# Middle East respiratory syndrome (MERS) Information for travellers

12 June 2024

## If you have recently returned from an area affected by MERS, you should:

* see your doctor immediately if you feel unwell and develop some or all of the symptoms, especially if you have a weakened immune system. Tell your doctor you have travelled.
* talk to a Biosecurity Officer at your port of arrival if you feel unwell when you arrive in Australia.
* keep this card for up to 14 days after you have left the MERS affected area as symptoms may take this long to develop.

## Symptoms of MERS are:

* fever
* cough
* breathing difficulties
* diarrhoea.

## If you are travelling to or live in an area overseas that is affected by MERS, you should:

### PROTECT YOURSELF

* Avoid close contact with sick people and sick animals.
* When visiting a farm or market where there may be camels, wash your hands often with soap and water or use a hand sanitiser after any contact with camels.
* Avoid raw camel milk, undercooked camel meat and anything contaminated with camel secretions.
* Keep up-to-date with all routine vaccinations.

### STOP THE SPREAD

* If you are sick, avoid contact with other people.
* Wash hands regularly with soap and water or use hand sanitiser.

### SEEK MEDICAL ADVICE

* If you develop symptoms of MERS infection, seek medical advice.

### KEEP INFORMED

* Check [www.health.gov.au/MERS](http://www.health.gov.au/MERS) for regular updates.