Roadmap Annual Progress Report 2023

Easy Read

Roadmap Annual Progress Report 2023

The Roadmap is a plan about how we will make health care better for people with intellectual disability.
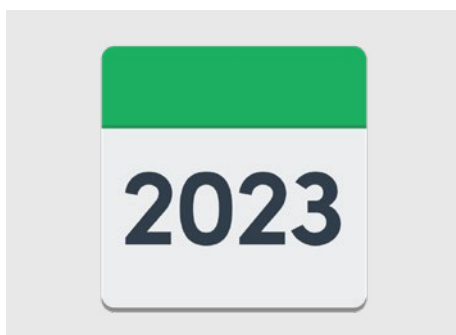
You can read about the Roadmap.

Go to

https://bit.ly/3wPIDvl

Each year we will make a report to tell people what we are doing for the Roadmap.

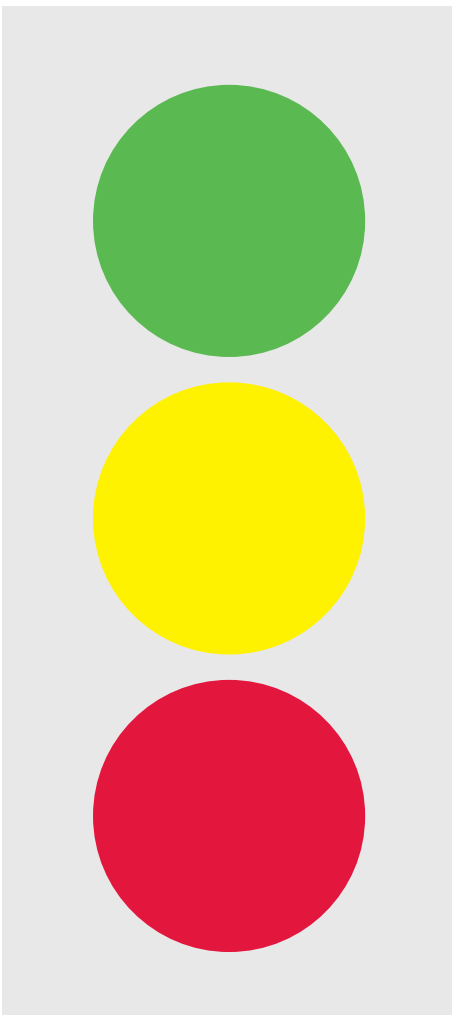This report is about what we did in 2023.

The Roadmap has goals we want to work on.

Each goal has **action**s.

Actions are things we want to do for the goal.

We use colours to tell you how far we are with the actions in each goal.

- Green means actions that are done

- Yellow means actions that have started

- Red means actions that have not started.
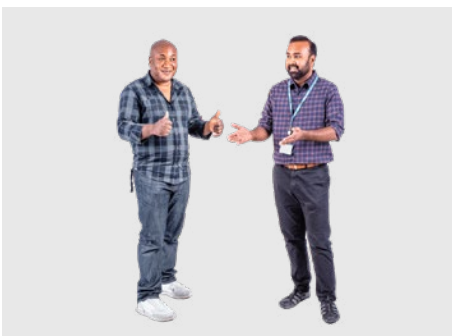
Goal A Better support

This goal is about better support for people with intellectual disability, their families and carers.

What we are doing for goal A

The **National Centre of Excellence in Intellectual Disability Health** has opened.

We say the **Centre** for short.

The Centre will make sure people with intellectual disability get better health care.

The Centre will help everyone know about intellectual disability health.

The Centre will help get things in the Roadmap done.

People with intellectual disability will help run the Centre.

You can read about the Centre.

Go to

https://bit.ly/3QW0Az2

Goal A has 13 actions

1 We did 1 action.

11 We started 11 actions.

1 We have not started 1 of the actions.

Goal B1 Making health care better

This goal is about health care for what each person with intellectual disability needs.

What we are doing for goal B1

The Council for Intellectual Disability has made online info for health workers.

The training tells health workers about **reasonable adjustments** for people with intellectual disability.

Reasonable adjustments are things health workers can do to make things easier for you.
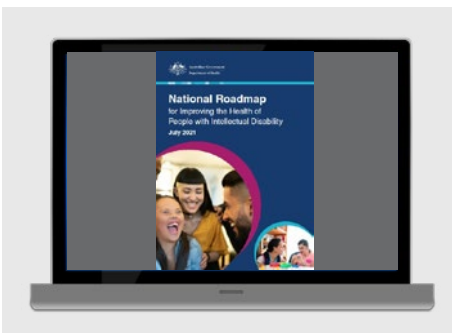
The Australian Commission on Safety and Quality in Health Care made information for health workers about

• Reasonable adjustments

• Safe health care for people with intellectual disability.

