



SHIELD YOURSELF FROM SHINGLES

**IF YOU'VE HAD CHICKENPOX
AS A KID, YOU COULD GET
SHINGLES AS AN ADULT.**

**Get the safe and effective shingles vaccine – for
us mob 50 or older, it's free!** Yarn to your health
professional about your eligibility for the vaccine
or visit health.gov.au/shield-yourself-from-shingles

