Natural Therapies Review Expert Advisory Panel Meeting Outcomes 11 April 2024

On 11 April 2024, the <u>Natural Therapies Review Expert Advisory Panel</u> (NTREAP) held its ninth meeting by videoconference.

The following is a summary of the outcomes arising from the meeting.

Progress and timing of the Review

The NTREAP noted for the 16 therapies under review:

Research protocols

• All protocols finalised.

Outcome prioritisation

• Kinesiology outcome prioritisation to begin shortly.

Draft evidence evaluations

- Western herbal medicine in draft with the evidence reviewers and expected to be sent to NTREAP soon for comment.
- Homeopathy draft with the NHMRC's Natural Therapies Working Committee.
- Reflexology, Alexander Technique, Bowen Therapy Buteyko and Feldenkrais currently being drafted and expected to be provided to NTREAP in June 2024.

Final evidence evaluations

- Final evidence evaluation for Naturopathy B to be finalised following NTREAP input.
- Final evidence evaluations completed for Pilates, Rolfing, iridology, tai chi, yoga, naturopathy Review A and aromatherapy.

Indicative reporting timeframe

• The Chair report to Government is expected to be finalised by September 2024.

Draft naturopathy Review B evidence evaluation

The NHMRC presented the draft naturopathy Review B evidence evaluation. Members commented that it was a good report with minor suggested improvements for consumer readability.

The NHMRC will proceed to finalise the evaluation with the evidence reviewers.