	33 Suppl 1		S207-10	3c. Intervention out of scope (acupressure study not identified in SR))
Asgari 2020	Asgari, M. R.; Vafaei-Moghadam, A.; Babamohamadi, H.; Ghorbani, R.; Esmaeili, R.	Comparing acupressure with aromatherapy using Citrus aurantium in terms of their effectiveness in sleep quality in patients undergoing percutaneous coronary interventions: A randomized clinical trial	2020	Complementary Therapies in Clinical Practice	38		1E+05	3c. Intervention out of scope (acupressure study not identified in SR))
Asgari 2020	Asgari, M. R.; Mosaviinejad, S. S.; Ebrahimiyan, A.; Aminianfar, A.; Ghorbani, R.; Babamohamadi, H.	The effects of acupressure on the symptoms severity and function status and electrodiagnostic findings in patients with carpal tunnel syndrome	2020	Complementary Therapies in Medicine	51		1E+05	3c. Intervention out of scope (acupressure study not identified in SR))
Avisa 2018	Avisa, P.; Kamatham, R.; Vanjari, K.; Nuvvula, S.	Effectiveness of Acupressure on Dental Anxiety in Children	2018	Pediatric Dentistry	40	3	177-183	3c. Intervention out of scope (acupressure study not identified in SR))
Aygin 2019	Aygin, D.; Sen, S.	Acupressure on Anxiety and Sleep Quality After Cardiac Surgery: A Randomized Controlled Trial	2019	Journal of PeriAnesthesia Nursing	34	6	1222-1231	3c. Intervention out of scope (acupressure study not identified in SR))
Bastani 2015	Bastani, F.; Sobhani, M.; Emamzadeh Ghasemi, H. S.	Effect of acupressure on fatigue in women with multiple sclerosis	2015	Global journal of health science	7	4	375-81	3c. Intervention out of scope (acupressure study not identified in SR))

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Bastani 2016	Bastani, F.	Effect of Acupressure on Maternal Anxiety in Women With Gestational Diabetes Mellitus: A Randomized Clinical Trial	2016	Clinical Nursing Research	25	3	325-41	3c. Intervention out of scope (acupressure study not identified in SR))
Bergmann 2014	Bergmann, N.; Ballegaard, S.; Bech, P.; Hjalmarson, A.; Krogh, J.; Gyntelberg, F.; Faber, J.	The effect of daily self-measurement of pressure pain sensitivity followed by acupressure on depression and quality of life versus treatment as usual in ischemic heart disease: a randomized clinical trial	2014	PLoS ONE [Electronic Resource]	9	5	e97553	3c. Intervention out of scope (acupressure study not identified in SR))
Borji 2019	Borji, M.; Pouy, S.; Yaghobi, Y.; Nabi, B. N.	Effectiveness of acupressure on anxiety of children undergoing anesthesia	2019	International journal of adolescent medicine and health				3c. Intervention out of scope (acupressure study not identified in SR))
Cao 2020	Cao, Y. F.; Li, T. J.; Xu, Y. M.; Zhang, Y.; Nian, J. Y.; Li, Q.; Ma, Q. Y.; Liu, Y.; Li, Y.; Wu, Y.; Yang, C.; Cui, P. L.; Lu, Y. Y.; Yang, Y. X.; Zheng, Y. H.	Observation on the clinical effect of thunder-fire moxibustion combined with acupressure on ocular muscle spasm: A clinical randomized controlled trial	2020	Medicine	99	33	e21586	3c. Intervention out of scope (acupressure study not identified in SR))
Cevik 2020	Cevik, B.; Tasci, S.	The effect of acupressure on upper extremity pain and quality of life in patients hemodialysis treatment: A Randomized Controlled Trial	2020	Complementary Therapies in Clinical Practice	39		1E+05	3c. Intervention out of scope (acupressure study not identified in SR))
Ceyhan 2019	Ceyhan, O.; Tasci, S.; Elmali, F.; Dogan, A.	The Effect of Acupressure on Cardiac Rhythm and Heart Rate Among Patients With Atrial Fibrillation: The Relationship Between Heart Rate and Fatigue	2019	Alternative Therapies in Health & Medicine	25	1	Dec-19	3c. Intervention out of scope (acupressure study not identified in SR))
Chang 2004	Chang, S. B.; Kim, Y. R.; Yoon, M. H.; Shim, J. U.; Ko, E. H.; Kim, M. O.	[Difference in time of bowel sounds and passing of gas in abdominal hysterectomy patients having San-Yin-Jia (SP-6) acupressure]	2004	Daehan Ganho Haghoeji	34	7	1164-71	3c. Intervention out of scope (acupressure study not identified in SR))
Che 2014	Che, X. Y.; Pu, H. P.; Wang, X. C.; He, F.; Shi, Y.	[Combination of acupressure and magnetic sticker improved the quality of life in patients with advanced gastroenteric tumor: a clinical observation]	2014	Zhongguo Zhong Xi Yi Jie He Za Zhi Zhongguo Zhongxiyi Jiehe Zazhi/Chinese Journal of Integrated Traditional & Western Medicine/Zhongguo Zhong Xi Yi Jie He Xue Hui, Zhongguo Zhong Yi Yan Jiu Yuan Zhu Ban Journal of the American Medical Directors Association	34	8	952-5	3c. Intervention out of scope (acupressure study not identified in SR))
Chen 2019	Chen, I. H.; Yeh, T. P.; Yeh, Y. C.; Chi, M. J.; Chen, M. W.; Chou, K. R.; Lien, Y. Y.; Yuan, C. F.	Effects of Acupressure on Sleep Quality and Psychological Distress in Nursing Home Residents: A Randomized Controlled Trial	2019	Medical Directors Association	20	7	822-829	3c. Intervention out of scope (acupressure study not identified in SR))

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Cheung 2020	Cheung, D. S. T.; Tiwari, A.; Yeung, W. F.; Yu, D. S. F.; So, M. K. P.; Chau, P. H.; Wang, X. M.; Lum, T. Y. S.; Yuk Fung, H. Y. K.; Ng, B. Y. M.; Zhang, Z. J.; Lao, L.	Self-Administered Acupressure for Caregivers of Older Family Members: A Randomized Controlled Trial	2020	Journal of the American Geriatrics Society	68	6	1193-1201	3c. Intervention out of scope (acupressure study not identified in SR))
Cheung 2020	Cheung, D. S. T.; Yeung, W. F.; Suen, L. K.; Chong, T. C.; Ho, Y. S.; Yu, B. Y.; Chan, L. Y.; Chen, H. Y.; Lao, L. X.	Self-administered acupressure for knee osteoarthritis in middle-aged and older adults: a pilot randomized controlled trial	2020	Acupuncture in Medicine	38	2	75-85	3c. Intervention out of scope (acupressure study not identified in SR))
Clementai 2010	Clementai, S.; Delord, J. P.; Gosselin, C.	[Nursing research on using acupressure wrist bands in oncology]	2010	Revue de L'Infirmiere		161	39-40	3c. Intervention out of scope (acupressure study not identified in SR))
Cooke 2014	Cooke, M.; Rickard, C.; Rapchuk, I.; Shekar, K.; Marshall, A. P.; Comans, T.; Doi, S.; McDonald, J.; Spooner, A.	PC6 acupoint stimulation for the prevention of postcardiac surgery nausea and vomiting: a protocol for a two-group, parallel, superiority randomised clinical trial	2014	BMJ Open	4	11	e006179	3c. Intervention out of scope (acupressure study not identified in SR))
Cooke 2015	Cooke, M.; Rapchuk, I.; Doi, S. A.; Spooner, A.; Wendt, T.; Best, J.; Edwards, M.; O'Connell, L.; McCabe, D.; McDonald, J.; Fraser, J.; Rickard, C.	Wrist acupressure for post-operative nausea and vomiting (WrAP): A pilot study	2015	Complementary Therapies in Medicine	23	3	372-80	3c. Intervention out of scope (acupressure study not identified in SR))
Cummings 2001	Cummings, M.	Hand acupressure reduces postoperative vomiting after strabismus surgery (n=50)	2001	Acupuncture in Medicine	19	1	53-4	3c. Intervention out of scope (acupressure study not identified in SR))
Dupuis 2018	Dupuis, L. L.; Kelly, K. M.; Krischer, J. P.; Langevin, A. M.; Tamura, R. N.; Xu, P.; Chen, L.; Kolb, E. A.; Ullrich, N. J.; Sahler, O. J. Z.; Hendershot, E.; Stratton, A.; Sung, L.; McLean, T. W.	Acupressure bands do not improve chemotherapy-induced nausea control in pediatric patients receiving highly emetogenic chemotherapy: A single-blinded, randomized controlled trial	2018	Cancer	124	6	1188-1196	3c. Intervention out of scope (acupressure study not identified in SR))
Dupuis 2019	Dupuis, L. L.; Tamura, R. N.; Kelly, K. M.; Krischer, J. P.; Langevin, A. M.; Chen, L.; Kolb, E. A.; Ullrich, N. J.; Sahler, O. J. Z.; Hendershot, E.; Stratton, A.; Sung, L.; McLean, T. W.	Risk factors for chemotherapy-induced nausea in pediatric patients receiving highly emetogenic chemotherapy	2019	Pediatric Blood & Cancer	66	4	e27584	3c. Intervention out of scope (acupressure study not identified in SR))
Eglence 2013	Eglence, R.; Karatas, N.; Tasci, S.	The effect of acupressure on the level of fatigue in hemodialysis patients	2013	Alternative Therapies in Health & Medicine	19	6	23-31	3c. Intervention out of scope (acupressure study not identified in SR))
El-Shamy 2018	El-Shamy, F. F.; El-Kholy, S. S.; Labib, M.; Kabel, A. M.	Ameliorative potential of acupressure on gestational diabetes mellitus: A randomized controlled trial	2018	Journal of Complementary & Integrative Medicine	16	1	21	3c. Intervention out of scope (acupressure study not identified in SR))

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Fitrullah 2017	Fitrullah, null; Rousdy, A.	Effectiveness of Acupressure at the Zusanli (ST-36) Acupoint as a Comfortable Treatment for Diabetes Mellitus: a Pilot Study in Indonesia	2017	Journal of acupuncture and meridian studies	10	2	96-103	3c. Intervention out of scope (acupressure study not identified in SR))
Frey 2009	Frey, U. H.; Funk, M.; Löhlein, C.; Peters, J.	Effect of P6 acustimulation on post-operative nausea and vomiting in patients undergoing a laparoscopic cholecystectomy	2009	Acta Anaesthesiologica Scandinavica	53	10	1341-1347	3c. Intervention out of scope (acupressure study not identified in SR))
Hmwe 2020	Hmwe, N. T. T.; Browne, G.; Mollart, L.; Allanson, V.; Chan, S. W.	Acupressure to improve sleep quality of older people in residential aged care: a randomised controlled trial protocol	2020	Trials [Electronic Resource]	21	1	360	3c. Intervention out of scope (acupressure study not identified in SR))
Horiuchi 2014	Horiuchi, S.; Tsuda, A.; Honda, Y.; Kobayashi, H.; Naruse, M.; Tsuchiyagaito, A.	Mood changes by self-administered acupressure in Japanese college students: a randomized controlled trial	2014	Global journal of health science	7	4	40-4	3c. Intervention out of scope (acupressure study not identified in SR))
Hosseinabadi 2015	Hosseinabadi, R.; Biranvand, S.; Pournia, Y.; Anbari, K.	The Effect of Acupressure on Pain and Anxiety Caused by Venipuncture	2015	Journal of Infusion Nursing	38	6	397-405	3c. Intervention out of scope (acupressure study not identified in SR))
Hsieh 2004	Hsieh, L. L.; Kuo, C. H.; Yen, M. F.; Chen, T. H.	A randomized controlled clinical trial for low back pain treated by acupressure and physical therapy	2004	Preventive Medicine	39	1	168-76	3c. Intervention out of scope (acupressure study not identified in SR))
