



Australian Government

Department of Health and Aged Care

Mental Health Reform Advisory Committee

Meeting 1 Summary – 8 September 2023

On 8 September 2023, the advisory committee met for the first time to discuss what needs to be done to improve the mental health system and respond to the [Better Access evaluation](#).

Taking a whole-of-system perspective, members considered the building blocks of mental health reform – distributional equity, low intensity services and models, and a stepped care approach to delivering treatment. The advisory committee also considered how enhanced arrangements for triage, assessment and referral could support practitioners to refer people to the right care for their needs.