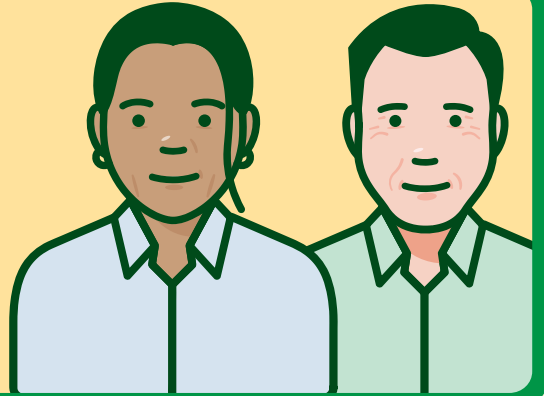


## 60-day prescriptions

### Case Study – Caitlin



**Two years ago, a diagnosis of ulcerative colitis turned Caitlin’s entire world upside down.**

“I was very angry for a long time post diagnosis,” Caitlin, 32, from Sydney, said.

“I took my health for granted. I worked 80-hour weeks in a physical job that I loved. And suddenly, I became unwell and the world I’d built for myself fell around me.”

Caitlin now takes Mesalazine to control the condition, prednisone to help reduce the intensity of potential flare-ups, and rabeprazole for acid reflux. These medicines enable her to live a relatively normal life.

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“The medicines have given me a new lease on life. They help to control those symptoms that bring your day to a complete stop.”

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“I’ve got my confidence back – I’ve taken up things like swimming and yoga again.”

60-day prescriptions will also help Caitlin in planning and budgeting for medical appointments and medicines.

For Caitlin, the cost of medicine has been a major factor. In the first 18 months after diagnosis – before she was a permanent resident – she estimates spending more than \$2,500 on medicine.

“At the start, I would sometimes run out of medicines and had to skip a few days waiting for pay day. I just hoped I wouldn’t have a flare up before getting paid,” Caitlin said.

Now that she’s a permanent resident, Caitlin pays the \$31.60 co-payment for her medicines. Since 1 September 2023, with her doctor’s approval, she can get two months’ worth of mesalazine instead of one month, halving her cost and reducing the need for doctor visits.

“This change is fantastic. I’ll save money and I’ll be less at risk of running out and being caught short,” Caitlin said.

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