

	<b>Herbal Medicine</b>	<b>Text-book</b>	Systematic review of level II studies	<b>Experimental Studies</b> RCT or Pseudo RCT	<b>Non-experimental Studies</b> Case control or cohort	Case series with either post test or pre test post test outcomes	<i>in vivo</i> animal studies	<i>in vitro</i> studies	Expert opinion
<b>Clinical Efficacy</b>									
1	Liu, J., Manheimer, E., Tsutani, K., & Gluud, C. (2001). Medicinal herbs for hepatitis C virus infection. <i>Cochrane Database of Systematic Reviews</i> , 4 . doi: 10.1002/14651858.CD003183		X	X	X	X			
2	Izzo, A. A., Di Carlo, G., Borrelli, F., & Ernst, E. (2005). Cardiovascular pharmacotherapy and herbal medicines: The risk of drug interaction. <i>International Journal of Cardiology</i> , 98 (1), 1-14.		X	X	X	X			
3	Miyasaka, L. S., Atallah, Á. N., & Soares, B. (2007). Passiflora for anxiety disorder. <i>Cochrane Database of Systematic Reviews</i> (1). doi: 10.1002/14651858.CD004518.pub2		X	X	X	X			
4	Guo, R., Pittler, M., & Ernst, E. (2008). Hawthorn extract for treating chronic heart failure. <i>Cochrane Database of Systematic Reviews</i> (1). doi: 10.1002/14651858.CD005312.pub2		X	X	X	X			
5	deAzevedo Pribitkin, E. (2005). Herbal medicine and surgery. <i>Seminars in Integrative Medicine</i> , 3 , 17-23.		X	X	X	X	X	X	
6	Taylor, R., & Leonard, M. (2010). Curcumin for inflammatory bowel disease: A review of human studies. <i>Alternative Medicine Review</i> , 16 (2), 152-156.		X	X	X	X			
7	Di Carlo, G., Borrelli, F., Ernst, E., & Izzo, A. A. (2001). St John's wort: Prozac from the plant kingdom. <i>Trends in Pharmacological Sciences</i> , 22 (6), 292-297.		X	X	X				X
8	Sarris, J. (2007). Herbal medicines in the treatment of psychiatric disorders: A systematic review. <i>Phytotherapy Research</i> , 21 (8), 703-716.		X	X	X		X		
9	Rahimi, R., Mozaffari, S., & Abdollahi, M. (2009). On the use of herbal medicines in management of inflammatory bowel diseases: A systematic review of animal and human studies. <i>Digestive Diseases and Sciences</i> , 54 (3), 471-480.		X	X	X		X	X	X
10	May, B. H., Lit, M., Xue, C. C. L., Yang, A. W. H., Zhang, A. L., Owens, M. D., et al. (2009). Herbal medicine for dementia: A systematic review. <i>Phytotherapy Research</i> , 23 (4), 447-459.		X	X	X	X			
11	Suksomboon, N., Poolsup, N., Boonkaew, S., & Suthisisang, C. C. (2011). Meta-analysis of the effect of herbal supplement on glycemic control in type 2 diabetes. <i>Journal of Ethnopharmacology</i> .		X	X			X	X	X

	<b>Herbal Medicine</b>	<b>Text-book</b>	Systematic review of level II studies	<b>Experimental Studies</b> RCT or Pseudo RCT	<b>Non-experimental Studies</b> Case control or cohort	Case series with either post test or pre test post test outcomes	<i>in vivo</i> animal studies	<i>in vitro</i> studies	Expert opinion
12	Wald, N. J., & Law, M. R. (2003). A strategy to reduce cardiovascular disease by more than 80%. <i>BMJ</i> , 326 (7404), 1419.		X	X				X	X
13	Franco, O. H., Bonneux, L., De Laet, C., Peeters, A., Steyerberg, E. W., & Mackenbach, J. P. (2004). The Polymeal: A more natural, safer, and probably tastier (than the Polypill) strategy to reduce cardiovascular disease by more than 75%. <i>BMJ</i> , 329 (7480), 1447-1450.		X	X			X	X	X
14	Guiotto, P., Woelkart, K., Grabnar, I., Voinovich, D., Perissutti, B., Invernizzi, S., et al. (2008). Pharmacokinetics and immunomodulatory effects of phytotherapeutic lozenges (bonbons) with <i>Echinacea purpurea</i> extract. <i>Phytomedicine</i> , 15 (8), 547-554.		X	X			X	X	
15	Chrubasik, J. E., Roufogalis, B. D., Wagner, H., & Chrubasik, S. (2007). A comprehensive review on the stinging nettle effect and efficacy profiles. Part II: <i>urticae radix</i> . <i>Phytomedicine</i> , 14 (7), 568-579.		X	X			X	X	X