Hughes 2013	Hughes, J. G.; Russell, W.; Breckons, M.; Richardson, J.; Lloyd-Williams, M.; Molassiotis, A.	"Until the trial is complete you can't really say whether it helped you or not, can you?": exploring cancer patients' perceptions of taking part in a trial of acupressure wristbands	2013	BMC Complementary & Alternative Medicine	13		260	3c. Intervention out of scope (acupressure study not identified in SR))
Irct20110906007494N 2021	Irct20110906007494N,	Acupressure in patients with pre-diabetes	2021	http://www.who.int/trials/earch/Trial2.aspx?TrialID=IRCT20110906007494N36				3c. Intervention out of scope (acupressure study not identified in SR))
Irct2015041521758N 2015	Irct2015041521758N,	Effect of acupressure on knee Arthroses	2015	http://www.who.int/trials/earch/Trial2.aspx?TrialID=IRCT2015041521758N2				3c. Intervention out of scope (acupressure study not identified in SR))
Karjalian 2020	Karjalian, F.; Momennasab, M.; Yoosefinejad, A. K.; Jahromi, S. E.	The Effect of Acupressure on the Severity of Pruritus and Laboratory Parameters in Patients Undergoing Hemodialysis: A Randomized Clinical Trial	2020	Jams Journal of Acupuncture & Meridian Studies	13	4	117-123	3c. Intervention out of scope (acupressure study not identified in SR))
Khanghah 2019	Khanghah, A. G.; Rizi, M. S.; Nabi, B. N.; Adib, M.; Leili, E. K. N.	Effects of Acupressure on Fatigue in Patients with Cancer Who Underwent Chemotherapy	2019	Jams Journal of Acupuncture & Meridian Studies	12	4	103-110	3c. Intervention out of scope (acupressure study not identified in SR))
Khanipour 2020	Khanipour, S.; Hakimi, S.; Nourizade, R.; Eghdamzami, R.; Namin, M. S.	Comparison of the effects of aerobic exercise and acupressure in reducing hot flashes in breast cancer survivors	2020	Crescent journal of medical and biological sciences	7	4	539-544	3c. Intervention out of scope (acupressure study not identified in SR))

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Kim 2010	Kim, N. C.; Yoo, J. B.; Cho, M. S.; Shin, E. J.; Hahm, T. S.	[Effects of Nei-Guan acupressure on nausea, vomiting and level of satisfaction for gynecological surgery patients who are using a patient-controlled analgesia]	2010	Journal of Korean Academy of Nursing	40	3	423-32	3c. Intervention out of scope (acupressure study not identified in SR))
Kim 2021	Kim, M.; Kim, J.	Effects of Acupressure on Pain, Flexibility, and Substance P in Middle-Age Women with Chronic Neck Pain	2021	Journal of Alternative & Complementary Medicine	27	2	160-167	3c. Intervention out of scope (acupressure study not identified in SR))
KocOzkan 2019	Koc Ozkan, T.; Simsek Kucukkelepce, D.; Aydin Ozkan, S.	The effects of acupressure and foot massage on pain during heel lancing in neonates: A randomized controlled trial	2019	Complementary Therapies in Medicine	46		103-108	3c. Intervention out of scope (acupressure study not identified in SR))
Kwon 2016	Kwon, J. H.; Shin, Y.; Juon, H. S.	Effects of Nei-Guan (P6) Acupressure Wristband: On Nausea, Vomiting, and Retching in Women After Thyroidectomy	2016	Cancer Nursing	39	1	61-6	3c. Intervention out of scope (acupressure study not identified in SR))
Lee 2008	Lee, M. Y.; Min, H. S.	[Effects of the Nei-Guan acupressure by wrist band on postoperative nausea and vomiting after middle ear surgery]	2008	Daehan Ganho Haghoeji	38	4	503-12	3c. Intervention out of scope (acupressure study not identified in SR))
Liang 2019	Liang, Y.; Lenon, G. B.; Yang, A. W. H.	Self-administered acupressure for allergic rhinitis: study protocol for a randomized, single-blind, non-specific controlled, parallel trial	2019	Trials [Electronic Resource]	20	1	382	3c. Intervention out of scope (acupressure study not identified in SR))
Lu 2000	Lu, D. P.; Lu, G. P.; Reed, J. F., 3rd	Acupuncture/acupressure to treat gagging dental patients: a clinical study of anti-gagging effects	2000	General Dentistry	48	4	446-52	3c. Intervention out of scope (acupressure study not identified in SR))
Macznik 2017	Macznik, A. K.; Schneiders, A. G.; Athens, J.; Sullivan, S. J.	Does Acupressure Hit the Mark? A Three-Arm Randomized Placebo-Controlled Trial of Acupressure for Pain and Anxiety Relief in Athletes With Acute Musculoskeletal Sports Injuries	2017	Clinical Journal of Sport Medicine	27	4	338-343	3c. Intervention out of scope (acupressure study not identified in SR))
Mahmoudik ohani 2019	Mahmoudikohani, F.; Torkzahrani, S.; Saatchi, K.; Nasiri, M.	Effects of acupressure on the childbirth satisfaction and experience of birth: A randomized controlled trial	2019	Journal of Bodywork & Movement Therapies	23	4	728-732	3c. Intervention out of scope (acupressure study not identified in SR))
Miller 2004	Miller, K. E.; Muth, E. R.	Efficacy of acupressure and acustimulation bands for the prevention of motion sickness	2004	Aviation Space & Environmental Medicine	75	3	227-34	3c. Intervention out of scope (acupressure study not identified in SR))
Motalebi 2020	Motalebi, S. A.; Zajkani, Z.; Mohammadi, F.; Habibi, M.; Mafi, M.; Ranjkesh, F.	Effect of Acupressure on Dynamic Balance in Elderly Women: A Randomized Controlled Trial	2020	Experimental Aging Research	46	5	433-445	3c. Intervention out of scope (acupressure study not identified in SR))
Murphy 2019	Murphy, S. L.; Harris, R. E.; Keshavarzi, N. R.; Zick, S. M.	Self-Administered Acupressure for Chronic Low Back Pain: A Randomized Controlled Pilot Trial	2019	Pain Medicine	20	12	2588-2597	3c. Intervention out of scope (acupressure study not identified in SR))

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Najjari 2019	Najjari, S. R.; Shareinia, H.; Mojtabavi, S. J.; Mojalli, M.	The effect of acupressure PC6 and REN12 points on intensity of nausea in patients undergoing inguinal hernia repair surgery	2019	Journal of isfahan medical school	36	512		3c. Intervention out of scope (acupressure study not identified in SR))
Narimani 2018	Narimani, M.; Jaber, A. A.; Bonabi, T. N.; Sadeghi, T.	Effect of acupressure on pain severity in patients undergoing coronary artery graft: a randomized controlled trial	2018	Anesthesiology and pain medicine	8	5) (no pagination		3c. Intervention out of scope (acupressure study not identified in SR))
Nct 2019	Nct,	Effects of Acupressure and Foot Massage on Pain During Heel Lancing in Neonates	2019	https://clinicaltrials.gov/show/NCT03906552				3c. Intervention out of scope (acupressure study not identified in SR))
Nct 2020	Nct,	Effect of Acupressure in Migraine: single-blinded, Randomized, Controlled Clinical Trial	2020	https://clinicaltrials.gov/show/NCT04429048				3c. Intervention out of scope (acupressure study not identified in SR))
Neri 2016	Neri, I.; Bruno, R.; Dante, G.; Facchinetti, F.	Acupressure on Self-Reported Sleep Quality During Pregnancy	2016	Jams Journal of Acupuncture & Meridian Studies	9	1	11-May	3c. Intervention out of scope (acupressure study not identified in SR))
Noll 2017	Noll, E.; Shodhan, S.; Madariaga, M. C.; Page, C. R.; Santangelo, D.; Guo, X.; Al Bizri, E.; Pryor, A. D.; Romeiser, J.; Bennett-Guerrero, E.	Randomized trial of acupressure to improve patient satisfaction and quality of recovery in hospitalized patients: study protocol for a randomized controlled trial	2017	Trials [Electronic Resource]	18	1	110	3c. Intervention out of scope (acupressure study not identified in SR))
Noll 2019	Noll, E.; Shodhan, S.; Romeiser, J. L.; Madariaga, M. C.; Page, C.; Santangelo, D.; Guo, X.; Pryor, A. D.; Gan, T. J.; Bennett-Guerrero, E.	Efficacy of acupressure on quality of recovery after surgery: Randomised controlled trial	2019	European Journal of Anaesthesiology	36	8	557-565	3c. Intervention out of scope (acupressure study not identified in SR))
Peoples 2019	Peoples, A. R.; Culakova, E.; Heckler, C. E.; Shayne, M.; O'Connor, T. L.; Kirshner, J. J.; Bushnow, P. W.; Morrow, G. R.; Roscoe, J. A.	Positive effects of acupressure bands combined with relaxation music/instructions on patients most at risk for chemotherapy-induced nausea	2019	Supportive Care in Cancer	27	12	4597-4605	3c. Intervention out of scope (acupressure study not identified in SR))
Purepong 2015	Purepong, N.; Channak, S.; Boonyong, S.; Thaveeratitham, P.; Janwantanakul, P.	The effect of an acupressure backrest on pain and disability in office workers with chronic low back pain: A randomized, controlled study and patients' preferences	2015	Complementary Therapies in Medicine	23	3	347-55	3c. Intervention out of scope (acupressure study not identified in SR))
Rani 2020	Rani, M.; Sharma, L.; Advani, U.; Kumar, S.	Acupressure as an Adjunct to Pharmacological Treatment for Depression, Anxiety, and Stress in Patients with Knee Osteoarthritis	2020	Jams Journal of Acupuncture & Meridian Studies	13	4	129-135	3c. Intervention out of scope (acupressure study not identified in SR))
Razak 2019	Razak, I.; Chung, T. Y.; Ahmad, T. S.	A Comparative Study of Two Modalities in Pain Management of Patients Presenting with Chronic Brachial Neuralgia	2019	Journal of Alternative & Complementary Medicine	25	8	861-867	3c. Intervention out of scope (acupressure study not identified in SR))

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Rehman 2018	Rehman, I. U.; Wu, D. B.; Ahmed, R.; Khan, N. A.; Rahman, A. U.; Munib, S.; Lee, L. H.; Chan, K. G.; Khan, T. M.	A randomized controlled trial for effectiveness of zolpidem versus acupressure on sleep in hemodialysis patients having chronic kidney disease-associated pruritus	2018	Medicine	97	31	e1076-4	3c. Intervention out of scope (acupressure study not identified in SR))
Roscoe 2006	Roscoe, J. A.; Jean-Pierre, P.; Morrow, G. R.; Hickok, J. T.; Issell, B.; Wade, J. L.; King, D. K.	Exploratory analysis of the usefulness of acupressure bands when severe chemotherapy-related nausea is expected	2006	Journal Of The Society For Integrative Oncology	4	1	16-20	3c. Intervention out of scope (acupressure study not identified in SR))
Shih 2018	Shih, Y. W.; Yang, S. F.; Chien, M. H.; Chang, C. W.; Chang, V. H. S.; Tsai, H. T.	Significant Effect of Acupressure in Elevating Blood Stem Cell Factor During Chemotherapy in Patients With Gynecologic Cancer	2018	Journal of Nursing Research	26	6	411-419	3c. Intervention out of scope (acupressure study not identified in SR))
Shin 2005	Shin, H. S.; Song, Y. A.	[The effect of P6 acupressure for symptom control in pregnant women having hyperemesis gravidarum] The effects of health belief model-based education and acupressure for coping with premenstrual syndrome on premenstrual symptoms and quality of life: A randomized-controlled trial	2005	Daehan Ganho Haghoeji	35	3	593-601	3c. Intervention out of scope (acupressure study not identified in SR))
