# Free palliative care education and training

Feel more confident to care for and communicate with people who have a life-limiting illness, their families and loved ones.

To support the delivery of palliative care in Australia, the Australian Government funds organisations to produce resources and deliver education and training courses.

These resources and programs focus on palliative care skills and competencies that are common to everyone.

Palliative care training can increase your knowledge, skills and confidence to care for and communicate with people who have a life-limiting illness.



**For more information about courses and resources to build your skills, visit:**

**health.gov.au/palliative-care-education**

## For anyone who works in aged care

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| EDUCATION AND  TRAINING OPPORTUNITY - PROJECT NAME | Program of Experience in the Palliative Approach (PEPA) | End of Life Directions for Aged Care (ELDAC) | Palliative Care Curriculum for Undergraduates | Equip Aged Care Learning Package | palliAGED | Advance Care Planning Australia |
| Learning outcomes | Principles of palliative care  Identify the needs of your patients with life-limiting conditions  Understand the role of your discipline in managing common problems faced by palliative care patients  Recognise your own knowledge base/scope of practice in regard to optimal palliative care provision  Identify personal coping strategies for effective management of personal issues related to working in this area | Evidence-based resource for people working in primary care  Information to support clients and families in home care  Information to support residents and families in residential aged care  The law at end-of-life for the aged care sector  Linkages between aged, primary and palliative care services  Practical resources and information to support allied health professionals  Improve skills in end-of-life care by learning from palliative care experts and clinicians | Principles of palliative care  Communicating with people with life-limiting illnesses  Assessing and managing symptoms in palliative care  Optimising function in palliative care  A multidisciplinary approach in palliative care  Caring for Aboriginal and Torres Strait Islander people with life-limiting illnesses  Caring for children with life-limiting illnesses  Culture-centred care of people with life-limiting illnesses | Overview of palliative and  end-of-life care | Plan and coordinate palliative care for older people  Roles and responsibilities of nurses across diverse settings and contexts  The role of allied health in evidence-based palliative care and multidisciplinary teams  Build your skills and understanding in palliative care  Access support to help you provide palliative care across different care settings and contexts | Build your skills, capability, and confidence to support people engage in advance care planning  Improve your knowledge and confidence to have advance care planning conversations  Understand the requirements of advance care planning |
| Audience | Allied health  Aged care workers  Disability support workers  Medical practitioners  Nurses  Paramedics | GPs  Aged care nurses  Allied health professionals  Care workers  Home care  Residential aged care | Students from any health discipline  Educators – including universities, registered training organisations and health services | Aged care workers  Nurses  Allied health professionals  Volunteers working in the aged care sector | Nurses  Allied health professionals  Aged care workers | GPs  Nurses  Aged care workers |
| Competency |  |  |  |  |  |  |
| Clinical care | ✓ | ✓ | ✓ |  | ✓ |  |
| Psychosocial care | ✓ | ✓ |  |  | ✓ |  |
| Personalised, compassionate care | ✓ | ✓ |  | ✓ | ✓ | ✓ |
| End-of-life law |  | ✓ |  |  |  | ✓ |
| Resources | Learning modules  Workshops  Placements  Video resources  Cultural considerations  Mentoring information  Community of practice | Toolkits  Personal learning assessment  Learning modules  Educator resources  Videos  Fact sheets  Home care app  Self-care resources  Aged care service support  Diverse population support | Learning modules  Focus topics  Simulation scenario modules  Enrolled nurse toolkit  Care worker toolkit  Interprofessional learning resources | Palliative and end-of-life care introductory and refresher module | Learning modules | Learning modules  Webinars  Workshops  Fact sheets |