They also made an Easy Read to help people talk to doctors about reasonable adjustments.

To look at the Easy Read go to

https://bit.ly/3wLJa1j

There was a big meeting on making health care better for people who get very worried about getting medical care.

Goal B1 has 16 actions

0

We did not finish any actions.

13

We started 13 actions.

3

We have not started 3 of the actions.

Goal B2
Using more Medicare Benefits Schedule services

The **Medicare Benefits Schedule** is a list of health care services the government can help you pay for.

What we are doing for goal B2

We are making sure more people find out about yearly health checks for people with intellectual disability.

A yearly health check is a big health check you have every year.

You can read more about yearly health checks.
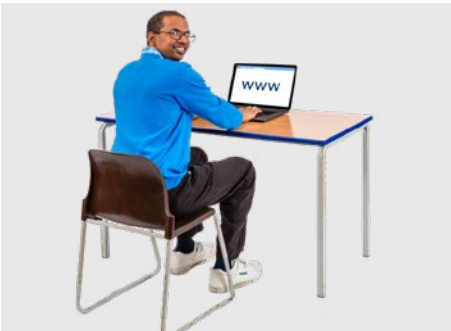
Go to

https://bit.ly/3yqDdHs

We are doing things to make the **CHAP** better.

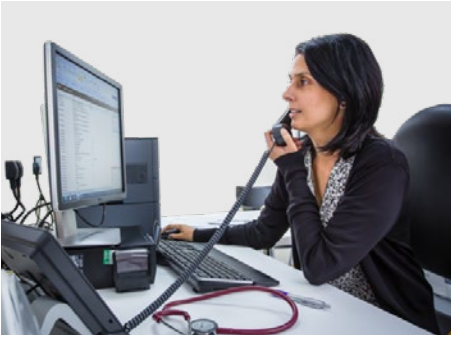The **CHAP** is a form you can use to help make your yearly health check better.

You can get the CHAP online.
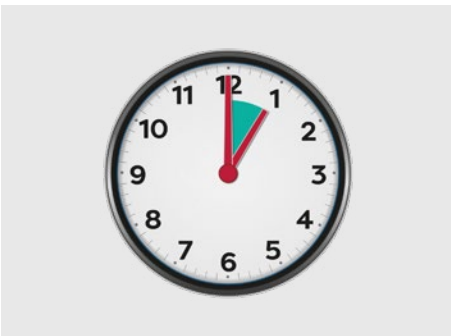
Go to

https://bit.ly/4boSlOO

We are working on a CHAP just for young people aged 12-18.

We are working to put the CHAP on doctors computers to make it easier for them to use.

The government has made it easier for doctors to meet with people for a longer time.

This will make sure there is enough time to do the CHAP.

Goal B2 has 11 actions

We did 1 action.

We started 7 actions.

We have not started 3 of the actions.

Goal B3
Making different types of health care work well together

People need to see different health care workers.

We want the health care workers to work well together.

We want people with intellectual disability to be able to see the same doctor every time.

What we are doing for goal B3

Western Victoria PHN made a form to help doctors find out about reasonable adjustments.

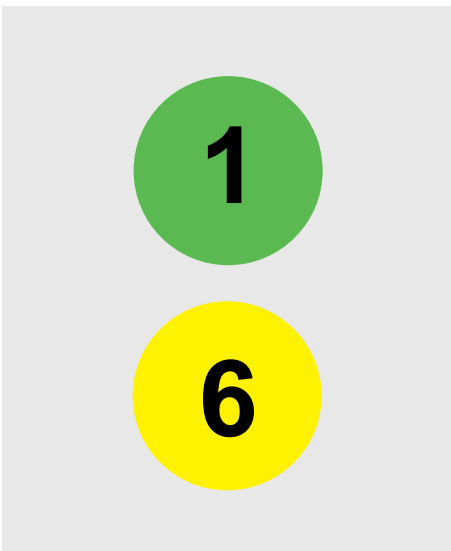**MyMedicare** is a way online you can link your name with your doctor.

This will help have one doctor that knows what you need.

You can also use MyMedicare to tell your doctor about your disability.

Goal B3 has 7 actions

We did 1 action.

We started 6 actions.

Goal B4
Working together with other government services

People with intellectual disability use different government services like

- Health

- Housing.

We want different types of government services to work well together.