16	Saller, R., Brignoli, R., Melzer, J., & Meier, R. (2008). An updated systematic review with meta-analysis for the clinical evidence of silymarin. <i>Forschende Komplementärmedizin/Research in Complementary Medicine</i> , 15 (1), 9-20.		X						
17	Schoop, R., Klein, P., Suter, A., & Johnston, S. L. (2006). Echinacea in the prevention of induced rhinovirus colds: A meta-analysis. <i>Clinical Therapeutics</i> , 28 (2), 174-183.		X						
18	Leung, K. W., & Wong, A. S. T. (2010). Pharmacology of ginsenosides: A literature review. <i>Chinese medicine</i> , 5, 20.		X						
19	Seely D, Mills EJ, Wu P, Verma S, Guyatt GH. The effects of green tea consumption on incidence of breast cancer and recurrence of breast cancer: a systematic review and meta-analysis. <i>Integr Cancer Ther</i> . 2005 Jun;4(2):144-55.		X						
20	Ernst, E., & Pittler, M. H. (2000). Efficacy of ginger for nausea and vomiting: A systematic review of randomized clinical trials. <i>British Journal of Anaesthesia</i> , 84 (3), 367-371.		X						
21	Gagnier JJ, Chrubasik S, Manheimer E. Hargophytum procumbens for osteoarthritis and low back pain: a systematic review. <i>BMC Complement Altern Med</i> . 2004 Sep 15;4:13.		X						
22	Pittler, M. H., & Ernst, E. (2004). Feverfew for preventing migraine. <i>Cochrane Database of Systematic Reviews</i> , (1). Retrieved from doi:10.1002/14651858.CD002286.pub2.			X	X				X

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23	Spinella, M. (2001). Herbal medicines and epilepsy: The potential for benefit and adverse effects. <i>Epilepsy &amp; Behavior, 2</i> (6), 524-532.			X	X		X	X	
24	Mentreddy, S. R. (2007). Medicinal plant species with potential antidiabetic properties. <i>Journal of the Science of Food and Agriculture, 87</i> (5), 743-750.			X	X	X			X
25	Sheng, Y., Li, L., Holmgren, K., & Pero, R. (2001). DNA repair enhancement of aqueous extracts of <i>Uncaria tomentosa</i> in a human volunteer study. <i>Phytomedicine, 8</i> (4), 275-282.			X	X				
26	El-Kamary, S. S., Shardell, M. D., Abdel-Hamid, M., Ismail, S., El-Ateek, M., Metwally, M., . . . Aboul-Fotouh, A. (2009). A randomized controlled trial to assess the safety and efficacy of silymarin on symptoms, signs and biomarkers of acute hepatitis. <i>Phytomedicine, 16</i> (5), 391-400.			X					
27	Stough, C., Lloyd, J., Clarke, J., Downey, L. A., Hutchison, C. W., Rodgers, T., & Nathan, P. J. (2001). The chronic effects of an extract of <i>Bacopa monniera</i> (Brahmi) on cognitive function in healthy human subjects. <i>Psychopharmacology, 156</i> (4), 481.			X					
28	Schapowal, A. (2002). Randomised controlled trial of butterbur and cetirizine for treating seasonal allergic rhinitis. <i>BMJ 324</i> (7330), 144-146.			X					
29	Schellenberg, R. (2001). Treatment for the premenstrual syndrome with agnus castus fruit extract: prospective, randomised, placebo-controlled study. <i>British Medical Journal, 322</i> (7279), 134-137.			X					
30	Morgan, A., & Stevens, J. (2010). Does <i>Bacopa monnieri</i> improve memory performance in older persons? Results of a randomized, placebo-controlled, double-blind trial. <i>Journal of Alternative and Complementary Medicine, 16</i> (7), 753-759.			X					
31	Movafegh, A., Alizadeh, R., Hajimohamadi, F., Esfehiani, F., & Nejatfar, M. (2008). Preoperative oral <i>Passiflora incarnata</i> reduces anxiety in ambulatory surgery patients: A double-blind, placebo-controlled study. <i>Anesthesia &amp; Analgesia, 106</i> (6), 1728-1732.			X					
