

Data analysis: 12 months of food and nutrition reporting

In 2021-22, providers received \$699.7 million under the Basic Daily Fee supplement to improve Food and Nutrition services in Residential Aged Care. We analysed food and nutrition reports from over 2,700 residential services.

Based on the past 12 months of self-reported data, our results show that:

- An average of \$14.46 was spent on food per resident per day in 2021-22, calculated from all services who reported.
 - For services reporting expenditure on food and ingredients only, the average was \$12.54 per resident per day in 2021-22.
- 75% of services, with expenditure on **food and ingredients only**, spent more than \$10 per day in the six months to June 2022 (up from 67% in previous six months).
- The average spend per resident per day increased quarter on quarter for all catering types, with quarter 3 showing a substantial increase of over 8% for services reporting expenditure on contract catering.
- Food expenditure models did not change much across the year, with the proportion of services reporting expenditure on food and ingredients only, and the proportion of services reporting expenditure on contract catering remaining consistent.

The reporting also highlighted the commitment that services have shown to improve food, nutrition, and the dining experience. These included:

- inclusion of cultural or religious values
- further specific education and training
- development of a tool to measure food wastage
- implementation of 'Food Focus Communities'.

The <u>full report</u> includes key next steps on how we utilise the data to help inform policy options. These can further improve food and nutrition outcomes for older Australians.

This is the second and final report in the series under the Basic Daily Fee reporting model. Reporting will now take place through the Quarterly Financial Reports.

Let's change aged care together

We invite Australians to continue to have their say about the aged care reforms.



Visit agedcareengagement.health.gov.au



Phone 1800 318 209 (Aged care reform free-call phone line)

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