60-day prescriptions – Case Study – Bob

Bob, 86, from Canberra, has vasculitis, an auto-immune condition that causes inflammation of the blood vessels.

He takes several medicines to manage his condition, and budgets $150 per week for medical expenses.

The number of medicines Bob takes means he often has to ring his bulk billing doctor to renew various prescriptions and goes to the pharmacy weekly to pick up medicines.

Since 1 September 2023, two of Bob’s medicines are eligible for a 60-day prescription – atorvastatin and perindopril arginine.

With his doctor’s approval, Bob is able to get two months’ worth of these medicines on a single prescription – lowering his cost and reducing the number of doctor visits he needs.

“This change will help a lot – it will save me money, and it will save me and my doctor a lot of time and administrative work,” Bob said.