

MAPPING YOUR JOURNEY TO A CAREER IN MENTAL HEALTH



Choose a path into the mental health workforce.

It could be the perfect fit for you. Whether you're just starting your education or looking to advance your career, there are multiple ways to a career in mental health – and not all of them involve a university degree!

There are a huge range of roles available in the mental health workforce, and multiple study pathways are available.

Psychiatrist, psychologist, counsellor, mental health nurse – what's the difference? Each of

these roles provide unique support to the person they're treating based on their training and areas of expertise. Training and knowledge relate to the study pathways the professional has chosen.

Find your passion – Set study goals – Find a study path – Enrol in your study pathway – Make a difference in your client's lives.

Choose a path that best aligns with your goals and interests and know you'll also be making a difference in the lives of others.



Visit health.gov.au/mental-health-careers or scan the QR code below to learn more about pursuing a career in mental health today.