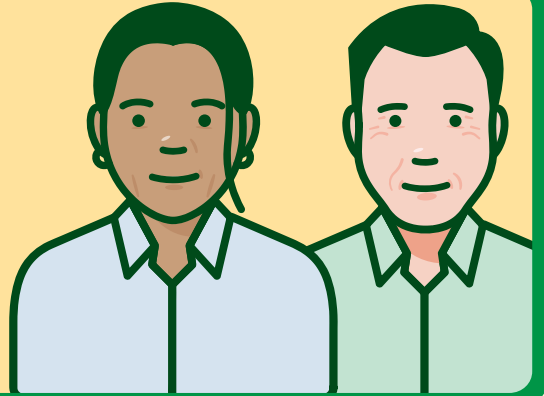


60-day prescriptions

Case Study – Carolyn



With only a few more years of work ahead of her, Carolyn, 54, from Shailer Park, has been planning her retirement budget. But the cost of her medicines is a significant factor.

“The retirement planners give you an estimate of how much to allow for medicines. But that’s not enough for me,” she said.

“That means I will either miss out on something else in my life or I need more money in my retirement fund before I can retire.”

Carolyn takes tacrolimus following a liver transplant, phenoxymethylpenicillin due to surgery complications, and rosuvastatin for high cholesterol.

As a full-time worker, the regular doctor and pharmacy visits are hard to fit into her schedule.

“Through no fault of my own, I have to go to the doctor then the pharmacy every month,” Carolyn said.

“It’s time away from work. And if it doesn’t fit in my half hour lunchtime, I have to make up the hours.”

Since 1 September 2023, rosuvastatin is eligible for 60-day prescriptions. This means that, with her doctor’s approval, Carolyn will only need to renew her script once a year, with five repeats, lowering her costs for this medicine.

“I think this is a fantastic idea. It means extra money in my pocket that I can put elsewhere. It’s a ticket to the movies with my grandchild or lunch with friends,” Carolyn said.

“I’m sorry that it didn’t start sooner, and I really hope that they update the list of medicines for 60-day prescriptions as quickly as possible, so that as many people can be supported in this way, and finally have some positivity with regard to their conditions.”



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