



CASE STUDY

EXPLORING CAREER PATHS IN MENTAL HEALTH



MUAN THANG

ROLE: Social worker

PLACE OF WORK: Intake and Connect Team
Queensland Program of Assistance for Survivors
of Torture and Trauma (QPASTT)

What does your role as a social worker involve?

I work as an intake practitioner and counsellor advocate to provide people from refugee backgrounds with culturally responsive care to help them heal and recover from persecution, torture and war-related trauma.

My role involves assessment, counselling, therapeutic intervention, psychoeducation, client-focused advocacy and occupational therapeutic group work. Our goal is to help individuals recover, support their healing, and in turn give them the best opportunity to thrive in the Australian community.

Why did you choose mental health as a career path?

I chose mental health as a career path because I am dedicated to changing the lives of people individually, in a family, in a community and in society, for the better.

What skills and qualities do you believe are essential for considering a career as a social worker?

A good social worker requires an open mind, the ability to learn from experiences and to continue to learn every day. Essentially, you need to have a caring heart for people and a commitment to serving the community.

Are you ready to make a difference? Take the next step and visit health.gov.au/mental-health-careers or scan the QR code to learn more about pursuing a career in mental health today!