32	Pommier, P., Gomez, F., Sunyach, M., D'Hombres, A., Carrie, C., & Montbarbon, X. (2004). Phase III randomized trial of <i>Calendula officinalis</i> compared with trolamine for the prevention of acute dermatitis during irradiation for breast cancer. <i>Journal of Clinical Oncology, 22</i> (8), 1447-1453.			X					

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33	Lauritzen, C., Reuter, H., Repges, R., Böhnert, K., & Schmidt, U. (1997). Treatment of premenstrual tension syndrome with Vitex agnus castus: controlled, double-blind study versus pyridoxine. <i>Phytomedicine</i> , 4, 183-189.			X					
34	Gallo, M., Sarkar, M., Au, W., Pietrzak, K., Comas, B., Smith, M., et al. (2000). Pregnancy outcome following gestational exposure to echinacea: A prospective controlled study. <i>Archives of Internal Medicine</i> , 160 (20), 3141.			X					
35	Barton, D. L., Soori, G. S., Bauer, B. A., Sloan, J. A., Johnson, P. A., Figueras, C., et al. (2010). Pilot study of <i>Panax quinquefolius</i> (American ginseng) to improve cancer-related fatigue: A randomized, double-blind, dose-finding evaluation: NCCTG trial N03CA. <i>Supportive Care in Cancer</i> , 18 (2), 179-187.			X					
36	Schellenberg, R. (2001). Treatment for the premenstrual syndrome with agnus castus fruit extract: Prospective, randomised, placebo controlled study. <i>BMJ</i> , 322 (7279), 134-137.			X					X
37	Christie, S., Walker, A., Hicks, S., & Abeyasekera, S. (2004). Flavonoid supplement improves leg health and reduces fluid retention in pre-menopausal women in a double-blind, placebo-controlled study. <i>Phytomedicine</i> , 11 (1), 11-17.			X					
38	Akhondzadeh, S., Noroozian, M., Mohammadi, M., Ohadinia, S., Jamshidi, A., & Khani, M. (2003a). <i>Melissa officinalis</i> extract in the treatment of patients with mild to moderate Alzheimer's disease: A double blind, randomised, placebo controlled trial. <i>Journal of Neurology, Neurosurgery &amp; Psychiatry</i> , 74 (7), 863-866.			X					X
39	Akhondzadeh, S., Noroozian, M., Mohammadi, M., Ohadinia, S., Jamshidi, A., & Khani, M. (2003b). <i>Salvia officinalis</i> extract in the treatment of patients with mild to moderate Alzheimer's disease: A double blind, randomized and placebo-controlled trial. <i>Journal of Clinical Pharmacy and Therapeutics</i> , 28 (1), 53-59.			X					X
40	Akhondzadeh, S., Sabet, M. S., Harirchian, M., Togha, M., Cheraghmakani, H., Razeghi, S., et al. (2010). Saffron in the treatment of patients with mild to moderate Alzheimer's disease: A 16 week, randomized and placebo-controlled trial. <i>Journal of Clinical Pharmacy and Therapeutics</i> , 35 (5), 581-588.			X					X

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41	Gerber, G. S., & Fitzpatrick, J. M. (2004). The role of a lipido-sterolic extract of <i>Serenoa repens</i> in the management of lower urinary tract symptoms associated with benign prostatic hyperplasia. <i>BJU International</i> , 94 (3), 338-344.			X					
42	Saxena, R., Singh, R., Kumar, P., Yadav, S., Negi, M., Saxena, V., et al. (2010). A randomized double blind placebo controlled clinical evaluation of extract of <i>Andrographis paniculata</i> (KalmCold (TM)) in patients with uncomplicated upper respiratory tract infection. <i>Phytomedicine</i> , 17 (3-4), 178-185.			X					
43	Shoba, G., Joy, D., Joseph, T., Majeed, M., Rajendran, R., & Srinivas, P. (1998). Influence of piperine on the pharmacokinetics of curcumin in animals and human volunteers. <i>Planta Medica</i> , 64 (4), 353-356.			X					
44	Sterk, V., Buechele, B., & Simmet, T. (2004). Effect of food intake on the bioavailability of boswellic acids from a herbal preparation in healthy volunteers. <i>Planta Medica</i> , 70 (12), 1155-1160.			X					
45	Bone, K. (2003). Phytotherapy thoughts: Reflux demulcents for the chest. <i>Journal of Complementary Medicine</i> , 2 (3), 68.			X				X	X