What we are doing for goal B4

The Victorian Department of Health has **disability liaison officers** in its hospitals.
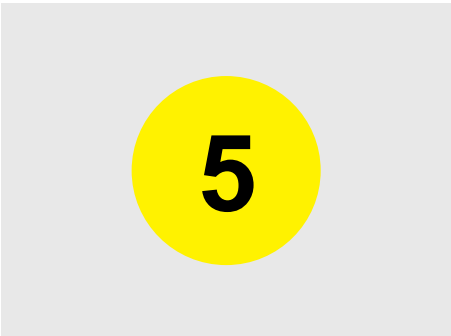
We call them **DLOs** for short.

DLOs support people with disability

- Get health care
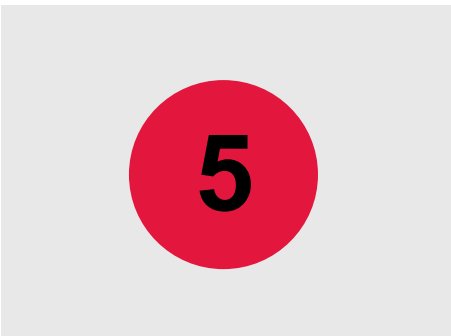
- Communicate with health workers.

Goal B4 has 13 actions

We did 3 actions.

We started 5 actions.

We have not started 5 of the actions.

Goal C
Supporting health care workers to provide better care

We want to help health workers give good care to people with intellectual disability.

What we are doing for goal C

We set up the ECHO project to help health workers in Queensland care for people with intellectual disability who also have mental health problems.

We also set up the Essentials program to help health services do better care for people with intellectual disability.

PCEP is a program that supports people with intellectual disability to get better health care and information.

PCEP has trained health workers and disability workers to help people with intellectual disability stay healthy.

Goal C has 21 actions

We did 1 action.

We started 15 actions.

We have not started 5 of the actions.

Goal D
Taking care of your teeth and gums

Oral health care is about looking after your teeth and gums.

What we are doing for goal D

Oral Health Services Tasmania helped health workers learn about oral health in people with intellectual disability.

The NDIS Commission told disability support providers oral health care is important.

Oral health workers visited children with disability in schools in Victoria.

They supported children with intellectual disability feel okay about getting oral health care.

Goal D has 14 actions

We did not finish any actions.

We started 7 actions.

We have not started 7 of the actions.

Goal E Collecting information

We want to get more information about how people with intellectual disability use health care.

We will use this information to make health care in Australia better for people with intellectual disability.

What we are doing for goal E

Governments in Australia are working together to make sure they know what people with disability need.

They are building the **National Disability Data Asset**.

This will bring together information about the services people with disability need.

The Australian Bureau of Statistics has been working on the **Survey of Disability Ageing and Carers**.

We call this the **SDAC** for short.

The **SDAC** is a big study that tells us what people with disability need.

Goal E has 8 actions

We did not finish any actions.

We started 8 actions.

Goal F Giving health care during emergencies

We want to make sure we can give health care during emergencies like COVID-19.

What we are doing for goal F

We are doing things to make sure we are ready for any new diseases.

The new Centre will help the government get ready for new diseases.

When it is all set up the Centre will know about what they need to do for people with disability.
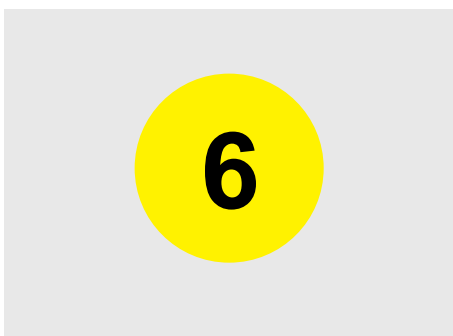
We made a report on things

- Done well for people with disability during the COVID-19 pandemic

- That could be done better in the future.

Goal F has 8 actions

We did 2 actions.

We started 6 actions.

Goal G How we are doing the things we said we would

There are things we need to do to make sure the Roadmap is being done.

Writing this report is one of the things we need to do.

What we are doing about goal G

The Roadmap Implementation Governance Group has 3 meetings each year.

The intellectual disability focus group gave their ideas about Roadmap projects.

The focus group gave ideas on how to make the CHAP better for people with intellectual disability.

The focus group also gave ideas that helped to choose who would run the Centre.

Goal G has 5 actions

We did 1 action.

We started 2 actions.

We have not started 2 of the actions.

For more info or any questions send an email to **RIGG.Secretariat@health.gov.au**

Council for Intellectual Disability made this document Easy Read. **CID** for short.

You need to ask CID if you want to use any pictures in this document.

You can contact CID at **business@cid.org.au**.