SimsekKucukkelepce 2021	Simsek Kucukkelepce, D.; Timur Tashan, S.	The effects of acupressure and yoga for coping with premenstrual syndromes on premenstrual symptoms and quality of life	2021	Perspectives in Psychiatric Care	57	1	189-197	3c. Intervention out of scope (acupressure study not identified in SR))
SimsekKucukkelepce 2021	Simsek Kucukkelepce, D.; Unver, H.; Nacar, G.; Tashan, S. T.	Effects of Acupressure Applied to P6 Point on Nausea Vomiting in Pregnancy: A Double-Blind Randomized Controlled	2021	Complementary Therapies in Clinical Practice	42		1E+05	3c. Intervention out of scope (acupressure study not identified in SR))
SoltKirca 2020	Solt Kirca, A.; Kanza Gul, D.	The effect of acupressure applied to points LV4 and LI4 on perceived acute postpartum perineal pain after vaginal birth with episiotomy: a randomized controlled study	2020	Alternative Therapies in Health & Medicine	26	6	Dec-17	3c. Intervention out of scope (acupressure study not identified in SR))
SoltKirca 2020	Solt Kirca, A.; Kanza Gul, D.	The Effect of Acupressure on the Severity of Nausea, Vomiting, and Retching in Pregnant Women: A Randomized Controlled Trial	2020	Archives of Gynecology & Obstetrics	301	2	473-481	3c. Intervention out of scope (acupressure study not identified in SR))
Tara 2020	Tara, F.; Bahrami-Taghanaki, H.; Amini, Ghalandarabad M; Zand-Kargar, Z; Azizi, H; Esmaily, H	The Effect of Neiguan Point (P6) Acupressure With Wristband on Postoperative Nausea, Vomiting, and Comfort Level: A Randomized Controlled Study	2020	Complementary Medicine Research	27	4	252-259.	3c. Intervention out of scope (acupressure study not identified in SR))
Unulu 2018	Unulu, M.; Kaya, N.	The impact of self-administered acupressure on sleep quality and fatigue among patients with migraine: a randomized controlled trial	2018	Journal of PeriAnesthesia Nursing	33	6	915-927	3c. Intervention out of scope (acupressure study not identified in SR))
Vagharseyyedin 2019	Vagharseyyedin, S. A.; Salmabadi, M.; BahramiTaghanaki, H.; Riyasi, H.		2019	Complementary Therapies in Clinical Practice	35		374-380	3c. Intervention out of scope (acupressure study not identified in SR))

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Wang 2015	Wang, H. F.; Wang, D. B.; Chen, Y. H.; Zhou, M. Y.	[Relief of urinary retention after radical hysterectomy for cervical cancer patients by acupressure: a randomized controlled trial]	2015	Zhongguo Zhong Xi Yi Jie He Za Zhi Zhongguo Zhongxiyi Jiehe Zazhi/Chinese Journal of Integrated Traditional & Western Medicine/Zhongguo Zhong Xi Yi Jie He Xue Hui, Zhongguo Zhong Yi Yan Jiu Yuan Zhu Ban	35	4	425-8	3c. Intervention out of scope (acupressure study not identified in SR))
Wang 2019	Wang, P. M.; Hsu, C. W.; Liu, C. T.; Lai, T. Y.; Tzeng, F. L.; Huang, C. F.	Effect of acupressure on constipation in patients with advanced cancer	2019	Supportive Care in Cancer	27	9	3473-3478	3c. Intervention out of scope (acupressure study not identified in SR))
Wyatt 2015	Wyatt, G. K.; Frambes, D. A.; Harris, R. E.; Arnedt, J. T.; Murphy, S. L.; Zick, S. M.	Self-administered Acupressure for Persistent Cancer-related Fatigue: Fidelity Considerations	2015	Alternative Therapies in Health & Medicine	21	4	18-23	3c. Intervention out of scope (acupressure study not identified in SR))
Xing 2013	Xing, L. Y.; Qu, L. X.; Chen, H.; Gao, S.	[Clinical observation on acupressure at Jiaji points for irritable bowel syndrome]	2013	Zhongguo Zhenjiu	33	8	739-42	3c. Intervention out of scope (acupressure study not identified in SR))
Xu 2017	Xu, J. H.; Mi, H. Y.	A randomized controlled trial of acupressure as an adjunctive therapy to sodium valproate on the prevention of chronic migraine with aura	2017	Medicine	96	27	e7477	3c. Intervention out of scope (acupressure study not identified in SR))
Yaghobi 2019	Yaghobi, Y.; Pouy, S.	The effects of acupressure on physiological indicators of pain in children undergoing tonsillectomy: a randomized, single-blind, placebo-controlled trial study	2019	Journal of comprehensive pediatrics	10	2		3c. Intervention out of scope (acupressure study not identified in SR))
Yang 2010	Yang, L. Y.; Yates, P.; Chin, C. C.; Kao, T. K.	Effect of acupressure on thirst in hemodialysis patients	2010	Kidney & Blood Pressure Research	33	4	260-5	3c. Intervention out of scope (acupressure study not identified in SR))
Yeung 2018	Yeung, W. F.; Ho, F. Y.; Chung, K. F.; Zhang, Z. J.; Yu, B. Y.; Suen, L. K.; Chan, L. Y.; Chen, H. Y.; Ho, L. M.; Lao, L. X.	Self-administered acupressure for insomnia disorder: a pilot randomized controlled trial	2018	Journal of Sleep Research	27	2	220-231	3c. Intervention out of scope (acupressure study not identified in SR))
YilmazSahin 2018	Yilmaz Sahin, S.; Iyigun, E.; Can, M. F.	Effect of acupressure application to the P6 acupoint before laparoscopic cholecystectomy on postoperative nausea-vomiting: A randomized controlled clinical study	2018	International Journal of Nursing Studies	87		40-48	3c. Intervention out of scope (acupressure study not identified in SR))
Yue 2013	Yue, S.; Jiang, X.; Wong, T.	Effects of a nurse-led acupressure programme for stroke patients in China	2013	Journal of Clinical Nursing	22	7-Aug	1182-8	3c. Intervention out of scope (acupressure study not identified in SR))

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Zhai 2020	Zhai, S. J.; Ruan, Y.; Liu, Y.; Lin, Z.; Xia, C.; Fang, F. F.; Zhou, Q. H.	Time-effective analgesic effect of acupressure ankle strip pressing wrist and ankle acupuncture point on primary dysmenorrhea: Study protocol clinical trial (SPIRIT compliant)	2020	Medicine	99	12	e19496	3c. Intervention out of scope (acupressure study not identified in SR))
Arai 2008	Arai, Y. C.; Ushida, T.; Osuga, T.; Matsubara, T.; Oshima, K.; Kawaguchi, K.; Kuwabara, C.; Nakao, S.; Hara, A.; Furuta, C.; Aida, E.; Ra, S.; Takagi, Y.; Watakabe, K.	The effect of acupressure at the extra 1 point on subjective and autonomic responses to needle insertion	2008	Anesthesia & Analgesia	107	2	661-4	4. Population out of scope
Cho 2012	Cho, Kyoul-Ja; Ji, Eun Sun; Lee, Myung-Hee	Effects of Meridian Massage on physical growth and infants' health as perceived by mothers	2012	Pediatrics International	54	1	32-38	4. Population out of scope
Das 2011	Das, R.; Nayak, B. S.; Margaret, B.	Acupressure and physical stress among high school students	2011	Holistic Nursing Practice	25	2	97-104	4. Population out of scope
Donoyama 2011	Donoyama, N.; Ohkoshi, N.	Effects of traditional Japanese massage therapy on gene expression: preliminary study	2011	Journal of Alternative & Complementary Medicine	17	6	553-5	4. Population out of scope
Felhendler 1999	Felhendler, D.; Lisander, B.	Effects of non-invasive stimulation of acupoints on the cardiovascular system	1999	Complementary Therapies in Medicine	7	4	231-4	4. Population out of scope
Harris 2005	Harris, R. E.; Jeter, J.; Chan, P.; Higgins, P.; Kong, F. M.; Fazel, R.; Bramson, C.; Gillespie, B.	Using acupressure to modify alertness in the classroom: a single-blinded, randomized, cross-over trial	2005	Journal of Alternative & Complementary Medicine	11	4	673-9	4. Population out of scope
McElligott 2003	McElligott, D.; Holz, M. B.; Carollo, L.; Somerville, S.; Baggett, M.; Kuzniewski, S.; Shi, Q.	A pilot feasibility study of the effects of touch therapy on nurses	2003	Journal of the New York State Nurses' Association	34	1	16-24	4. Population out of scope
Nct 2018	Nct,	Effect of Passive and Active Rest Break in Musculoskeletal Complaints	2018	https://clinicaltrials.gov/ct2/show/NCT03559153				4. Population out of scope
Donoyama 2011	Donoyama, Nozomi; Ohkoshi, Norio; Satoh, Toyomi	Preliminary study on the physical and physiological effects of traditional Japanese massage therapy in cancer survivors	2011	Journal of the Japanese Society of Balneology, Climatology & Physical Medicine	74	3	155-167	5. Comparator out of scope
Xie 2015	Xie, Z. Y.; Wu, X.	Observation on the efficacy of acupoint massage plus moxibustion for refractory insomnia	2015	Journal of Acupuncture and Tuina Science	13	1	44-48	5. Comparator out of scope
Xu 2012	Xu, Y.; Gu, G. X.; Yang, X. S.; Pan, C. Y.; Hou, W. L.; Zhao, W.; Xing, Q.	[Efficacy evaluation of acupoints massage on asthenopia of video display terminal under different exposure dose]. [Chinese]	2012	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	32	4	351-353	5. Comparator out of scope

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Andrews 1999	Andrews, C	Shiatsu diagnosis and theory: TCM or not to TCM?	1999	Shiatsu Society News	71		8-9.	7a. Publication out of scope (opinion piece/editorial/commentary)
Bouheret 2016	Bouheret, B.	Shiatsu therapy for patients and caregivers	2016	Revue de L'Infirmiere	218		40-41	7a. Publication out of scope (opinion piece/editorial/commentary)
Box 1984	Box, D.	Holistic health: made in Japan... shiatsu massage... part 3	1984	Nursing Times	80	17	39-40	7a. Publication out of scope (opinion piece/editorial/commentary)
Fields 1995	Fields, N.	Teaching the gentle way to labour... midwifery, yoga, shiatsu	1995	Nursing Times	91	6	44-45	7a. Publication out of scope (opinion piece/editorial/commentary)
He 2015	He, Yingjun	Research progress on meridian massage combined with progressive rehabilitation exercise in improving limb function of patients after breast cancer surgery	2015	Chinese Nursing Research	29	7A	2311-2313	7a. Publication out of scope (opinion piece/editorial/commentary)
King 2016	King, H. H.	Japanese massage improves shoulder range of motion in elderly patients with late-stage Parkinson disease	2016	Journal of the American Osteopathic Association	116	10	683-684	7a. Publication out of scope (opinion piece/editorial/commentary)
Lagana 2021	Lagana, A. S.; Garzon, S.; Casarin, J.; Franchi, M.; Ghezzi, F.	Acupoint Massage to Manage Postoperative Ileus in Gynecologic Laparoscopy: A New Potential Player in the Enhanced Recovery After Surgery (ERAS) Pathways?	2021	Journal of Investigative Surgery	34	1	96-98	7a. Publication out of scope (opinion piece/editorial/commentary)
Liu 2013	Liu, Mu-yun; Chen, Ke-ji	Gua Sha, an ancient technical management, for certain illness	2013	Chinese Journal of Integrative Medicine	19	1	3-Apr	7a. Publication out of scope (opinion piece/editorial/commentary)
Nolan 1989	Nolan, B.	Fit for nursing: sorting out your yin and yang... oriental technique of shiatsu	1989	Nursing Times	85	35	58-60	7a. Publication out of scope (opinion piece/editorial/commentary)
