

**Natural Therapies Review Expert Advisory Panel  
Meeting Outcomes  
2 August 2023**

On 2 August 2023, the [Natural Therapies Review Expert Advisory Panel](#) (NTREAP) held its eighth meeting by videoconference.

The following is a summary of the outcomes arising from the meeting.

**Progress and timing of the Review**

The NTREAP noted for the 16 therapies under review:

***Research protocols***

- finalisation of the research protocol for Kinesiology is expected in August 2023.

***Outcome prioritisation***

- NTREAP provided input to the outcomes prioritisation on reflexology.
- outcomes prioritisation is underway for naturopathy review B (selected nutritional supplements) and Alexander Technique is expected to be provided to NTREAP for input in the coming weeks (late August 2023).

***Draft evidence evaluations***

- draft evidence evaluations being prepared for western herbal medicine and homeopathy and are expected to be provided to NTREAP for consideration progressively from late August.
- draft evidence evaluations completed for aromatherapy and shiatsu, and input provided by NTREAP.

***Final evidence evaluations***

- final evidence evaluations for tai chi and naturopathy (review A – whole practice) currently being finalised.
- final evidence evaluations completed for Pilates, Rolfing and iridology
- all evidence evaluations expected to be completed by December 2023.

***Indicative reporting timeframe***

- The Chair report to Government is anticipated to be provided in early 2024.

**Draft aromatherapy and shiatsu evidence evaluations**

The NHMRC presented the draft aromatherapy and shiatsu evidence evaluations, and they were considered by NTREAP which focused on improving consumer readability.

The NHMRC will proceed to finalise the evaluations with the evidence reviewers.