



Australian Government

Department of Health and Aged Care

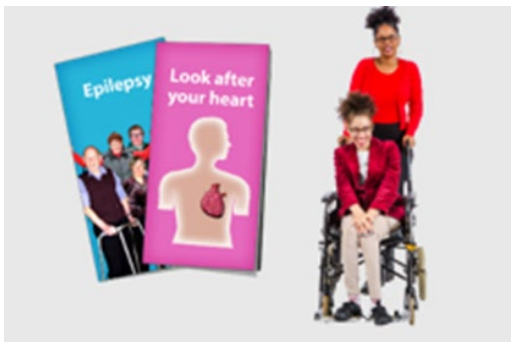


Primary Care Enhancement Program



The **Primary Care Enhancement Program** helps to have better health care for people with intellectual disability.

We call it the **PCEP** for short.



The PCEP is also about supporting the **health literacy** of people with intellectual disability.



Health literacy is about how people understand and use health information.

Primary Care Enhancement Program

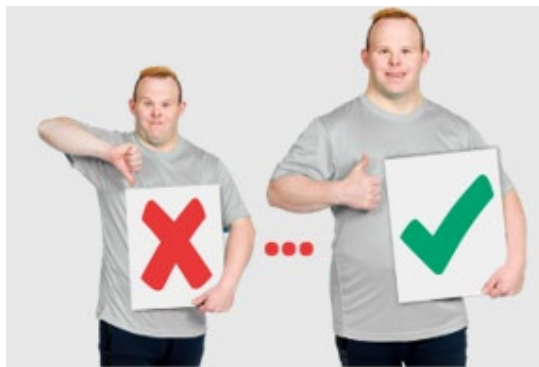


There are four **Primary Health Networks** doing the PCEP.

We say **PHNs** for short.



PHNs work to make **health outcomes** better for people in their local area.



Health outcomes are how peoples health is after they get health care.

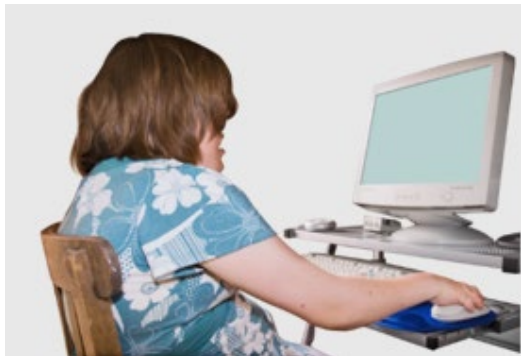
What PHNs did for the PCEP



The PHNs did many training sessions to support health care workers to learn how to provide care for people with intellectual disability.



PHNs also gave training and support for staff in doctors practices.



PHNs also made online webinars and e learning classes.



This meant that people could join the training online in their own time.

What PHNs did for the PCEP



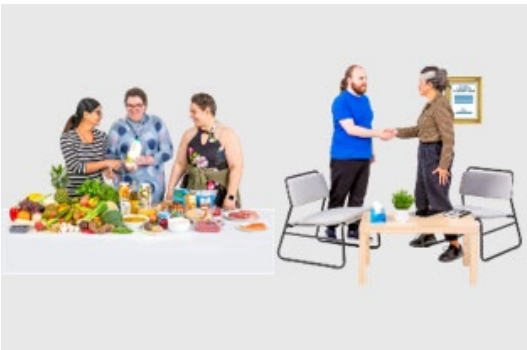
Some of the people doing the training were

- General Practitioners
- General practice staff
- Nurses
- Disability support workers and providers
- Allied health professionals.

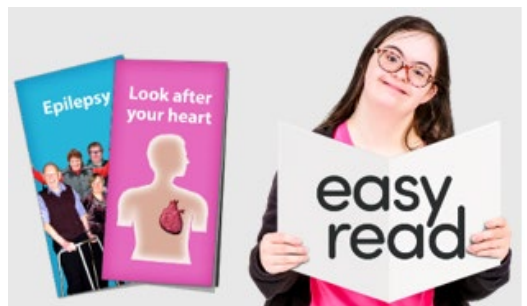


Allied health professionals work in many different areas like

- Nutrition
- Occupational therapy
- Counselling.