Robertshawe 2010	Robertshawe, Penny	The effectiveness of shiatsu	2010	Journal of the Australian Traditional-Medicine Society	16	4	227-227	7a. Publication out of scope (opinion piece/editorial/commentary)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Rosenberg 2016	Rosenberg, K.	Acupressure Reduces Breast Cancer-Related Fatigue	2016	American Journal of Nursing	116	10	61-2	7a. Publication out of scope (opinion piece/editorial/commentary)
Satoh 2013	Satoh, Sachiko; Kajiware, Mutsuko; Kiyokawa, Emi; Toukairin, Yoshiko; Fujii, Masahiko; Sasaki, Hidetada	Rivastigmine patch and massage for Alzheimer's disease patients. [References]	2013	Geriatrics & Gerontology International	13	2	515-516	7a. Publication out of scope (opinion piece/editorial/commentary)
TosarPçf@rez 2014	Tosar Pçf@rez, Maria Asunciçf³n; çflvarez Dçf-az, Tomas Armando	Capçf-tulo.91 Medicina natural y tradicional en atenciçf³n primaria de salud	2014					7a. Publication out of scope (opinion piece/editorial/commentary)
Wang 2018	Wang, Yafei; Tian, Min; Chen, Xinhua	Research progress on acupoint massage in preventing incontinence associated dermatitis in bedridden elderly	2018	Chinese Nursing Research	32	19	3000-3003	7a. Publication out of scope (opinion piece/editorial/commentary)
Zeidenstein 1998	Zeidenstein, L.	Alternative therapies for nausea and vomiting of pregnancy	1998	Journal of Nurse-Midwifery	43	5	392-3	7a. Publication out of scope (opinion piece/editorial/commentary)
	Pereira, Gilberto	Shiatsu					63-63	7a. Publication out of scope (opinion piece/editorial/commentary)
Akilen 2014	Akilen, R.; Pimlott, Z.; Tsiami, A.; Robinson, N.	The use of complementary and alternative medicine by individuals with features of metabolic syndrome	2014	Journal of Chinese Integrative Medicine	12	3	171-174	7b. Publication out of scope (not an intervention study examining effectiveness)
Booth 1993	Booth, B.	Shiatsu	1993	Nursing Times	89	46	38-40	7b. Publication out of scope (not an intervention study examining effectiveness)
Clarke 2018	Clarke, Stephen	Baby Shiatsu. Gentle touch to help your baby	2018	Journal of the Australian Traditional-Medicine Society	24	1	44-44	7b. Publication out of scope (not an intervention study examining effectiveness)
JaharaPradipto 1986	Jahara Pradipto, Mário	Zen-Shiatsu: equilç-brio energçtico e consciçªncia do corpo	1986				183-183	7b. Publication out of scope (not an intervention study examining effectiveness)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Musial 2013	Musial, F.; Spohn, D.; Rolke, R.	Naturopathic reflex therapies for the treatment of chronic back and neck pain - Part 1: neurobiological foundations	2013	Forschende Komplementarmedizin (2006)	20	3	219-224	7b. Publication out of scope (not an intervention study examining effectiveness)
Pernambuco 2003	Pernambuco, C. S.; Vale, R. G. S.; Baptista, M. R.; Abreu, F. M. C.; Dantas, E. H. M.	Níveis de flexibilidade de idosos de um programa de shiatsuterapia. (Abstract) / Levels of flexibility among elderly persons in a shiatsu therapy program	2003	Fitness & Performance Journal (Online Edition)	2	4	256-256	7c. Publication out of scope (grey literature)
SantillánAbarca 2017	Santillán Abarca, Carmita Genoveva	Masaje Shiatsu como tratamiento complementario en pacientes con dolor Osteomioarticular de la casa del adulto mayor "Virgen del Carmen", del cantón Chambo en el período enero- junio 2016	2017					7c. Publication out of scope (grey literature)
Barger 2020	Barger, Mary K.	Current Resources for Evidence-Based Practice, January/February 2020	2020	Journal of Midwifery & Women's Health	65	1	165-171	8a. Study design out of scope (non systematic review, Guidelines or HTA assessment)
Beal 1992	Beal, M. W.	Acupuncture and related treatment modalities: applications to antepartal and intrapartal care... part 2	1992	Journal of Nurse-Midwifery	37	4	260-268	8a. Study design out of scope (non systematic review, Guidelines or HTA assessment)
BadieeAval 2018	Badiee Aval, S.; Ravanshad, Y.; Azarfar, A.; Mehrad-Majd, H.; Torabi, S.; Ravanshad, S.	A Systematic Review and Meta-analysis of Using Acupuncture and Acupressure for Uremic Pruritus	2018	Iranian journal of Kidney Diseases	12	2	78-83	8b. Study design out of scope (SR or RCTs or NRSIs)
Doran 2010	Doran, K.; Halm, M. A.	Integrating acupressure to alleviate postoperative nausea and vomiting	2010	American Journal of Critical Care	19	6	553-6	8b. Study design out of scope (SR or RCTs or NRSIs)
Li 2009	Li, X.; Hu, J.; Wang, X.; Zhang, H.; Liu, J.	Moxibustion and other acupuncture point stimulation methods to treat breech presentation: a systematic review of clinical trials	2009	Chinese Medicine	4			8b. Study design out of scope (SR or RCTs or NRSIs)
Lu 2005	Lu, Y.; Wang, X. F.	Treatment of pediatric cerebral palsy with massage along with meridian, massage on special locus and acupressure. [Chinese]	2005	Chinese Journal of Clinical Rehabilitation	9	19	158-159	8b. Study design out of scope (SR or RCTs or NRSIs)
Ballegaard 1996	Ballegaard, S; Norrelund, S; Smith, Df	Cost-benefit of combined use of acupuncture, Shiatsu and lifestyle adjustment for treatment of patients with severe angina pectoris	1996	Acupuncture and Electrotherapeutics Research	21	3-Apr	187-97.	8c. Study design out of scope (nonrandomised study)

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Albuquerque e 2008	Albuquerque, Alessandro Carielo de; Feliciano, Gláucio Dirç©;	Efeitos de cinco semanas de um programa de Shiatsuterapia sobre a fase do estresse e nç-veis pressç³ricos de adultos hipertensos	2008	Fisioter. mov	21	3	51-58	8d. Study design out of scope (case series or other)
Brady 2001	Mattos, Deise Mara Machado de; Loureiro, Sílvia da Silva; Belloni, Daniel Teixeira; Dantas, Estç©lio Henrique Martin	The effects of shiatsu on lower back pain	2001	Journal of Holistic Nursing	19	1	57-70	8d. Study design out of scope (case series or other)
Chon 2009	Brady, L. H.; Henry, K.; Luth, J. F., II; Casper-Bruett, K. K.	Watsu approach for improving spasticity and ambulatory function in hemiparetic patients with stroke	2009	Physiotherapy Research International	14	2	128-136	8d. Study design out of scope (case series or other)
Cox 2011	Chon, S. C.; Oh, D. W.; Shim, J. H.	Effectiveness of acupressure and acustimulation in minimizing driving simulation adaptation syndrome	2011	Military Medicine	176	12	1440-3	8d. Study design out of scope (case series or other)
Donoyama 2005	Cox, D. J.; Singh, H.; Cox, D. M.	Effect of traditional Japanese massage, Anma therapy on body and mind: a preliminary study	2005	Journal of the Japanese Society of Balneology, Climatology & Physical Medicine	68	4	241-247	8d. Study design out of scope (case series or other)
Fu 2005	Donoyama, N.; Shoji, S.; Munakata, T.	Effect of acupoint massage in treating children with spastic cerebral palsy evaluated objectively by cutaneous-muscular reflex. [Chinese]	2005	Chinese Journal of Clinical Rehabilitation	9	15	178-179	8d. Study design out of scope (case series or other)
Iida 2000	Fu, D. J.; Li, L.; Gao, J.	Effects of shiatsu massage on relief of anxiety and side effect symptoms of patients receiving cancer chemotherapy	2000	Kitakanto Medical Journal	50	3	227-232	8d. Study design out of scope (case series or other)
Jenkins 2009	Iida, M.; Chiba, A.; Yoshida, Y.; Shimizu, K.; Kanda, K.	Shiatsu for health and wellbeing	2009	Positive Health		161	11-Nov	8d. Study design out of scope (case series or other)
Lee 2016	Jenkins, C. L.	Principle study of head meridian acupoint massage to stress release via grey data model analysis	2016	Evidence-based Complementary and Alternative Medicine	2016 (no pagination)			8d. Study design out of scope (case series or other)
Long 2008	Lee, Y. T.	The effectiveness of shiatsu: Findings from a cross-European, prospective observational study. [References]	2008	The Journal of Alternative and Complementary Medicine	14	8	921-930	8d. Study design out of scope (case series or other)
Masselli 2010	Long, Andrew F.	O Shiatsu como terapçªutica alternativa em portadores de distçªrbios osteomusculares relacionados ao trabalho	2010	Rev. dor	11	3		8d. Study design out of scope (case series or other)

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SalazarPalo mo 2019	Salazar Palomo, Zenç@n	Eficacia del masaje shiatsu en pacientes con sacrolumbalgia	2019	Multimed (Granma)	23	3	417-429	8d. Study design out of scope (case series or other)
Shibata 2020	Shibata, Y.; Nakamura, M.; Nakamura, H.; Okada, E.; Ojima, T.	Lifetime use of complementary and alternative medicine therapies among community-dwelling older people in Japan	2020	Journal of Physical Therapy Science	32	7	428-432	8d. Study design out of scope (case series or other)
Tan 2014	Tan, C.; Gao, D.; Zhang, C.; Fu, Y.; Wang, B. K.; Zhu, Q.; Wang, Y. P.	Research on correlation between lung and large intestine based on meridian and acupoint palpation in patients with bronchial asthma	2014	Zhongguo zhen jiu [Chinese acupuncture & moxibustion]	34	2	145-148	8d. Study design out of scope (case series or other)
Wang 2013	Wang, J.; Liu, J. F.; Zhang, M. B.	[Low back pain treated by finger pressing at Ligou (LR 5) combined with exercise therapy]	2013	Zhongguo Zhenjiu	33	2	155	8d. Study design out of scope (case series or other)
Norheim 2001	Norheim, A. J.; Pedersen, E. J.; Fonnebo, V.; Berge, L.	[Acupressure against morning sickness]	2001	Tidsskrift for Den Norske Laegeforening	121	23	2712-5	11a. duplicate data
Tsay 2003	Tsay, S.; Rong, J.; Lin, P.	Acupoints massage in improving the quality of sleep and quality of life in patients with end-stage renal disease	2003	Journal of Advanced Nursing (Wiley-Blackwell)	42	2	134-142	11a. duplicate data
Turkmen 2020	Turkmen, H.; Ceber Turfan, E.	The effect of acupressure on labor pain and the duration of labor when applied to the SP6 point: Randomized clinical trial	2020	Japan Journal of Nursing Science: JJNS	17	1	e12256	11a. duplicate data
Yuan 2012	Yuan, Susan Lee King	Eficácia do Shiatsu na dor, sono, ansiedade, nç-vel de confiança no equilíbrio e qualidade de vida de indivç-duos com fibromialgia: um ensaio clç-nico controlado	2012				120-120	11a. duplicate data
