**Natural Therapies Review Expert Advisory Panel**

**Meeting Outcomes**

**19 May 2023**

On 19 May 2023, the [Natural Therapies Review Expert Advisory Panel](https://health.govcms.gov.au/committees-and-groups/natural-therapies-review-expert-advisory-panel) (NTREAP) held its seventh meeting by videoconference. The following is a summary of the outcomes arising from the meeting.

**Progress and timing of the Review**

The NTREAP noted for the 16 therapies under review:

***Research protocols***

* finalisation of the research protocols (including NTREAP input) for Bowen Therapy, Buteyko and Feldenkrais is expected in the coming weeks (late May / early June)
* finalisation of the research protocol for Kinesiology is expected in July.

***Outcome prioritisation***

* outcomes prioritisation is underway for naturopathy review B (selected nutritional supplements), Alexander Technique and reflexology and is expected to be provided to for NTREAP input in the coming weeks (late May / June).

***Draft evidence evaluations***

* draft evidence evaluations being prepared for shiatsu, western herbal medicine, aromatherapy and homeopathy and are expected to be provided to NTREAP for consideration progressively from late May
* draft evidence evaluations completed for yoga and naturopathy review A (whole of practice) and input provided by NTREAP.

***Final evidence evaluations***

* final evidence evaluation for tai chi currently being finalised
* final evidence evaluations completed for Pilates, Rolfing and iridology
* all evidence evaluations expected to be completed by December 2023.

***Indicative reporting timeframe***

* The Deputy CMO report to Government is anticipated to be provided in early 2024.

**Draft yoga evidence evaluation**

The NHMRC presented the draft yoga evidence evaluation and was considered by NTREAP.

The NHMRC will proceed to finalise the evaluation with the evidence reviewers.