

The Cervical Screening Test

It's important to have regular Cervical Screening Tests to live long and strong – for yourself, your family, and your community.

What is the Cervical Screening Test?




Cervical screening is a simple test that can help you stay healthy.

It checks for a very common virus called 'human papillomavirus' - known as HPV.

HPV lead to cervical cancer if it stays in your body for a long time.



Who should have a Cervical Screening Test?

You should have a test every five years if you

-  are a woman or person with a cervix
-  are aged 25 to 74, and
-  have ever had any type of sexual contact




How do I have a Cervical Screening Test?

There are two choices for how you can have your Cervical Screening Test:

-  **collect your own sample from your vagina using a simple swab (self-collection)**
Your healthcare provider (a doctor, nurse or healthcare worker) will explain how you take the test, provide a private area and be close by to help if you need it. If HPV is found you will need to come back to have a sample collected by your doctor or nurse.
-  **have a doctor or nurse collect your sample**
They will collect a sample from your cervix using a speculum.

Talk to your healthcare provider about the right choice for you. They can talk to you about the process and answer any questions you may have.

If you need more information:

-  talk to your doctor, nurse or health worker
-  visit www.health.gov.au/NCSP
-  call 1800 627 701.

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resources



health.gov.au/ncsp