Abbott 2015	Abbott, R.; Ayres, I.; Hui, E.; Hui, K. K.	Effect of perineal self-acupressure on constipation: a randomized controlled trial	2015	Journal of General Internal Medicine	30	4	434-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Adib-Hajbaghery 2013	Adib-Hajbaghery, M.; Etri, M.	Effect of acupressure of Ex-Le7 point on pain, nausea and vomiting after appendectomy: a randomized trial	2013	Journal of Research in Medical Sciences	18	6	482-486	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Agarwal 2000	Agarwal, A.; Pathak, A.; Gaur, A.	Acupressure wristbands do not prevent postoperative nausea and vomiting after urological endoscopic surgery	2000	Canadian Journal of Anaesthesia	47	4	319-24	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Agarwal 2002	Agarwal, A.; Bose, N.; Gaur, A.; Singh, U.; Gupta, M. K.; Singh, D.	Acupressure and ondansetron for postoperative nausea and vomiting after laparoscopic cholecystectomy	2002	Canadian Journal of Anaesthesia	49	6	554-60	12d. Relevant but additional follow up needed (acupressure study identified in SR)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Agarwal 2005	Agarwal, A.; Ranjan, R.; Dhiraaj, S.; Lakra, A.; Kumar, M.; Singh, U.	Acupressure for prevention of pre-operative anxiety: a prospective, randomised, placebo controlled study	2005	Anaesthesia	60	10	978-81	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Ahn 2017	Ahn, N. Y.; Park, H. J.	Effects of Korean hand acupressure on opioid-related nausea and vomiting, and pain after caesarean delivery using spinal anaesthesia	2017	Complementary Therapies in Clinical Practice	28		101-107	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Akbarzadeh 2014	Akbarzadeh, M.; Masoudi, Z.; Hadianfard, M. J.; Kasraeian, M.; Zare, N.	Comparison of the effects of maternal supportive care and acupressure (BL32 acupoint) on pregnant women's pain intensity and delivery outcome	2014	Journal of Pregnancy	2014		1E+05	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Akbarzadeh 2015	Akbarzadeh, M.; Masoudi, Z.; Zare, N.; Kasraeian, M.	Comparison of the Effects of Maternal Supportive Care and Acupressure (at BL32 Acupoint) on Labor Length and Infant's Apgar Score	2015	Global journal of health science	8	3	236-44	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Alessandrini 2012	Alessandrini, M.; Napolitano, B.; Micarelli, A.; de Padova, A.; Bruno, E.	P6 acupressure effectiveness on acute vertiginous patients: a double blind randomized study	2012	Journal of Alternative & Complementary Medicine	18	12	1121-6	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Alkaissi 1999	Alkaissi, A.; Stalnert, M.; Kalman, S.	Effect and placebo effect of acupressure (P6) on nausea and vomiting after outpatient gynaecological surgery	1999	Acta Anaesthesiologica Scandinavica	43	3	270-4	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Alkaissi 2002	Alkaissi, A.; Evertsson, K.; Johnsson, V. A.; Ofenbartl, L.; Kalman, S.	P6 acupressure may relieve nausea and vomiting after gynecological surgery: an effectiveness study in 410 women	2002	Journal canadien d'anesthesie [Canadian journal of anaesthesia]	49	10	1034-1039	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Alkaissi 2005	Alkaissi, A.; Ledin, T.; Odkvist, L. M.; Kalman, S.	P6 acupressure increases tolerance to nauseogenic motion stimulation in women at high risk for PONV	2005	Canadian Journal of Anaesthesia	52	7	703-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Arab 2016	Arab, Z.; Shariati, A. R.; Asayesh, H.; Vakili, M. A.; Bahrami-Taghanaki, H.; Azizi, H.	A sham-controlled trial of acupressure on the quality of sleep and life in haemodialysis patients	2016	Acupuncture in Medicine	34	1	2-Jun	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Avc 2016	Avc, H. S.; Ovayolu, N.; Ovayolu, O.	Effect of Acupressure on Nausea-Vomiting in Patients With Acute Myeloblastic Leukemia	2016	Holistic Nursing Practice	30	5	257-62	12d. Relevant but additional follow up needed (acupressure study identified in SR)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Bagheri-Nesami 2015	Bagheri-Nesami, M.; Gorji, M. A.; Rezaie, S.; Pouresmail, Z.; Cherati, J. Y.	Effect of acupressure with valerian oil 2.5% on the quality and quantity of sleep in patients with acute coronary syndrome in a cardiac intensive care unit	2015	Journal of Traditional & Complementary Medicine	5	4	241-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Bao 2011	Bao, T.; Ye, X.; Skinner, J.; Cao, B.; Fisher, J.; Nesbit, S.; Grossman, S. A.	The analgesic effect of magnetic acupressure in cancer patients undergoing bone marrow aspiration and biopsy: a randomized, blinded, controlled trial	2011	Journal of Pain & Symptom Management	41	6	995-1002	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Bazarganipour 2010	Bazarganipour, F.; Lamyian, M.; Heshmat, R.; Abadi, M. A.; Taghavi, A.	A randomized clinical trial of the efficacy of applying a simple acupressure protocol to the Taichong point in relieving dysmenorrhea	2010	International Journal of Gynaecology & Obstetrics	111	2	105-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Bazarganipour 2017	Bazarganipour, F.; Taghavi, S. A.; Allan, H.; Hosseini, N.; Khosravi, A.; Asadi, R.; Salari, S.; Dehghani, R.; Jamshidi, Z.; Rezaei, M.; Saberian, M.; Javedan, F.; Salari, Z.; Miri, F.	A randomized controlled clinical trial evaluating quality of life when using a simple acupressure protocol in women with primary dysmenorrhea	2017	Complementary Therapies in Medicine	34		Oct-15	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Bazarganipour 2017	Bazarganipour, F.; Taghavi, S. A.; Allan, H.; Beheshti, F.; Khalili, A.; Miri, F.; Rezaei, M.; Mojgori, M.; Imaninasab, F.; Irani, F.; Salari, S.	The effect of applying pressure to the LIV3 and LI4 on the symptoms of premenstrual syndrome: A randomized clinical trial	2017	Complementary Therapies in Medicine	31		65-70	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Bertalanffy 2004	Bertalanffy, P.; Hoerauf, K.; Fleischhackl, R.; Strasser, H.; Wicke, F.; Greher, M.; Gustorff, B.; Kober, A.	Korean hand acupressure for motion sickness in prehospital trauma care: a prospective, randomized, double-blinded trial in a geriatric population	2004	Anesthesia & Analgesia	98	1	220-3, table of contents	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Blodt 2013	Blodt, S.; Schutzler, L.; Huang, W.; Pach, D.; Brinkhaus, B.; Hummelsberger, J.; Kirschbaum, B.; Kuhlmann, K.; Lao, L.; Liang, F.; Mietzner, A.; Mittring, N.; Muller, S.; Paul, A.; Pimpao-Niederle, C.; Roll, S.; Wu, H.; Zhu, J.; Witt, C. M.	Effectiveness of additional self-care acupressure for women with menstrual pain compared to usual care alone: using stakeholder engagement to design a pragmatic randomized trial and study protocol	2013	Trials [Electronic Resource]	14		99	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Blodt 2018	Blodt, S.; Pach, D.; Eisenhart-Rothe, S. V.; Lotz, F.; Roll, S.; Icke, K.; Witt, C. M.	Effectiveness of app-based self-acupressure for women with menstrual pain compared to usual care: a randomized pragmatic trial	2018	American Journal of Obstetrics & Gynecology	218	2	227.e1-227.e9	12d. Relevant but additional follow up needed (acupressure study identified in SR)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Boehler 2002	Boehler, M.; Mitterschiffthaler, G.; Schlager, A.	Korean hand acupressure reduces postoperative nausea and vomiting after gynecological laparoscopic surgery	2002	Anesthesia & Analgesia	94	4	872-5, table of contents	12d. Relevant but additional follow up needed (acupressure study identified in SR)
CanGurkan 2008	Can Gurkan, O.; Arslan, H.	Effect of acupressure on nausea and vomiting during pregnancy	2008	Complementary Therapies in Clinical Practice	14	1	46-52	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Chan 2017	Chan, C. W. C.; Chau, P. H.; Leung, A. Y. M.; Lo, K. C.; Shi, H.; Yum, T. P.; Lee, Y. Y.; Li, L.	Acupressure for frail older people in community dwellings-a randomised controlled trial	2017	Age & Ageing	46	6	957-964	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Chao 2013	Chao, H. L.; Miao, S. J.; Liu, P. F.; Lee, H. H.; Chen, Y. M.; Yao, C. T.; Chou, H. L.	The beneficial effect of ST-36 (Zusanli) acupressure on postoperative gastrointestinal function in patients with colorectal cancer	2013	Oncology Nursing Forum	40	2	E61-8	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Chen 1999	Chen, M. L.; Lin, L. C.; Wu, S. C.; Lin, J. G.	The effectiveness of acupressure in improving the quality of sleep of institutionalized residents	1999	Journals of Gerontology Series A-Biological Sciences & Medical Sciences	54	8	M389-94	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Chen 2003	Chen, L. L.; Hsu, S. F.; Wang, M. H.; Chen, C. L.; Lin, Y. D.; Lai, J. S.	Use of acupressure to improve gastrointestinal motility in women after trans-abdominal hysterectomy	2003	American Journal of Chinese Medicine	31	5	781-90	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Chen 2004	Chen, H. M.; Chen, C. H.	Effects of acupressure at the Sanyinjiao point on primary dysmenorrhoea	2004	Journal of Advanced Nursing	48	4	380-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Chen 2010	Chen, H. M.; Chen, C. H.	Effects of acupressure on menstrual distress in adolescent girls: a comparison between Hegu-Sanyinjiao matched points and Hegu, Zusanli single point	2010	Journal of Clinical Nursing	19	7-Aug	998-1007	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Chen 2012	Chen, J. H.; Chao, Y. H.; Lu, S. F.; Shiung, T. F.; Chao, Y. F.	The effectiveness of valerian acupressure on the sleep of ICU patients: a randomized clinical trial	2012	International Journal of Nursing Studies	49	8	913-20	12d. Relevant but additional follow up needed (acupressure study identified in SR)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Chen 2015	Chen, H. M.; Wang, H. H.; Chiu, M. H.; Hu, H. M.	Effects of acupressure on menstrual distress and low back pain in dysmenorrheic young adult women: an experimental study	2015	Pain Management Nursing	16	3	188-97	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Cho 2004	Cho, Y.; Tsay, S.	The effect of acupressure with massage on fatigue and depression in patients with end-stage renal disease	2004	Journal of Nursing Research (Taiwan Nurses Association)	12	1	51-59	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Dent 2003	Dent, H. E.; Dewhurst, N. G.; Mills, S. Y.; Willoughby, M.	Continuous PC6 wristband acupressure for relief of nausea and vomiting associated with acute myocardial infarction: a partially randomised, placebo-controlled trial	2003	Complementary Therapies in Medicine	11	2	72-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Dibble 2000	Dibble, S. L.; Chapman, J.; Mack, K. A.; Shih, A. S.	Acupressure for nausea: results of a pilot study	2000	Oncology Nursing Forum	27	1	41-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Dibble 2007	Dibble, S. L.; Luce, J.; Cooper, B. A.; Israel, J.; Cohen, M.; Nussey, B.; Rugo, H.	Acupressure for chemotherapy-induced nausea and vomiting: a randomized clinical trial	2007	Oncology Nursing Forum	34	4	813-20	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Dogan 2020	Dogan, N.; Tasci, S.	The Effects of Acupressure on Quality of Life and Dyspnea in Lung Cancer: A Randomized, Controlled Trial	2020	Alternative Therapies in Health & Medicine	26	1	49-56	12d. Relevant but additional follow up needed (acupressure study identified in SR)
