



Discover Better Health Pty Ltd

Chatswood, NSW

2067

PMF: rs

To: Pharmacy Remuneration and Regulation Review
2nd Submission

From: Peter Feros
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Date: 5th September 2016

1. Sugar Tax at 10%

Annual Australian sales of soft drinks with added sugar are circa \$10 billion.

A 10% sugar tax will raise a \$1 billion per year.

and

2. Community Pharmacy Diet Counselling Role

A more detailed submission will follow on the need for the introduction of a sugar tax and the use of the funds collected to train and have the Australia wide network of pharmacists and community pharmacies provide dietary counselling.

In the final submission on this strategy evidence will be provided that

- current dietary recommendations are flawed
- diets with no added sugar and low carbohydrates can
 - reduce obesity
 - send diabetes into remission
- this strategy can improve the health status of indigenous people

This preliminary submission is made as there is an ABC program being aired tonight on Monday 5th October on Australian Story.

'The Sugar Trip Damon Gameau'

I am currently on holidays in the NT.

The further submission on this issue will be emailed after my return to my office on 14-10-2016.