



Australian Government

Department of Health and Aged Care



# National Aged Care Mandatory Quality Indicator Program (QI Program)

## Information Sheet for GPs and Allied Health Professionals

### What is the QI Program?

The QI Program reports quality indicator data from all Commonwealth-subsidised residential aged care services. Quality indicators measure important areas of care affecting peoples' health and wellbeing. Since 1 July 2019, the QI Program has required all approved providers of residential aged care to collect quarterly quality indicator data.

### What are the benefits of the QI Program?

The QI Program supports:

- services to measure, monitor and improve the quality of care they provide to older Australians
- older Australians and their families with transparent information when making choices about residential aged care
- policy and system-level improvement by providing measures of aged care quality.

The QI Program includes the following quality indicators:



#### Pressure injuries

- Percentage of care recipients with pressure injuries, reported against six pressure injury stages.



#### Physical restraint

- Percentage of care recipients who were physically restrained.



#### Unplanned weight loss

- Percentage of care recipients who experienced significant unplanned weight loss (5% or more).
- Percentage of care recipients who experienced consecutive unplanned weight loss.



#### Falls and major injuries

- Percentage of care recipients who experienced one or more falls.
- Percentage of care recipients who experienced one or more falls resulting in major injury.



#### Medication management

- Percentage of care recipients who were prescribed nine or more medications.
- Percentage of care recipients who received antipsychotic medications.



#### Activities of daily living

- Percentage of care recipients who experienced a decline in activities of daily living.



### Incontinence care

- Percentage of care recipients who experienced incontinence associated dermatitis.



### Hospitalisation

- Percentage of care recipients who had one or more emergency department presentations.



### Workforce

- Percentage of staff turnover.



### Consumer experience

- Percentage of care recipients who report 'good' or 'excellent' experience of the service.



### Quality of life

- Percentage of care recipients who report 'good' or 'excellent' quality of life.

## What does the QI Program mean for me?

The QI Program supports access to information on the quality of care being delivered by aged care providers. This information can guide the delivery of better care through development of tailored care management plans and quality improvement activities.

QI Program data is also available to assist your care recipients and their families to make more informed decisions about residential aged care options.

Dedicated resources to assist understanding of QI Program data and to support quality improvement activities are available on the QI Program website, see below.

## How can I access QI Program data?

Approved providers of residential aged care can access their own QI Program data and national average reports via the [My Aged Care provider portal](#).

National, state and territory level QI Program reports are published every three months on the Australian Institute of Health and Welfare [GEN Aged Care Data website](#), with data also available by remoteness.

A subset of the QI Program data will also be available with the Star Ratings. Star Ratings for all residential aged care services will be published on the [My Aged Care website](#) from the end of 2022. This information will help older Australians make more informed choices about their aged care.



## Where can I find more information?

Information on the QI Program is available on the Department of Health and Aged Care website [www.health.gov.au/qi-program](http://www.health.gov.au/qi-program).

Dedicated information for senior Australians, their families and representatives is available on the [My Aged Care website](#).