EbrahimSoltani 2010	Ebrahim Soltani, A.; Mohammadinasab, H.; Goudarzi, M.; Arbabi, S.; Mohtaram, R.; Afkham, K.; Momenzadeh, S.; Darabi, M. E.	Acupressure using ondansetron versus metoclopramide on reduction of postoperative nausea and vomiting after strabismus surgery	2010	Archives of Iranian Medicine	13	4	288-93	12d. Relevant but additional follow up needed (acupressure study identified in SR)
EbrahimSoltani 2011	Ebrahim Soltani, A. R.; Mohammadinasab, H.; Goudarzi, M.; Arbabi, S.; Mohammadinasab, A.; Mohammadinasab, F.; Samimi, M.	Comparing the efficacy of prophylactic p6 acupressure, ondansetron, metoclopramide and placebo in the prevention of vomiting and nausea after strabismus surgery	2011	Acta Medica Iranica	49	4	208-12	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Fan 1997	Fan, C. F.; Tanhui, E.; Joshi, S.; Trivedi, S.; Hong, Y.; Shevde, K.	Acupressure treatment for prevention of postoperative nausea and vomiting	1997	Anesthesia & Analgesia	84	4	821-5	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Felhendler 1996	Felhendler, D.; Lisander, B.	Pressure on acupoints decreases postoperative pain	1996	Clinical Journal of Pain	12	4	326-329	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Habek 2004	Habek, D.; Barbir, A.; Habek, J. C.; Janculiak, D.; Bobic-Vukovic, M.	Success of acupuncture and acupressure of the Pc 6 acupoint in the treatment of hyperemesis gravidarum	2004	Forschende Komplementarmedizin und Klassische Naturheilkunde	11	1	#####	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Hamlaci 2017	Hamlaci, Y.; Yazici, S.	The Effect of Acupressure Applied to Point LI4 on Perceived Labor Pains	2017	Holistic Nursing Practice	31	3	167-176	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Harmon 1999	Harmon, D.; Gardiner, J.; Harrison, R.; Kelly, A.	Acupressure and the prevention of nausea and vomiting after laparoscopy	1999	British Journal of Anaesthesia	82	3	387-90	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Harmon 2000	Harmon, D.; Ryan, M.; Kelly, A.; Bowen, M.	Acupressure and prevention of nausea and vomiting during and after spinal anaesthesia for caesarean section	2000	British Journal of Anaesthesia	84	4	463-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Heazell 2006	Heazell, A.; Thorneycroft, J.; Walton, V.; Etherington, I.	Acupressure for the in-patient treatment of nausea and vomiting in early pregnancy: a randomized control trial	2006	American Journal of Obstetrics & Gynecology	194	3	815-20	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Hjelmstedt 2010	Hjelmstedt, A.; Shenoy, S. T.; Stener-Victorin, E.; Lekander, M.; Bhat, M.; Balakumaran, L.; Waldenstrom, U.	Acupressure to reduce labor pain: a randomized controlled trial	2010	Acta Obstetrica et Gynecologica Scandinavica	89	11	1453-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Hmwe 2015	Hmwe, N. T.; Subramanian, P.; Tan, L. P.; Chong, W. K.	The effects of acupressure on depression, anxiety and stress in patients with hemodialysis: a randomized controlled trial	2015	International Journal of Nursing Studies	52	2	509-18	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Ho 1996	Ho, C. M.; Hseu, S. S.; Tsai, S. K.; Lee, T. Y.	Effect of P-6 acupressure on prevention of nausea and vomiting after epidural morphine for post-caesarean section pain relief	1996	Acta Anaesthesiologica Scandinavica	40	3	372-5	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Hsieh 2006	Hsieh, L. L.; Kuo, C. H.; Lee, L. H.; Yen, A. M.; Chien, K. L.; Chen, T. H.	Treatment of low back pain by acupressure and physical therapy: randomised controlled trial	2006	BMJ	332	7543	696-700	12d. Relevant but additional follow up needed (acupressure study identified in SR)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Hsieh 2010	Hsieh, L. L.; Liou, H. H.; Lee, L. H.; Chen, T. H.; Yen, A. M.	Effect of acupressure and trigger points in treating headache: a randomized controlled trial	2010	American Journal of Chinese Medicine	38	1	Jan-14	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Hsiung 2015	Hsiung, W. T.; Chang, Y. C.; Yeh, M. L.; Chang, Y. H.	Acupressure improves the postoperative comfort of gastric cancer patients: A randomised controlled trial	2015	Complementary Therapies in Medicine	23	3	339-46	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Jokar 2017	Jokar, A.; Zynali, F.; Akbarzade, M.; Zare, N.	Comparison of the effects of acupressure at Yong Quan (KI-1) and hegu (LI-4) acupoints on hot flashes in menopause: clinical trial	2017	Journal of zanjan university of medical sciences and health services	25	108	1-Oct	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Jun 2007	Jun, E. M.; Chang, S.; Kang, D. H.; Kim, S.	Effects of acupressure on dysmenorrhea and skin temperature changes in college students: a non-randomized controlled trial	2007	International Journal of Nursing Studies	44	6	973-81	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Kashefi 2011	Kashefi, F.; Khajehei, M.; Ashraf, A. R.; Jafari, P.	The efficacy of acupressure at the Sanyinjiao point in the improvement of women's general health	2011	Journal of Alternative & Complementary Medicine	17	12	1141-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
KilicAkca 2016	Kilic Akca, N.; Tasci, S.	Acupressure and Transcutaneous Electrical Acupoint Stimulation for Improving Uremic Pruritus: A Randomized, Controlled Trial	2016	Alternative Therapies in Health & Medicine	22	3	18-24	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Kober 2002	Kober, A.; Scheck, T.; Greher, M.; Lieba, F.; Fleischhackl, R.; Fleischhackl, S.; Randunsky, F.; Hoerauf, K.	Prehospital analgesia with acupressure in victims of minor trauma: a prospective, randomized, double-blinded trial	2002	Anesthesia & Analgesia	95	3	723-7, table of contents	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Kordi 2010	Kordi, M.; Mashadi, S. R.; Fadaee, A.; Esmaili, H.	Effects of SP6 acupressure on reducing the labor pain during first stage of delivery	2010	Iranian journal of obstetrics, gynecology and infertility	12	4	7-Dec	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Kwan 2014	Kwan, R. Y.; Leung, M. C.; Lai, C. K.	Acupressure for agitation in nursing home residents with dementia: study protocol for a randomized controlled trial	2014	Trials [Electronic Resource]	15		410	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Kwan 2017	Kwan, R. Y. C.; Leung, M. C. P.; Lai, C. K. Y.	[Acupressure for Managing Agitation in People with Dementia: Design of a Protocol Using the Delphi Technique]	2017	Complementary Medical Research	24	2	104-109	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Kwan 2017	Kwan, R. Y. C.; Leung, M. C. P.; Lai, C. K. Y.	A Randomized Controlled Trial Examining the Effect of Acupressure on Agitation and Salivary Cortisol in Nursing Home Residents with Dementia	2017	Dementia & Geriatric Cognitive Disorders	44	1-Feb	92-104	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Lai 2017	Lai, F. C.; Chen, I. H.; Chen, P. J.; Chen, I. J.; Chien, H. W.; Yuan, C. F.	Acupressure, Sleep, and Quality of Life in Institutionalized Older Adults: A Randomized Controlled Trial	2017	Journal of the American Geriatrics Society	65	5	e103-e108	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Lang 2007	Lang, T.; Hager, H.; Funovits, V.; Barker, R.; Steinlechner, B.; Hoerauf, K.; Kober, A.	Prehospital analgesia with acupressure at the Baihui and Hegu points in patients with radial fractures: a prospective, randomized, double-blind trial	2007	American Journal of Emergency Medicine	25	8	887-93	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Lee 2004	Lee, M. K.; Chang, S. B.; Kang, D. H.	Effects of SP6 acupressure on labor pain and length of delivery time in women during labor	2004	Journal of Alternative & Complementary Medicine	10	6	959-65	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Lee 2010	Lee, J.; Dibble, S.; Dodd, M.; Abrams, D.; Burns, B.	The relationship of chemotherapy-induced nausea to the frequency of pericardium 6 digital acupressure	2010	Oncology Nursing Forum	37	6	E419-25	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Lee 2012	Lee, K. C.; Keyes, A.; Hensley, J. R.; Gordon, J. R.; Kwasny, M. J.; West, D. P.; Lio, P. A.	Effectiveness of acupressure on pruritus and lichenification associated with atopic dermatitis: a pilot trial	2012	Acupuncture in Medicine	30	1	8-Nov	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Li 2007	Li, X.; Hirokawa, M.; Inoue, Y.; Sugano, N.; Qian, S.; Iwai, T.	Effects of acupressure on lower limb blood flow for the treatment of peripheral arterial occlusive diseases	2007	Surgery Today	37	2	103-8	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Li 2016	Li, L. W.; Harris, R. E.; Murphy, S. L.; Tsodikov, A.; Struble, L.	Feasibility of a Randomized Controlled Trial of Self-Administered Acupressure for Symptom Management in Older Adults with Knee Osteoarthritis	2016	Journal of Alternative & Complementary Medicine	22	5	396-403	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Li 2018	Li, L. W.; Harris, R. E.; Tsodikov, A.; Struble, L.; Murphy, S. L.	Self-Acupressure for Older Adults With Symptomatic Knee Osteoarthritis: A Randomized Controlled Trial	2018	Arthritis care & research	70	2	221-229	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Lin 2009	Lin, L. C.; Yang, M. H.; Kao, C. C.; Wu, S. C.; Tang, S. H.; Lin, J. G.	