46	Stavri, M., Piddock, L. J. V., & Gibbons, S. (2007). Bacterial efflux pump inhibitors from natural sources. <i>Journal of Antimicrobial Chemotherapy</i> , 59 (6), 1247-1260.			X					
47	Stermitz, F. R., Lorenz, P., Tawara, J. N., Zenewicz, L. A., & Lewis, K. (2000). Synergy in a medicinal plant: Antimicrobial action of berberine potentiated by 5'-methoxyhydrnocarpin, a multidrug pump inhibitor. <i>Proceedings of the National Academy of Sciences</i> , 97 (4), 1433.			X					
48	Stoss, M., Michels, C., Peter, E., Beutke, R., & Gorter, R. W. (2000). Prospective cohort trial of Euphrasia single-dose eye drops in conjunctivitis. <i>Journal of Alternative and Complementary Medicine</i> , 6 (6), 499-508.				X				
49	Altun, M. L., Saltan Çitoğlu, G., Sever Yılmaz, B., & Özbek, H. (2009). Antinociceptive and anti-inflammatory activities of <i>Viburnum opulus</i> . [Article]. <i>Pharmaceutical Biology</i> , 47 (7), 653-658.						X		
50	Hurrell, R. F., Reddy, M., & Cook, J. D. (1999). Inhibition of non-haem iron absorption in man by polyphenolic-containing beverages. <i>British Journal of Nutrition</i> , 81, 289-295.								X

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51	Hughes, D. A. (2005). Plant polyphenols: Modifiers of immune function and risk of cardiovascular disease. <i>Nutrition, 21</i> (3), 422-423.								X
52	Hopwood, A. (1997). The social construction of illness and its implications for complementary and alternative medicine. <i>Complementary Therapies in Medicine, 5</i> (3), 152-155.								X
53	Hedley, C., & Coughlin, I. A. (1988). A case from Rivierus. <i>European Journal of Herbal Medicine, 4</i> (1), 40-43.								X
54	Madhurima, A. S. H., Prawez, A., Sayeed, A., & Md, S. A. (2009). Pharmacognostic and phytochemical analysis of <i>Gymnema sylvestre</i> R. (Br.) leaves. <i>Journal of Herbal Medicine and Toxicology, 3</i> (1), 73-80.								X
55	Chavez, M. L., & Chavez, P. I. (1999). Monographs on alternative therapies: Feverfew. <i>Hospital Pharmacy, 34</i> (4), 436-461.								X
56	Trickey, R. (2011). <i>Women, hormones &amp; the menstrual cycle</i> (3rd ed.). Fairfield, Vic.: Melbourne Holistic Health Group.	T	X	X	X		X	X	X
57	Mills, S., & Bone, K. (2000). <i>Principles and practice of phytotherapy : Modern herbal medicine</i> . London: Churchill Livingstone.	T	X	X	X	X	X	X	X
58	Braun, L., & Cohen, M. (2010). <i>Herbs &amp; natural supplements : An evidence-based guide</i> (3rd ed.). Chatswood, N.S.W.: Elsevier Australia.	T	X	X	X	X	X	X	X
59	Heinrich, M., Barnes, J., Gibbons, S., & Williamson, E. M. (2012). <i>Fundamentals of pharmacognosy and phytotherapy</i> (2nd ed.). Edinburgh: Churchill Livingstone/Elsevier.	T	X	X			X	X	X
60	Blumenthal, M., Busse, W. R., & German Federal Institute for Drugs and Medical Devices. (1998). <i>The complete German Commission E monographs: Therapeutic guide to herbal medicines</i> . Austin, Tex: American Botanical Council	T	X	X			X	X	
61	Bone, K. (2003). <i>A clinical guide to blending liquid herbs : Herbal formulations for the individual patient</i> . Edinburgh: Churchill Livingstone.	T	X	X			X	X	X
62	Mills, S., & Bone, K. (2000). A systematic approach to herbal prescribing. In S. Mills & K. Bone (Eds.), <i>Principles and practice of phytotherapy : Modern herbal medicine</i> (pp. xx, 643 p.). London: Churchill Livingstone.	T	X	X					X
63	Bartram, T. (1998). <i>Bartram's encyclopedia of herbal medicine</i> . New York: Marlowe.	T					X	X	X
64	Mills, S. (1993). <i>The essential book of herbal medicine</i> . London ; New York: Arkana.	T					2	2	X

