



Minister for Health and Aged Care  
Minister for Sport  
**THE HON SUSSAN LEY MP**

## **MEDIA RELEASE**

14 November 2016

### **Men's Sheds Support Men's Health Across Australia**

The Turnbull Government is investing in the promotion and support of men's health and wellbeing through today's announcement of funding towards nearly 100 Men's Sheds across the country.

Minister for Health and Aged Care, Sussan Ley today announced that 93 community Men's Sheds across Australia will share in \$400, 000 in national funding.

Minister Ley said the Men's Shed programme was going from strength to strength and is providing support to Australian men in a way they feel comfortable with.

"Men's Sheds are a popular way for men to connect with their community—whether it's through a building project, a first aid workshop or a transition to retirement seminar," Minister Ley said.

"In Men's Sheds across the country there are any number of activities for men to take part in, which in turn, provides that important sense of belonging to a community, particularly for older men and men living in rural and remote areas.

"Men's Sheds are an important part of many Australian communities. They keep men active, contributing to their mental health and physical wellbeing."

Men's Shed grants support the purchase of tools, equipment, community projects, training, building maintenance and development, and health improvement activities.

The Australian Government has provided \$5.1 million (from 2016-17 to 2018-19) to the Australian Men's Sheds Association (AMSA) to provide support and resources to new and existing Men's Sheds and to manage the National Shed Development Programme.

Grants are competitive with priority given to sheds in disadvantaged areas. Further rounds of funding will be available for Men's Sheds and details can be found at [www.mensshed.org](http://www.mensshed.org).

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