Part of the PCEP is to share intellectual disability health information.



What PHNs did for the PCEP



PHNs used or made a lot of health information.



Some PHNs ran health literacy workshops in different languages for support people.

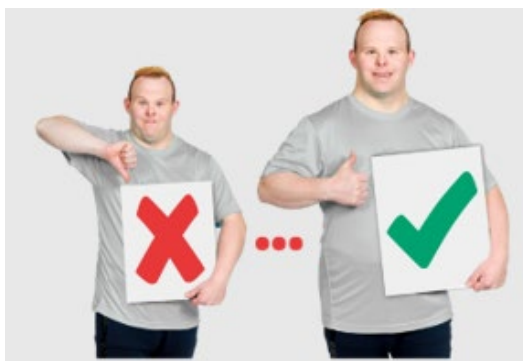


There was some training about annual health assessments for people with intellectual disability.

What people learned about the PCEP training



We looked into what people learned from the PCEP training.



People said after the training they knew more about how to care for people with intellectual disability.

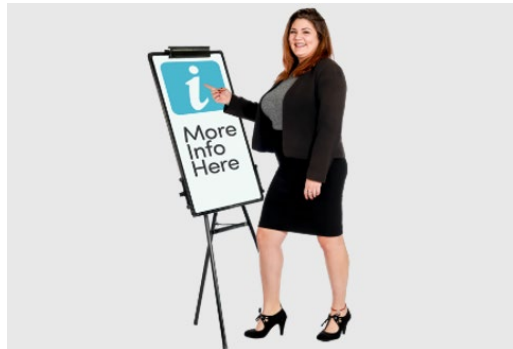


They learned more about

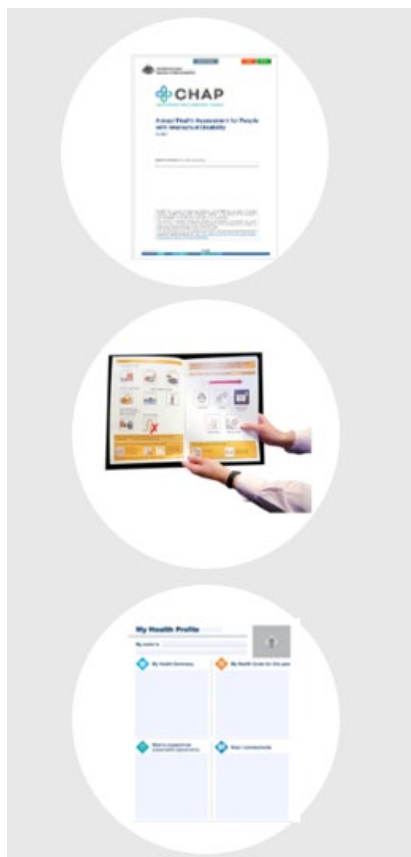
- Inclusive communication
- Annual health assessments
- Making adjustments to meet the needs of people with intellectual disability.



People said having a person with intellectual disability as part of running the training helped them learn.



People said the training helped them know where to find information on intellectual disability health.



The health information from the training that people found was most helpful were the:

- CHAP tool. Also known as an annual health assessment tool.
- Health promotion fact sheets
- Patient profile templates.

Our ideas on what to do next



The Department and others that have worked on the PCEP have some ideas about what to do next.



We think we should make guidelines to support other PHNs to do the PCEP in their local area.



Work together with people with **lived experience** in their local area to do the PCEP.



Lived experience is someone sharing something in their life that happened.

Our ideas on what to do next



Find a place online to keep all the PCEP resources together where they are easy to find.



Work to have better health outcomes for people with intellectual disability with:

- Health services
- Disability services.



Look more at the PCEP to see how it is helping to make better health outcomes for people with intellectual disability.