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65	Man, S.C., Chan, K.W., Lu, J-H, Kumar Durairajan, S.S., Liu, F-F, Li, M. Systematic Review on the Efficacy and Safety of Herbal Medicines for Vascular Dementia <i>Evid Based Complement Alternat Med.</i> 2012; 2012: 426215. Published online 2011 October 20. doi: 10.1155/2012/426215.		X						
66	Dos Santos-Neto, L.L., de Vilhena Toledo, M.A., Medeiros-Souza, P & de Souza G.A. The Use of Herbal Medicine in Alzheimer's Disease—A Systematic Review. <i>Evidence-based complementary and alternative medicine : eCAM</i> , ISSN 1741-427X, 12/2006, Volume 3, Issue 4, pp. 441 – 445.		X						
67	Ernst, E., Posadzki, P., & Soo Lee, M. (2011). Complementary and alternative medicine (CAM) for sexual dysfunction and erectile dysfunction in older men and women: An overview of systematic reviews. <i>Maturitas</i> , 70(1), 37-41.		X						
68	Wanchai, A., Armer, J.M., & Stewart, B.R. (2010). Complementary and Alternative Medicine Use Among Women With Breast Cancer: A Systematic Review. <i>Clinical Journal of Oncology Nursing</i> , 14(4),45-55.		X						
69	Soeken, K. Selected CAM Therapies for Arthritis-Related Pain: The Evidence From Systematic Reviews. <i>The Clinical Journal of Pain</i> . 2004 20(1):13-18.		X						
<b>Cost Effectiveness, Quality &amp; Safety</b>									
70	Liu, J., Manheimer, E., Tsutani, K., & Gluud, C. (2001). Medicinal herbs for hepatitis C virus infection. <i>Cochrane Database of Systematic Reviews</i> , 4 . doi: 10.1002/14651858.CD003183		X	X	X				
71	Izzo, A. A., Di Carlo, G., Borrelli, F., & Ernst, E. (2005). Cardiovascular pharmacotherapy and herbal medicines: The risk of drug interaction. <i>International Journal of Cardiology</i> , 98 (1), 1-14.		X	X	X	X	X	X	
72	Guo, R., Pittler, M., & Ernst, E. (2008). Hawthorn extract for treating chronic heart failure. <i>Cochrane Database of Systematic Reviews</i> (1). doi: 10.1002/14651858.CD005312.pub2		X	X	X	X			
73	deAzevedo Pribitkin, E. (2005). Herbal medicine and surgery. <i>Seminars in Integrative Medicine</i> , 3 , 17-23.		X	X	X	X	X	X	

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74	Taylor, R., & Leonard, M. (2010). Curcumin for inflammatory bowel disease: A review of human studies. <i>Alternative Medicine Review, 16</i> (2), 152-156.		X	X	X	X			
75	Di Carlo, G., Borrelli, F., Ernst, E., & Izzo, A. A. (2001). St John's wort: Prozac from the plant kingdom. <i>Trends in Pharmacological Sciences, 22</i> (6), 292-297.		X	X	X				X
76	May, B. H., Lit, M., Xue, C. C. L., Yang, A. W. H., Zhang, A. L., Owens, M. D., et al. (2009). Herbal medicine for dementia: A systematic review. <i>Phytotherapy Research, 23</i> (4), 447-459.		X	X	X	X			
77	Franco, O. H., Bonneux, L., De Laet, C., Peeters, A., Steyerberg, E. W., & Mackenbach, J. P. (2004). The Polymeal: A more natural, safer, and probably tastier (than the Polypill) strategy to reduce cardiovascular disease by more than 75%. <i>BMJ, 329</i> (7480), 1447-1450.		X	X			X	X	X
78	Guiotto, P., Woelkart, K., Grabnar, I., Voinovich, D., Perissutti, B., Invernizzi, S., et al. (2008). Pharmacokinetics and immunomodulatory effects of phytotherapeutic lozenges (bonbons) with <i>Echinacea purpurea</i> extract. <i>Phytomedicine, 15</i> (8), 547-554.		X	X			X	X	
79	Carter, A. J. (1996). Narcosis and nightshade. <i>BMJ, 313</i> (7072), 1630-1632.		X	X			X	X	X
80	Ernst, E. (2002b). The risk–benefit profile of commonly used herbal therapies: Ginkgo, St. John's Wort, Ginseng, Echinacea, Saw Palmetto, and Kava. <i>Annals of Internal Medicine, 136</i> (1), 42-53.		X	X		X			X
81	Drew, A. K., & Myers, S. P. (1997). Safety issues in herbal medicine: Implications for the health professions. <i>Medical Journal of Australia, 166</i> (10), 538-544.		X	X		X	X		X
