

WHY NOW IS THE TIME TO PURSUE A CAREER IN MENTAL HEALTH



8.6 million Australians aged 16-85 have experienced a mental illness at some point (44% of the total population)

Suicide is the leading cause of death for Australians aged between 15 and 44 (ABS, 2021)

Almost 2.8 million people, or (11%) of Australians, accessed 13.6 million Medicare subsidised mental health-specific services in 2021-22

In 2021-22, 49% of Medicare-subsidised services were provided by psychologists, 27% by GPs and 19% by psychiatrists

An estimated 1 in 5 Australians experience mental illness in any given year

Depression is one of the leading causes of disability in Australia

There is growing demand for mental health professionals to provide much-needed support for people who are struggling.

As a mental health professional, you can have a significant and positive impact on individuals, families, and communities.



By joining the mental health workforce, you can play a vital role in improving the wellbeing of millions of Australians. Visit health.gov.au/mental-health-careers for more information on how you can contribute to this critical and rewarding field.

