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Department of Health and Aged Care

# Prescribed pattern of services – What you need to know

Information about inappropriate practice and prescribed pattern of services (80/20 and 30/20 rules and which services apply.

## **Circumstances for Prescribed Pattern of Services**

A medical practitioner engages in inappropriate practice where some or all the services rendered or initiated constitute a prescribed pattern of services. This includes:

- If they have rendered or initiated 80 or more relevant services on each of 20 or more days in a 12-month period (known as the 80/20 rule)
- If they have rendered or initiated 30 or more relevant phone services on each of 20 or more days in a 12-month period (known as the 30/20 rule)

### The 80/20 Rule

The 80/20 rule aims to address consistently high volumes of rendered or initiated services by medical practitioners. From 1 July 2022, telehealth services including telephone and video consultations are included in the 80/20 rule.

The <u>Health Insurance Act 1973</u> requires a request to be made to the Director of Professional Services Review (Director) if the delegate of the Chief Executive Medicare (delegate) becomes aware of a breach of the 80/20 rule. This pattern of service is deemed to constitute inappropriate practice, except in exceptional circumstances. The 80/20 rule is based on the number of professional attendance services per day, which may not be the same as the number of patients seen in a day. Professional attendance services include the following groups as listed in the <u>Health Insurance (Professional Services Review Scheme) Regulation 2019</u>:

- A1 General practitioner attendances to which no other item applies
- A2 Other non-referred attendances to which no other item applies
- **A5** Prolonged attendances to which no other item applies
- A6 Group therapy
- A7 Acupuncture
- A9 Contact lenses attendances
- A11 Urgent attendances after hours
- A13 Public health physician attendances to which no other item applies
- A14 Health assessments
- **A15** GP management plans, team care arrangements and multidisciplinary care plans and case conferences
- A17 Domiciliary and residential medication management reviews



Australian Government

Department of Health and Aged Care

- **A18** General practitioner attendances associated with Practice Incentive Program (PIP) payments
- **A19** Other non-referred attendances associated with PIP payments to which no other item applies
- A20 Mental health care
- A21 Medical practitioner (emergency physician) attendances to which no other item applies
- A22 General practitioner after-hours attendances to which no other item applies
- A23 Other non-referred after-hours attendances to which no other item applies
- A27 Pregnancy support counselling
- A35 Services for patients in Residential Aged Care Facilities
- **A39** Bushfire Recovery Access Initiative GP and Medical Practitioner Focused Psychological Strategies
- A41 COVID-19 Additional focussed psychological strategies
- A42 Mental health planning for care recipients of a residential aged care facilities
- **A43** Care Recipient of a Residential Aged Care Facility Planning and Contribution items
- A45 Nicotine and smoking cessation counselling
- A36 Subgroup 1 or 4 Eating disorders psychological treatment (EDPT) services
- **A40** Subgroups 1; 2; 3; 10; 11; 13; 15; 16; 19; 20; 21; 27; 28; 29; 39; 40; 41 telehealth and phone attendance services
- **A29** Item 139 Early intervention services for children with autism, pervasive developmental disorder or disability
- A36 Items 90264 and 90265 EDPT services.
- **A40** Subgroup 17 Item 92142 telehealth and phone attendance services, COVID-19 GP, Specialist and Consultant Physician Autism Service Telehealth Service
- **A40** Subgroup 25 Item 92170 and 92171 telehealth and phone attendance services, COVID-19 Review of an Eating Disorder Plan Telehealth Service
- A40 Subgroup 26 Item 92176 and 92177 telehealth and phone attendance services COVID-19 Review of an Eating Disorder Plan Phone Service

#### The 30/20 Rule

The 30/20 rule takes effect from 1 October 2022. The 30/20 rule aims to address consistently high volumes of phone services rendered by medical practitioners to ensure high-quality and comprehensive patient care.

The 30/20 rule applies to relevant professional attendance phone services, including the following groups as listed in the Health Insurance (Professional Services Review Scheme) Amendment (2022 Measures No.4) Regulations 2022:

- A40 Subgroups 2; 8; 10; 16; 20; 28; 40; 41 telehealth and phone attendance services
- A45 Subgroup 3 Nicotine and smoking cessation counselling



Australian Government

Department of Health and Aged Care

- A40 Subgroup 26 Items 92176 and 92177, telehealth and phone attendance services COVID-19 Review of an Eating Disorder Plan Phone Service
- A41 Subgroup 1 Items 93302 and 93305 COVID-19 Additional focussed psychological strategies, GP additional focussed psychological strategies
- A41 Subgroup 2 Items 93308 and 93311 COVID-19 Additional focussed psychological strategies, non-specialist practitioner additional focussed psychological strategies
- A42 Subgroup 2 Item 93423 Mental health planning for care recipients of a residential aged care facilities, GP mental health treatment plan review for care recipients of a residential aged care facility
- A42 Subgroup 4 Item 93453 Mental health planning for care recipients of a residential aged care facilities, non-specialist practitioner mental health treatment plan review for care recipients of a residential aged care facility

### **More information**

How 80/20 and 30/20 breaches are detected and next steps:

**Exceptional Circumstances**