



Australian Government
Department of Health and Aged Care

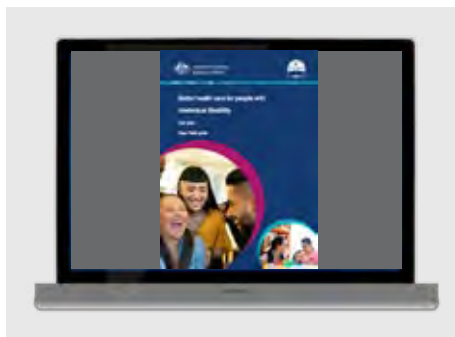
Roadmap Annual Progress Report 2022



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The Roadmap is a plan about how we will make health care better for people with intellectual disability.



You can read the roadmap here

www.bit.ly/ERRoadmap



Each year we will write a report to tell people what we are doing for the Roadmap.



This is the first report.

It is about what we did in 2022.

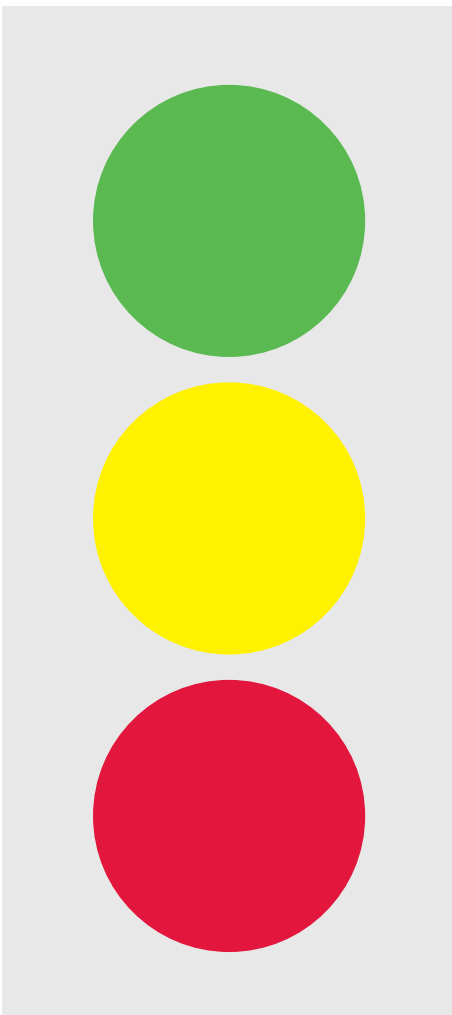


The Roadmap has goals we want to work on.



Each goal has **actions**.

Actions are things we want to do for the goal.



We use colours to tell you how far we are with the actions in each goal.

- Green means actions that are done.

- Yellow means actions that have started.

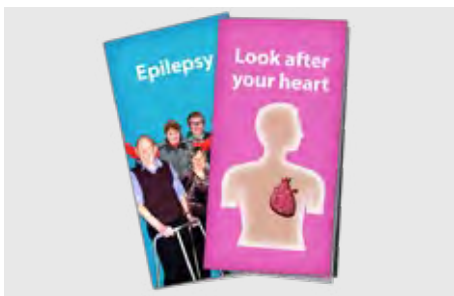
- Red means actions that have not started.

Goal A Better support



This goal is about better support for people with intellectual disability, their families and carers.

What we are doing for goal A



The **PCEP** is making health information for

- People with intellectual disability
- Families and carers
- Health workers.



PCEP is a program that supports people with intellectual disability to get better health care and information.

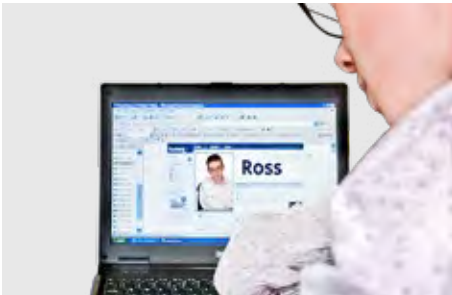


State health departments are making more health info in Easy Read.

SANE

SANE Australia is trying out a **digital** service for mental health.

Digital means using your phone or computer to talk to a mental health worker.



People with intellectual disability can use this service.

Goal A has 13 actions

1

We did 1 action.

9

We started 9 actions.

3

We have not started 3 of the actions.

Goal B1 Making Health Care Better



This goal is about health care that is for what each person with intellectual disability needs.

What we are doing for goal B1



Australia's Disability Strategy started in December 2021.



It is a big plan to make the lives of people with disability better.



It is in Easy Read.

To read it go to

www.disabilitygateway.gov.au/ads



A team called 3DN at University of NSW is making **palliative care** better for people with intellectual disability.

Palliative care is care for a person with an illness that will not get better.

Goal B1 has 16 actions

0

We did not finish any actions.

11

We started 11 actions.

5

We have not started 5 actions.

Goal B2 Using more Medicare Benefits Schedule services

The Medicare logo, featuring the word "medicare" in yellow lowercase letters on a green rectangular background.

The **Medicare Benefits Schedule** is a list of health care services the government can help you pay for.

What we are doing for goal B2



We want more people to do **annual health assessments**.

We also call them yearly health checks.



