Healthy Food Partnership Plan for 2023-2027

**VISION** Healthy eating is achieved for all Australians through collaboration with the food industry and public health sector to improve the food environment by making meaningful changes to foods available to help Australians make healthier choices.

# CORE PRINCIPLES

## Health

Activities focus on foods and nutrients which have the biggest impact on health outcomes.

## Collaboration

Engagement with all stakeholders in the development and implementation of Partnership activities.

## Transparency

Decision-making processes are inclusive and transparent.

Collection of logos and images showing the percentage of overweight and obese statists. Data was:
67% of adults are over weight or obese
25% of children (aged 5-17) are over weight or obese
5% if adults meet both the fruit and vegetable recommendations
Logos: 
National Preventive Health Strategy logo and the National Obesity Strategy 2022-2032

# CURRENT AREA OF WORK

## Reformulation Program

Action 1: Develop and maintain evidence-based, feasible reformulation targets, including new targets for out-of-home sector.

Action 2: Achieve strong industry commitment.

Action 3: Evaluate and monitor

## Foods for Early Childhood

Action 1: Develop industry guidance to improve the quality of commercial foods for young children.

Action 2: Achieve strong industry commitment.

Action 3: Evaluate and monitor.

## Serving Size Reduction

Action 1: Promote the industry guide across food industry including food manufacturers, food service outlets and retailers.

Action 2: Achieve strong industry commitment.

Action 3: Evaluate and monitor.

# What’s next?

* Increase reach - Engage the Quick Service Restaurant and Food Service sector
* Strengthen and expand the Partnership Reformulation Program

# Key Measures and Outcomes

1. Number of food companies committing to Partnership initiatives
2. Percent of products from participating companies that align with reformulation targets or industry guidance
3. Changes in risk-nutrients and energy in the food supply[\*](#Reference)
4. Changes in dietary intake in the population[\*](#Reference)

\*Not attributable to the Partnership alone. Measurement may Incorporate additional data, including but not limited to, the Australian Health Survey, FSANZ branded food database, ABS apparent consumption and supermarket scanner data.