



Mental Health Reform Advisory Committee

Meeting 2 Summary – 26 September 2023

The advisory committee met for the second time on 26 September 2023.

Building on discussions at the first meeting, members further discussed low intensity digital services and models of care including learnings from international experience. Members recognised the importance of increasing health practitioner and community awareness to encourage the use of these services where appropriate for individual needs.

Members discussed the need for better integration between the different parts of the mental health system such as general practice, Medicare-subsidised mental health services, Primary Health Networks and centre-based services such as Adult Mental Health Centres – as well as with state and territory funded mental health services.

Current approaches to 'triage' patients to the most appropriate level of treatment were further considered. The advisory committee also discussed the importance of wrap-around, holistic care for people with complex mental health needs and considered how to harness the mental health workforce to enhance multidisciplinary care in general practice to facilitate this.