82	Pittler, M. H., & Ernst, E. (2000). Ginkgo biloba extract for the treatment of intermittent claudication: A meta-analysis of randomized trials. <i>American Journal of Medicine, 108</i> (4), 276-281.		X						
83	Pittler, M. H., & Ernst, E. (1998). Peppermint oil for irritable bowel syndrome : A critical review and meta-analysis. <i>American Journal of Gastroenterology, 93</i> (7), 1131-1135.		X					X	X



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84	Melzer, J., Rösch, W., Reichling, J., Brignoli, R., & Saller, R. (2004). Meta-analysis: Phytotherapy of functional dyspepsia with the herbal drug preparation STW 5 (Iberogast). <i>Alimentary Pharmacology &amp; Therapeutics</i> , 20 (11-12), 1279-1287.		X						
85	Saller, R., Brignoli, R., Melzer, J., & Meier, R. (2008). An updated systematic review with meta-analysis for the clinical evidence of silymarin. <i>Forschende Komplementärmedizin/Research in Complementary Medicine</i> , 15 (1), 9-20.		X						
86	Ernst, E. (2002a). Adulteration of Chinese herbal medicines with synthetic drugs: A systematic review. <i>Journal of Internal Medicine</i> , 252 (2), 107-113.		X						X
87	Ernst, E., & Pittler, M. H. (2000). Efficacy of ginger for nausea and vomiting: A systematic review of randomized clinical trials. <i>British Journal of Anaesthesia</i> , 84 (3), 367-371.		X						
88	Henderson, L., Yue, Q. Y., Bergquist, C., Gerden, B., & Arlett, P. (2002). St John's wort ( <i>Hypericum perforatum</i> ): Drug interactions and clinical outcomes. <i>British Journal of Clinical Pharmacology</i> , 54 (4), 349-356.		X	X	X			X	
89	Mittman P. Randomized, double-blind study of freeze-dried <i>Urtica dioica</i> in the treatment of allergic rhinitis. <i>Planta Med.</i> 1990 Feb;56(1):44-7.			X					
90	Calabrese C, Berman SH, Babish JG, Ma X, Shinto L, Dorr M, Wells K, Wenner CA, Standish LJ. A phase I trial of andrographolide in HIV positive patients and normal volunteers. <i>Phytother Res</i> . 2000 Aug;14(5):333-8.			X					
91	Heron S, Yarnell E. The safety of low-dose <i>Larrea tridentata</i> (DC) Coville (creosote bush or chaparral): a retrospective clinical study. <i>J Altern Complement Med</i> . 2001 Apr;7(2):175-85.			X					
92	Valli, G., & Giardina, E. G. V. (2002). Benefits, adverse effects and drug interactions of herbal therapies with cardiovascular effects. <i>Journal of the American College of Cardiology</i> , 39 (7), 1083-1095.			X	X				
93	Herrera-Arellano, A., Flores-Romero, S., Chávez-Soto, M. A., & Tortoriello, J. (2004). Effectiveness and tolerability of a standardized extract from <i>Hibiscus sabdariffa</i> in patients with mild to moderate hypertension: A controlled and randomized clinical trial. <i>Phytomedicine</i> , 11 (5), 375-382.			X					

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94	Schmid, B., Kötter, I., & Heide, L. (2001). Pharmacokinetics of salicin after oral administration of a standardised willow bark extract. <i>European Journal of Clinical Pharmacology</i> , 57 (5), 387-391.			X					X
95	Henderson, L., Yue, Q., Bergquist, C., Gerden, B., & Arlett, P. (2002). St John's wort ( <i>Hypericum perforatum</i> ): Drug interactions and clinical outcomes. <i>British Journal of Clinical Pharmacology</i> , 54 (4), 349-356.			X					X
96	Gallo, M., Sarkar, M., Au, W., Pietrzak, K., Comas, B., Smith, M., et al. (2000). Pregnancy outcome following gestational exposure to echinacea: A prospective controlled study. <i>Archives of Internal Medicine</i> , 160 (20), 3141.			X					
97	Christie, S., Walker, A., Hicks, S., & Abeyasekera, S. (2004). Flavonoid supplement improves leg health and reduces fluid retention in pre-menopausal women in a double-blind, placebo-controlled study. <i>Phytomedicine</i> , 11 (1), 11-17.			X					
