

SHIELD YOURSELF FROM SHINGLES



**Are you
65 or
older?**

**TALK TO YOUR HEALTH
PROFESSIONAL ABOUT GETTING
THE SHINGLES VACCINE FOR FREE.**



Australian Government
Department of Health
and Aged Care



National
Immunisation
Program

A joint Australian, State and Territory Government Initiative

**SHIELD YOURSELF
FROM SHINGLES
TALK TO YOUR HEALTH
PROFESSIONAL ABOUT
YOUR ELIGIBILITY FOR
THE FREE VACCINE
TODAY.**

WHAT IS SHINGLES?

Shingles is a viral infection that can be really nasty; especially as you get older or if your immune system is weak.

Did you know one in three people will get shingles in their lifetime? If you had chickenpox as a child, you can get shingles as an adult.

It can:

- cause a painful, blistering rash
- bring on sudden and intense pain that can last for months
- be very severe and debilitating
- lead to serious illness in some cases.

SHIELD YOURSELF FROM SHINGLES

Vaccination is a safe and effective way to protect yourself from shingles.

Shingles vaccination is available for free for:

- people aged 65 or older
- Aboriginal and Torres Strait Islander people aged 50 or older
- immunocompromised people aged 18 years or older with eligible medical conditions.

For more information visit
health.gov.au/shingles-vaccine

