Information for parents, carers and teachers:

Changes to vaping in Australia from 1 October 2024

The laws on vaping in Australia have changed to keep our community safe from the harms of vaping and nicotine addiction.

The main things you need to know:

- Vapes and vaping products, regardless of whether they contain nicotine or not, can only be sold in pharmacies. It is illegal for other stores to sell vapes or other vaping stuff.
- People under 18 years need a prescription to buy vapes, where state and territory laws allow, to ensure they get appropriate medical advice and support.
- · There are lots of tools and support to help mob quit vaping for good.

Vapes can now only be sold at pharmacies

All vapes and vaping products can only be sold at participating pharmacies for the purpose of helping people to quit the smokes or manage their nicotine habit. You cannot purchase single use disposable vapes in a pharmacy.

It's illegal for any other shops—like tobacconists, vape shops and convenience stores—to sell any type of vape or vaping stuff.

Purchasing nicotine vapes with a prescription

People under 18 years need a prescription from a doctor or nurse practitioner to purchase vapes, where state and territory laws allow, to ensure they get appropriate medical advice and support.

This gives them an opportunity to discuss their vaping with a health professional and get the best information about health harms and quitting options.

Please check the laws in your state or territory about the prescription and supply of vapes and vaping stuff to people under the age of 18 years.

People who need vapes with more than 20 mg/mL of nicotine will need a prescription, regardless of their age.



Buying nicotine vapes without a prescription

From 1 October 2024, people 18 years and over can buy vapes with a nicotine concentration of 20 mg/mL or less from participating pharmacies without a prescription, where state and territory laws allow, but they must talk with the pharmacist before buying.

They need to discuss the product and dosage, other options to quit smoking and/or manage nicotine dependence, provide identification (for proof of age purposes only), and can only purchase one month's supply over the course of one month.

Other changes to vapes

The only flavours available will be mint, menthol and tobacco, and vapes will have plain packaging.

All vapes sold in pharmacies are required to meet certain standards, and must be notified to the Therapeutic Goods Administration as meeting those standards. However, they should not be used as the first method to quit smoking as there is limited evidence about their effectiveness and safety.

Penalties under the law

Changes to the vaping laws in Australia are about protecting everyone from the bad things about vaping and nicotine. The law targets the shops selling vapes illegally.

People, including those under 18 years, who have a small amount of vapes/vaping products for personal use will not be targeted under the law.

Help for young people to quit vaping

There are tools and support to help young people quit vaping:

- Call Quitline on 13 7848
- Visit quit.org.au
- Download the My QuitBuddy app

If a young person you know is wondering whether vapes can help them quit smoking, the first step is to yarn with their doctor, health worker or pharmacist.

Resources for mums, dads, carers, Elders and others supporting young people

Info, conversation guides, and FAQs are there to help you yarn to your young ones about vaping. **Conversation guides**

Fact sheets and FAQs

More Info

Find out more about what's changed with vaping in Australia at the Therapeutic Goods Administration <u>Vaping Hub</u>. Cannabis vapes are subject to separate strict regulations. More information is available on the Therapeutic Goods Administration <u>medicinal cannabis hub.</u>