Using acupressure and Montessori-based activities to decrease agitation for residents with dementia: a cross-over trial	2009	Journal of the American Geriatrics Society	57	6	1022-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Lin 2016	Lin, Gan-Hon; Chang, Wei-Chun; Chen, Kuan-Ju; Tsai, Chen-Chen; Hu, Sung-Yuan; Chen, Li-Li	Effectiveness of Acupressure on the Taichong Acupoint in Lowering Blood Pressure in Patients with Hypertension: A Randomized Clinical Trial	2016	Evidence-based Complementary & Alternative Medicine (eCAM)	2016		1-Sep	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Lu 2013	Lu, M. J.; Lin, S. T.; Chen, K. M.; Tsang, H. Y.; Su, S. F.	Acupressure improves sleep quality of psychogeriatric inpatients	2013	Nursing Research	62	2	130-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Maa 2003	Maa, S. H.; Sun, M. F.; Hsu, K. H.; Hung, T. J.; Chen, H. C.; Yu, C. T.; Wang, C. H.; Lin, H. C.	Effect of acupuncture or acupressure on quality of life of patients with chronic obstructive asthma: a pilot study	2003	Journal of Alternative & Complementary Medicine	9	5	659-70	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Maa 2007	Maa, S. H.; Tsou, T. S.; Wang, K. Y.; Wang, C. H.; Lin, H. C.; Huang, Y. H.	Self-administered acupressure reduces the symptoms that limit daily activities in bronchiectasis patients: pilot study findings	2007	Journal of Clinical Nursing	16	4	794-804	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Mafetoni 2015	Mafetoni, R. R.; Shimo, A. K.	Effects of acupressure on progress of labor and cesarean section rate: randomized clinical trial	2015	Revista de Saude Publica	49		9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Mafetoni 2016	Mafetoni, R. R.; Shimo, A. K.	The effects of acupressure on labor pains during child birth: randomized clinical trial	2016	Revista Latino-Americana de Enfermagem	24		e2738	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Majholm 2011	Majholm, B.; Moller, A. M.	Acupressure at acupoint P6 for prevention of postoperative nausea and vomiting: a randomised clinical trial	2011	European Journal of Anaesthesiology	28	6	412-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Mariko 2015	Mariko, A.; Matsuda, H.; Takahashi, M.; Fujii, M.; Sasaki, H.	Touch on the acupoint of shinchuu of Alzheimer's disease patients	2015	Geriatrics & Gerontology International	15	3	385-386	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Markose 2004	Markose, M. T.; Ramanathan, K.; Vijayakumar, J.	Reduction of nausea, vomiting, and dry retches with P6 acupressure during pregnancy	2004	International Journal of Gynaecology & Obstetrics	85	2	168-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)

Table C-1 Citation details of studies screened and excluded a full text (by reason for exclusion): Shiatsu

Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
McFadden 2010	McFadden, K. L.; Hernandez, T. D.	Cardiovascular benefits of acupressure (Jin Shin) following stroke	2010	Complementary Therapies in Medicine	18	1	42-8	12d. Relevant but additional follow up needed (acupressure study identified in SR)
McFadden 2011	McFadden, K. L.; Healy, K. M.; Dettmann, M. L.; Kaye, J. T.; Ito, T. A.; Hernandez, T. D.	Acupressure as a non-pharmacological intervention for traumatic brain injury (TBI)	2011	Journal of Neurotrauma	28	1	21-34	12d. Relevant but additional follow up needed (acupressure study identified in SR)
McFadden 2012	McFadden, K. L.; Healy, K. M.; Hoversten, K. P.; Ito, T. A.; Hernandez, T. D.	Efficacy of acupressure for non-pharmacological stress reduction in college students	2012	Complementary Therapies in Medicine	20	4	175-82	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Ming 2002	Ming, J. L.; Kuo, B. I.; Lin, J. G.; Lin, L. C.	The efficacy of acupressure to prevent nausea and vomiting in post-operative patients	2002	Journal of Advanced Nursing	39	4	343-51	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Mirbagher-Ajorpaz 2011	Mirbagher-Ajorpaz, N.; Adib-Hajbaghery, M.; Mosaebi, F.	The effects of acupressure on primary dysmenorrhea: a randomized controlled trial	2011	Complementary Therapies in Clinical Practice	17	1	33-6	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Molassiotis 2007	Molassiotis, A.; Sylt, P.; Diggins, H.	The management of cancer-related fatigue after chemotherapy with acupuncture and acupressure: a randomised controlled trial	2007	Complementary Therapies in Medicine	15	4	228-37	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Molassiotis 2007	Molassiotis, A.; Helin, A. M.; Dabbour, R.; Hummerston, S.	The effects of P6 acupressure in the prophylaxis of chemotherapy-related nausea and vomiting in breast cancer patients	2007	Complementary Therapies in Medicine	15	1	3-Dec	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Molassiotis 2013	Molassiotis, A.; Russell, W.; Hughes, J.; Breckons, M.; Lloyd-Williams, M.; Richardson, J.; Hulme, C.; Brearley, S.; Campbell, M.; Garrow, A.; Ryder, W.	The effectiveness and cost-effectiveness of acupressure for the control and management of chemotherapy-related acute and delayed nausea: Assessment of Nausea in Chemotherapy Research (ANCHoR), a randomised controlled trial	2013	Health Technology Assessment (Winchester, England)	17	26	1-114	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Molassiotis 2014	Molassiotis, A.; Russell, W.; Hughes, J.; Breckons, M.; Lloyd-Williams, M.; Richardson, J.; Hulme, C.; Brearley, S. G.; Campbell, M.; Garrow, A.; Ryder, W. D.	The effectiveness of acupressure for the control and management of chemotherapy-related acute and delayed nausea: a randomized controlled trial	2014	Journal of Pain & Symptom Management	47	1	#####	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Movahedi 2017	Movahedi, M.; Ghafari, S.; Nazari, F.; Valiani, M.	The effect of acupressure on fatigue among female nurses with chronic back pain	2017	Applied Nursing Research	36		111-114	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Nilsson 2015	Nilsson, I.; Karlsson, A.; Lindgren, L.; Bergenheim, T.; Koskinen, L. O.; Nilsson, U.	The efficacy of P6 acupressure with sea-band in reducing postoperative nausea and vomiting in patients undergoing craniotomy: a randomized, double-blinded, placebo-controlled study	2015	Journal of Neurosurgical Anesthesiology	27	1	42-50	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Norheim 2001	Norheim, A. J.; Pedersen, E. J.; Fonnebo, V.; Berge, L.	Acupressure treatment of morning sickness in pregnancy. A randomised, double-blind, placebo-controlled study	2001	Scandinavian Journal of Primary Health Care	19	1	43-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Noroozinia 2013	Noroozinia, H.; Mahoori, A.; Hasani, E.; Gerami-Fahim, M.; Sepehrvand, N.	The effect of acupressure on nausea and vomiting after cesarean section under spinal anesthesia	2013	Acta Medica Iranica	51	3	163-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
O'Brien 1996	O'Brien, B.; Relyea, M. J.; Taerum, T.	Efficacy of P6 acupressure in the treatment of nausea and vomiting during pregnancy	1996	American Journal of Obstetrics & Gynecology	174	2	708-15	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Ozgoli 2016	Ozgoli, C.; Sedigh Mobarakabadi, S.; Heshmat, R.; Alavi Majd, H.; Sheikhan, Z.	Effect of LI4 and BL32 acupressure on labor pain and delivery outcome in the first stage of labor in primiparous women: A randomized controlled trial	2016	Complementary Therapies in Medicine	29		175-180	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Perkins 2008	Perkins, P.; Vowler, S. L.	Does acupressure help reduce nausea and vomiting in palliative care patients? Pilot study	2008	Palliative medicine	22	2	193-194	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Pouresmail 2002	Pouresmail, Z.; Ibrahimzadeh, R.	Effects of acupressure and ibuprofen on the severity of primary dysmenorrhea	2002	Journal of Traditional Chinese Medicine	22	3	205-10	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Reza 2010	Reza, H.; Kian, N.; Pouresmail, Z.; Masood, K.; Sadat Seyed Bagher, M.; Cheraghi, M. A.	The effect of acupressure on quality of sleep in Iranian elderly nursing home residents	2010	Complementary Therapies in Clinical Practice	16	2	81-5	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Roscoe 2003	Roscoe, J. A.; Morrow, G. R.; Hickok, J. T.; Bushunow, P.; Pierce, H. I.; Flynn, P. J.; Kirshner, J. J.; Moore, D. F.; Atkins, J. N.	The efficacy of acupressure and acustimulation wrist bands for the relief of chemotherapy-induced nausea and vomiting. A University of Rochester Cancer Center Community Clinical Oncology Program multicenter study	2003	Journal of Pain & Symptom Management	26	2	731-42	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Roscoe 2009	Roscoe, J. A.; Bushunow, P.; Jean-Pierre, P.; Heckler, C. E.; Purnell, J. Q.; Peppone, L. J.; Chen, Y.; Ling, M. N.; Morrow, G. R.	Acupressure bands are effective in reducing radiation therapy-related nausea	2009	Journal of Pain & Symptom Management	38	3	381-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Sadighha 2008	Sadighha, A.; Nurai, N.	Acupressure wristbands versus metoclopramide for the prevention of postoperative nausea and vomiting	2008	Annals of Saudi Medicine	28	4	287-91	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Sakurai 2003	Sakurai, M.; Suleman, M. I.; Morioka, N.; Akca, O.; Sessler, D. I.	Minute sphere acupressure does not reduce postoperative pain or morphine consumption	2003	Anesthesia & Analgesia	96	2	493-7, table of contents	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Samad 2003	Samad, K.; Afshan, G.; Kamal, R.	Effect of acupressure on postoperative nausea and vomiting in laparoscopic cholecystectomy	2003	JPMA - Journal of the Pakistan Medical Association	53	2	68-72	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Schlager 2000	Schlager, A.; Boehler, M.; Puhlinger, F.	Korean hand acupressure reduces postoperative vomiting in children after strabismus surgery	2000	British Journal of Anaesthesia	85	2	267-70	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Schultz 2003	Schultz, A. A.; Andrews, A. L.; Goran, S. F.; Mathew, T.; Sturdevant, N.	Comparison of acupressure bands and droperidol for reducing post-operative nausea and vomiting in gynecologic surgery patients	2003	Applied Nursing Research	16	4	256-65	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Shariati 2012	Shariati, A.; Jahani, S.; Hooshmand, M.; Khalili, N.	The effect of acupressure on sleep quality in hemodialysis patients	2012	Complementary Therapies in Medicine	20	6	417-23	12d. Relevant but additional follow up needed (acupressure study identified in SR)
