

**Natural Therapies Review Expert Advisory Panel  
Meeting Outcomes  
18 July 2024**

On 18 July 2024, the [Natural Therapies Review Expert Advisory Panel](#) (NTREAP) held its eleventh meeting by videoconference.

The following is a summary of the outcomes arising from the meeting.

**Draft evidence evaluations for Alexander Technique, Feldenkrais, Kinesiology, and Reflexology**

The NHMRC presented the draft Alexander Technique, Buteyko, Feldenkrais, kinesiology, and reflexology evidence evaluations. Members commented that the reports are well written with a respectful tone, easy to read and suggested minor improvements for consumer readability. In particular, describing the scope of the therapies to more clearly differentiate them from other therapies in the summary sections of the evaluations. The NHMRC will proceed to finalise the evaluation with the evidence reviewers.

**Progress and timing of the Review**

***Research protocols***

- All protocols finalised.

***Outcome prioritisation***

- All outcome prioritisation finalised.

***Draft evidence evaluations***

- All draft evidence evaluations finalised.

***Final evidence evaluations***

- Final evidence evaluations for Bowen Therapy, homeopathy, naturopathy Review B, western herbal medicine, Alexander Technique, Buteyko, Feldenkrais, kinesiology, and reflexology in progress following NTREAP input.
- Final evidence evaluations completed for Pilates, Rolfing, iridology, shiatsu, tai chi, yoga, naturopathy Review A and aromatherapy.