



Voluntary Blood Testing Program for PFAS

HOW DO I GET A BLOOD TEST?

1 Step one – Confirm your eligibility



Anyone who lives or works, or has lived or worked, in the RAAF Base Williamtown, NSW, Army Aviation Centre Oakey, Qld or RAAF Base Tindal, NT, PFAS Investigation Areas is eligible for a free blood test.

If you would like to get your blood tested for PFAS, you need to complete a Statutory Declaration to confirm your eligibility. A pre-filled Statutory Declaration is available at health.gov.au/pfas. Print out and complete the Statutory Declaration, sign it and have it witnessed by an appropriate person, as listed on the form.

2 Step two – Visit your GP for a free pre-test consultation



As with any other blood test you must go to your GP to discuss having the test. If you decide to have a blood test, the GP will provide you with a specially marked blood test request form to have your blood taken. Where possible, please bring your completed Statutory Declaration to your doctor's appointment as this will help your GP to provide your free consultation.

Please note: If you previously lived or worked in an Investigation Area, and have since moved away, you may wish to confirm with your GP that they are aware of the Voluntary Blood Testing Program. If not, you can refer them to health.gov.au/pfas for more information.

3 Step three – Consider participating in the epidemiological study



The Voluntary Blood Testing Program is being run alongside an epidemiological study. This study is being run by the Australian National University (ANU) and will help improve our understanding of the potential health effects related to PFAS exposure.

There are many ways to participate in the epidemiological study. For more information, please visit the study website at nceph.anu.edu.au/pfas-health-study.

If you would like to have your blood test results included in the study, please tick the box located on your specially marked blood test request form when you have your test.

4 Step four – Have your blood sample collected



To have your blood test done you will need to visit your nearest Sonic Healthcare Pathology Collection Centre: soniccommercialpath.com.au/about-us/collection-centres.aspx. You will need to take both your completed Statutory Declaration and specially marked blood test request form to the collection centre to have your blood taken. Both these documents are needed so you are not charged for the test.

Please note: Sonic Healthcare trades under the name of *Douglass Hanly Moir Pathology* in the Williamtown area and *Sullivan Nicolaides Pathology* in Qld and the NT. If you do not have your blood collected by a Sonic Healthcare centre you will be charged by that pathology provider for the blood test.

For current residents of RAAF Base Tindal and Katherine community – Sonic Healthcare do not have a permanent pathology collection centre in Katherine. However, temporary arrangements are in place for you to have your blood taken by Sonic Healthcare. Please contact your local GP or Sonic Healthcare (commercial.path@sonichealthcare.com) to find out how to get your blood taken.

5 Step five – Visit your GP for a free post-test consultation



The blood test results will be sent directly to your GP within 7 to 10 working days after your blood sample was taken. When you visit your GP for the results they will discuss what they may mean for you and how they compare to the general population.

If you have given consent to participate in the epidemiological study when you had your blood taken, your results and your blood sample will also be forwarded to the ANU researchers.