98	Spinella, M. (2001). Herbal medicines and epilepsy: The potential for benefit and adverse effects. <i>Epilepsy &amp; Behavior</i> , 2 (6), 524-532.			X	X		X	X	
99	Izzo, A. A., Di Carlo, G., Borrelli, F., & Ernst, E. (2005). Cardiovascular pharmacotherapy and herbal medicines: the risk of drug interaction. <i>International Journal of Cardiology</i> , 98 (1), 1-14. doi: 10.1016/j.ijcard.2003.06.039			X					X
100	Pommier, P., Gomez, F., Sunyach, M., D'Hombres, A., Carrie, C., & Montbarbon, X. (2004). Phase III randomized trial of Calendula officinalis compared with trolamine for the prevention of acute dermatitis during irradiation for breast cancer. <i>Journal of Clinical Oncology</i> , 22 (8), 1447-1453.			X					
101	Atmaca, M., Kumru, S., & Tezcan, E. (2003). Fluoxetine versus <i>Vitex Agnus castus</i> extract in the treatment of premenstrual dysphoric disorder. <i>Human Psychopharmacology</i> , 18, 191-195.			X					
102	Gerber, G. S., & Fitzpatrick, J. M. (2004). The role of a lipido-sterolic extract of <i>Serenoa repens</i> in the management of lower urinary tract symptoms associated with benign prostatic hyperplasia. <i>BJU International</i> , 94 (3), 338-344.			X					

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103	El-Kamary, S. S., Shardell, M. D., Abdel-Hamid, M., Ismail, S., El-Ateek, M., Metwally, M., . . . Aboul-Fotouh, A. (2009). A randomized controlled trial to assess the safety and efficacy of silymarin on symptoms, signs and biomarkers of acute hepatitis. <i>Phytomedicine</i> , 16(5), 391-400.			X					
104	McRae, S. (1996). Elevated serum digoxin levels in a patient taking digoxin and Siberian ginseng. <i>CMAJ: Canadian Medical Association Journal</i> , 155 (3), 293.			X					
105	Stavri, M., Piddock, L. J. V., & Gibbons, S. (2007). Bacterial efflux pump inhibitors from natural sources. <i>Journal of Antimicrobial Chemotherapy</i> , 59 (6), 1247-1260.			X					
106	Stermitz, F. R., Lorenz, P., Tawara, J. N., Zenewicz, L. A., & Lewis, K. (2000). Synergy in a medicinal plant: Antimicrobial action of berberine potentiated by 5'-methoxyhydrnocarpin, a multidrug pump inhibitor. <i>Proceedings of the National Academy of Sciences</i> , 97(4), 1433.			X					
107	Weber, H. A., Zart, M. K., Hodges, A. E., Molloy, H. M., O'Brien, B. M., Moody, L. A., et al. (2003). Chemical comparison of goldenseal ( <i>Hydrastis canadensis</i> L.) root powder from three commercial suppliers. <i>Journal of Agricultural and Food Chemistry</i> , 51 (25), 7352-7358.			X					
108	Rasoanaivo, P., Wright, C. W., Willcox, M. L., & Gilbert, B. (2011). Whole plant extracts versus single compounds for the treatment of malaria: Synergy and positive interactions. <i>Malaria Journal</i> , 10 (Suppl 1), S4.				X				X
109	Thomas, J. (2003). Potential milk thistle-drug interactions. <i>Australian Journal of Pharmacy</i> , 84, 490-491.					X	X	X	X
110	Eriksson, J. W., Carlberg, B., & Hillörn, V. (1999). Life-threatening ventricular tachycardia due to liquorice-induced hypokalaemia. <i>Journal of Internal Medicine</i> , 245 (3), 307-310.					X			
111	Kolkhof, P., Geerts, A., Schäfer, S., & Torzewski, J. (2010). Cardiac glycosides potently inhibit C-reactive protein synthesis in human hepatocytes. <i>Biochemical and Biophysical Research Communications</i> , 394 (1), 233-239. doi: 10.1016/j.bbrc.2010.02.177					X			
112	Bartram, T. (1998). <i>Bartram's encyclopedia of herbal medicine</i> . New York: Marlowe.						X	X	

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113	Zhao, J., Pawar, R. S., Ali, Z., & Khan, I. A. (2007). Phytochemical investigation of <i>Turnera diffusa</i> . <i>Journal of Natural Products</i> , 70 (2), 289-292.							X	
