



Free palliative care education and training

Feel more confident to care for and communicate with people who have a life-limiting illness, their families and loved ones.

To support the delivery of palliative care in Australia, the Australian Government funds organisations to produce resources and deliver education and training courses.

These resources and programs focus on palliative care skills and competencies that are common to everyone.

Palliative care training can increase your knowledge, skills and confidence to care for and communicate with people who have a life-limiting illness.

For more information about courses and resources to build your skills, visit:



health.gov.au/palliative-care-education

For anyone who works in aged care

EDUCATION AND TRAINING OPPORTUNITY PROJECT NAME	Program of Experience in the Palliative Approach (PEPA)	End of Life Directions for Aged Care (ELDAC)	Palliative Care Curriculum for Undergraduates	Equip Aged Care Learning Package	palliAGED	Advance Care Planning Australia
Learning outcomes	Principles of palliative care Identify the needs of your patients with life-limiting conditions Understand the role of your discipline in managing common problems faced by palliative care patients Recognise your own knowledge base/scope of practice in regard to optimal palliative care provision Identify personal coping strategies for effective management of personal issues related to working in this area	Evidence-based resource for people working in primary care Information to support clients and families in home care Information to support residents and families in residential aged care The law at end-of-life for the aged care sector Linkages between aged, primary and palliative care services Practical resources and information to support allied health professionals Improve skills in end-of-life care by learning from palliative care experts and clinicians	Principles of palliative care Communicating with people with life-limiting illnesses Assessing and managing symptoms in palliative care Optimising function in palliative care A multidisciplinary approach in palliative care Caring for Aboriginal and Torres Strait Islander people with life-limiting illnesses Caring for children with life-limiting illnesses Culture-centred care of people with life-limiting illnesses	Overview of palliative and end-of-life care	Plan and coordinate palliative care for older people Roles and responsibilities of nurses across diverse settings and contexts The role of allied health in evidence-based palliative care and multidisciplinary teams Build your skills and understanding in palliative care Access support to help you provide palliative care across different care settings and contexts	Build your skills, capability, and confidence to support people engage in advance care planning Improve your knowledge and confidence to have advance care planning conversations Understand the requirements of advance care planning
Audience	Allied health Aged care workers Disability support workers Medical practitioners Nurses Paramedics	GPs Aged care nurses Allied health professionals Care workers Home care Residential aged care	Students from any health discipline Educators – including universities, registered training organisations and health services	Aged care workers Nurses Allied health professionals Volunteers working in the aged care sector	Nurses Allied health professionals Aged care workers	GPs Nurses Aged care workers
Competency						
Clinical care	✓	✓	✓		✓	
Psychosocial care	✓	✓			✓	
Personalised, compassionate care	✓	✓	✓	✓	✓	✓
End-of-life law		✓				✓
Resources	Learning modules Workshops Placements Video resources Cultural considerations Mentoring information Community of practice	Toolkits Personal learning assessment Learning modules Educator resources Videos Fact sheets Home care app Self-care resources Aged care service support Diverse population support	Learning modules Focus topics Simulation scenario modules Enrolled nurse toolkit Care worker toolkit Interprofessional learning resources	Palliative and end-of-life care introductory and refresher module	Learning modules	Learning modules Webinars Workshops Fact sheets

For anyone who works in primary care

Education and Training Opportunity Project Name	Program of Experience in the Palliative Approach (PEPA)	Indigenous Program of Experience in the Palliative Approach	End-of-Life Essentials	End of Life Law for Clinicians	CareSearch	Palliative Care Curriculum for Undergraduates	LGBTIQ+ Palliative Care Health Australia	Palliative Care ECHO (Extension for Community Health Outcomes)
Learning outcomes	Principles of palliative care Identify the needs of your patients with life-limiting conditions Understand the role of your discipline in managing common problems faced by palliative care patients Recognise your own knowledge base/scope of practice in regard to optimal palliative care provision Identify personal coping strategies for effective management of personal issues related to working in this area	Building the capacity of our Aboriginal and Torres Strait Islander workforce to deliver palliative care Empowering Aboriginal and Torres Strait Islander communities with knowledge of palliative care, their rights and local services Building the cultural responsive capabilities of the mainstream service providers to provide holistic and safe palliative care to Aboriginal and Torres Strait Islander peoples	Understanding the content of death and dying Clinical skills in end-of-life care Patient states of mind Accreditation and management	Understand the role of law in end-of-life care Capacity and consent to medical treatment Withholding and withdrawing life-sustaining treatment Advance Care Planning and Advance Care Directives Substitute decision-making for medical treatment Legal protection for administering pain and symptom relief Futile or non-beneficial treatment Managing conflict Voluntary assisted dying Aboriginal and/or Torres Strait Islander peoples and end-of-life law Inclusive end of life decision-making with people from diverse populations	Plan and coordinate palliative care for people living in the community Roles and responsibilities of nurses across diverse settings and contexts The role of allied health in evidence-based palliative care and multidisciplinary teams How health professionals can provide culturally safe and responsive palliative care build your skills and understanding in palliative care Access support to help you provide palliative care across different care settings and contexts	Principles of palliative care Communicating with people with life-limiting illnesses Assessing and managing symptoms in palliative care Optimising function in palliative care A multidisciplinary approach in palliative care Caring for Aboriginal and Torres Strait Islander people with life-limiting illnesses Caring for children with life-limiting illnesses Culture-centred care of people with life-limiting illnesses	Lesbian, gay, bisexual, transgender, intersex and queer (LGBTIQ+) communities and their specific healthcare needs End-of-life concerns and barriers to palliative care for LGBTIQ+ people How to have inclusive end-of-life conversations Strategies to support loved ones How to create welcoming and inclusive environments	Increase palliative care knowledge, skills and confidence for primary care health professionals Case study-based learning that addresses a range of palliative care topics in primary care settings
Audience	Allied health professionals Care workers Disability support workers Medical practitioners Nurses Paramedics	All health workforce	GPs Nurses Allied health professionals Paramedics	Medical practitioners Medical students Nurses Allied health professionals	GPs Specialist clinicians Nurses Allied health professionals	Students from any health discipline Educators – including universities, registered training organisations and health services	All health workforce	GPs Specialist clinicians Allied health professionals Medical students Nurses
Competency								
Clinical care	✓	✓	✓		✓	✓		✓
Psychosocial care	✓	✓	✓		✓			✓
Personalised, compassionate care	✓	✓	✓		✓	✓	✓	✓
End-of-life law				✓				
Resources	Learning modules Workshops Placements Video resources Cultural considerations Mentoring information Community of practice	Workshops Placements Learning guide for Aboriginal and Torres Strait Islander health professionals Animated video series Fact sheets Sessions for healing	Learning modules Toolkits Videos Quizzes and reflections	Learning modules	Learning modules	Learning modules Focus topics Simulation scenario modules Enrolled nurse toolkit Care worker toolkit Interprofessional learning resources	Learning modules	Virtual mentoring sessions