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| Survey on Draft National Roadmap to Improve the Health and Mental Health of Autistic Australians | |
|  | This paper is about the Draft National Roadmap to Improve the Health and Mental Health of Autistic Australians.  We will say the **Autism Health Roadmap** for short. |
| Roadmap with dates to give feebackTalking man asking for ideas | The **Autism Health Roadmap** is not finished yet. That is why we call it a draft.  We want to get your ideas on what you think of the Autism Health Roadmap so far. |
| Roadmap with dates to give feeback | You can read the draft Autism Health Roadmap here <https://www.health.gov.au/resources/publications/autism-roadmap-consultation-draft> |
| People with yes and no symbols | We want the Autism Health Roadmap to help improve the health and mental health of Autistic people. |
| Why we need an Autism Health Roadmap | |
| Group of people talking | We have talked to Autistic people, the autism community and health and mental health experts. |
| Patient and nurse in a hospital | They told us about the problems Autistic people have getting health care.   The health care system does not help them enough. |
| Roadmap with dates to give feebackPeople with yes and no symbols | That is why we are working on the Autism Health Roadmap. To improve the health and mental health of Autistic people. |

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| Survey on the draft Autism Health Roadmap | |
| A survey paper | We want to ask you some questions about the draft Autism Health Roadmap.  We call these questions a **survey.** |
| Person and health professional working together | Your answers will help us work out how to improve the health and mental health of Autistic people. |
| Person thinking | You can tell us if you think we have missed something important in the draft Autism Health Roadmap. |
| Someone helping a person fill out a survey | You can do the survey yourself or ask someone to help you. |
|  | You can do the survey between now and Friday 27 September 2024. |
| Image result for department of heatlh and aged care logo | This survey is being done by the **Department of Health and Aged Care**.  We say the **Department** for short. |
| Person making sure people are being confidential | The Department will make sure we keep your responses to the survey **confidential**.  **Confidential** means we will keep your responses secret if you want us to. |
| Person pointing to questions in a survey | You do not have to answer all the questions.  You can still send us the survey even if you only answer some of the questions. |

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| What is in the survey? | |
| People with questions on a whiteboardImage result for map of australiaYoung person asking a question | There are 2 main parts in the survey:  Part 1 asks about what **actions** should be in the Autism Health Roadmap.  **Actions** are things we plan to do.  Part 2 asks questions about you such as your age and what area you live in.  You do not have to answer these questions if you do not want to. |
| A survey paper | Your answers to this survey will be used to make the Autism Health Roadmap better. |

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| If you need help to do the survey | |
| Email symbol | If you need help to do the survey or you would like a printed copy of the survey you can email [AutismHealthRoadmapConsultation@health.gov.au](mailto:AutismHealthRoadmapConsultation@health.gov.au) |
| Image result for lifeline logoImage result for beyond blue logo | If any of the questions in the survey upset you or if someone you know needs support you can call [Lifeline](https://www.lifeline.org.au/) on  13 11 14 or [Beyond Blue](https://www.beyondblue.org.au/) on  1300 224 636. |

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| Person pointing to options on a whiteboard | | | The Department would like to share some of what you say in this survey.  To let us know what responses we can share, please select 1 option.  The Department can share:   |  |  | | --- | --- | |  | My responses and my name | |  | Only my responses, but not my name  None of my responses | |
| Person pointing to sections in a survey | | | To do the survey you need to:   * Have read the information about the survey. * Understand that it is your choice if you want to do the survey. |
| Consent in survey with tick | | | Do you agree to complete this survey? Please select your response below.   |  |  | | --- | --- | |  | Yes | |  | No | |
| Survey questionsYour interest in the Autism Health Roadmap | | | |
| A person standing and a person in a wheelchairA person | | Please select which of the below statements best describe you.  You can select more than one.   |  |  | | --- | --- | |  | I am an Autistic person or I think I might be Autistic | |  | I am an unpaid carer, family member or friend of an Autistic person or people | |  | I am a disability support worker, educator or support coordinator | |  | I work in a not for profit organisation, advocacy organisation or peak body | |  | I work for an autism or disability organisation | |  | Prefer not to say | | |
| Part 1 of the surveyQuestions about key topics in the draft Autism Health Roadmap | | | | |
| A person pointing to different sections on a whiteboard | There are 5 key topics in the draft Autism Health Roadmap which we want to ask you about.  These topics are about: | | | |
|  | 1. Better support for Autistic people, their families and carers in health and mental health services. | | | |
| A doctor in scrubsA child, a middle aged person and an older person | 1. Better access to quality health and mental health care for Autistic people. | | | |
| A group of different people talking and shaking hands | 1. Better links with services in health, mental health and other areas. | | | |
| A trainer in a training room | 1. Improving the Autism education and training of health and disability professionals. | | | |
| A magnifying glass showing a graphA magnifying glass showing different people | 1. **Research** and **data** on health and mental healthof Autistic people and their families and carers.    1. **Research** means to find out new things about something.    2. **Data** means information on people, services, or other things. Data can help us see whether things are getting better. | | | |