SharifiRizi 2017	Sharifi Rizi, M.; Shamsalinia, A.; Ghaffari, F.; Keyhanian, S.; Naderi Nabi, B.	The effect of acupressure on pain, anxiety, and the physiological indexes of patients with cancer undergoing bone marrow biopsy	2017	Complementary Therapies in Clinical Practice	29		136-141	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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SharifNia 2017	Sharif Nia, H.; Pahlevan Sharif, S.; Yaghoobzadeh, A.; Yeoh, K. K.; Goudarzian, A. H.; Soleimani, M. A.; Jamali, S.	Effect of acupressure on pain in Iranian leukemia patients: A randomized controlled trial study	2017	International Journal of Nursing Practice	23	2		12d. Relevant but additional follow up needed (acupressure study identified in SR)
Shin 2004	Shin, Y. H.; Kim, T. I.; Shin, M. S.; Juon, H. S.	Effect of acupressure on nausea and vomiting during chemotherapy cycle for Korean postoperative stomach cancer patients	2004	Cancer Nursing	27	4	267-74	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Shin 2007	Shin, H. S.; Song, Y. A.; Seo, S.	Effect of Nei-Guan point (P6) acupressure on ketonuria levels, nausea and vomiting in women with hyperemesis gravidarum	2007	Journal of Advanced Nursing	59	5	510-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Shin 2007	Shin, B. C.; Lee, M. S.	Effects of aromatherapy acupressure on hemiplegic shoulder pain and motor power in stroke patients: a pilot study	2007	Journal of Alternative & Complementary Medicine	13	2	247-51	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Simoncini 2015	Simoncini, M.; Gatti, A.; Quirico, P. E.; Balla, S.; Capellero, B.; Obialero, R.; D'Agostino, S.; Sandri, N.; Pernigotti, L. M.	Acupressure in insomnia and other sleep disorders in elderly institutionalized patients suffering from Alzheimer's disease	2015	Aging-Clinical & Experimental Research	27	1	37-42	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Sinha 2011	Sinha, A.; Paech, M. J.; Thew, M. E.; Rhodes, M.; Luscombe, K.; Nathan, E.	A randomised, double-blinded, placebo-controlled study of acupressure wristbands for the prevention of nausea and vomiting during labour and delivery	2011	International Journal of Obstetric Anesthesia	20	2	110-7	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Steele 2001	Steele, N. M.; French, J.; Gatherer-Boyles, J.; Newman, S.; Leclaire, S.	Effect of acupressure by Sea-Bands on nausea and vomiting of pregnancy	2001	JOGNN - Journal of Obstetric, Gynecologic, & Neonatal Nursing	30	1	61-70	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Stein 1997	Stein, D. J.; Birnbach, D. J.; Danzer, B. I.; Kuroda, M. M.; Grunebaum, A.; Thys, D. M.	Acupressure versus intravenous metoclopramide to prevent nausea and vomiting during spinal anesthesia for cesarean section	1997	Anesthesia & Analgesia	84	2	342-5	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Suh 2012	Suh, E. E.	The effects of P6 acupressure and nurse-provided counseling on chemotherapy-induced nausea and vomiting in patients with breast cancer	2012	Oncology Nursing Forum	39	1	E1-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Sun 2010	Sun, J. L.; Sung, M. S.; Huang, M. Y.; Cheng, G. C.; Lin, C. C.	Effectiveness of acupressure for residents of long-term care facilities with insomnia: a randomized controlled trial	2010	International Journal of Nursing Studies	47	7	798-805	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Tang 2012	Tang, W. R.	The effects of acupressure on fatigue of lung cancer patients undergoing chemotherapy: a double-blind experimental study	2012	Palliative medicine.	26	4	449	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Tang 2014	Tang, W. R.; Chen, W. J.; Yu, C. T.; Chang, Y. C.; Chen, C. M.; Wang, C. H.; Yang, S. H.	Effects of acupressure on fatigue of lung cancer patients undergoing chemotherapy: an experimental pilot study	2014	Complementary Therapies in Medicine	22	4	581-91	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Taylor 2002	Taylor, D.; Miaskowski, C.; Kohn, J.	A randomized clinical trial of the effectiveness of an acupressure device (relief brief) for managing symptoms of dysmenorrhea	2002	Journal of Alternative & Complementary Medicine	8	3	357-70	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Torkzahrani 2017	Torkzahrani, S.; Mahmoudikohani, F.; Saatchi, K.; Sefidkar, R.; Banaei, M.	The effect of acupressure on the initiation of labor: A randomized controlled trial	2017	Women & Birth: Journal of the Australian College of Midwives	30	1	46-50	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Tsay 2003	Tsay, S.; Chen, M.	Acupressure and quality of sleep in patients with end-stage renal disease -- a randomized controlled trial	2003	International Journal of Nursing Studies	40	1	1-Jul	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Tsay 2004	Tsay, S. L.; Cho, Y. C.; Chen, M. L.	Acupressure and Transcutaneous Electrical Acupoint Stimulation in improving fatigue, sleep quality and depression in hemodialysis patients	2004	American Journal of Chinese Medicine	32	3	407-16	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Tsay 2004	Tsay, S. L.	Acupressure and fatigue in patients with end-stage renal disease-a randomized controlled trial	2004	International Journal of Nursing Studies	41	1	99-106	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Tsay 2005	Tsay, S. L.; Wang, J. C.; Lin, K. C.; Chung, U. L.	Effects of acupressure therapy for patients having prolonged mechanical ventilation support	2005	Journal of Advanced Nursing	52	2	142-50	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Turgut 2007	Turgut, S.; Ozalp, G.; Dikmen, S.; Savli, S.; Tuncel, G.; Kadiogullari, N.	Acupressure for postoperative nausea and vomiting in gynaecological patients receiving patient-controlled analgesia	2007	European Journal of Anaesthesiology	24	1	87-91	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Valiee 2012	Valiee, S.; Bassampour, S. S.; Nasrabadi, A. N.; Pouresmaeil, Z.; Mehran, A.	Effect of acupressure on preoperative anxiety: a clinical trial	2012	Journal of PeriAnesthesia Nursing	27	4	259-66	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Wan 2016	Wan, Y.; Li, D.	Clinical observation of analgesia in delivery treated with acupoint pressure therapy. [Chinese]	2016	Zhongguo zhen jiu = Chinese acupuncture & moxibustion	36	12	1243-1246	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Wang 2005	Wang, S. M.; Gaal, D.; Maranets, I.; Caldwell-Andrews, A.; Kain, Z. N.	Acupressure and preoperative parental anxiety: a pilot study	2005	Anesthesia & Analgesia	101	3	666-9, table of contents	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Wang 2008	Wang, S. M.; Escalera, S.; Lin, E. C.; Maranets, I.; Kain, Z. N.	Extra-1 acupressure for children undergoing anesthesia	2008	Anesthesia & Analgesia	107	3	811-6	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Werntoft 2001	Werntoft, E.; Dykes, A. K.	Effect of acupressure on nausea and vomiting during pregnancy. A randomized, placebo-controlled, pilot study	2001	Journal of Reproductive Medicine	46	9	835-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
White 2002	White, P. F.; Issioui, T.; Hu, J.; Jones, S. B.; Coleman, J. E.; Waddle, J. P.; Markowitz, S. D.; Coloma, M.; Macaluso, A. R.; Ing, C. H.	Comparative efficacy of acustimulation (ReliefBand) versus ondansetron (Zofran) in combination with droperidol for preventing nausea and vomiting	2002	Anesthesiology	97	5	1075-81	12d. Relevant but additional follow up needed (acupressure study identified in SR)
White 2012	White, P. F.; Zhao, M.; Tang, J.; Wender, R. H.; Yumul, R.; Sloninsky, A. V.; Naruse, R.; Kariger, R.; Cunneen, S.	Use of a disposable acupressure device as part of a multimodal antiemetic strategy for reducing postoperative nausea and vomiting	2012	Anesthesia & Analgesia	115	1	31-Jul	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Wong 2010	Wong, C. L.; Lai, K. Y.; Tse, H. M.	Effects of SP6 acupressure on pain and menstrual distress in young women with dysmenorrhea	2010	Complementary Therapies in Clinical Practice	16	2	64-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Wu 2004	Wu, H. S.; Wu, S. C.; Lin, J. G.; Lin, L. C.	Effectiveness of acupressure in improving dyspnoea in chronic obstructive pulmonary disease	2004	Journal of Advanced Nursing	45	3	252-9	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Wu 2007	Wu, H. S.; Lin, L. C.; Wu, S. C.; Lin, J. G.	The psychologic consequences of chronic dyspnea in chronic pulmonary obstruction disease: the effects of acupressure on depression	2007	Journal of Alternative & Complementary Medicine	13	2	253-61	12d. Relevant but additional follow up needed (acupressure study identified in SR)

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Study ID	Authors	Title	Published Year	Journal	Volume	Issue	Pages	Exclusion reason
Yukse 2003	Yukse, M. S.; Erdem, A. F.; Atalay, C.; Demirel, A.	Acupressure versus oxybutinin in the treatment of enuresis	2003	Journal of International Medical Research	31	6	552-6	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Zeng 2016	Zeng, H.; Liu, M.; Wang, P.; Kang, J.; Lu, F.; Pan, L.	The Effects of Acupressure Training on Sleep Quality and Cognitive Function of Older Adults: A 1-Year Randomized Controlled Trial	2016	Research in Nursing & Health	39	5	328-36	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Zhang 2017	Zhang, B.; Dong, J. N.; Sun, P.; Feng, C.; Liu, Y. C.	Effect of therapeutic care for treating fatigue in patients with breast cancer receiving chemotherapy	2017	Medicine	96	33	e7750	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Zhao 2018	Zhao, M.; Gao, W.; Zhang, L.; Huang, W.; Zheng, S.; Wang, G.; Hong, B. Y.; Tang, B.	Acupressure Therapy for Acute Ankle Sprains: A Randomized Clinical Trial	2018	Pm & R	10	1	36-44	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Zick 2012	Zick, S. M.; Wyatt, G. K.; Murphy, S. L.; Arnedt, J. T.; Sen, A.; Harris, R. E.	Acupressure for persistent cancer-related fatigue in breast cancer survivors (AcuCrft): a study protocol for a randomized controlled trial	2012	BMC Complementary & Alternative Medicine	12		132	12d. Relevant but additional follow up needed (acupressure study identified in SR)
Zick 2016	Zick, S. M.; Sen, A.; Wyatt, G. K.; Murphy, S. L.; Arnedt, J. T.; Harris, R. E.	Investigation of 2 Types of Self-administered Acupressure for Persistent Cancer-Related Fatigue in Breast Cancer Survivors: A Randomized Clinical Trial	2016	JAMA Oncology	2	11	1470-1476	12d. Relevant but additional follow up needed (acupressure study identified in SR)