## For anyone who works in primary care

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| EDUCATION AND TRAINING OPPORTUNITY - PROJECT NAME | Program of Experience in the Palliative Approach (PEPA) | Indigenous Program of Experience in the Palliative Approach | End-of-Life Essentials | End of Life Law for Clinicians | CareSearch | Palliative Care Curriculum for Undergraduates | LGBTIQ+ Palliative Care Health Australia | Palliative Care ECHO (Extension for Community Health Outcomes) |
| Learning outcomes | Principles of palliative care  Identify the needs of your patients with life-limiting conditions  Understand the role of your discipline in managing common problems faced by palliative care patients  Recognise your own knowledge base/scope of practice in regard to optimal palliative care provision  Identify personal coping strategies for effective management of personal issues related to working in this area | Building the capacity of our Aboriginal and Torres Strait Islander workforce to deliver palliative care  Empowering Aboriginal and Torres Strait Islander communities with knowledge of palliative care, their rights and local services  Building the cultural responsive capabilities of the mainstream service providers to provide holistic and safe palliative care to Aboriginal and Torres Strait Islander peoples | Understanding the content of death and dying  Clinical skills in  end-of-life care  Patient states of mind  Accreditation and management | Understand the role of law in end-of-life care  Capacity and consent to medical treatment  Withholding and withdrawing life-sustaining treatment  Advance Care Planning and Advance Care Directives  Substitute decision-making for medical treatment  Legal protection for administering pain and symptom relief  Futile or non-beneficial treatment  Managing conflict  Voluntary assisted dying  Aboriginal and/or Torres Strait Islander peoples and end-of-life law  Inclusive end of life decision-making with people from diverse populations | Plan and coordinate palliative care for people living in the community  Roles and responsibilities of nurses across diverse settings and contexts  The role of allied health in evidence-based palliative care and multidisciplinary teams  How health professionals can provide culturally safe and responsive palliative care  build your skills and understanding in palliative care  Access support to help you provide palliative care across different care settings and contexts | Principles of palliative care  Communicating with people with life-limiting illnesses  Assessing and managing symptoms in palliative care  Optimising function in palliative care  A multidisciplinary approach in palliative care  Caring for Aboriginal and Torres Strait Islander people with life-limiting illnesses  Caring for children with life-limiting illnesses  Culture-centred care of people with life-limiting illnesses | Lesbian, gay, bisexual, transgender, intersex and queer (LGBTIQ+) communities and their specific healthcare needs  End-of-life concerns and barriers to palliative care for LGBTIQ+ people  How to have inclusive  end-of-life conversations  Strategies to support loved ones  How to create welcoming and inclusive environments | Increase palliative care knowledge, skills and confidence for primary care health professionals  Case study-based learning that addresses a range of palliative care topics in primary care settings |
| Audience | Allied health professionals  Care workers  Disability support workers  Medical practitioners  Nurses  Paramedics | All health workforce | GPs  Nurses  Allied health professionals  Paramedics | Medical practitioners  Medical students  Nurses  Allied health professionals | GPs  Specialist clinicians  Nurses  Allied health professionals | Students from any health discipline  Educators – including universities, registered training organisations and health services | All health workforce | GPs  Specialist clinicians  Allied health professionals  Medical students  Nurses |
| Competency |  |  |  |  |  |  |  |  |
| Clinical care | ✓ | ✓ | ✓ |  | ✓ | ✓ |  | ✓ |
| Psychosocial care | ✓ | ✓ | ✓ |  | ✓ |  |  | ✓ |
| Personalised, compassionate care | ✓ | ✓ | ✓ |  | ✓ | ✓ | ✓ | ✓ |
| End-of-life law |  |  |  | ✓ |  |  |  |  |
| Resources | Learning modules  Workshops  Placements  Video resources  Cultural considerations  Mentoring information  Community of practice | Workshops  Placements  Learning guide for Aboriginal and Torres Strait Islander health professionals  Animated video series  Fact sheets  Sessions for healing | Learning modules  Toolkits  Videos  Quizzes and reflections | Learning modules | Learning modules | Learning modules  Focus topics  Simulation scenario modules  Enrolled nurse toolkit  Care worker toolkit  Interprofessional learning resources | Learning modules | Virtual mentoring sessions |