114	Lambrecht, J., Hamilton, W., & Rabinovich, A. (2000). A review of herb-drug interactions: Documented and theoretical. <i>US Pharmacist</i> , 25 (8).								X
115	Abebe, W. (2002). Herbal medication: Potential for adverse interactions with analgesic drugs. <i>Journal of Clinical Pharmacy and Therapeutics</i> , 27 (6), 391-401.								X
116	Baumeister, A. A., Hawkins, M. F., & Uzelac, S. M. (2003). The myth of reserpine-induced depression: Role in the historical development of the monoamine hypothesis. <i>Journal of the History of the Neurosciences</i> , 12 (2), 207-220.								X
117	Beecher, G. R. (2003). Overview of dietary flavonoids: Nomenclature, occurrence and intake. <i>Journal of Nutrition</i> , 133 (10), 3248S-3254S.								X
118	Bogusz, M. J., Hassan, H., Al-Enazi, E., Ibrahim, Z., & Al-Tufail, M. (2006). Application of LC-ESI-MS-MS for detection of synthetic adulterants in herbal remedies. <i>Journal of Pharmaceutical and Biomedical Analysis</i> , 41 (2), 554-564.								X
119	de Pascual-Teresa, S., & Sanchez-Ballesta, M. T. (2008). Anthocyanins: From plant to health. <i>Phytochemistry reviews</i> , 7 (2), 281-299.								X
120	Izzo, A. A., & Ernst, E. (2001). Interactions between herbal medicines and prescribed drugs: A systematic review. <i>Drugs</i> , 61 (15), 2163-2175.								X
121	Heck, A. M., Dewitt, B. A., & Lukes, A. L. (2000). Potential interactions between alternative therapies and warfarin. <i>American Journal Of Health-System Pharmacy</i> , 57 (13), 1221-1227.								X
122	Vickers, A. (1995). Critical appraisal: How to read a clinical research paper. <i>Complementary Therapies in Medicine</i> , 3 (3), 158-166.								X
123	Lin, V., McCabe, P., Bensoussan, A., Myers, S., Cohen, M., Hill, S., & Howse, G. (2006). <i>The practice and regulatory requirements of naturopathy and western herbal medicine in Australia</i> . Melbourne, Vic: School of Public Health, La Trobe University. Retrieved from <a href="http://health.vic.gov.au/pracreg/hp-review/naturopathy">http://health.vic.gov.au/pracreg/hp-review/naturopathy</a> .								X
124	Wald, A. (2003). Is chronic use of stimulant laxatives harmful to the colon? <i>Journal of Clinical Gastroenterology</i> , 36 (5), 386.								X

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125	Trickey, R. (2011). <i>Women, hormones &amp; the menstrual cycle</i> (3rd ed.). Fairfield, Vic.: Melbourne Holistic Health Group.	T	X	X	X		X	X	X
126	Mills, S., & Bone, K. (2000). <i>Principles and practice of phytotherapy : Modern herbal medicine</i> . London: Churchill Livingstone.	T	X	X	X	X	X	X	X
127	Braun, L., & Cohen, M. (2010). <i>Herbs &amp; natural supplements : An evidence-based guide</i> (3rd ed.). Chatswood, N.S.W.: Elsevier Australia.	T	X	X	X	X	X	X	X
128	Heinrich, M., Barnes, J., Gibbons, S., & Williamson, E. M. (2012). <i>Fundamentals of pharmacognosy and phytotherapy</i> (2nd ed.). Edinburgh: Churchill Livingstone/Elsevier.	T	X	X			X	X	X
129	Blumenthal, M., Busse, W. R., & German Federal Institute for Drugs and Medical Devices. (1998). <i>The complete German Commission E monographs: Therapeutic guide to herbal medicines</i> . Austin, Tex: American Botanical Council	T	X	X			X	X	
130	Mills, S., & Bone, K. (2000). A systematic approach to herbal prescribing. In S. Mills & K. Bone (Eds.), <i>Principles and practice of phytotherapy : Modern herbal medicine</i> (pp. xx, 643 p.). London: Churchill Livingstone.	T	X	X					X
131	Bone, K. (2003). <i>A clinical guide to blending liquid herbs : Herbal formulations for the individual patient</i> . Edinburgh: Churchill Livingstone.	T	X	X			X	X	X
132	Mills, S. (1993). <i>The essential book of herbal medicine</i> . London ; New York: Arkana.	T					X	X	X