

Natural Therapies Review Expert Advisory Panel
Meeting Outcomes
19 May 2023

On 19 May 2023, the [Natural Therapies Review Expert Advisory Panel](#) (NTREAP) held its seventh meeting by videoconference. The following is a summary of the outcomes arising from the meeting.

Progress and timing of the Review

The NTREAP noted for the 16 therapies under review:

Research protocols

- finalisation of the research protocols (including NTREAP input) for Bowen Therapy, Buteyko and Feldenkrais is expected in the coming weeks (late May / early June)
- finalisation of the research protocol for Kinesiology is expected in July.

Outcome prioritisation

- outcomes prioritisation is underway for naturopathy review B (selected nutritional supplements), Alexander Technique and reflexology and is expected to be provided to for NTREAP input in the coming weeks (late May / June).

Draft evidence evaluations

- draft evidence evaluations being prepared for shiatsu, western herbal medicine, aromatherapy and homeopathy and are expected to be provided to NTREAP for consideration progressively from late May
- draft evidence evaluations completed for yoga and naturopathy review A (whole of practice) and input provided by NTREAP.

Final evidence evaluations

- final evidence evaluation for tai chi currently being finalised
- final evidence evaluations completed for Pilates, Rolfing and iridology
- all evidence evaluations expected to be completed by December 2023.

Indicative reporting timeframe

- The Deputy CMO report to Government is anticipated to be provided in early 2024.

Draft yoga evidence evaluation

The NHMRC presented the draft yoga evidence evaluation and was considered by NTREAP.

The NHMRC will proceed to finalise the evaluation with the evidence reviewers.