# Intellectual Disability Health Education and Training Expert Advisory Group Meeting Summary – 9 November 2022

## Introduction

The Chair, Dr Anne-marie Boxall, welcomed members to the fifth meeting of the Intellectual Disability Health Education and Training Expert Advisory Group (Advisory Group) and gave an Acknowledgment of Country.

The Chair read the confidentiality declaration and asked members if they had additional conflicts to declare other than those already provided to the Secretariat. No additional conflicts were declared.

Action items from the 16 June 2022 Advisory Group meeting were noted. At the previous meeting, members were asked to provide any further input on the Curriculum Development evaluation plan in writing to the Secretariat. The feedback was incorporated into the final Curriculum Development project evaluation plan, which was approved in June 2022. Members had no further comments on action items or the previous meeting summary.

## Update on the Curriculum Development Project

### Scoping and gap analysis of pre-registration education in intellectual disability health

The Department advised that the University of Queensland (UQ) has submitted the final report on scoping and gap analysis of current undergraduate learning modules, resources and curricula content in intellectual disability health. The report included a literature review, spreadsheet of resources and courses with intellectual disability health content, and a gap analysis comparing the current state with the ‘gold standard’ identified through literature review and stakeholder consultation. The findings align with current understanding of the key issues and gaps in health professional training and education in intellectual disability health. This included the importance of inclusive teaching, engaging people with intellectual disability in co-design and co-delivery and the need for a specific toolkit and implementation guidance to support the Intellectual Disability Health Capability Framework (the Framework).

The report on scoping and gap analysis was shared with members on 6 September 2022.

### Intellectual Disability Focus Group

Members were informed of the establishment of the Intellectual Disability Focus Group, and its first two meetings held in August 2022. The first meeting was an induction to the group, with the following meeting focussed on co-design of the Framework. The group consists of six members with intellectual disability who have vast experience in advocating for people with intellectual disability.

### Resource development strategy

The Department has begun drafting a resource development strategy to support implementation of the Framework. With support from the Framework Drafting Group (Drafting Group), consideration is being made to the content and scope of this component of the project. The Department will also draw on recommendations from UQ’s report which outlined the summary of gaps, opportunities, and resource needs. The Advisory Group may be approached for input to the resource development strategy out-of-session.

In the October 2022 Budget, the Government announced $23.9 million over four years (ongoing) for the establishment of a National Centre of Excellence in Intellectual Disability Health. It is anticipated that once established, the National Centre will host the Framework and associated resources.

## Update on the Intellectual Disability Health Capability Framework

An overview of progress on the development of the Framework was given by the Drafting Group. The purpose of this item was to provide an overview of consultation to date and the process that will follow to develop the Framework by the end of 2023. The Drafting Group also sought feedback on the draft intellectual disability health core capabilities ahead of open consultation in November 2022.

The Drafting Group synthesized findings from the focus groups held with people with intellectual disability, carers, family members and support workers and academic and clinical experts, highlighting key points from participants. Key themes included:

* The need for the person to be included in all aspects of their health care, including decision-making and receiving accessible information
* Making reasonable adjustments and adaptations to communication depending on the person’s individual communication needs
* The need for people with intellectual disability and their support networks to be respected and recognised as experts in the person’s life
* The need for health professionals to be aware of different models of health in addition to the medical model e.g., the social model.

In providing input to the draft capabilities, Advisory Group members responded positively, highlighting some key points for consideration. Members raised the following:

* The need for sensitive language and appropriate communication (such as gender-neutral terms, culturally safe communication and alternative communication methods for non-verbal patients)
* It is hard to future proof the term ‘behaviours of concern’ as language changes frequently in curricula
* The importance of health professionals communicating and engaging directly with people with intellectual disability
* Increasing the prominence of trauma informed care in the capabilities
* Specificity with regards to non-pharmacological and pharmacological approaches to care management for people with intellectual disability
* Curricula is already crowded, and implementation support needs to be practical and adaptable
* The capabilities are widely applicable to all people in the population, in particular the capabilities could be modified to suit other vulnerable groups.

The Chair encouraged out of session feedback to be provided through the open consultation process, which will commence in late November 2022.

## Any other business

No other business was raised by members.

The Chair advised that the next meeting would be held in early 2023. A date will be confirmed by the Secretariat.

## Next Steps/Action Items

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| Reference  | Action Item |
| 220911-1 | Drafting Group to further refine capabilities based off feedback from Advisory Group members. |
| 220911-2 | Members encouraged to provide further feedback through open consultation process. |