An **annual health assessment** is a big health check you have every year.



A lot of organisations are telling people about yearly health checks.



We are telling people about a form called the **CHAP**.

CHAP is a form we want people to use for their annual health assessments.

Goal B2 has 11 actions

1

We did 1 action.

5

We started 5 actions.

5

We have not started 5 actions.

Goal B3 Making different types of health care work well together



Often people with intellectual disability need to see different health care workers.



We want the health care workers to work well together.

What we are doing for goal B3

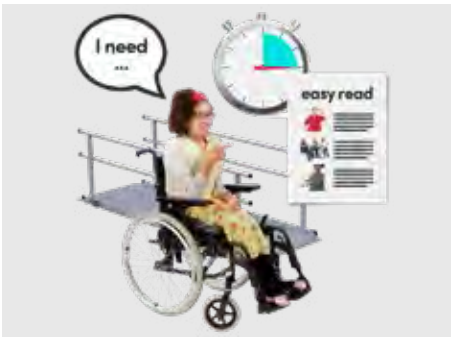


Telehealth has been made **permanent**.

Telehealth is when you talk to your doctor on the phone or computer.



Permanent means it will not be taken away.



Some projects are being done to help health workers make changes to support everyone.

Goal B3 has 7 actions

1

We did 1 action.

5

5 actions have started.

1

We have not started 1 action.

Goal B4 Working together with other government supports



People with intellectual disability often use different government services like

- Health
- Education
- Housing.



We want different types of government services to work well together.

What we are doing for goal B4



The Australian Commission on Safety and Quality in Health Care is writing a guide about medicines.

The guide says how some very strong medicines should be used.



Some state health departments have staff to help people with intellectual disability.



They help people find their way through the health system.



The PCEP made information about the NDIS for health workers.

This information tells them how to use the NDIS for people with intellectual disability.

Goal B4 has 13 actions



We did 3 actions.



We started 5 actions.



We have not started 5 actions.

Goal C Supporting health care workers to provide better care



We want to help health workers deal well with people with intellectual disability.

What we are doing for goal C



The Australian government is setting up the **Centre of Excellence** in Intellectual Disability Health.



A **Centre of Excellence** is a group of people who know a lot about the health of people with intellectual disability.



They can train other health workers about how to support people with intellectual disability well.



We are making special training for doctors and nurses.

The training is about how to give good health care to people with intellectual disability.

Goal C has 21 actions

1

We did 1 action.

13

We started 13 actions.

7

We have not started 7 actions.

Goal D Taking care of your teeth and gums



Oral health care is about looking after your teeth and gums.

What we are doing for goal D



We are making sure health workers are learning that oral health is important.



Some state health departments have dentist services for people with intellectual disability.

Goal D has 14 actions



We did not finish any actions.



We started 4 actions.



We have not started 10 actions.

Goal E Collecting information



We want to collect more information about how people with intellectual disability use health care.



We will use this information to make health care in Australia better for people with intellectual disability.

What we are doing for goal E



Researchers are doing projects to find out more about the health of people with intellectual disability.



The government is paying researchers to find ways to make the health of people with intellectual disability better.



4 research groups are doing this work.

They are finding ways to

- Make sure that everyone can use health services
- Help people understand their health
- Stop people getting very sick so they do not need to go to hospital..

Goal E has 8 actions

0

We did not finish any actions.

7

We started 7 actions.

1

We have not started 1 action.

Goal F Giving health care during emergencies



We want to make sure we can give health care during emergencies like COVID-19.

What we are doing for goal F



A group helps the government make decisions for people with disability during COVID-19.



The group is called the **Disability and Health Sector Consultation Committee**.

DHSCC for short.



There are people with disability in the group.



National Disability Services helped many disability services learn what to do in an emergency.

Goal F has 8 actions



We did not finish any actions.



We started 7 actions.



We have not started 1 action.

Goal G How we are doing the things we said we would

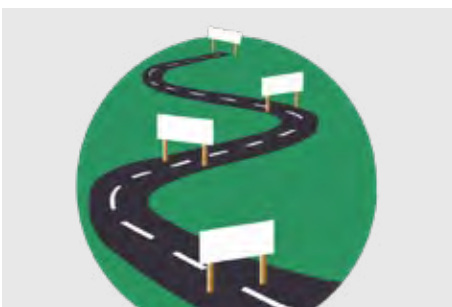


There are things we need to do to make sure the Roadmap is being done.



Writing this report is one of the things we need to do.

What we are doing about goal G



We started the **Roadmap Implementation Governance Group**.

We say **RIGG** for short.



The RIGG makes sure Roadmap actions happen.

The RIGG has 3 meetings each year.



The RIGG has

- People with intellectual disability
- Families and carers
- People from health services
- People from disability services
- People from universities
- People from the governments.



We started the intellectual disability focus group.

We say focus group for short.



The focus group has people with intellectual disability.



The focus group helps with some of the Roadmap projects.

Goal G has 5 actions



We did 1 action.



We started 2 actions.



We have not started 2 actions.

Council for Intellectual Disability made this document Easy Read. **CID** for short.
You need to ask CID if you want to use any pictures in this document.
You can contact CID at **business@cid.org.au**.