



Registrant Brochure

Subsidised continuous glucose monitoring products for children and young people aged under 21 years

The Australian Government is providing access to fully subsidised continuous glucose monitoring (CGM) products through the NDSS.

The Australian Government is providing access to fully subsidised continuous glucose monitoring (CGM) products through the National Diabetes Services Scheme (NDSS). Subsidised access to these products is open to children and young people aged under 21 years, living with type 1 diabetes, who face significant challenges in managing their blood glucose levels.

Providing access to subsidised CGM products may assist families, children and young people to better manage their diabetes, and may reduce stress, anxiety and unscheduled visits to the hospital.

CGM systems are small devices that can warn users if glucose levels are getting too low or too high. These devices reduce the number of daily finger prick tests. Some models can work in conjunction with a compatible insulin pump and other models send information to smart mobile phones.

To be eligible, the child or young person will need to be assessed by an authorised health professional to determine if they meet specific criteria and to ensure that the use of CGM is a suitable part of their diabetes management plan.

The authorised health professionals for CGM assessment are endocrinologists, credentialed diabetes educators, and other health professionals specialising in diabetes (physicians, paediatricians or nurse practitioners).

Eligibility criteria

There are two categories of eligibility and a child or young person must meet one of these to access subsidised CGM products through the NDSS. A child 10 years or younger must meet Category A criteria, and a child or young person aged 11 years to less than 21 years must meet Category B criteria*.

Category A

Children 10 years of age and younger with type 1 diabetes will be eligible for subsidised access to CGM with alarms if they fulfil ALL of the following criteria:

- the child is aged up to ten (10) years of age with type 1 diabetes; and
- the child is expected to benefit clinically from the use of CGM; and
- the family/carer has the willingness and capability to use CGM; and
- the family/carer has the commitment to actively participate in a diabetes management plan which incorporates CGM.

* Those children in Category A who turn 11 years and have been accessing CGM products through the initiative will continue to have access until aged 21 years without the need to be reassessed under Category B.

Category B

Children and young people with type 1 diabetes aged from 11 to less than 21 years will be eligible for subsidised access to CGM with alarms if they fulfill ALL of the following criteria:

- the individual is expected to benefit clinically from the use of CGM; and



- the individual or family/carer has the willingness and capability to use CGM; and
- the individual or family/carer has the commitment to actively participate in a diabetes management plan which incorporates CGM.

AND they fulfill one or more of the following criteria:

- frequent significant hypoglycaemia—more than one episode a year of significant hypoglycaemia requiring external, third party assistance; and/or
- impaired awareness of hypoglycaemia; and/or
- inability to recognise, or communicate about, symptoms of hypoglycaemia; and/or
- significant fear of hypoglycaemia for the child/young person or a family member/ carer which is seriously affecting the health and wellbeing of the child or young person or contributing to hyperglycaemia as a reaction to this fear.

For children and young people authorised under either category, subsidised access to CGM products will cease once the individual reaches 21 years of age.

Assessment process for accessing CGM products through the NDSS

To gain access to subsidised CGM products, children and young people must be assessed as eligible by an authorised health professional.

You can discuss the eligibility criteria with your authorised health professional. If you/your child is assessed as eligible, a Continuous Glucose Monitoring Eligibility Assessment form will need to be completed and signed by both the authorised health professional and the young person/parent and then submitted to your local state or territory NDSS Agent for review and processing.

In completing the form, you will need to nominate the chosen model of CGM. As the various models have differing features, you may wish to discuss the options with your health professional.

The [Continuous Glucose Monitoring Eligibility Assessment form](#) will be available from 1 April 2017 at the NDSS website (www.ndss.com.au/cgm).

Once the form has been processed, you will be contacted to confirm eligibility for access to subsidised CGM products.

New CGM users

For new users of CGM products, a starter kit, including one box of sensors, one transmitter and related materials and product information, will be supplied to the health professional nominated on the form once eligibility has been confirmed. (Note that this may be a different health professional to the authorising health professional.) The nominated health professional will then assist you to set up and operate the new CGM. Please discuss the arrangements for the set up process with your health professional.

After the initial set up, ongoing access to CGM products will be available from any NDSS Access Point/pharmacy. You will be able to access one month's supply each time.

Current CGM Users

Current users of CGM will be able to access CGM products through any NDSS Access Point/pharmacy, once eligibility has been confirmed. You will be able to access one month's supply each time.

Ordering NDSS subsidised CGM products



All CGM systems subsidised under the NDSS have two components: sensors and transmitters. CGM sensors are supplied in boxes of four or five depending on the model. Transmitters are supplied individually. As CGM products are highly specialised, Access Points/pharmacies will not keep stock on hand.

CGM products have a relatively short expiry. To avoid the use of out of date products, replacement CGM products will be supplied one box at a time, approximately one month's supply, unless there are exceptional circumstances which require you to access additional products.

It is recommended that you contact your NDSS Access Point/pharmacy once you are using your second last sensor to ensure sufficient time for product ordering and delivery. It is recommended that you order a new transmitter when the battery charge begins to decrease, as detailed in the information from the supplier (transmitter expiry times vary with each model).

Overall access to subsidised CGM products will be consistent with the usage recommendations of the supplier.

You are encouraged to discuss your ongoing product requirements with your NDSS Access Point/pharmacy to establish suitable ordering and collection arrangements.

If you experience any product functionality issues during the relevant warranty period, please contact the relevant supplier of your model for replacements. Contact details are on the back of this brochure.

Further information

Further information about [access to CGM products](#) through the NDSS visit the NDSS website (www.ndss.com/cgm).

You can also call the NDSS Helpline on 1300 136 588.

More information on the CGM systems available through this initiative can be found at the following websites:

AMSL Diabetes (for Dexcom products)

Website: amsldiabetes.com.au

Phone: 1300 851 056

Medtronic

Website: medtronic-diabetes.com.au

Phone: 1800 668 670

All information in this publication is correct as at March 2017