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| Question about Topic 1Better support for Autistic people, their families and carers in health and mental health services. | |
| People with yes and no symbolsA group of health people with an information symbol | We want to improve how health and mental health services care for Autistic people.  We also want to make information about services easier to find and understand. |
| A person deciding yes or no | We want to support Autistic people to make their own decisions about their care.  Some of the ways we think we can do that are by: |
| A group of health people with an information symbol | * Having information for Autistic people about when to see a doctor or other health professional * Having information on how to find a service |
| MoneyAn easy read brochureA health professional | * Having information about how pain is felt differently by many Autistic people * Having information that considers the needs of Autistic people * Having information on affordable care options |
| What do you think the Department could do to improve health and mental health services for Autistic people?  Please give your ideas below. | |
| Question about Topic 2Better access to quality health and mental health care services for Autistic people. | |
| Person and health professional working together | We want to improve how safe Autistic people are in health and mental health services. |
| Health professionals talking with people | We want to make sure health professionals support all Autistic people to make decisions about their care. |
| Medicine in a bottleA survey paper | We want to protect Autistic people against medicines not being used safely or in the right way. |
| A health professional and a person speaking | Some of the ways we think we can do that are to:   * Work with Autistic people to find out the best way to give them good health care * Help Autistic people find health services that provide good care * Look at health and mental health services for Autistic people to see what is working well and what is not. |
| What could we do to improve the quality and availability of health and mental health services for Autistic people?  Please give your ideas below. | |

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| Question about Topic 3Having better links with services in health, mental health and other areas. | |
| A group of different people talking and shaking handsA child, middle aged person and older adult | We want to make sure Autistic people are supported in every stage of their lives​.  We want to improve how health and mental health services work together. ​ |
| A person showing another person some informationA group of people talking and helping each other | We think we can do this by:   * Using a booklet which helps Autistic people tell health services what they need. * Having health and mental health services that are just for Autistic people. * Having someone help Autistic people find the right service for them. |
| We have heard from Autistic people that the Department is too separate from services in health, mental health and other areas. We would like to fix this. Do you have any ideas how we could do this?  Please give your ideas below. | |
| Question about Topic 4Improving the education and training of health and disability professionals | |
| A group of health professionals with an information symbol | We want to help health professionals give better care to Autistic people.  We want health professionals to learn how to improve their skills in caring for Autistic people. |
| A trainer in a training room | We think we could do this by:   * Having good resources and services for health and mental health professionals with Autistic patients. * Having training for health professionals to better support Autistic people. |
| How could we make sure health and disability professionals are trained better in caring for Autistic people?  Please give your ideas below. | |

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| Question about Topic 5Research on health outcomes of Autistic people and their families and carers. | |
| People with yes and no symbolsA magnifying glass looking at different peopleA group of people at a table talking about a graph | We want to do research about the health of Autistic people.  We want Autistic people, family members and carers to tell us what research they think is needed.    We want this research to tell us how to improve health outcomes for Autistic people. |

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| A magnifying glass looking at a graph | We think we could do this by:   * Collecting information about whether a person is Autistic. This would give us better **data** to help with research. * Doing research on ways to improve Autistic people’s health and mental health. |
| How could we get better research and data on the health of Autistic people and their families and carers?  Please give your ideas below. | |
| How important is it that the Autism Health Roadmap make sure the rights and choices of Autistic people are respected?  Please select 1 of the below options.   |  |  | | --- | --- | |  | Not important | |  | Important  Unsure | | |

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| Part 2 of the surveyQuestions about you | |
| Image result for map of australia | Which area do you live in?  Select 1 option   * Australian Capital Territory * New South Wales * Queensland * South Australia * Tasmania * Victora * Western Australia * I do not live in Australia |
| A magnifying glass looking at a map of the United Kingdom | What type of area do you live in?  Select 1 option.   * In a capital city or a large city * In a regional, rural or remote area * Prefer not to say |
| Symbols for male and female | What is your gender?  Select 1 option.   * Man or male * Woman or female * Non-binary * I use a different term to describe myself. It is: * Prefer not to say |
| A child, a young person and an older person | Please tell us your age in the box below. |

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| Image result for aboriginal and torres strait islander flagsImage result for aboriginal and torres strait islander flags | Do you identify as Aboriginal and/or Torres Strait Islander?  Select 1 option.   * Yes- Aboriginal * Yes- Torres Strait Islander * Yes- Both Aboriginal and Torres Strait Islander * No * Prefer not to say |
| A person at the doctorsA group of people including some people in wheelchairs | Do you have any disabilities or health conditions? If you do, please tell us what they are here.   * Prefer not to say * Do not have a disability |
| Speech bubbles in some different languages | Do you often use a language other than English at home?  Select 1 option.   * Yes * No * Prefer not to say |
| One person saying thank you to another person | Thank you for taking the time to do the survey.  Your answers will help us make the Autism Health Roadmap better. |