



Australian Government

Department of Health
and Aged Care

LET'S JOIN THE THOUSANDS
QUITTING VAPES

Why are we still vaping?

Vaping is dangerous
to your health

Don't risk:

Nicotine addiction ❌

Lung damage ❌

Persistent coughing ❌

Headaches and dizziness ❌



Find support

health.gov.au/vaping

Scan to download



My QuitBuddy

