

# How to fit and remove a protective gown

## Fitting gown



- Put on the gown so that your front and arms are fully covered and gown opening is at the back
- Fasten ties at the neck and at the back
- Tuck gown sleeves under glove cuffs

## Removing and disposing of gown



- With clean hands, untie or break ties at the back and neck
- Roll gown into bundle and discard in appropriate waste
- Wash hands
- Touching only the inside of the gown, pull from neck and shoulders, then arms, turning inside out as gown is removed

